

scrappy girl project

ACCESS LEGAL

LAB

The 12-Month Strategic Career Accelerator for First-
Generation and Non-Traditional Lawyers

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OVERVIEW

Access Legal Lab is a year-long, high-impact career development experience for first-generation and non-traditional attorneys who are ready to stop operating on autopilot and start leading with strategy, presence, and clarity.

Through monthly masterminds, personalized coaching, and a proven career growth framework, participants build powerfully aligned careers—without burnout, guesswork, or constant code-switching.

Duration: 12 months

Format: Monthly live mastermind (90 min) + Monthly 1:1 coaching (45 min)

Cohort Size: 8–10 attorneys per cohort

Delivery: Live on Zoom + private digital platform + career toolkit library

Ideal Participant: Attorneys with 5–15 years of experience navigating advancement, transition, or leadership in high-stakes environments

info@scrappygirlproject.com
www.linkedin.com/in/aubria

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WHO IS IT FOR?

Our goal is to demystify the legal pipeline, equip students with real-world tools, and cultivate confident, well-resourced professionals who can Access Legal Lab was designed for:

- First-gen and non-traditional lawyers who've reached a professional plateau and want to grow—on their own terms
- Attorneys who've "checked all the boxes," yet feel stuck, unseen, or misaligned
- High performers who are managing burnout while holding leadership potential
- Lawyers preparing for a pivot, positioning for promotion, or exploring entrepreneurship
- Professionals who want a confidential, equity-centered space to think out loud, reimagine their next move, and lead from their truth

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PROGRAM STRUCTURE

Each month includes:

- One 90-minute group mastermind (deep dive on a core career strategy theme)
- One 45-minute private coaching session (personalized planning, problem-solving, and support)
- Pre- and post-session resources (templates, tools, checklists, reflection prompts)
- Private cohort space for connection and accountability
- Expect to commit 3–4 hours per month, intentionally spread out and designed to be integrated into your work life—not added on top of it.

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12-MONTH CURRICULUM

Season 1: CLARITY & STRATEGY

- Strategic Career Mapping – Redefine your goals and map your path.
- Personal Brand + Executive Presence – Align your value with how you show up.
- Values-Aligned Vision Planning – Design a career you actually want to lead.

Season 2: VISIBILITY & POSITIONING

- Internal Positioning + Promotion Strategy – Be seen, supported, and sponsored.
- Relationship Capital – Build influence through trust, not transactions.
- Executive Presence in Action – Speak up, lead, and own the room.

Season 3: LEADERSHIP & SUSTAINABILITY

- Leadership Identity + Impact – Step into leadership without waiting for permission.
- Burnout Recovery + Energy Realignment – Protect your pace, power, and peace.
- Navigating Up, Down & Across – Lead with intention across the org chart.

Season 4: POWER & POSSIBILITY

- Strategic Transitions – Move boldly toward promotion, pivots, or new purpose.
- 1Legal Entrepreneurship – Create what's missing. Build what doesn't yet exist.
- Owning Your Narrative – Package your story and position your next move.

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WHAT'S INCLUDED?

- 12 Group Mastermind Sessions (live and interactive)
- 12 Private 1:1 Strategy Sessions
- Pre- and post-session reflection tools
- Exclusive templates and toolkits (LinkedIn, stakeholder maps, pitch decks, etc.)
- Private cohort platform for check-ins and accountability
- Bonus guest faculty + alumni events (select cohorts)

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WHAT YOU'LL GAIN?

- LA 3-year career blueprint aligned with your values, goals, and energy
- Clear personal brand language to advocate for your growth
- Internal positioning and sponsorship strategies tailored to your workplace
- Tools for managing burnout, feedback, and complex transitions
- Stronger executive presence and leadership clarity
- A curated peer network of aligned, ambitious professionals
- Ongoing clarity, momentum, and confidence

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HOW TO APPLY?

LCohorts are small by design to preserve depth and trust.
Admission is by application or invitation.

To express interest, request a 1:1 info call or apply:

Contact us at **info@scrappygirlproject.com**

Let us help you move from overwhelmed to equipped and
from surviving your career to strategically thriving in it.

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WORK WITH US

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