



THRIFT STORE
616 HWY 16 S. BANDERA, TEXAS

Silver Sage Thrift Store & Boutique
616 Hwy 16 S

Store Hours:

Tuesday-Saturday
10:00am-4:00pm
(830) 460-1586

The Silver Sage Home Goods Thrift Store
805 Main Street (old Family Dollar)

Store Hours:

Tuesday-Saturday
10am-4pm
(830) 460-0423

Home Goods THRIFT STORE

BENEFITTING MEALS ON WHEELS

MONTHLY MENU
PAGE 8 & 9



VOL. 7 ISSUE 8 WWW.SILVERSAGE.ORG JULY 2026

BANDERA COUNTY



THE SCOOP AT SILVER SAGE

803 BUCK CREEK DR. BANDERA, TEXAS 78003 (830) 796-4969

Want to learn how to become a Silver Sage Volunteer? As a non-profit organization, we rely on volunteers to accomplish our mission. There are numerous ways you can help: Meals On Wheels driver/jumper, Thrift Stores, Food Pantry, Kitchen, or Garden!
Call us at (830) 796-4969

HAPPY
Independence
DAY



Managing Publisher/Designer:

Karyn Utterback
Executive Administrator
Email: karyn@silversage.org

Silver Sage-803 Buck Creek
Bandera, TX 78003
(830) 796-4969
P.O. Box 1416



» P.7



» P.10

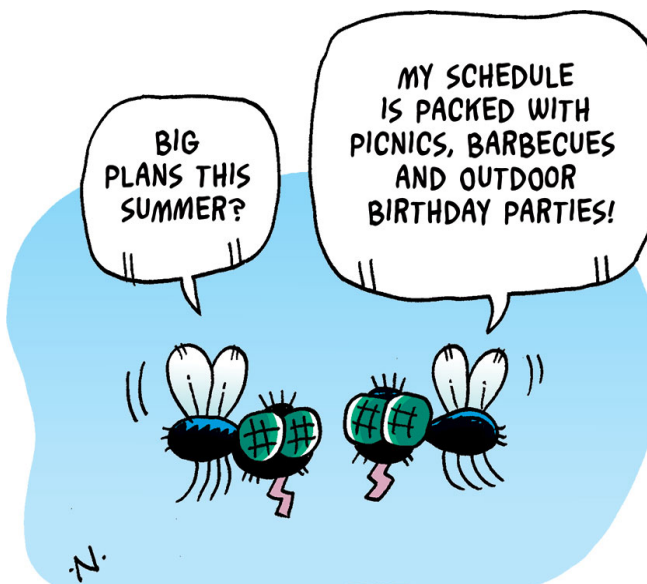
Check out
our Monthly
Menu!



» PG 6



» P. 8/9



HOURS:
SILVER SAGE HOURS:
MON-THURS 8:00AM- 3:00PM
FRIDAY 8:00AM TO 2:00PM.



Retired? Let us help
with your income
needs.



Anthony J Ferragamo, CFP®, CKA®
Financial Advisor
P O Box 2806
158 Hwy 16 S Suite D
Bandera, TX 78003
830-796-9197

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July



Word Search

Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.

S K R O W E R I F Z N O I T A C A V
 L E V A R T C M W K T K F A G T W N
 L R B O B P I I T J F B E N A H A R
 T Z M T S L W N N G L U I K C S T S
 H M W A Y P U T D C C K M T I U E U
 Y C C M F F O E R E I M W O R N R N
 R A D O L C C L B H P P C P E D M G
 R M P T C V W R F E K E K Z M R E L
 E P P Y T N A L S P R W N M A E L A
 B I D K C B E T K U I R L D F S O S
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 J V F W N S U N S C R E E N Y P K N
 G N I M M I W S I C E C R E A M J N

- AMERICA
- BARBECUE
- BEACH
- BLUEBERRY
- CAMPING
- CORN
- FIREWORKS
- FLIP-FLOPS
- HAT
- HIKING
- ICE CREAM
- INDEPENDENCE
- JULY
- LEMONADE
- PEACH
- PICNIC
- RASPBERRY
- SANDCASTLE
- SHORTS
- STRAWBERRY
- SUMMER
- SUNDRESS



SUNGLASSES

SUNSCREEN



TOMATO

TRAVEL

VACATION

WATERMELON



SWIMMING

TANK TOP





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FOUNDATION**
— of the —
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FOR BANDERA. FOREVER.

**CONSIDER A CHARITABLE LEGACY AS A PART OF YOUR
ESTATE PLAN.**

241 EARL GARRETT STREET | KERRVILLE, TEXAS 78028

WWW.COMMUNITYFOUNDATION.NET

Our Vision: To be Leaders in our Bandera County Community and serve our neighbors.



Mission: Lions serve. It's that simple, and it has been since we first began in 1917. Our clubs are places where individuals join together to give their valuable time and effort to improve the quality of life in Bandera County.

PLEASE JOIN THE BANDERA LIONS:

3rd Thursday of each month @ 6pm

@ Silver Sage Activity Center located at 803 Buck Creek Drive.

For More Info, lionsclubofbandera@gmail.com

Bruce @ (210) 396-6932

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WE'RE PROUD TO BE *your* NEIGHBORS.

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Bandera | 800 Main St. | 830.796.3100
Kerrville Main | 998 Sidney Baker St. South | 830.257.4771
Downtown Kerrville | 200 Earl Garrett, Ste. 208 | 830.955.8331
Fredericksburg | 1037 S. State Hwy 16 | 830.307.5490

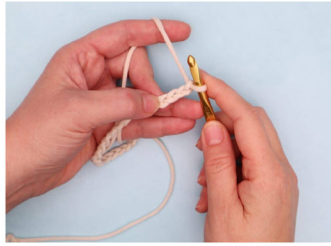


www.texaspartners.bank

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BANDERA | KERRVILLE | FREDERICKSBURG | NEW BRAUNFELS | SAN ANTONIO | AUSTIN

1PM JULY 8TH
1PM JULY 15TH
1PM JULY 22ND
IN THE DINING ROOM



Learn to Crochet with Aaron



CALL TO RSVP (830) 796-4969
803 BUCK CREEK DRIVE, BANDERA TEXAS

SILVER SAGE HILL COUNTRY RESOURCE CENTER
SUPPORTING PEOPLE. STRENGTHENING COMMUNITIES.

BINGO

& POPCORN PARTY!

1ST AND LAST THURSDAY
JULY 6TH AND 20TH

Bingo!

803 BUCK CREEK DRIVE
BANDERA, TEXAS



Christmas in July CRAFT FAIR

SATURDAY JULY 4TH
9AM-3PM
(IN THE GREAT ROOM)



LOCAL VENDORS WILL SHOWCASE SEWN CREATIONS,
ORIGINAL ART, HANDCRAFTED JEWELRY, AND A
VARIETY OF ONE-OF-A-KIND HANDMADE ITEMS.

803 BUCK CREEK DRIVE, BANDERA, TEXAS

THE LIVING WATER COMMUNITY BIBLE STUDY

Every Thursday 10am
Silver Sage, 803 Buck Creek Dr, Bandera

*"Whoever drinks of the water that I shall give him will never thirst."
- John 4:14*

Join us for a welcoming and open Bible study as we
explore the words and life of Jesus.

Whether you're new to the Bible, curious about faith,
or have studied Scripture for years, everyone is welcome.

Come as you are. Bring a Bible if you have one.



SILVER SAGE HILL COUNTRY RESOURCE CENTER
EST. 1984
SILVERSAGE.ORG

Questions/information: Travis Morgan / Cell: 210-773-2452

JULY ACTIVITIES 2026



Mon	Tue	Wed	Thu	Fri
		1 8:00 Video Exercise 9:30 Quilting	2 10am Dance Class 10am Bible Study Cancelled 1pm BINGO	3 8:00 Video Exercise 1:00 Games
6 8:00 Video Exercise 10:00 Yoga w/ Willie 1:00 Movie Monday	7 10:30 Stretch & Strengthen w/Ida 1:00 Games	8 8:00 Video Exercise 9:30 Quilting 1pm Crochet w/Aaron	9 10am Dance Class 10am Bible Study 1pm Games	10 8:00 Video Exercise 1:00 Games
13 8:00 Video Exercise 10:00 Yoga w/ Willie 1:00 POTTERY CLASS	14 10:30 Stretch & Strengthen w/Ida 1:00 Movie 1:00 Writers Group	15 8:00 Video Exercise 9:30 Quilting 1pm Crochet w/Aaron	16 10am Dance Class 10am Bible Study 1pm Games	17 8:00 Video Exercise 1:00 Games
20 8:00 Video Exercise 10:00 Yoga w/ Willie 1:00 POTTERY CLASS	21 10:30 Stretch & Strengthen w/Ida 1:00 Movie	22 8:00 Video Exercise 9:30 Quilting 1pm Crochet w/Aaron	23 10am Dance Class 10am Bible Study 1pm BINGO	24 8:00 Video Exercise
27 10:00 Yoga w/ Willie 1:00 Movie Monday	28 10:30 Stretch & Strengthen w/Ida 1:00 Games 1:00 Writers Group	29 8:00 Video Exercise 9:30 Quilting	30 10am Dance Class 10am Bible Study 1pm Games	31 Birthday Bash

Julio de 2026. Almuerzo servido de 11:30 a 13:00. Silversage.org

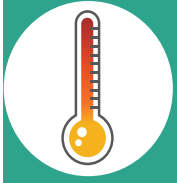
Domingo	Lunes	Martes	Miércoles	Jueves	Viernes
	 <p>AACOG Alamo Area Council Of Governments</p>  <p>Area Agency on Aging Provided through the Texas Department of Aging and Disability Services Alamo Area Council of Governments</p>	<p>El menú se prepara en colaboración con Ben E. Alimentos Keith por Jackie Scimeca, dietista titulada n.º DT83358</p>	<p>1 Ensalada de jardín con Jamón picado, Pepinos rojos Cebolla, tomates y queso/galletas saladas Aderezo Ranch</p>	<p>2 Dulce del suroeste Bol de patata con Pollo chipotle, Frijoles negros, rojos Cebolla, maíz asado, Arroz/Salsa</p>	<p>3</p>
6	<p>Chili totalmente americano Perrito caliente con queso Papas fritas de la libertad</p>	<p>7 Filete de hamburguesa Salsa de champiñones Judías verdes Papas rojas asadas</p>	<p>8 Tortellini italianos Ensalada sobre una cama de Verduras frescas Galletas</p>	<p>9 Pollo Tikka Masala sobre una cama de Arroz blanco Ajo Jengibre Verde Frijoles</p>	<p>10 Carne mechada Puré cargado Papas Guisantes y zanahorias</p>
13	<p>Pollo toscano con tomates secos y espinacas sobre una Lecho de arroz pilaf Rollo de levadura</p>	<p>14 Espaguetis y Albóndigas Pan de ajo</p>	<p>15 Pollo frito crujiente Ensalada con tomate y queso Monterrey Jack. Queso/Miel Aderezo de mostaza</p>	<p>16 Carne mexicana Picadillo con papas y verduras en una tortilla de harina. Frijoles reñitos</p>	<p>17 Jamón y queso Cazuela de papas ralladas Bruselas besada con miel Brotes</p>
20	<p>Jamón y queso caliente Sándwich con tocino y caramelo cebollas Papas fritas de boniato</p>	<p>21 Enchilada de pollo Homear Arroz español Frijoles pintos</p>	<p>22 Filete Diosa Verde Ensalada con carne asada Pimientos morrones dulces Maíz y crujiente Cebollas/Galletas</p>	<p>23 Cerdo asado a fuego lento Asado sobre puré de patatas Papas Galleta de ajo</p>	<p>24 Miel y ajo pegajosos Pollo Arroz blanco esponjoso Empanadillas</p>
27	<p>Tiras de pollo y Salsa campestre Papas fritas Tostada texana</p>	<p>28 Cerdo desmenuzado Sándwich con Cebollas y pepinillos Frijoles homeados con salsa barbacoa</p>	<p>29 Ensalada de tacos con salsa y totopos Aderezo Ranch</p>	<p>30 Pollo Primavera Verduras de temporada y pasta penne con salsa de ajo y parmesano. Pan de ajo</p>	<p>31 Pechuga de res ahumada Macarrones con queso Homear Col rizada</p>

Menú sujeto a
Cambiar
De acuerdo a
Disponibilidad

July 2026 Lunch Served 11:30-1pm silversage.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	  <small>Provided Thanks to Your Department of Aging and Disability Services Alamo Area Council of Governments</small>	<p>The menu is prepared in partnership with Ben E. Keith Foods by Jackie Scimeca Licensed Dietician #DT83358</p>	<p>1 Garden Salad with Chopped Ham, Cucumbers, Red Onion, Tomatoes, and Cheese/Crackers Ranch Dressing</p>	<p>2 Southwest Sweet Potato Bowl with Chipotle Chicken, Black Beans, Red Onion, Roasted Corn, Rice/Salsa</p>	
6	All American Chili Cheese Hot Dog Freedom Fries	7 Hamburger Steak Mushroom Gravy Green Beans Roasted Red Potatoes	8 Italian Tortellini Salad on a Bed of Fresh Greens Crackers	9 Chicken Tikka Masala over a Bed of White Rice Garlic Ginger Green Beans	10 Meatloaf Loaded Mashed Potatoes Peas and Carrots
13	Tuscan Chicken with sundried tomatoes and spinach over a Bed of Rice Pilaf Yeast Roll	14 Spaghetti and Meatballs Garlic Bread	15 Crispy Fried Chicken Salad with Tomato, and Monterey Jack Cheese/Honey Mustard Dressing	16 Mexican Beef Picadillo with potatoes & vegetables in a flour tortilla Refried Beans	17 Cheesy Ham and Hashbrown Casserole Honey Kissed Brussel Sprouts
20	Hot Ham and Cheese Sandwich with Bacon and Caramelized Onions Sweet Potato Fries	21 Chicken Enchilada Bake Spanish Rice Pinto Beans	22 Green Goddess Steak Salad with Charred Bell Peppers, Sweet Corn, and Crispy Onions/Crackers	23 Slow Roasted Pork Roast over Mashed Potatoes Garlic Biscuit	24 Sticky Honey Garlic Chicken Fluffy White Rice Potssticker
27	Chicken Strips & Country Gravy French Fries Texas Toast	28 Pulled Pork Sandwich with Onions and Pickles BBQ Baked Beans	29 Taco Salad with Salsa and Tortilla Chips Ranch Dressing	30 Chicken Primavera Seasonal veggies and penne pasta/Garlic parmesan sauce Garlic Bread	31 Smokey Brisket Macaroni and Cheese Bake Collard Greens
					Menu Subject To Change According to Availability

MAKE THIS A SUMMER OF SAFETY



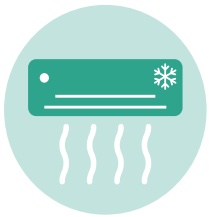
STAY SAFE IN EXTREME HEAT



Watch for Signs of Heat Illness

In the summer, multiple days and nights of hot weather can be very dangerous. Getting too hot can make people sick. California Department of Health recommends learning the signs and how to help someone with heat illness:

- **Heat stroke:** red, hot, dry skin; very high body temperature; dizziness; nausea; confusion, strange behavior, or unconsciousness; rapid pulse or throbbing headache. Call 9 - 1 - 1.
- **Heat exhaustion:** heavy sweating, cramps, headache, nausea or vomiting, tiredness, weakness, dizziness and fainting. Move to a cool place and get medical help if vomiting or symptoms get worse or last longer than 1 hour.



Keep Cool

When temperatures are very high, make sure to:

- Stay hydrated. Don't wait until you are thirsty to drink.
- Wear loose, lightweight, light-colored clothing and a hat outdoors.
- Wear sunscreen and avoid too much sun.
- Slow down and avoid exercise during the hottest parts of the day.

Stay in air-conditioned buildings as much as possible. If your home doesn't have air conditioning or if there was a power outage, find a public place you can go to get out of the heat:

- Libraries, shopping malls, and community centers can be cool places to take a break from the heat.
- Ask neighbors, friends, or family if they have a cool place you can hang out.
- Call your local county to find a location near you to keep cool.

If you work outside:

- Take breaks to cool down.
- Your employer must give you water, rest, and shade.



Look out for Others

- For people who are 65 or older, heat can be especially dangerous. Make a plan with a friend, relative, or neighbor who will call or come check on you twice a day while it is hot outside.
- Bring pets inside. Make sure they have plenty of fresh water.
- Make sure everyone is out of the car whenever you park. Never leave a child, adult, or animal alone inside a parked vehicle. Temperatures inside a car can rise almost 20 degrees within the first 10 minutes causing heat stroke or death.

Nature's Imprint in Clay!

July 13th & 20th
@ 1:30 pm
MONDAY CLASSES

Come enjoy a fun, creative afternoon at the Silver Sage Community Center where we will turn a real leaf into a beautiful clay keepsake! Come early and enjoy a delicious lunch for only \$3.00 a person.

🌿 **B.Y.O.L. (Bring Your Own Leaf):** Feel free to bring your own leaves, or choose from the selection I'll provide. For best results, leaves should be GREEN & about 5"x 5" for the trivet and 3"x 3" for the spoon rest.

We'll press, shape, fire, and paint our creations to make a unique spoon rest & trivet inspired by nature.

**No experience necessary!
All Supplies Provided!**

This class is designed with seniors in mind, but all ages are welcome.

*Children under 7 years old must have an adult stay and assist them during the class.

Each class will take place over 2 sessions, one week apart:

- 👉 **Session 1:** Create your pieces
- 👉 **Session 2:** Glaze & Decorate your pieces

Only \$15 for both sessions!

Your completed project will be kiln fired and ready for pickup in a few days. You may pick it up at SS or at Little Gnome Gift Shop.

**Contact: Kim McCloud
by Phone or Text @ 830-955-3410**



SILVER SAGE & SAN ANTONIO FOOD BANK DISTRIBUTION

****WEATHER PERMITTING****

**MONDAY JULY 13TH 10AM-12PM
LAKEHILLS COMMUNITY CENTER
11225 PR 37, Lakehills, TX**

**MONDAY JULY 27TH 10AM-12PM
LAKE MEDINA SHORES (THE POOL)
7100 Wharton's Dock Road**

Registration will be done on-site

QUESTIONS: (830) 796-4969

