



NEW LOCATION/ NEW HOURS

Silver Sage
Thrift Store
616 Hwy 16 S

Store Hours:

Tues-Saturday
10:00am-4:00pm
Proceeds benefit
Meals On Wheels



**MONTHLY
MENU**
PAGE 12 & 13



VOL. 5 ISSUE 10 WWW.SILVERSAGE.ORG AUGUST 2024

BANDERA COUNTY



THE SCOOP AT SILVER SAGE

803 BUCK CREEK DR. BANDERA, TEXAS 78003 (830) 796-4969

Community Volunteering

Want to learn how to become a Silver Sage Volunteer? As a non-profit organization, we rely on volunteers to accomplish our mission. There are numerous ways you can help. Call us at (830) 796-4969


Cowboy Capital Opry

Our Opry is always the 1st Tuesday of every month, Benefiting Meals On Wheels. Performer this month is:
Cancelled until October

AUGUST BUS TRIPS: LUCKY EAGLE CASINO - Everyone has been asking when we are going back to the casino, so this is the month. We will make two casino trips this month. One on Monday, August 5th and the second one on Tuesday, August 27th. Please only sign up for one trip.

MAC & ERNIE'S ROADSIDE GRILL-Thursday, August 15th the bus will leave at 10:30 a.m. Mac & Ernie's was featured on the PREMIER episode of Diner's Drive-Ins and Dives with Guy Fieri on The Food Network and Also featured on Bizarre Foods with Andrew Zimmern on The Travel Channel.





elevating**health**

expanding our reach. **serving the Bandera community.**

Peterson Health is here for our community. Here to provide family medicine services at our convenient location at Bandera Landing. Peterson Medical Associates - Bandera is accepting new patients and ready to provide exceptional, compassionate, patient-centered care, right here at home. At Peterson Health, we're growing closer to you every day. We're **Elevating Health**.

Peterson Medical Associates
3540 SH 16 S
Suite 1-D
Bandera, Texas

**To schedule your appointment at our new
Bandera location, call 830.522.2002**



Managing Publisher/Designer:

Karyn Utterback
Executive Assistant
Email: karyn@silversage.org

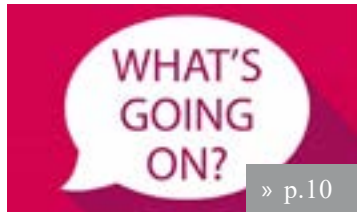
Silver Sage-803 Buck Creek
Bandera, TX 78003
(830) 796-4969
P.O. Box 1416

HOURS:
SILVER SAGE HOURS:
MON-THURS 8:00AM- 3:00PM
FRIDAY 8:00AM TO 2:00PM.

CLOSED WEEKENDS AND MAJOR HOLIDAYS.

WWW.SILVERSAGE.ORG

WHAT'S INSIDE



By Lisa Crawford

Check out our
Monthly Menu!

» p.12/13



7. Through the Eyes Of A Driver, by Mary Allyce: "We who frequent the Silver Sage tend to be over 65. It's not a good thing or a bad thing. It's just a thing, a statistic and I'm of the mind statistics are what you make of them. The over 65 designation is preferable, in my opinion, to the labels "elderly", "seniors", "geriatrics", or just plain "old". ..."

10. Activities, by Lisa Beck - "WASN'T IT GREAT? THE 70's Presented by John Balisteri in the Great Room on Thursday, August 22nd at 1:00 p.m. This interactive, multimedia show will take you back to the 70's while stirring memories from the past and testing your recall. This is a fun show and there is a suggested donation of \$5 to the Silver Sage but is not required. We just want everyone to have a chance to enjoy this show so don't let money keep you from being there.

16. Benefits Enrollment Center - Your Gateway to Essential Programs in Texas! Contact us at the Benefits Enrollment Center to Access Vital Programs! Don't miss this opportunity to enroll in essential programs designed to support you and your family. Our knowledgeable staff will guide you through the process, ensuring you receive the benefits you're entitled to.

Quilters Welcome!! Every Wednesday 9:30am

Do you know how to sew? Do you have a quilt you want to do for a family member? Do you have a project to share? Above all would you like to meet new people? If you answered Yes to any of the above questions please contact our Center at 830.796.4969



EMERGENCY 911

Bandera County Sheriff (830) 796-3771

City Marshall (830) 460-7172

Bandera Fire Department (830) 796-3777

Poison Emergency 1-800-222-1222

Silver Sage/MEALS ON WHEELS (830) 796-4969

Art Crawford (Chief Executive Officer) (830) 456-4083

John Cressey-Neely (Chief Operations Officer) (830) 850-0898

Arthur Nagel Community Clinic (830) 796-3448

CVS Pharmacy (830) 460-7701

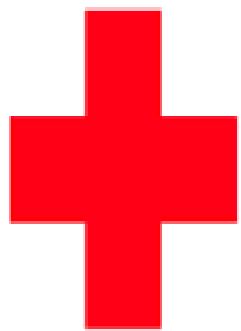
Bandera Pharmacy (830) 796-3111

ART Bus 1-866-889-7433

Texas Abuse Hotline 1-800-252-5400

Texas Health and Human Services (830) 796-3739

South Texas Alzheimer's Assoc. (210) 822-6449



**American
Red Cross**

redcross.org

Together, we can save a life

Doing whatever it takes...

... when it matters the most.



Established, local team proudly serving the Bandera area
for nearly 10 years. Available 24/7.

(830) 816-5024

1232 Bandera Hwy, Kerrville, TX

"Your home is where our heart is."



Phone: (830) 895-3100

tricountyhomehealth.com

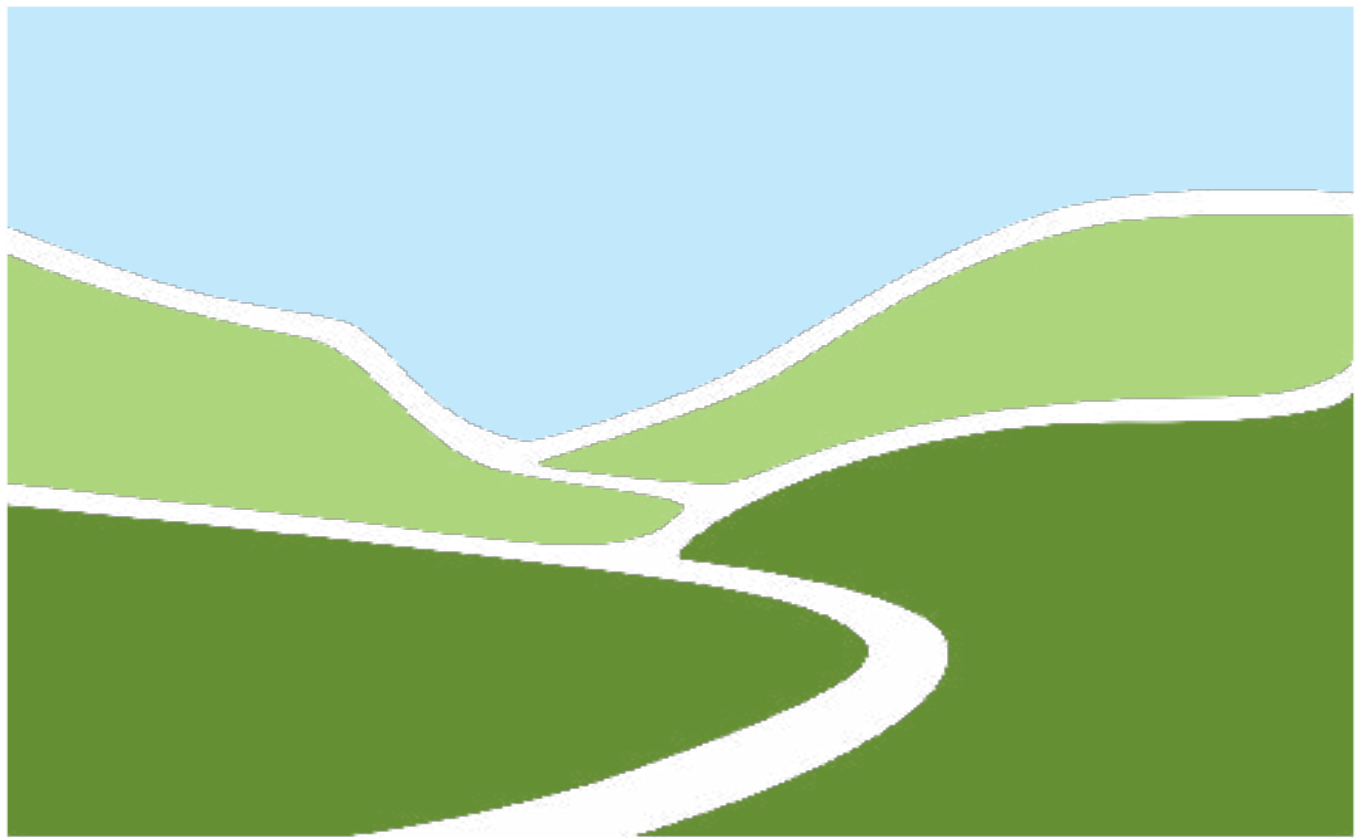
874 Harper Rd. Kerrville, TX 78028



HEVENOR
LUMBER & HARDWARE

354 TX-16, Bandera, TX 78003

hevenorlumberhardware.com-



COMMUNITY FOUNDATION

— of the —

TEXAS HILL COUNTRY

FOR BANDERA. FOREVER.

**CONSIDER A CHARITABLE LEGACY AS A PART OF YOUR
ESTATE PLAN.**

241 EARL GARRETT STREET | KERRVILLE, TEXAS 78028

WWW.COMMUNITYFOUNDATION.NET

Know a Veteran Struggling to Meet Everyday Needs?

Silver Sage Veteran's Resources may be able to help!

Find all program details at: silversage.org/veteran-services
or for specific questions call Victor Polanco at 830-328-6355
Serving Bandera, Kerr, Kendall, Medina, Real & Uvalde

- *Mortgage/Rent*
- *Utilities*
- *Food*
- *Transportation*
- *Funeral Costs*
- *Assistive Technologies*
- *Restorative Dental*
- *Much more...*



MAKE HOME IMPROVEMENTS WITH THE ENERGY SAVER PROGRAM

No Money Down, Interest-free, On-bill Financing

Upgrade your HVAC system, water heater, pool and well pumps, windows, doors, insulation and more.

Learn more at BanderaElectric.com/EnergySaver





Several years ago the City of Bandera hired municipal planning folks to analyze the territory and recommend improvements. It was at least the third such endeavor during the last twenty years, but I firmly believe in planning and as something of a glutton for punishment, I attended the meetings and read all the advice and suggestions.

Numerous statistics jumped out, but one towered above the rest. It stated the only growing demographic in Bandera County was the over 65 age group.

We who frequent the Silver Sage tend to be over 65. It's not a good thing or a bad thing. It's just a thing, a statistic and I'm of the mind statistics are what you make of them. The over 65 designation is preferable, in my opinion, to the labels "elderly", "seniors", "geriatrics", or just plain "old". The terminology ranges from annoying to condescending. Too often the words conjure images that no longer fit a lot of folks over 65.

One label - "Baby Boomers" or just "Boomers" stuck in a good way. It wasn't judgmental, just simply defined those of us born between 1946 and 1964, the large grouping of babies born post World War II. It had a nice, energetic sound and most of us were fine with it until some youthful wag coined the sassy retort, "Ok Boomer". (Yes, there should be a comma in there, but we'll let it go.) It's a cheeky response aimed at a generation they perceived as narrow minded, judgmental, and of outdated mentality. I'm not sure what the younger generations think of those older or younger than traditional Boomers, so if you're over 78 or under 60, you might be safe.

I get it. Every generation has differences with the generation ahead of it. Don't forget we Boomers didn't trust anyone over 30.

We were forced to rethink and revise as we approached and passed the dreaded mark. Millennials taking aim at the one generational term we all embraced as we moved way, way beyond 30 did feel like a cheap shot.

The thing about Boomers is, we're still a pretty large percentage of the American population, even if we're not as plentiful as we used to be. Millennials, the primary name-callers, have passed us in numbers. It's a bit disappointing, but we're still the only generation with an official Census Bureau designation. Take that, Millennials and the alphabet generations of X, Y, and Z!

We'll never surpass the respect and admiration accorded our parents as "The Greatest Generation", but we do have a couple of points in our favor. We survived Vietnam, albeit scarred and changed as our parents were by their wars and the Great Depression. We ushered in the computer age and forever changed the way we communicate and do business. The majority of us are active, productive, and navigating our way through life with all the dignity we can muster.

We're not perfect. Never said we were. Our apology for Pet Rocks, the DeLorean, bell bottoms, big hair, blue eye shadow, and Tiny Tim. We did also give you Star Wars, Steven Spielberg, Stephen King, and the iPhone, the Beatles and George Strait. We produced the best music. Across all genres. Period. No argument.

It is okay, Boomers. We're still a force and we still matter and here in Bandera, we're the growing demographic. So enjoy the Olympics, if that's your thing. Celebrate the last sweaty gasps of summer and see you in September. I think I feel a song coming on. And it's a good one, a classic. It's an oldie. See you in August.

Funny Bone

What's a pirate's favorite letter? You'd think it's the "R," but it's really the "C."

I used to have a fear of hurdles, but I got over it.

For her birthday, my mom asked me for something groundbreaking. So I got her a shovel.

My husband used to work in computers. But then he lost his drive.

Did you hear about fire at the shoe factory? Many soles were lost.

Are you planning to go fishing tomorrow? If so, let minnow.

I'd love to win a Nobel in chemistry. So, I'm keeping my ion the prize.

What did the quilt say to the bed after it fell on the floor? "Oh, sheet!"

I got rid of my vacuum cleaner. It was just gathering dust.

What kind of shoes do frogs wear? Open-toed.

I decided to host a party in space. Now I just have to planet.

What kind of tree fits in your hand? A palm tree.

I went to buy a dead battery and the clerk said, "No charge."



Our Vision: To be Leaders in our Bandera County Community and serve our neighbors.



Mission: Lions serve. It's that simple, and it has been since we first began in 1917. Our clubs are places where individuals join together to give their valuable time and effort to improve the quality of life in Bandera County.

PLEASE JOIN THE BANDERA LIONS:

1st Wednesday of each month @ 6pm, also the 3rd Wednesday of each month at noon @ Bandera China Bowl located at 1203 Pecan St.

**For More Info, Contact Rene Leith (210) 844-6910
-or- Bruce @ (210) 396-6932**

WS&P | WALTHALL
SACHSE &
PIPES, INC

FAMILY & BUSINESS INSURANCE SINCE 1973

Debbie Brzezinski - Bandera County Resident

dbrzezinski@wspinsurance.com - www.wspinsurance.com



300 E. Sonterra Blvd. Suite 1100 San Antonio, TX 78258, (210) 477-4286 Direct Office (210) 865-2966 Cell

WE'RE PROUD TO BE *your* NEIGHBORS.

PERSONAL | COMMERCIAL | MORTGAGE | WEALTH MANAGEMENT



Bandera | 800 Main St. | 830.796.3100

Kerrville Main | 998 Sidney Baker St. South | 830.257.4771

Downtown Kerrville | 200 Earl Garrett, Ste. 208 | 830.955.8331

Fredericksburg | 1318 S. State Hwy 16, Ste. 100 | 830.307.5490



texashillcountrybank.com



HEY, WHAT'S HAPPENING?

By Lisa Crawford (Activities Director)

BUS TRIPS!!! AMC MOVIE THEATER-Tuesday, August 1st the bus will leave one hour before the determined movie time. The movie and time will be determined as the theater makes their showtimes available, which is normally the Wednesday before. Please keep an eye on the sign-up sheet for changes or call for updates.

WASN'T IT GREAT? THE 70's Presented by John Balisteri in the Great Room on Thursday, August 22nd at 1:00 p.m. This interactive, multimedia show will take you back to the 70's while stirring memories from the past and testing your recall. This is a fun show and there is a suggested donation of \$5 to the Silver Sage but is not required. We just want everyone to have a chance to enjoy this show so don't let money keep you from being there.

LUCKY EAGLE CASINO - Everyone has been asking when we are going back to the casino, so this is the month. We will make two casino trips this month. One on Monday, August 5th and the second one on Tuesday, August 27th. Please only sign up for one trip. If we get to the week before the second trip and don't have a full bus load signed up, then we will let those who went on the first trip sign up if they still want to. Those dates are Monday, August 5th and Tuesday,

ASPEN CREEK GRILL-Tuesday, August 6th we will go to Aspen Creek Grill in Helotes for lunch. They have some pretty good lunch deals. Bus leaves at 10:30 a.m.

HEB grocery shopping on Wednesday, August 7th at 12:30

LOS DOS AMIGOS & THE ROCKBOX THEATER LIVE RADIO SHOW-The bus will leave at 3:45 p.m. for dinner in Center Point and then on to Fredericksburg for the Rock Box.

MAC & ERNIE'S ROADSIDE GRILL-Thursday, August 15th the bus will leave at 10:30 a.m. Mac & Ernie's was featured on the PREMIER episode of Diner's Drive-Ins and Dives with Guy Fieri on The Food Network and Also featured on Bizarre Foods with Andrew Zimmern on The Travel Channel.

WALMART Wednesday, August 21 will be our monthly trip. The bus leaves at 12:30.

You must sign up in advance for any bus trips you wish to go on. There is limited space, and all are first come first served. Please arrive 15 minutes early for all bus trips. There is a \$5 fee for each bus trip. You must be 55 or older and physically able to get on and off the bus without assistance. Unfortunately, there is no room to bring walkers or rollators.

MEET UPS Please sign up at the Silver Sage so I can give the restaurants a head count. Thursday, Aug. 8 at 11:00 a.m. El Jacalito Mexican Restaurant 1207 Cedar Street, Bandera.

Monday, Aug. 19 at 8:00 a.m. for Breakfast at The Hen's Nest 1134-C Main Street, Bandera.

WHAT'S HAPPENING CONTINUED...

Wednesday, Aug. 28 at 11:00 a.m. Fatboyz Sandwich Shop 610 TX-16 South, Bandera
IN-HOUSE MONDAY MOVIES: All Monday Movies will be shown at 1:30 p.m. and are meant for adults. Again, we ask that if you stay for the movie, you will silence your phone and if you should get an important call that you take it out to the front lobby or outside. Please remember no talking during the movie as it is extremely distracting and rude to those trying to enjoy the movie. You are welcome to bring a snack for yourself or something to share with the group.

Monday, Aug. 5th NO MOVIE

Monday, Aug. 12th Irish Wish rated PG, 1h 33m, Comedy

Monday, Aug. 19th Glass Onion Knives Out rated PG 13, 1h 21m, Comedy

Monday, Aug. 26th Fun With Dick & Jane PG-13, 1h 30m, Comedy

CRAFTS

Quilting group meets every Wednesday 9-4. This is not a class but all are welcome.

Watercolor Painting with Shelly Friday, Aug. 16, 23 & 30 12:30-2:30. You **MUST** sign up in advance. Class is limited to 10-persons. Take your painting home that day.

\$6

EXERCISE CLASSES

Mondays:

8:00 Silver Sage Walking Group meets at Arthur Nagel Clinic track - Free

8:00 Self led video exercise - Free

10:00 Yoga with Willy - \$10

Tuesdays

10:30 Stretch & Strengthen with Ida - \$8

Wednesdays

8:00 Silver Sage Walking Group meets at Arthur Nagel Clinic track - Free

8:00 Self led video exercise - Free

Thursdays No exercise events

Fridays

8:00 Self-led video exercise - Free

10:00 Dance for Joy with Janis is a dance/exercise class in easy 3-4 step combinations in line-dance style done to the music of the 60's 70's and 80's. - \$5

BLOOD PRESSURE CLINIC with Starla from Tri-County Home Health from 11:30-1:00
Every Thursday except for the last Thursday of the month.



BIRTHDAY BASH Friday, Aug. 30, 11:30-12:30 cake and ice cream served during lunch served by Starla from Tri-County Home Health.

*ALL events and Bus trips are subject to change or cancellation. You may or may not receive a text message to let you know if something that you have signed up for has been cancelled. You are welcome to call and double check anytime on an event you are interested in.



Agosto de 2024 Almuerzo servido de 11:30 a 1 p.m. Silversage.org

Comidas a domicilio

Domingo	Lunes	Martes	Miércoles	Jueves	Viernes
	 Area Agency on Aging Alameda Area Council of Governments	 AACOG Alameda Area Council of Governments		1 Filete De Res A La Pimienta Arroz frito Mezcla asiática Verduras	2 Pollo a la parrilla Ensalada César
5 Dedos de filete de res con salsa Puré de patatas Zanahorias	6 Pavo Rebanado Cazuela de judías verdes aderezo de pan de maíz Cóctel de frutas	7 Pescado/Salsa Tártara Ensalada de col Patatas dulces fritas	8 Cerdo Glaseado De Naranja Cordero pilaf de arroz Verduras Orientales		Atún al Limón y 9 Pasta con brócoli Espinacas de queso Ensalada a la Parrilla Pollo
12 Tiras de pollo Sazonado en cubitos Papas Arvejas y zanahorias	13 Sándwich de cerdo a la barbacoa Frijoles pintos Ensalada de col	14 Lasaña Brócoli sazonado pollo de pan manzanas asadas	15 Lomo De Cerdo Pilaf de arroz salvaje Judías verdes		Ensalada de tacos con salsa y chips de tortilla
19 Dulce y amargo Pollo esponjoso arroz pegatina	20 Hamburguesa a la brasa Frijoles Hornados Papas fritas Manzana	21 Albóndigas y Salsa Fideos de huevo Mezcla de verduras	22 Chile Papa hornada Maíz del suroeste Ensalada	23 Ensalada Chef Con Duro Huevo duro	
26 Filete De Pollo Frito Y Salsa Asado Judías verdes	27 Pollo a la parrilla Sándwich con Rebanadas Tomate Ensalada de papas Fruta Crujiente	28 Espaguetis de jardín Mezcla de verduras toscanas. Pan de ajo	29 pastel de carne Puré de patatas Coles de Bruselas	30 Ensalada De Atún Fresco Verduras	
			Joyce D. Lamilla, LD Lláme a Comidas sobre ruedas entrega (830) 796-4969	Menú sujeto a cambios Según disponibilidad	

August 2024

Lunch Served 11:30-1pm

Siversage.org

Congregate

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
			Menu Subject To Change According to Availability	1 Beef Pepper Steak Fried Rice Asian Blend Vegetables Salad Bar	2 Grilled Chicken Caesar Salad with Parmesan Cheese, Cherry Tomatoes, and Crackers	
5 Beef Steak Fingers with Country Gravy Creamy Mashed Potatoes Buttered Carrots	6 Juicy Sliced Turkey Green bean Casserole Cornbread Dressing Fruit Cocktail Salad Bar	7 Fish Sticks with Tartar Sauce Tangy Cole Slaw Sweet Potato Fries Salad Bar	8 Tender Orange Glazed Pork Chop Rice Pilaf Oriental Vegetables Salad Bar	9 Strawberry Spinach Salad with Grilled Chicken, Crackers, Raspberry Vinaigrette		
12 Chicken Tenders Seasoned Potatoes Peas and Carrots And Mystery Monday	13 Pulled Pork Sandwich Pinto Beans Coleslaw Salad Bar	14 Lasagna Seasoned Broccoli Bread Stick Caramel Apples Salad Bar	15 Pork Loin Wild Rice Pilaf Garlic Green Beans Salad Bar	16 Taco Salad with Tortilla Chips, Salsa, and Ranch Dressing		
19 Sweet n' Sour Chicken Fluffy Rice Potstickers	20 Juicy Burger with all the fixin's BBQ Baked Beans Crispy French Fries Apple Salad Bar	21 Swedish Meatballs with a Cream Sauce over Egg Noodles Vegetable Medley Salad Bar	22 Texas Chili and Cheese over a Baked Potato Southwest Corn Salad Salad Bar	23 Chef Salad with Ham, Cheese, Cherry tomato, Hard Boiled Eggs, croutons, and ranch Dressing		
26 Chicken Fried Steak and Gravy Roasted Red Potatoes Green Beans And Mystery Monday	27 Grilled Chicken Sandwich with Sliced Tomato Potato Salad Fruit Crisp Salad Bar	28 Garden Spaghetti with ground beef, garden vegetables, & fresh herbs Garlic Bread Salad Bar	29 Mama's Meatloaf Mashed Potatoes Brussel Sprouts Salad Bar	30 Tuna Salad on a bed of Fresh Greens with cherry tomatoes and crackers		



Chew lost that lovin' feeling

As we age, physiological changes can affect our nutritional intake and, consequently, our health.

Here are some common sensory changes that happen with aging, and ways to cope.

Loss of hearing may lead to less eating with others, as table conversation is hard to follow.

Inability to see well may affect eating. Colors and textures of food don't look as appealing.

Health issues may require cutting back on salt, sugar or fat, decreasing the flavor of foods.

Food may not be appetizing due to a decline in sense of smell and taste.

WHAT YOU CAN DO:

CHANGE YOUR ENVIRONMENT
Eat in a new setting, whether by the window or with a new, special place setting.

CHANGE YOUR MENU
Try a variety of new food flavors and recipes.

CHANGE YOUR COOKING METHODS
Don't cook vegetables until they are mushy. Instead, chop, steam, stew, grind or grate hard or tough foods to make them easier to chew without sacrificing nutrients.



MKD-8652B-A



Investing is about more than money.
At Edward Jones, we stop to ask you the question: "What's important to you?" Without that insight and a real understanding of your goals, investing holds little meaning.

Contact your Edward Jones financial advisor for a one-on-one appointment to discuss what's really important: *your goals.*



Anthony J Ferragamo, CFP®
Financial Advisor

158 Hwy 16 S
Suite D
Bandera, TX 78003
830-796-9197

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

TWO GREAT LOCATIONS!
BANDERA & LAKEHILLS
True Value®

1002 Main St, Bandera, TX 78003 - banderatruevalue.com
Veterans 10% discount Every Thursday



8950 FM1283, Lakehills, TX 78063 - lakehillstruevalue.com
Veterans 10% discount Every Tuesday



BENEFITS ENROLLMENT CENTER

Your Gateway to Essential Programs in Texas

CONTACT US AT THE BENEFITS ENROLLMENT CENTER TO ACCESS VITAL PROGRAMS!

SNAP (Supplemental Nutrition Assistance Program): Receive assistance to purchase nutritious food for you and your family, helping to stretch your budget and ensure everyone's well-being.

MSP (Medicare Savings Program): Get help with Medicare premiums, deductibles, and other out-of-pocket costs, ensuring access to essential healthcare services without financial strain.

LIS (Low Income Subsidy): Qualify for reduced prescription drug costs under Medicare Part D, ensuring access to vital medications at an affordable price.

LIHEAP (Low Income Home Energy Assistance Program): Receive assistance with energy bills, weatherization services, and energy-related home repairs, keeping your home comfortable and affordable.

Medicaid: Texas has not expanded Medicaid for adults, however a very small percentage of adults may qualify for long term care Medicaid coverage.

Don't miss out on these valuable programs! Join us at the Benefits Enrollment Center and take the first step toward a brighter future for you and your loved ones.

**For more information/assistance, contact us at Silver Sage Hill Country Resource Center
803 Buck Creek Dr. Bandera, TX 78003 - (830) 850-0038
socialservicesinfo@silversage.org**

National Senior Citizens Day - August 21

"Throughout our history, older people have achieved much for our families, our communities, and our country. That remains true today, and gives us ample reason this year to reserve a special day in honor of the senior citizens who mean so much to our land."

President Ronald Reagan
Proclamation 5847, 1988

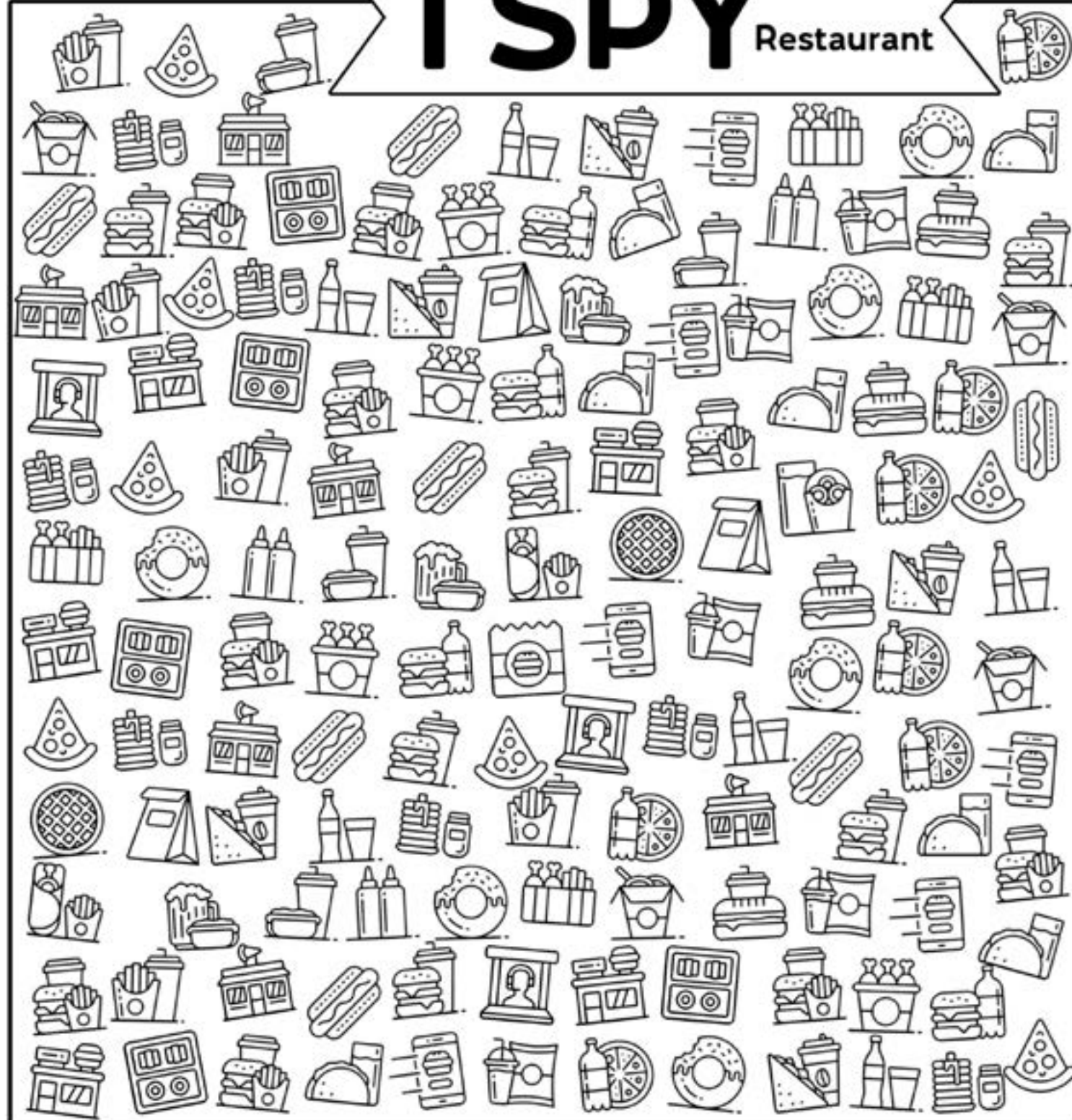
HISTORY OF NATIONAL SENIOR CITIZENS DAY

National Senior Citizens Day recognizes seniors who have spent their lives contributing to society and have impacted everyone's lives for the better. Improved health-care has changed demographics and increased productivity of older citizens, allowing them to be more active than ever before. With more opportunities available as well, many senior citizens now begin second careers and are an example for younger generations. The country's foundation and stable sectors are the result of the hard work of our senior citizens and they deserve all our gratitude. President Ronald Reagan took the initiative to honor seniors in 1988 when he signed Proclamation 5847 and marked August 21 as the day seniors will be celebrated. "Throughout our history, older people have achieved much for our families, our communities, and our country. That remains true today, and gives us ample reason this year to reserve a special day in honor of the senior citizens who mean so much to our land," Reagan proclaimed. "For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute. We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature and grow older — places in which older people can participate to the fullest and can find the encouragement, acceptance, assistance, and services they need to continue to lead lives of independence and dignity."

His words have withstood the test of time and are now, over 30 years later, more important than ever as older people are leading more productive lives. Reagan himself set an example for everyone — he was 69 years old when one of the world's most powerful titles of president of the U.S. was given to him on January 20, 1981. Reagan lived till the ripe old age of 93, and not only was he the oldest person to be elected president, he was also the oldest when his term ended at 77 years and 349 days.

According to the U.S. Census Bureau, approximately 78 million people aged 65 and older will reside in America by 2035. This figure will surpass the number of the population under the age of 18 for the first time in the nation's history.

I SPY Restaurant



Dog Breeds



Word list:

BEAGLE	DACHSHUND	IRISH SETTER	PUG
BOXER	DALMATIAN	JACK RUSSELL	RETRIEVER
BULLDOG	DOBERMAN	LABRADOR	ROTTWEILER
CHIHUAHUA	GERMAN SHEPHERD	PIT BULL	SCHNAUZER
COLLIE	GREAT DANE	POINTER	SHEPDOG
CORGI	GREYHOUND	POMERANIAN	TERRIER
CORSO	HUSKY	POODLE	





SILVER SAGE & SAN ANTONIO FOOD BANK DISTRIBUTION

****WEATHER PERMITTING****

**MONDAY AUGUST 12TH 10AM-12PM
LAKEHILLS COMMUNITY CENTER
11225 PR 37, Lakehills, TX**

**MONDAY AUGUST 25TH 10AM-12PM
LAKE MEDINA SHORES (THE POOL)
7100 Wharton's Dock Road**

Registration will be done on-site

QUESTIONS: (830) 796-4969

