

Review of our October 20,2025 YGY Indy Meet Up

Our Focus Topic: Learn about our NEW GLP 1 weight loss/management 30 day System.

Our YGY GLP 30 Day System is designed to provide greater focus and intention on how much you eat. The system has been designed to enhance the triggers that drive cravings, appetite, hunger, and low energy.

This cutting-edge system is designed to help support healthy metabolism, digestion, and weight management—all through natural pathways that work with your body. 🌱



💡 What's Included:

♥️ YGY Regulate™ – Daily Fiber: Prebiotic fibers + enzymes + botanicals for gut health, balanced blood sugar, and digestion.

♥️ YGY Activate™ – GLP-1 Boost: L-Arginine, Resveratrol & Tart Cherry to enhance GLP-1 and metabolism.

♥️ YGY Elevate™ – GLP-1 Support Shot: Postbiotics, probiotics, and plant nutrients that help curb appetite and improve weight management.

I (Susan) talked about the following:

What is GLP 1 anyway? [See link](#)

What are some of the popular GLP 1 drugs that are on the market today?

And what are the pros and cons of these drugs? [See link to PDF](#)

What are the benefits of Youngevity's NEW GLP 1 weight loss 30 day program? See link https://youngevity.com/us_en/health-nutrition/weight-management/appetite-control-diet-support/ygy-glp-30-day-system.html

Other featured topics will be:

- Aroma Share Club Essential Oils for October: It's not too late to take advantage of the amazing discounts available on these Essential Oil special for this month. (a savings of almost \$60) Pat shared the details, benefits and made the recipes that are highlighted for this month. [SEE LINK](#)
- Achieving strong immune support as we enter the cold and flu season: Sherry shared on the amazing immune supporting benefits of our Good Herbs Super Olive Heath.

We started by playing a video clip on what makes Youngevity's Good Herbs Unique

What Makes Good Herbs Unique, (11:08)

<https://100885775.my94life.com/public/PlayVideo.aspx?id=758>

Then Sherry provided great detail on its benefits. Here is a video clip with Brett Bashwaty with additional detail.

Super Olive Health, (2:10) <https://100885775.my94life.com/public/PlayVideo.aspx?id=789>