

BOXING & GROUP TRAINING PRICING

ADULT MEMBERSHIPS (18+) – ALL GROUP TRAINING

- 1 Class/Week – \$129/month
- 2 Classes/Week – \$199/month
- 3 Classes/Week – \$249/month
- 4 Classes/Week – \$299/month

TEEN MEMBERSHIPS (13+)

- 1 Class/Week – \$119/month
- 2 Classes/Week – \$179/month
- 3 Classes/Week – \$224/month
- 4 Classes/Week – \$269/month

1-ON-1 PERSONAL TRAINING

- Single Hour – \$100/hour
- 4 Hours – \$380 (\$95/hour)
- 8 Hours – \$720 (\$90/hour)
- 12 Hours – \$1,020 (\$85/hour)

EXCLUSIVE BENEFITS (1-ON-1 PERSONAL TRAINING CLIENTS ONLY)

- Unlimited access to personalized training app
- Customized workout routines tailored to the individual
- Body fat percentage measurements & weight tracking
- Ongoing coaching, accountability & direct support
- Active personal training clients receive discounted nutritional counseling

IMPORTANT MEMBERSHIP RULES

- All memberships are monthly recurring
- Members must attend the same scheduled day and time each week
- Classes are limited to 5 members (6 max with overflow)
- Missed classes cannot be made up
- Schedule changes are based on availability only