



NEW LOCATION-Silver Sage Thrift Store 616 Hwy 16 South

Store hours
Tues-Thurs
10:00am-3:00pm
Friday and Saturday- 10am-2pm
Proceeds benefit
Meals On Wheels



MONTHLY MENU PAGE 12 & 13





Community Volunteering

Want to learn how to become a Silver Sage Volunteer? As a non-profit organization, we rely on volunteers to accomplish our mission. There are numerous ways you can help.

Call us at (830) 796-4969

Cowboy Capital Opry

Our Opry is always the 1st Tuesday of every month, benefiting Meals On Wheels.
Performer this month is:

June 4th

Homer Whisenant pg 15

Know a Veteran struggling to meet everday needs? pg 6

JUNE BUS TRIPS: JoAnn's Fabrics, Olive Garden & Michael's Tuesday, June 11th. The bus will leave at 9:00am.

The Exotic Resort Zoo Tour Monday, June 3rd, the bus will leave from the center at 8:00am \$17.95 for seniors 60 and up. This is the third and final trip to this cool place until next spring. This has been our most popular bus trip to date!!



MILESTONES & MEMORIES

BANDERA COUNTY ALL CLASS REUNION SUPPORTING THE 40TH ANNIVERSARY OF THE SILVER SAGE

FRI JUNE 7TH

TICKETS: SILVERS AGE. ORG

6:15 LEE WINRIGHT

(BOBBY BOYD, GERALD BOYD, MIKE BROUSSARD, KATHY BAUER, CLINT TOMERLIN, CHASE TOMERLIN, JEFF MOSELEY AND WADE LOWRIE).

9:00 BRUCE ROBISON 9:45 THE MCK AY BROTHERS 11:00 TBA



10:30 AM BANDERA REUNION MEMORIAL SERVICE @ BANDERA CITY PARK

12PM GOSPEL SHOW/BRUNCH W/ART AND LISA W/JOHN INMON @THE SILVER SAGE 803 BUCK CREEK DRIVE



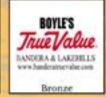
GENERAL ADMISSION: PRE-\$20/DOOR\$30 TABLE OF 4 \$200/\$300 TABLE OF 8 \$400/\$600

THANK YOU SPONSORS FOR YOUR SUPPORT:







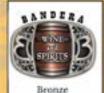














Managing Publisher/Designer:

Karyn Utterback Executive Assistant Email: karyn@silversage.org

Silver Sage-803 Buck Creek Bandera, TX 78003 (830) 796-4969 P.O. Box 1416

HOURS:

SILVER SAGE HOURS: MON-THURS 8:00AM- 3:00PM FRIDAY 8:00AM TO 2:00PM.

CLOSED WEEKENDS AND MAJOR HOLIDAYS.

WWW.SILVERSAGE.ORG

WHAT'S INSIDE

- 7. Through the Eyes Of A Driver, by Mary Allyce: "I love the month of June and not just because June is my birthday month, although that is a big part of it. Even if you can't figure out how you reached your current, too advanced birthday age, and I can't, birthdays are fun. ..."
- 10. Activities, by Lisa Beck "I hope you will find your place here with us soon, whether it's for lunch, painting, exercise classes, entertainment, or bus trips. You are welcome. ..."
- 16. Benefits Enrollment Center Your Gateway to Essential Programs in Texas! Contact us at the Benefits Enrollment Center to Access Vital Programs! Don't miss this opportunity to enroll in essential programs designed to support you and your family. Our knowledgeable staff will guide you through the process, ensuring you receive the benefits you're entitled to.







Check out our Monthly Menu!





Quilters Welcome!! Every Wednesday 9:30am

Do you know how to sew? Do you have a quilt you want to do for a family member? Do you have a project to share? Above all would you like to meet new people? If you answered Yes to any of the above questions please contact our Center at 830.796.4969

EMERGENCY 911

Bandera County Sheriff (830) 796-3771

City Marshall (830) 460-7172

Bandera Fire Department (830) 796-3777

Poison Emergency 1-800-222-1222

Silver Sage/MEALS ON WHEELS (830) 796-4969

Art Crawford (Chief Executive Officer) (830) 456-4083

John Cressey-Neely (Chief Operations Officer) (830) 850-0898

Arthur Nagel Community Clinic (830) 796-3448

CVS Pharmacy (830) 460-7701

Bandera Pharmacy (830) 796-3111

ART Bus 1-866-889-7433

Texas Abuse Hotline 1-800-252-5400

Texas Health and Human Services (830) 796-3739

South Texas Alzheimer's Assoc. (210) 822-6449



American Red Cross

redcross.org

Together, we can save a life

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... when it matters the most.



Established, local team proudly serving the Nandera area for nearly 10 years. Available 24/7.

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WWW.COMMUNITYFOUNDATION.NET

Know a Veteran Struggling to Meet Everyday Needs?

Silver Sage Veteran's Resources may be able to help!

Find all program details at: silversage.org/veteran-services or for specific questions call Victor Polanco at 830-328-6355 Serving Bandera, Kerr, Kendall, Medina, Real & Uvalde

- Mortgage/Rent
- Utilities
- Food
- Transportation

- Funeral Costs
- Assistive Technologies
- Restorative Dental
- Much more...







This program is supported by a grant from the Teams veterans commission runs for veterans' assistance. Internal for veterans' assistance provides grants to organizations serving veterans and their ramities. For more information on the Team Veterans Commission viols hetps://www.TUC.Teams.gov



THROUGH THE EYES OF A DRIVER By Mary Allyce

I love the month of June and not just because June is my birthday month, although that is a big part of it. Even if you can't figure out how you reached your current, too advanced birthday age, and I can't, birthdays are fun. Who doesn't like cake and ice cream, balloons and presents and everyone singing in off-key harmony? As long as I don't have to sing the response to "How Old Are You?", I'm fine with all of it.

June is also the traditional month for weddings, although I read somewhere December has eclipsed June as a preferred bridal month. Early summer held up for millennia as the most desirable time for a wedding for a couple of reasons. In ye olden times people did not bathe as frequently as we do today. Historians cite an annual, just one, bath a year for most folks. Summer flowers helped cover the inevitable gamey aroma of the bride and groom and their guests. Also, the practice of an annual bath in June with soap made of animal fat and wood ash for those who could afford such luxury, was undoubtedly a more comfortable activity in warm weather than in the depths of winter.

My parents were married in June of 1938, with the benefits of modern hygiene, and the dubious benefit of Great Depression prices. My mother's wedding dress cost \$19.00 and their chicken dinner reception in the church basement was similarly frugal. Between my birthday, Mom and Dad's anniversary, and Father's Day, we looked forward to a month of festivities each year in June.

Unfortunately, another anticipation of June when I was a kid was the yearly arrival of June bugs. The large, heavy bodied beetles showed up every year just when the lure of a patio, ballgame, picnic, or any outdoor activity beckoned. They don't bite or pose a danger to humans, but if you've

ever been dived bombed by a June bug it's one of those life experiences you don't forget. June bugs don't aim for humans with evil intent, but given their big, awkward bodies, they aren't the best fliers in the insect world. Think a zeppelin attempting aerial maneuvers.

This year, many areas of the country are dealing with the return of the cicada invasion, which also shows up around June, albeit only every 13 to 17 years. For most folks who live in heavily infested areas, repeat appearances even every 13 to 17 years are way too often.

Cicadas and June bugs are only distantly related. Both are beetles, but beyond that the main trait they share is their large size. While neither one would win a beauty pageant, except in the entomology world, cicadas are best described as the "ugly stepsisters" to June bugs. They are big. They are very noisy. They leave smelly carcasses and tons of crunchy outer shells and while they don't bite they can pee on you. True. Look it up.

A writer friend is one of the few who appreciates them. "I am obsessed with the cicadas!" she said in a Facebook post. "We must have several hundred thousand just in our yard. I've always been a bug person – I have no idea why . . ."

I have no idea why either. I'm just grateful we don't have a ton of them here in Bandera County.

And I'm still in love with June. You should be, too. A month with birthdays, brides, and bugs has something for everyone. Welcome, June – happy to see you again, and see all of you in July!



Did you hear about the dog who wears a swimsuit? Apparently, it looks quite fetching.

Why don't seashells take baths? Because they wash up on the beach.

What do you get when you cross an elephant and a fish? Swimming trunks

What happens when ice cream gets an gry? It has a meltdown.

Did you hear about the sunflower that was excited for summer? It wet its plants.

Where do boats go when they're sick? To the dock.

What do you call an anxious mosquito? A jitterbug.

How many blueberries can you grow on a bush? All of them.

What did the tree say when summer finally arrived? What a re-leaf.

What kind of sandals do frogs wear? Open-toad.

Why do bananas wear sunscreen? Because they peel.

Why did the watch go on vacation? To unwind.





What do frogs like to drink on a hot summer day?



Our Vision: To be Leaders in our Bandera County Community and serve our neighbors.

Mission: Lions serve. It's that simple, and it has been since we first began in 1917. Our clubs are places where individuals join together to give their valuable time and effort to improve the quality of life in Bandera County.

PLEASE JOIN THE BANDERA LIONS:

1st Wednesday of each month @ 6pm, also the 3rd Wednesday of each month at noon @ Bandera China Bowl located at 1203 Pecan St.

> For More Info, Contact Rene Leith (210) 844-6910 -or- Bruce @ (210) 396-6932

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texashillcountrybank.com



HEY, WHAT'S HAPPENING?By Lisa Crawford (Activities Director)

Well just as expected it's here. The HEAT! Like an unwelcome guest that never leaves. So, what do we do? Indoor activities, as much as possible. Let's get right to it.

MUSIC: Cowboy Capital Opry June 4th. Doors open at 6:30 and music starts at 7:00 p.m. Our guest this month will be Homer Whisenant. He does some great old real country music. Don't miss it. \$10 at the door.

George Ensle Concert: On Saturday, June 15th we are so proud to have George Ensle in concert here at the Silver Sage. His performances are filled with wit, wisdom, grit and always hope, accompanying his edgy vocals with intricate fingerstyle guitar, resonator, and keyboard. Doors will open at 6:30 and music will start at 7:00. Tickets are \$10 each and we are currently taking prepaid reservations. This is a BYOB event. Please contact me for more information or reservations.

BUS TRIPS AND LOCAL MEET UPS: The Exotic Resort Zoo Tour Monday, June 3rd, the bus will leave from the center at 8:00 a.m. \$17.95 for seniors 60 and up. This is the third and final trip to this cool place until next spring. This has been our most popular bus trip to date. With so many wanting to go, I had to add this third trip. If you missed it this year, be sure to watch the calendar starting next February and March as we will do this again.

Mac & Ernie's Roadside Grill Thursday, June 6th. The bus will leave the center at 10:30 a.m. Yes, we do this one every month. If it ain't broke, don't fix it. The food is truly perfect every time. If you have some other suggestions, I am always looking for new ideas.

JoAnn's Fabrics, Olive Garden & Michael's Tuesday, June 11th. The bus will leave the center at 9:00 a.m. Space will be very limited on this trip as the first two rows will be designated for our mobility challenged and the single seat will be reserved to lock walkers in place. If you have any questions about this, feel free to call me anytime at the Silver Sage.

Bumdoodler's & Rock Box Theater Live Radio Show. Wednesday, June 12 the bus will leave the center at 3:45 p.m. and head for an early dinner and pie at Bumdoodler's in Kerrville and then on to the Rock Box Theater in Fredericksburg for the SongwriterTX FREE live radio show. If you want to tune in just go online to https://jambroadcasting.com/radio/buck/ or tune in on your radio to 99.1 the Buck. You may or may not be able to tune in on your radio depending on where you live. This month's show will be so great with the guest performers being Taylor Pie of the Poco Seco fame and Bobby Boyd one of Bandera's own home town boys.

AMC Movie Theater in Boerne, Tuesday, June 18th will be our monthly trip to the movies. As soon as movies and times are posted on the website, I will send out a text to everyone who signs up letting you know what movie has been chosen and what time we will leave the center. CONTINUED ON THE NEXT PAGE...

WHAT'S HAPPENING CONTINUED...

WRITER'S GROUP: If you are or want to be a writer, come join our group to discuss ideas and all things writing. Led by author Mary Schenk, this free group is as educational as it is a source for your creative soul. The group meets the second and fourth Tuesday of each month at 1:00 p.m.

WATERCOLOR PAINTING WITH SHELLY: This is not a class, but an event. Shelly Swift will guide you through a beautiful watercolor painting you can take home with you at the end of each session. Cost is \$6 per person and covers the cost of all supplies. This month the watercolor painting will take place on Friday, June 21st and 28th and both will be at 12:30 p.m.

IN-HOUSE MOVIE: Thursday, June 27th at 1:30 p.m. we will show the movie Megan Leavy in the dining room. The true-life story of Megan Leavey, a young Marine corporal whose unique discipline and bond with a military combat dog saved many lives during her deployment in Iraq. Assigned to clean up the K-9 unit after a disciplinary hearing, Leavey starts to identify with Rex, a particularly aggressive dog that she trains. Over the course of their service, Megan and Rex complete more than 100 missions until an improvised explosive device injures both, putting their fates in jeopardy.

EXERCISE: We offer Yoga with Willie on Monday mornings at 10:00 (\$10), Stretch and Strengthen with Ida on Tuesdays at 10:30 (\$8), and free self-led video exercise on Monday, Wednesday and Friday mornings at 8:00. You are also invited to join the Silver Sage walking group on Mondays and Wednesdays at 8:00 a.m. at the city park entrance across from the skate park. Pull in and turn right and you'll see a couple of cars parked there. Mine is the blue Ford Edge. Everyone walks at their own pace and all are welcome. Please check the calendar as some dates are left off for bus trips or other events.

I hope you will find your place here with us soon, whether it's for lunch, painting, exercise classes, entertainment, or bus trips. You are welcome.

TWO GREAT LOCATIONS!

BANDERA & LAKEHILLS True Value.

1002 Main St, Bandera, TX 78003 - banderatruevalue.com Veterans 10% discount Every Thursday



8950 FM1283, Lakehills, TX 78063 - lakehillstruevalue.com Veterans 10% discount Every Tuesday

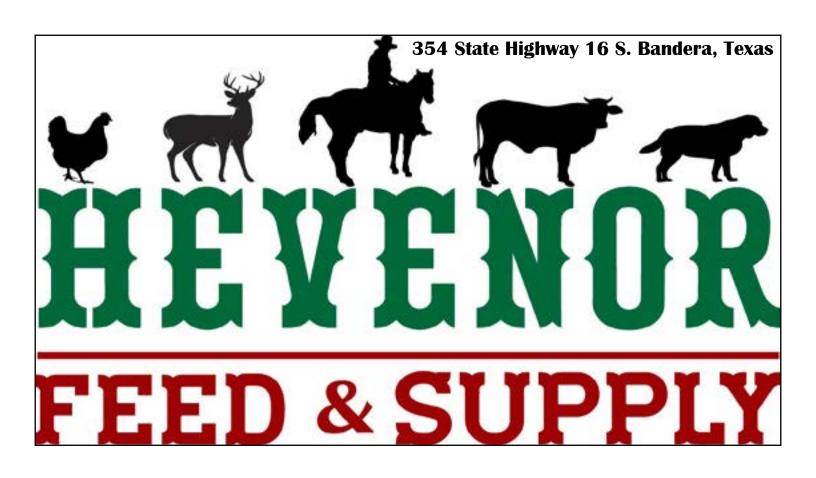


Junio de 2024 Almuerzo servido de 11:30 a 13:00 h Silversage.org

Viernes		7 César De Pollo A La Parrilla Ensalada con parmesano Queso aderezo César Crutones	14 Pasta cremosa de macarrones Ensalada de cangrejo, tomates y pepinos.	Ensalada picante de tacos con Chips De Maíz, Rancho Vestirse y picante salsa	Ensalada de pasta del suroeste con frijoles negros, maíz, cebolla morada y tomate sobre una cama de fresco Verduras galletas saladas	
Jueves		6 Tacos Blandos De Cerdo Con Queso Frijoles refritos Maíz del suroeste	13 Queso con chile tamaño Texas Hot dog Maíz Papas fritas	20 Pollo Cremoso Alfredo Hornear con Brócoli y parmesano Queso	27 Ajo y Hierbas Lomo De Cerdo Con Costra Patatas asadas con hierbas Coles de Bruselas	Menú sujeto a cambios Según disponibilidad
Miércoles		5 Salisbury de la abuela Bife Patatas Asadas Al Horno Tomates cocidos	12 Pollo Salteado Al Pesto con queso parmesano Fideos Rigatoni Zanahorias con mantequilla	Sándwich de cerdo desmenuzado Papas fritas tipo gofre Frijoles Horneados a la barbecue	26 Espaguetis de jardín con Carne Molida, Jardín Verduras y frescas Hierbas Pan de ajo	
Martes	A Aging Area Council A Governments	4 Pollo Crujiente Sándwich con Pepinillos Papas fritas Manzana Caramelizada Al Homo	Galletas y salchichas Salsa Espinacas, Huevo Y Queso Homear Fruta fresca	18 Fajitas festivas de pollo con pimientos y Cebollas en Harina Tortilla Frijoles Borrachas manzanas con canela	25 Jugosa Hamburguesa con todos los arreglando Tots crujientes Fruta fresca	
Lunes	Area Agency	3 Buñuelos De Cerdo Empanizados Con Salsa De Cebolla Queso del chef James patatas fritas Maíz molido	10 Sándwich de Pescado Crujiente con Pepinillos/salsa tártara Tator Tots	17 Filete De Pollo Frito Puré de patatas & Salsa campestre Judías verdes con ajo	24 Trozos de pollo crujientes con salsa campestre Tostada de Texas Papas fritas	
Domingo						12



June 2024 Lunch Served 11:30-1pm Silversage.org





THE 1ST TUESDAY OF EVERY MONTH!

803 Buck Creek Drive (830) 796-4969

Bandera, Texas silversage.org

\$10 Cover 7-91

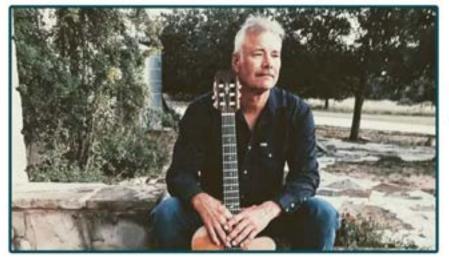
Silver Sage Presents

COWBOY CAPITAL OPRY



Tuesday, June 4th

featuring



Homer
Whisenant
& the
Silver Sage
House Band



BENEFITS ENROLLMENT CENTER

Your Gateway to Essential Programs in Texas

CONTACT US AT THE BENEFITS ENROLLMENT CENTER TO ACCESS VITAL PROGRAMS!

<u>SNAP (Supplemental Nutrition Assistance Program):</u> Receive assistance to purchase nutritious food for you and your family, helping to stretch your budget and ensure everyone's well-being.

MSP (Medicare Savings Program): Get help with Medicare premiums, deductibles, and other out-of-pocket costs, ensuring access to essential healthcare services without financial strain.

LIS (Low Income Subsidy): Qualify for reduced prescription drug costs under Medicare Part D, ensuring access to vital medications at an affordable price.

<u>LIHEAP (Low Income Home Energy Assistance Program)</u>: Receive assistance with energy bills, weatherization services, and energy-related home repairs, keeping your home comfortable and affordable.

<u>Medicaid:</u> Texas has not expanded Medicaid for adults, however a very small percentage of adults may qualify for long term care Medicaid coverage.

Don't miss out on these valuable programs! Join us at the Benefits Enrollment Center and take the first step toward a brighter future for you and your loved ones.

For more information/assistance, contact us at Silver Sage Hill Country Resource Center 803 Buck Creek Dr. Bandera, TX 78003 - (830) 850-0038 socialservicesinfo@silversage.org

Silver Sage House Concert

Featuring

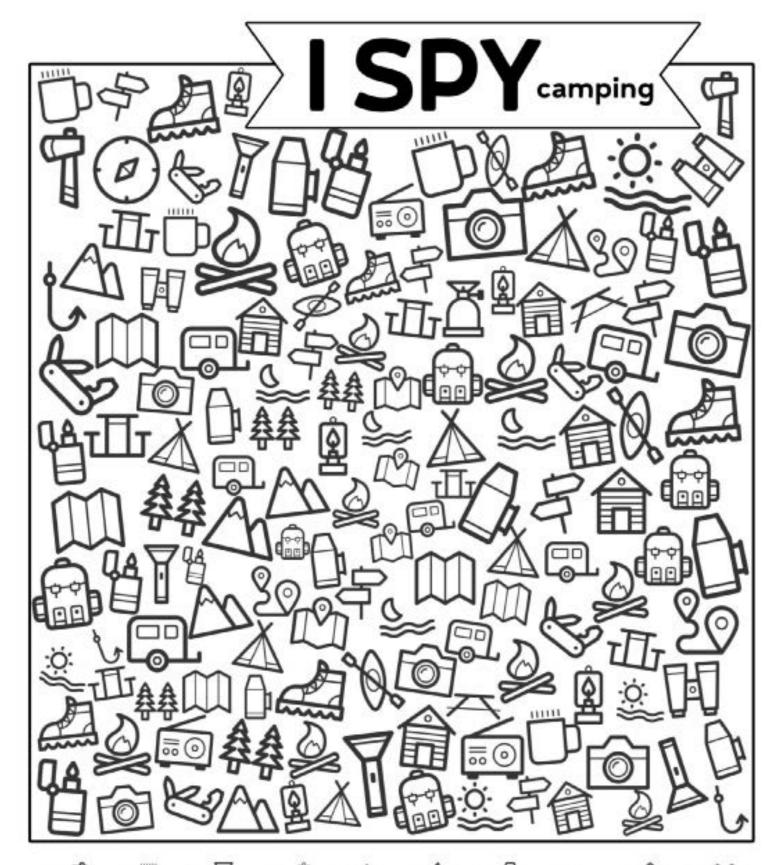
GEORGE ENSLE Saturday June 15th

\$10 @ the door Doors open-6:30pm Show starts-7pm In the Great Room 803 Buck Creek Dr. Bandera,TX

An intimate evening of beautiful songs, tall tales, and fellowship with kindred spirits.

* This event has been created to benefit the funding of the Hill Country Resource Center, home of the Silver Sage.

For more info, contact Lisa @ (830) 850-0028



Summer Vacation

STROPSHBEHBDXQUFGPZAWYEQ K L P A Q G C O C O N U T S N A E ZZXNNRUBNUSMOBUMBLE

Fourth of July sunglasses sunscreen coconuts tanning ocean

scuba diving palm trees ice cream tropical fishing relax summer camps bathing suit pool party seashells lifegaurd flipflops umbrella vacation surfing Hawaii sunny beach

bathing suit bumblebees seashells heat wave flipflops fireworks vacation sunburn Hawaii sports beach sand



SILVER SAGE & SAN ANTONIO FOOD BANK DISTRIBUTION

WEATHER PERMITTING

MONDAY JUNE 10TH 10AM-12PM LAKEHILLS COMMUNITY CENTER 11225 PR 37, Lakehills, TX

MONDAY JUNE 24TH 10AM-12PM LAKE MEDINA SHORES (THE POOL) 7100 Wharton's Dock Road

Registration will be done on-site QUESTIONS: (830) 796-4969

