

Student Reviews

May 24, 2022

Heal Your Gut Class Reviews

Dr. Megan's Heal Your Gut Class was very informative and I enjoyed every single class, I enjoyed it so much that I signed up for the extra classes! Taking these classes has helped me on my journey to living a healthier life. I did all of the recommended labs and tests and learned things that was off with my body that I had never known and probably never would have because my PCP has never ran some of these tests. I am very thankful that I was introduced to Dr. Megan and every time that I run into someone with health issues I mention Dr. Megan to them. **LaKeitha B.**

I came to this class with the desire to learn a little more about gut health and natural remedies. The wealth of knowledge I received was worth more than the minimal cost of the class. Dr. Megan was always just a text away readily available to answer questions. She explained concepts very well in a way that you could easily understand and apply to your every day life. Her love for helping to educate and heal people is invaluable. I would highly recommend this class to any and all. **Kendra H.**

I learned a great deal about using nature to heal, detoxing, analyzing your diet, analyzing supplements, digestion and related illnesses. Dr. Megan has a gift for breaking down information so that it is easily digestible by the average person. She shared her own personal story and experiences to illustrate the importance of taking care of your health naturally. I feel armed with the basic knowledge I need to begin to help myself and my family. **Carol B.**

I truly enjoyed Dr. Megan's HYG program. She thoroughly explained all the information in a way that is easy to understand. Because of her I feel more confident in the measures that need to be taken in order to maintain optimum health. Not only did she explain thoroughly, she kept class very fun and live. I definitely recommend taking her course 100%. **CoQuece J.**

Dr. Megan's HYG class is awesome. I literally can't get enough. She goes in depth and she's able to break the info down in a way that's easy for anyone to remember/understand. I feel more confident as a Health Coach now because of Dr. Megan's HYG class. I'm also a patient of hers. She has answered questions and gotten to the root of my health issues, by pushing the importance of gut health and how the body can heal once we test for and get rid of our intolerant foods. I was feeling hopeless before finding her! I'm so grateful for finding her on Google that day! Thank you for everything Dr. Megan! **Farilyn D.**

I was apart of Dr Megan's HYG 4 class. I enjoyed the class as it was informative, relatable and very applicable to every day life. Class was easy to follow and was able to understand on a basic level.. The information learned I found myself applying it to every day things. Questioning what I was eating, why and now knowing what it's effects will be for breaking the rules. Very helpful. **Dwayne Y.**

I really enjoyed the HYGUT class. It was very in-depth resourceful information provided. The information was very easy to comprehend and follow step by step. **Kara Battle**

Dr. Lebon is the best NP teacher and her credentials are impeccable! Her teaching was enjoyable and easy to comprehend. I've walked away armed with valuable information to help myself, family and friends! I highly recommend Dr. Lebon class! **Jennifer J.**