



NEW LOCATION/ NEW HOURS

Silver Sage
Thrift Store
616 Hwy 16 S

Store Hours:

Tues-Saturday
10:00am-4:00pm
Proceeds benefit
Meals On Wheels



**MONTHLY
MENU**
PAGE 8 & 9



VOL. 5 ISSUE 12 WWW.SILVERSAGE.ORG OCTOBER 2024

BANDERA COUNTY



THE SCOOP AT SILVER SAGE

803 BUCK CREEK DR. BANDERA, TEXAS 78003 (830) 796-4969

Community Volunteering

Want to learn how to become a Silver Sage Volunteer? As a non-profit organization, we rely on volunteers to accomplish our mission. There are numerous ways you can help. Call us at (830) 796-4969

Cowboy Capital Opry

Our Opry is always the 1st Tuesday of every month, Benefiting Meals On Wheels. **It's Back! October 1st, Art and Lisa will host a spectacular show! More details on pg 13**

October Bus Trips: 17th-8:00am Glass Bottom Boat Tour, Spud Ranch Lunch & Wimberly Glassworks Glass Blowing Demo Pg 7



Managing Publisher/Designer:

Karyn Utterback
Executive Assistant
Email: karyn@silversage.org

Silver Sage-803 Buck Creek
Bandera, TX 78003
(830) 796-4969
P.O. Box 1416

HOURS:
SILVER SAGE HOURS:
MON-THURS 8:00AM- 3:00PM
FRIDAY 8:00AM TO 2:00PM.
CLOSED WEEKENDS AND MAJOR HOLIDAYS.
WWW.SILVERSAGE.ORG

Our Mission:
**EMPOWERING PEOPLE.
BUILDING EQUITABLE COMMUNITIES.**



» p.7

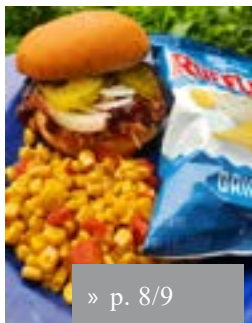


» p.10

Check out our
**Monthly
Menu!**



» p.14-15



» p. 8/9

October 14th



Quilters Welcome!! Every Wednesday 9:30am
Do you know how to sew? Do you have a quilt you want to do for a family member? Do you have a project to share? Above all would you like to meet new people? If you answered Yes to any of the above questions please contact our Center at 830.796.4969



EMERGENCY 911

Bandera County Sheriff (830) 796-3771

City Marshall (830) 460-7172

Bandera Fire Department (830) 796-3777

Poison Emergency 1-800-222-1222

Silver Sage/MEALS ON WHEELS (830) 796-4969

Art Crawford (Chief Executive Officer) (830) 456-4083

John Cressey-Neely (Chief Operations Officer) (830) 850-0898

Arthur Nagel Community Clinic (830) 796-3448

CVS Pharmacy (830) 460-7701

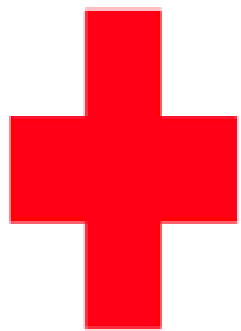
Bandera Pharmacy (830) 796-3111

ART Bus 1-866-889-7433

Texas Abuse Hotline 1-800-252-5400

Texas Health and Human Services (830) 796-3739

South Texas Alzheimer's Assoc. (210) 822-6449



American Red Cross

redcross.org

Together, we can save a life



HEVENOR

LUMBER & HARDWARE

354 TX-16, Bandera, TX 78003

hevenorlumberhardware.com-



Investing is about more than money.

At Edward Jones, we stop to ask you the question: "What's important to you?" Without that insight and a real understanding of your goals, investing holds little meaning.

Contact your Edward Jones financial advisor for a one-on-one appointment to discuss what's really important: *your goals.*



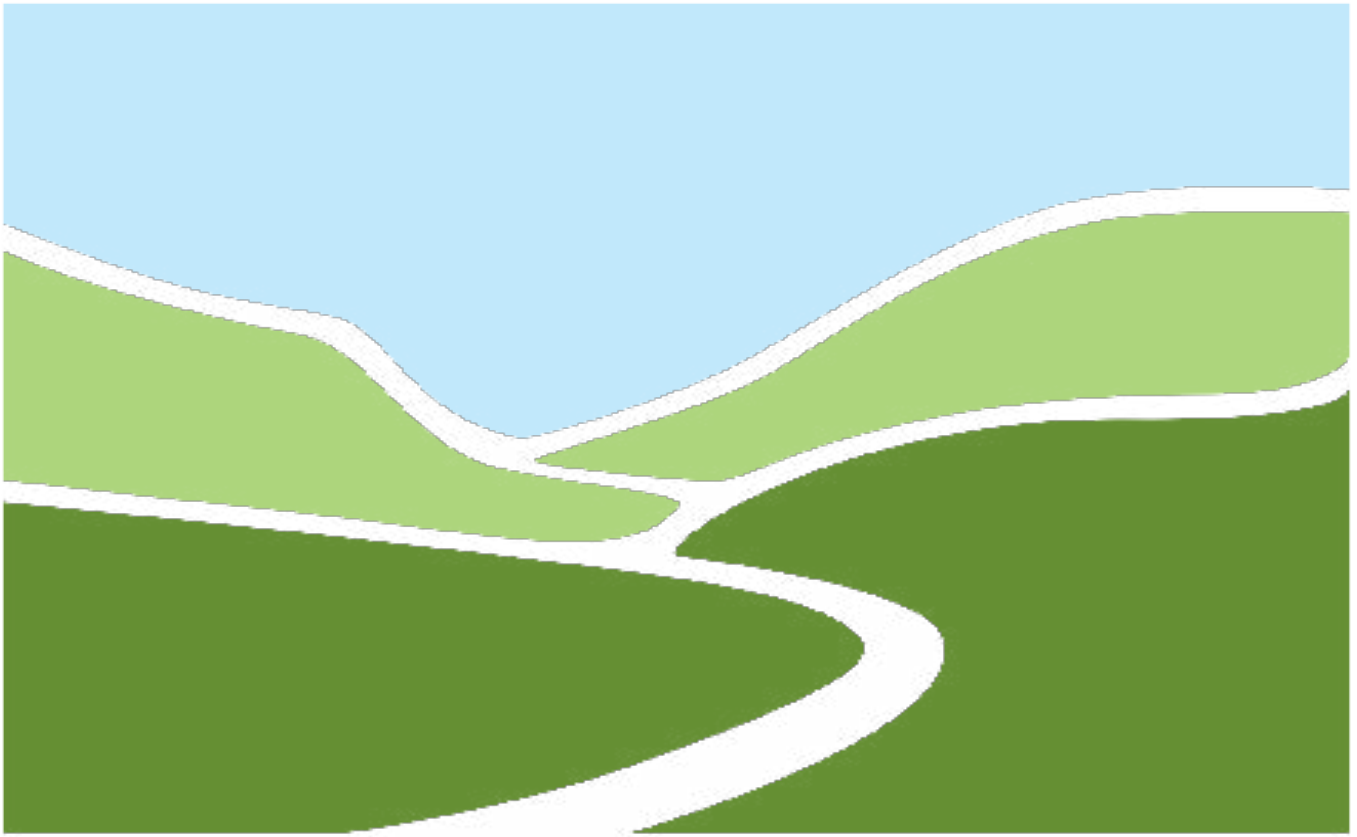
Anthony J Ferragamo, CFP®

Financial Advisor

158 Hwy 16 S
Suite D
Bandera, TX 78003
830-796-9197

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING



COMMUNITY FOUNDATION

of the

TEXAS HILL COUNTRY

FOR BANDERA. FOREVER.

**CONSIDER A CHARITABLE LEGACY AS A PART OF YOUR
ESTATE PLAN.**

241 EARL GARRETT STREET | KERRVILLE, TEXAS 78028

WWW.COMMUNITYFOUNDATION.NET

Our Vision: To be Leaders in our Bandera County Community and serve our neighbors.



Mission: Lions serve. It's that simple, and it has been since we first began in 1917. Our clubs are places where individuals join together to give their valuable time and effort to improve the quality of life in Bandera County.

PLEASE JOIN THE BANDERA LIONS:

1st Wednesday of each month @ 6pm, also the 3rd Wednesday of each month at noon @ Bandera China Bowl located at 1203 Pecan St.

**For More Info, Contact Rene Leith (210) 844-6910
-or- Bruce @ (210) 396-6932**

WS&P | WALTHALL
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PIPES, INC

FAMILY & BUSINESS INSURANCE SINCE 1973

Debbie Brzezinski - Bandera County Resident

dbrzezinski@wspinsurance.com - www.wspinsurance.com



300 E. Sonterra Blvd. Suite 1100 San Antonio, TX 78258, (210) 477-4286 Direct Office (210) 865-2966 Cell

WE'RE PROUD TO BE *your* NEIGHBORS.

PERSONAL | COMMERCIAL | MORTGAGE | WEALTH MANAGEMENT



Bandera | 800 Main St. | 830.796.3100

Kerrville Main | 998 Sidney Baker St. South | 830.257.4771

Downtown Kerrville | 200 Earl Garrett, Ste. 208 | 830.955.8331

Fredericksburg | 1318 S. State Hwy 16, Ste. 100 | 830.307.5490



texashillcountrybank.com

The Circus
is coming
to...



One
Day
Only!

BANDERA

★ Saturday, October 12 ★

Bandera City Park
Entrance to Park at 8th & Maple Sts.

Showtimes: 2:00 & 4:30 pm

Sponsored by: Bandera Co. Chamber of Commerce

Advance Adult - \$13
Advance Child/Senior - \$8

Circus Day Adult - \$16
Circus Day Child/Senior - \$9



Get Tickets

Buy before circus day at...

- Bandera County Chamber of Commerce
- City of Bandera (City Hall)
- Mercantile on Main



\$1.00 off
Pony Ride

one per customer

PRAIRIE SONG PRESENTS

PROJECT RUNWAY

A FUND RAISER FOR THE
"FOSTER CLOSET" / SILVER SAGE

SAT. NOV 16 ★ 1 TO 3 ★ SILVER SAGE

TICKETS AVAILABLE AT LOCAL BUSINESSES OR AT THE DOOR
\$5.00 PROCEEDS TO GO TO FOSTER CLOSET
COME AND ENJOY A DAY OF FUN, BEAUTIFUL CLOTHES MODELED BY BUSINESSES YOU
MAY ALREADY KNOW... COME DREAM A BIT AND FIND A NEW YOU!!!!
DOOR PRIZES/ TABLE PRIZES



Silver Sage
is delighted
to now offer
Veterans
Services!!

Do you know a Veteran struggling with everyday needs?

-Mortgage/Rent -Utilities -Food -Transportation -Much more...

Thanks to a Grant from the Texas Veterans Commission Fund for Veterans Assistance, Veterans and their families in Bandera, Kerr, Kendall, Medina, Real and Uvalde counties can now find the help they need including one-time utility or rent/mortgage payments, providing food or certain medical services and arranging transportation services. (Beneficiaries will not be required to qualify based on income level; need is based on unpaid utility or rent/mortgage bills.)

If you know of a Veteran in need visit silversage.org/veteran-services or reach out to Victor Polanco, the Veteran Service Coordinator at 830-328-6355. Victor is excited to see this type of resource available to the Veterans in need and is ready to support as many Veterans as possible.



OCTOBER ACTIVITIES 2024

Activities Director, Lisa Crawford

Phone: (830) 850-0028 Email: lisa@silversage.org

| Mon | Tue | Wed | Thu | Fri |
|--|--|---|--|---|
| SEPT 30 | OCT 1 | 2 | 3 | 4 |
| 8:00 Video Exercise 10:00 Yoga w/ Willie \$10 1:30 Movie Monday: Ghostbusters Frozen Empire PG=13 1h 55m | 10:30 Stretch & Strengthen w/Ida \$8 12:30 Games 7:00 Cowboy Capital Opry with hosts Art & Lisa/ Guest Ricky Adams | 8:30 Video Exercise 9:30 Quilting 12:30 HEB | 11:00 Thriller Flash Mob Rehearsal 11:00 TRI-County Home Health Blood Pressure Clinic 12:30 Games | 8:00 Video Exercise 10:00 Dance for Joy \$5 12:30 Watercolor Painting \$6 |
| 7 | 8 | 9 | 10 | 11 |
| 8:00 Video Exercise 10:00 Yoga w/ Willie 1:30 Movie Monday: "First Man" Gripping drama about Neil Armstrong, the first man on the moon. Exploring the intense journey of his life and legacy PG-13 2h 20m | 10:30 Stretch & Strengthen w/Ida \$8 10:30 The Apple Store Patio Café & Bakery Medina-Lunch 12:30 Games 1:00 Writers Group | 8:00 Video Exercise 9:30 Quilting 12:00 Nutrition Education 12:30 Games 4:35 El Sol De Mexico Restaurant & FREE Live Radio Show at Rock Box Theater | 11:00 Thriller Flash Mob Rehearsal 11:00 TRI-County Home Health Blood Pressure Clinic 12:30 Games | 8:00 Video Exercise 10:00 Dance for Joy \$5 12:30 Watercolor Painting \$6 |
| 14 | 15 | 16 | 17 | 18 |
| CENTER CLOSED 10:00 Yoga w/ Willie | 10:30 Stretch & Strengthen w/Ida \$8 12:30 Games | 8:00 Video Exercise 9:30 Quilting 12:00 Wellness Ed 12:30 Walmart | 8:00 Glass Bottom Boat Tour, Spud Ranch Lunch & Wimberly Glassworks Glass Blowing Demo 11:00 Thriller Flash Mob Rehearsal 11:30 TRI-County Home Health Blood Pressure Clinic | 8:00 Video Exercise 10:00 Dance for Joy \$5 |
| 21 | 22 | 23 | 24 | 25 |
| 8:00 Video Exercise 10:00 Yoga w/ Willie \$10 1:30 Movie Monday: Father of the Bride PG=13 1h 58m | 10:30 Stretch & Strengthen w/Ida \$8 12:30 Games 1:00 Writers Group 00:00 AMC Movie Theater Movie & Time TBD | 8:00 Video Exercise 9:30 Quilting 12:30 Games | 11:00 Thriller Flash Mob Rehearsal 12:30 Games 4:45 The Lakehouse & Point Theater Live Play "NIGHTFALL" show starts 7:30 | 8:00 Video Exercise 10:00 Dance for Joy \$5 11:30 Birthday Bash |
| 28 | 29 | 30 | 31 | NOV 1 |
| 8:00 Video Exercise 10:00 Yoga w/ Willie 1:30 Movie Monday: Death Becomes Her PG-13 1h 44m | 10:30 Stretch & Strengthen w/Ida \$8 12:30 Games | 8:00 Video Exercise 9:30 Quilting 11:30 Hispanic Outreach Ladies Luncheon 12:30 Games | 11:00 Thriller Flash Mob Rehearsal 11:00 TRI-County Home Health Blood Pressure Clinic 12:30 Games | 8:00 Video Exercise 10:00 Dance for Joy \$5 12:30 Watercolor Painting \$6 |

Activities are subject to change,
please check our Facebook page/website

| Domingo | Lunes | Martes | Miércoles | Jueves | Viernes |
|---|---|---|--|---|--|
| |  | 1 Cerdo oriental Arroz con coco Rollo de huevo | 2 Pechuga picada Sándwich con pepinillos y cebollas Macarrones con queso | 3 Pimiento relleno Cazuela | 4 Quiche de verduras Patatas al horno |
| 7 Pollo a la naranja Arroz pegajoso Empanadillas | | 8 Carnitas de cerdo en tortilla de maíz Frijoles Pintos Ensalada de cilantro y limón | 9 Lasaña de mamá Calabaza con mantequilla | 10 Pavo frito y Arroz al horno | 11 Stroganoff de ternera con Salsa de crema sabrosa sobre huevo con mantequilla Fideos Guisantes y zanahorias |
| 14 CERRADO | | 15 Palitos de pescado Patatas fritas dulces Salsa tártara | 16 Chuleta de cerdo ahogada Patatas con queso Brócoli & Coliflor | 17 Triturado Papas fritas con chile, estilo vaquero Maíz y queso | 18 Carne mechada Puré de patatas y Salsa Brócoli a la pamesana |
| 21 Sándwich picante de salami y queso Capocollo Tazón de fuente de latido | | 22 Tortitas de salmón Brócoli al limón | 23 Hot dog Papas fritas | 24 Enchilada de cerdo al horno con maíz y pinto Frijoles | 25 Ravioles de queso Mezcla de verduras italiana |
| 28 Filete de pollo frito Puré de patatas y Salsa Judías verdes | | 29 Espaguetis al jardín Cargado con fresco Verduras y hierbas | 30 Lomo de cerdo asado Pilaf de arroz salvaje Mezcla de Toscana Verduras | 31 Pollo Cordon Bleu Hornear |  |
| | | | | Menú Sujeto a Cambios Según disponibilidad | |

October 2024 Lunch Served 11:30-1pm Silversage.org

6

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|--|
| |  Arca Agency on Aging <small>Arca Agency is a Texas Department of Aging and Disability Services Approved Aging Council of Government</small> | 1 Oriental Pork over Coconut Rice Egg Roll | 2 Chopped Brisket Sandwich with Pickles and Onions Macaroni and Cheese | 3 Stuffed Pepper Casserole | 4 Veggie Quiche Oven Potatoes |
| 7 Orange Chicken Sticky Rice Postickers | 8 Pork Carnitas in a corn tortilla Pinto Beans Cilantro Lime Slaw | 9 Mama's Lasagna Buttered Squash | 10 Fried Turkey and Rice Bake | 11 Beef Stroganoff with Savory Cream Sauce over Buttered Egg Noodles Peas & Carrots | |
| 14 CLOSED | 15 Fish Sticks Sweet Potato Fries Tarter Sauce | 16 Smothered Pork Chop Cheesy Potatoes Broccoli & Cauliflower | 17 Shredded Hashbrowns topped with Chili, Cowboy Corn, and Cheese | 18 Meatloaf Mashed Potatoes & Gravy Parmesan Broccoli | |
| 21 Hot Capocollo Salami and Cheese Sandwich Tator Tots | 22 Salmon Cakes Lemon Broccoli | 23 Hot Dog French Fries | 24 Pork Enchilada Baked with Corn and Pinto Beans | 25 Cheese Ravioli Italian Blend Veggies | |
| 28 Chicken Fried Steak Mashed Potatoes & Gravy Green Beans | 29 Garden Spaghetti Loaded with fresh Vegetables and Herbs | 30 Roasted Pork Loin Wild Rice Pilaf Tuscany Blend Vegetables | 31 Chicken Cordon Bleu Bake |  AACOG Aging Arco Council Of Governments | |
| | | | | Menu Subject To Change According to Availability | |

FRUITS & VEGETABLES: CANNED FOODS WITH LOTS OF FLAVOR

For You and Your Family to Stay Healthy
Together!

WHY ARE CANNED FRUITS & VEGETABLES GOOD FOR YOU & FAMILY?

A SWEET ADDITION TO ANY MEAL.

Most canned fruits and vegetables contain similar amounts of nutrients as fresh and frozen produce. Canned fruits and vegetables have a longer shelf life, are ready to eat & easy to use when preparing meals and are usually lower in price.

WHAT KINDS OF CANNED FRUITS AND VEGETABLES MIGHT I SEE AVAILABLE?



FRUITS

Apples
Fruit Cocktail
Mandarin Oranges
Peaches
Pineapples
Pears

VEGETABLES

| | |
|-------------|------------------|
| Beets | Mixed Vegetables |
| Carrots | Potato |
| Corn | Pumpkin |
| Green Beans | Spinach |
| Peas | Tomatoes |



When possible choose canned fruits stored in 100% fruit juice and canned vegetables with no salt added.

WHAT CAN I MAKE WITH CANNED FRUITS & VEGETABLES?

Canned fruits & vegetables are already cooked, so you can eat them right away and add them to your meal!



Dry or cooked cereals



Fruit Salad



Salad



Soup



Yogurt



Smoothie



Stew or Chili



Rice or Pasta Dishes

HOW DO I STORE CANNED FRUITS & VEGETABLES?

- Store unopened canned fruit and vegetables in a cool, clean, dry place.
- Store opened canned food in a tightly covered container and refrigerate or freeze.
- Look at the "Best if used by" or "Best by" date on the can.
- If signs of rust, dents, or swelling, toss it out as it may be unsafe to eat.



The Hill Country Reduce, Reuse, and Recycle Project (HCRRRP) proposes to inform the residents of 14 rural and disadvantaged communities about new and existing recycling programs.

- **Bandera, Pipe Creek, Tarpley**
- **Kerrville, Ingram, Hunt**
- **Leakey, Rio Frio, Camp Wood**
- **Uvalde, Utopia, Concan, Knippa, Sabinal**

HCRRRP will perform diverse and impactful outreach efforts to facilitate the promotion, increase in awareness of and participation in recycling.

In partnership with



For More Info, Visit:
[Silversage.org/HCRRP](https://silversage.org/HCRRP)





Benefits Enrollment Center

In 2024 The Silver Sage received a grant that was awarded by the National Council on Aging to fund the Benefits Enrollment Center. The Benefits Enrollment Center is here to assist people entitled to Medicare and adults with disabilities enroll in public benefits for which they are eligible.

Programs include:

Medicare Savings Plan (MSP):

MSP helps eligible persons pay for all or some of their out-of-pocket Medicare expenses, such as premiums, deductibles or coinsurance.

INCOME GUIDELINES

Max Income for Individuals

\$1,215 (QMB)

\$1,458 (SLMB)

Max Income for Couples

\$1,643 (QMB)

\$1,972 (SLMB)

Low Income Subsidy (LIS)

Medicare Part D Extra Help

Medicare Part D provides drug coverage. The LIS Extra Help program helps with the cost of your prescription drugs, like deductibles and copays.

INCOME GUIDELINES

Those that qualify for MSP will automatically qualify for LIS.

Supplemental Nutrition Assistance Program (SNAP)

SNAP provides benefits to eligible low-income individuals and families via an Electronic Benefits Transfer card.

INCOME GUIDELINES

Max Income for Individuals

1 person \$ 2,005

2 persons \$ 2,712

3 persons \$ 3,419

4 persons \$ 4,125

5 persons \$ 4,832

For each additional person, add: \$ 707

Call to schedule an appointment to discuss what you qualify for and application assistance

(830) 460 0423

THE 1ST TUESDAY OF EVERY MONTH!
-SILVER SAGE PRESENTS-

Cowboy Capital Opry

HOSTED BY:
ART AND LISA & DAVE KEMP

W/SPECIAL GUEST

LEE HAILE
NOVEMBER 5TH

\$10 Cover
(830) 796-4969
803 Buck Creek Drive

7-9pm
silversage.org
Bandera, Texas



Across

2. The seed of an oak tree.
4. A team game played with a brown oval ball.
6. The parts of a tree that change colors in autumn.
8. A large bird that is cooked for dinner on Thanksgiving.
9. A common round red or green fruit that is made into pie or cider.
12. The first day of fall when the sun crosses the celestial equator.
13. A ride in a wagon carrying hay.
14. A very large yellow flower that can grow over 6 feet tall.

Down

1. A figure set up in a crop field to scare away birds.
3. An outer layer of clothing worn to keep warm on a chilly day.
5. A colorful fall tree that is grown for its sap that is made into syrup.
7. A large round fruit that is carved with faces for Halloween.
10. A grain plant that yields kernels set in rows on a cob.
11. A yard tool used to gather and pile leaves.

HALLOWEEN SPOOKTACULAR

| | | | | | | | | | | | | | | | | | | | | | | | |
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| X | Q | S | S | E | L | D | A | E | H | S | K | T | A | E | R | T | R | O | K | C | I | R | T |

Bat Beware Blackcat Bloody Brew Candy Carve Cauldron Claws
 Costume Deadly Eerie Fangs Fog Ghastly Ghost Ghoul Grave
 Hauntedhouse Headless Lantern Mausoleum Mist Moon Mummy October
 Potion Pumpkin Rat Reaper Scary Shadow Skeleton Skull Spider
 Tombstone Trickortreat Vial Warlock Werewolf Witch Wraith Corpse
 Coffin Halloween Owl Phantom Spirit Spooky Zombie





SILVER SAGE & SAN ANTONIO FOOD BANK DISTRIBUTION

****WEATHER PERMITTING****

**MONDAY OCT. 21ST 10AM-12PM
LAKEHILLS COMMUNITY CENTER
11225 PR 37, Lakehills, TX**

**MONDAY OCT. 28TH 10AM-12PM
LAKE MEDINA SHORES (THE POOL)
7100 Wharton's Dock Road**

Registration will be done on-site

QUESTIONS: (830) 796-4969

