

Victim Impact Statement

When giving an impact statement to the court, the judge specifically wants to know about the emotional, physical, and financial effects the crime has had on you. Below you will find several questions to help you draft your statement.

As a result of this crime, were you physically injured? If yes, describe the extent of your injuries.

Did you require medical treatment for the injuries sustained? If yes, please describe the treatment received and the length of time treatment was or will be required: to what degree have you recovered?

Please describe the psychological impact which the crime has had on you:

Have you experienced any of the following since the crime occurred?

- Depression
- Anxiety
- Fear
- Guilt
- Anger/Rage
- Change in sleep patterns
- Change in appetite
- Other relevant changes

Have you received any counseling or therapy as a result of this incident? If yes, please describe the length of time you have been or will be undergoing counseling or therapy.

Has this incident affected your ability to earn a living? If yes, please describe your job and how it has been affected.

Has this crime affected you or your family's life style?

Are there any other effects of this crime that are now being experienced by you or your family?

What are your feelings about the Criminal Justice System? Have your feelings changed as a result of this incident?

Do you have any thoughts on the sentence that the court should impose upon the defendant?

Do you want to have contact with the defendant in this case?