



Our Silver Sage Thrift Store is CURRENTLY CLOSED

located at 660 Hwy 16 South in the strip mall (830) 796-3590

Store hours:

Mon-Fri 10:00am-3:00pm See more on page 22



A Community For Active Seniors

Senior Living/Small House Community Project FAQ Page 27 Donate now: silversage.org/donate



MONTHLY MENU Page. 13



VOL. 1 ISSUE 6 WWW.SILVERSAGE.ORG



THE SULVED SACE OF A SACE



803 BUCK CREEK DR. BANDERA, TEXAS 78003 (830) 796-4969

Community Volunteering

Want to learn how to become a Silver Sage Volunteer? As a non-profit organization, we rely on volunteers to accomplish our mission.

There are numerous ways you can help.
Opportunities are available to work just a couple of hours once a week or more frequently.

Call us at (830) 796-4969

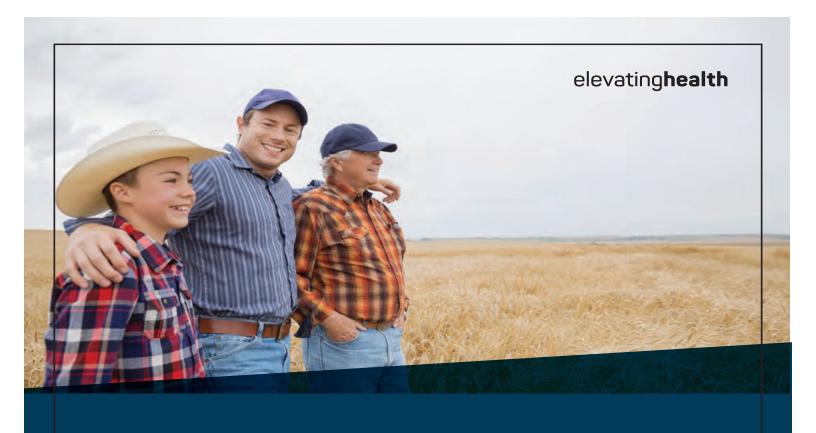
Cowboy Opry

APRIL 2020

The monthly Cowboy
Capital Opry is our
most popular event held
on the 1st Tuesday of
every month benefiting
Meals On Wheels.
OPRY CANCELLED
THIS MONTH.







expanding our reach. serving the Bandera community.

Peterson Health is here for our community. Here to provide family medicine services at our convenient location at Bandera Landing. Peterson Medical Associates - Bandera is accepting new patients and ready to provide exceptional, compassionate, patient-centered care, right here at home. At Peterson Health, we're growing closer to you every day. We're **Elevating Health**.

Peterson Medical Associates 3540 SH 16 S Suite 1-D Bandera, Texas

To schedule your appointment at our new Bandera location, call 830.522.2002



Managing Publisher/Designer: Karyn Utterback-Exectutive Assistant Email: karyn@silversage.org

Development Director: Mikie Baker-mikie@silversage.org

Sales: Mikie Baker & Karyn Lyn

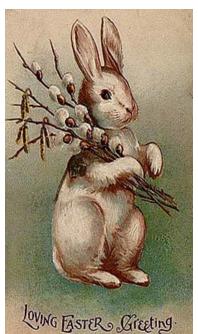
Silver Sage-803 Buck Creek Bandera, TX 78003 (830) 796-4969 P.O. Box 1416



Through the Eyes of a Driver, by Mary Allyce









Check out our Monthly Menu!

HOURS:

SILVER SAGE HOURS: MON-THURS 8:00AM- 3:00PM FRIDAY 8:00AM TO 2:00PM.

CLOSED WEEKENDS AND MAJOR HOLIDAYS.

WWW.SILVERSAGE.ORG

The Center is closed for the month of April

WHAT'S INSIDE

- 5. **Fridge Tips:** "Keeping your refrigerator clean and organized helps to minimize food spoilage and reduces your risk of food-borne illness."
- 6 & 10. **Spring Recipes**...while you are at home self-quarantining, what better time to cream up some corn and tomatoes and can some yummy vegetables.
- 19. Mary Allyce: "We've all been affected, if hopefully not infected by Covid-19. It's been quite a ride, from the craziest toilet paper shortages since the one Johnny Carson inadvertently created with an off-hand remark in his comic monologue in 1973, to parents discovering the formerly unappreciated role of substitute teachers."

Our Mission: Enriching Life For Seniors



EMERGENCY 911

Bandera County Sheriff (830) 796-3771

City Marshall (830) 460-7172

Bandera Fire Department (830) 796-3777

Poison Emergency 1-800-222-1222

Silver Sage/MEALS ON WHEELS (830) 796-4969

Art Crawford (Chief Executive Officer) (830) 456-4083

John Cressey-Neely (Chief Operations Officer) (540) 840-5550

Arthur Nagel Community Clinic (830) 796-3448

CVS Pharmacy (830) 460-7701

Bandera Pharmacy (830) 796-3111

ART Bus 1-866-889-7433

Silver Sage Thrift Store (830) 796-3590

Texas Abuse Hotline 1-800-252-5400

Texas Health and Human Services (830) 796-3739

South Texas Alzheimer's Assoc. (210) 822-6449







YOUR FRIDGE + FOOD SAFETY

Keeping your refrigerator clean and organized helps to minimize food spoilage and reduces your risk of foodborne illness.

COOKED LEFTOVERS

Leftovers are safe for 3 to 4 days in the refrigerator.

TEMPERATURE

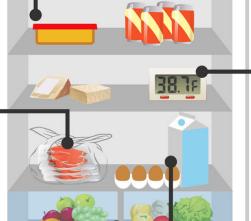
An appliance thermometer lets you know your fridge is set to 40 °F or below.

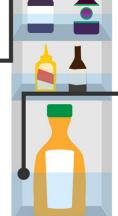
RAW MEAT

Prevent juices from leaking by storing on a wrapped plate or in a sealed container.









DOORS

Temperature changes frequently—avoid storing perishable foods here.

SEALED DRAWERS

Drawers are the best storage option for fruits and vegetables.



MAIN COMPARTMENT

Temperature is more stable—store perishable foods like raw meat, dairy, and eggs here.

FREEZER

Set to 0 °F or below. Frozen food is safe forever though quality may suffer with lengthy storage.

ADDITIONAL TIPS

Clean refrigerator surfaces with hot, soapy water and diluted bleach solution.





For more food safety tips, go to

FoodSafety.gov-

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



Keep fridge smelling fresh by placing an opened box of baking soda on a shelf.

Creamed Corn & Creamed Tomatoes By Charles Williams

CREAMED CORN

2 lbs frozen corn 8oz creamed cheese 1/2 stick unsalted butter 1 tbs sugar Dash of salt & pepper 1 cup heavy cream



Mix in a crockpot: thawed corn, cream cheese that has been heated in the microwave so it blends well (this is important). Melt and mix butter in with corn and cream cheese. Turn crock pot on low to finish. Mix in sugar, salt & pepper. Lastly, stir in heavy cream until completely mixed. Cover and cook 4 hours on low. (high heat will curd).

*Recipe from Women Auxiliary - American Legion Post 157

CREAMED TOMATOES

Whole or diced tomatoes 14.5 oz can - use 2 28 oz can - use 1

Mash tomatoes in pan. Add 1/4 tsp salt, 1/4 tsp pepper, and 3 tsp sugar. Place on stove to heat.

In a bowl, mix 1 1/2 tbs corn starch. 1 1/2 tbs flour. Mix with hot tomatoe juice from pan. When mixed, add to pan and bring to a slow boil, stirring occasionally. When it thickens, reduce heat and add 1/2 cup of half and half or small can of evaporated milk. Do NOT boil with milk. Let it heat, not boil. Serve hot.

^{*}From Wilma Williams (Charles' mother). She made this often with a quart of her canned whole tomatoes from her garden.

The Big One by Mikie Baker

Remember when you thought turning 40 meant the end of your life? Well, Dearly Demented Mom hits 90 today and she's still going strong. She may be wheelchair bound with dementia, but she's having a grand time with a variety of husbands and children that even I can't keep up with. I blame it on my menopause, not her mind.

So I decided a big celebration was in order. After all, I threw her a giant party when she turned 80. DDM was the bell of the ball and had a blast.

I called VBF to plan the event.

ME: "Mom's going to be 90 next week. Any party ideas?

VBF: "Sure. Get her a male stripper, a bottle of champagne and a new outfit. She'll be in heaven."

ME: "Well, the male stripper could cause a heart attack, a glass of champagne could make her fall out of her wheelchair resulting in a head injury and if she saw the size of her new outfit, she'd probably have a stroke. Any other suggestions?"

It's not so easy to plan a birthday party for a 90 year old. It takes an ambulance to get her anywhere, so the typical local community covered-dish celebration attended by everyone over 60 in town is not an option. And if I invite the whole town to the Dancing Dog Ranch, all I'll end up with is a town talking about how dirty my windows are.

I called Hill Country Martha for her advice.

ME: "What the heck can I do to celebrate Dearly Demented Mom's 90th?"

HCM: "Well she can't hear or remember most people, so how about something simple."

ME: "How simple?"

HCM: "Why don't I come over and we'll try to wheel her out on the front porch so she can see daylight again."

ME: "Perfect! Then I can give her a hat for her

birthday so the sun won't give her a headache. But we have to do it quickly because DDM doesn't want to miss a minute of Murder She Wrote reruns."

This simplistic plan really didn't set right with me though, as I am Party Thrower Extraordinaire. In the end, I decided to ask Dearly Demented Mom what she'd like to do for her 90th birthday. Boy was that a mistake.

ME: "Mom, do you know what next Thursday is? It's your birthday!"

DDM: "It's April 29th!"

ME: "That's right! And do you know how old you'll be?"

DDM: "78!"

ME: "No, Mom, you'll be 90. Can you believe it?" DDM: "No, I'm 78. If I was 90, I'd be dead."

I was so befuddled that I just walked away without even asking her what she'd like to do for her birthday. How do you throw a giant 90th bash for a woman who's convinced she's only 78?

I'm sure her confusion results from the fact that she's lied about her age ever since I was born. She told me she was 29 for years and when I finally got old enough to press the issue, DDM proudly announced she was 39. She stuck with that story for years.

When you take care of a loved one with dementia, the first piece of advice you're given is just to agree with everything they say. So my final plan is to invite all her caregivers over for a nice buffet and celebrate her 78th birthday. What's so wrong about a girl shaving a few years off her age, anyway?

Happy 78th, Dearly Demented Mom. Obviously you're as young as you feel and frankly, you're aged to perfection



Three mice died and went to heaven. It was so big that they were tired out from trying to cover it all. One day God asked them if they liked heaven.

"Oh yes. But it's so big we just stay worn out from running all day."

"Well I can fix that problem for you." He gave them two pairs of roller skates. They were so happy.

Sometime later a big Tomcat came to heaven.

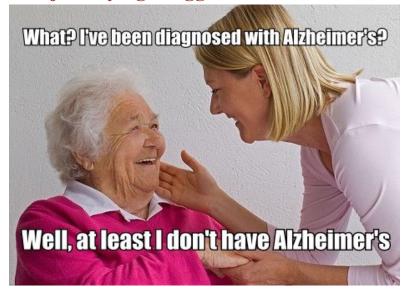
When God asked him how he liked heaven, he relied, "This is the best places ever. And I especially Meals On Wheels."

What is the Frog's favourite music? Hip-Hop

What does an alligator drink after chasing prey all day? Gatorade

Chickens and Eggs

The elderly grandma always talked to the hens whenever she fed them. One day, her grandson asked, "Grandma, why do you talk to the chickens?" "I'm just trying to egg them on."





Honest People - Quality Service

SALES & SERVICE, INC.

830-796-3697 • www.dspaininc.com

Electrical • A/C & Heating • Water Systems • Plumbing

TACL B001925C • TECL 19156 • M41788 • Pump #4449PKL



Septic Installation & Pumping – Water Well Drilling & Service Portable Toilet Rental (Construction Site & Private Events) Residential & Commercial Jobs – Free Estimates

4855 State Hwy 173 North • Bandera, TX 78003 www.bswws.com



800 MAIN STREET - PO BOX 2300 - BANDERA, TEXAS 78003 - (830) 796-3100

Squash Relish By Amy's Stepmom

1 gallon yellow squash chopped

3 onions chopped

3 bell peppers chopped

6 cucumbers chopped

3 garlic cloves chopped

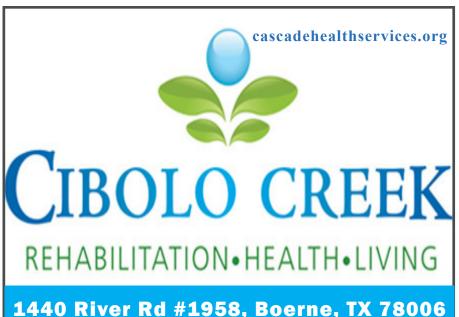
Soak in pan with salt over them. Wash the salt out after 1 hour. Put plate on them.

1 tablespoon salt
Mix 5 cups sugar
3 cups vinegar
3 tablespoons mustard seed
2 tablespoons celery seed
1 1/2 tablespoons tumeric



Sterilize the jars and lids in boiling water for at least 5 minutes. Pack the squash relish into the hot, sterilized jars, filling the jars to within 1/4 inch of the top. Run a knife or a thin spatula around the insides of the jars after they have been filled to remove any air bubbles. Wipe the rims of the jars with a moist paper towel to remove any food residue. Top with lids, and screw on rings.

Place a rack in the bottom of a large stockpot and fill halfway with water. Bring to a boil over high heat, then carefully lower the jars into the pot using a holder. Leave a 2-inch space between the jars. Pour in more boiling water if necessary until the water level is at least 1 inch above the tops of the jars. Bring the water to a full boil, cover the pot, and process for 10 minutes, or the time recommended for your area. Remove the jars from the pot, and place onto a cloth-covered or wood surface, several inches apart, until cool. Once cool, press the top of each lid with a finger, ensuring that the seal is tight (lid does not move up or down at all). Store in the refrigerator.



1440 River Rd #1958, Boerne, TX 78006 Mary Lou Howells (830) 388-6991





Bandera Banking Center 355 State Hwy 16 S. - PO Box 1389 Bandera, TX 78003 - 830-796-3333 www.myhb.com





Do you have
walkers, wheel chairs,
shower chairs, commode
chair, canes,
etc. that you don't
use/need?

Please consider donating them to the Silver Sage. Contact: John Cressey-Neely (830) 796-4969



Silver Sage April 2020 GOOD FRIDAY CLOSED Fri., April 10

803 Buck Creek Dr. P.O. Box 1416

One of the best ways to control the spread of the COVID-19 virus is through social distancing.

not mean that people can no longer get a nutritious meal. If any Bandera County resident 55 or older wishes to get a lunch, volunteers are going out to take meals to these clients. However, the Dining Room at the Center has been closed. This does Silver Sage is dedicated to maintaining the Meals on Wheels deliveries to seniors in need in Bandera County, so each day they should call (830) 796-4969 to make a "reservation". Between 11:30 AM and 12:30 PM Monday thru Friday,

pull up to the front door and honk. Someone will come out and get them. Items needed include bread, peanut butter & jelly, (830) 796-4969 and drive through to pick up a bag of essential groceries. Anyone wishing to donate to the food pantry may Any Bandera County resident age 55 or older or any resident that has lost their job permanently or temporarily may call canned meats (Spam, chili, tuna, etc.), breakfast cereal, oatmeal, sandwich meats, and anything you want to bring. they can drive up to the Center and someone will bring their meal to them. Please do not get out of your car!

The Silver Sage Thrift Store is currently closed and is not accepting donations at this time.

Thank you for your support, wash your hands, and stay safe!!



EASTER SCRAMBLE

Jacromble the Easter word

nguki

eothcolac

resEat

Bandera County Health Department ~ 796-7540 Arthur Nagel Community Clinic ~ 796-3448 IMPORTANT PHONE NUMBERS Marshall's Office $\sim 796-3456$ Sheriff's Office $\sim 796-3771$ Silver Sage ~ 796-4969

www.SilverSage.org

coraedte

nyusda_

ydlihoa

sekatb

5		6	2	3			4	7
_			9			3		
	∞			4				_
			3		8		-	5
တ		∞				2		9
2	က		ļ		9			
_				5			7	
		7			က			0
4	2			_	/	9		∞

Namber
S
M M
No. of Lot, House, etc., in such such such such such such such such
Contract of
APP
BACKS IN
- A 1 50 W 70
3
0
$\overline{\sim}$
2020
7
April
\Box
\equiv
A
2
5
۵,
۵,
۵,
۵,
Sage
er Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage
Sage

		-	4	
PETERSON HEALTH	30. Taco Salad Beans Dessert	Turkey Broccoli Casserole Baked Tomatoes Salad	28. Beef Stroganoff Beets Brussel Sprouts	27. Chicken Strips Sweet Potato Fries Mac & Cheese
24. Chef Salad	23. Chicken Cordon Bleu Squash Casserole	22. Meatloaf Sweet Potato Casserole Corn & Okra Jambalaya	21. Chicken Pot Pie Salad Dessert	20. County Fried Steak Mashed Potatoes & Gravy Black Eyes Peas
Hamburger Tater Tots Slaw	16. Ham, Spinach, and Cheese Quiche Fruit Salad	15. Chicken Marsala Salad Dessert	14. Scalloped Potato & Ham Casserole Trio of Spring Veggies	13. BBQ Chicken Ranch Style Beans Sweet Corn
FRIDAY CLOSED	9. Fish Sandwich Broccoli Fries Okra Gumbo	8. Garden Spaghetti Breadsticks Caesar Salad	7. King Ranch Chicken Beans Rice	6. Salisbury Steak Mashed Potatoes w/Gravy Green Beans
3. Chili Cheese Dog Fritos Mac & Cheese	2. Chicken Stir Fry Jasmine Rice Pineapple Slaw	1. Taco Skillet Flour Tortillas Salad	Area Agency On Aging and Disability Services Proded through the Texas Department of Aging and Disability Services Adams Area Council of Governments	A A COOR Alamo Area Council Of Governments
FRIDAY	THUR	DNESI	ESDAY	MONDAY
	1010	TITALY SERVICE		

Joyce D. Lamilla, LD Call Meals On Wheels delivery (830) 796-4969

Lunch served from 11:30 AM to 12:30 PM Please call 796-4969 to make lunch reservations before 9:30



All meals will meet the 1/3 RDA of Federal guidelines

Menu subject to change according to availability



Providing seniors with vision loss the skills, tools and resources needed for maintaining independence in their homes and the community.

210-531-1547 www.salighthouse.org





Answers to Crossword on pg 25

Α	Т	0	Ρ		ш	Σ	В	Е	R		S	Т	0	w
L	Α	٧	Α		Σ	0	0	S	Е		U	Α	G	Е
Α	L	Е	S		I	Z	0	Р	Е	R	Α	В	L	Е
М	0	Z	Η	Α	Z	Α			S	Е	Z	S	Е	О
0	Ν	S	Α	L	Е		S	Р	Е	D				
				I	Z	D	I	Α		Н	Α	S	Т	Ш
Α	L	Р	S		Η	Α	L	L		0	Μ	Α	Н	Α
М	Е	Α	т	S		Σ	Е	Α		Τ	I	G	Е	R
М	Α	G	I	С		Α	Ν	т	Е		О	Α	М	Р
0	Р	Е	R	Α		S	С	Е	Ν	Т				
				М	Α	K	Е		Т	0	S	S	Е	О
Α	С	С	Е	Р	Т			S	I	Ν	Α	Т	R	Α
Р	Α	R	L	I	Α	М	Е	Z	Т		G	Е	Α	R
Е	٧	I	L		L	Е	G	Α	L		Е	Α	S	Е
R	Е	В	Α		ш	L	0	Р	Е		S	L	Е	D





FAMILY & BUSINESS INSURANCE SINCE 1973

Debbie Brzezinski - Bandera County Resident





dbrzezinski@wspinsurance.com - www.wspinsurance.com

300 E. Sonterra Blvd. Suite 1100 San Antonio, TX 78258, (210) 477-4286 Direct Office (210) 865-2966 Cell



A Touchstone - Heritage Partnership

Comfort. Care. Community.

Delivering Compassionate Care Through Innovative Approaches

SKILLED NURSING - OUTPATIENT THERAPY - COMPLEX PAIN MANAGEMENT LONG-TERM CARE - RESPITE CARE - POST-SURGICAL STABILIZATION PHYSICAL, OCCUPATIONAL & SPEECH THERAPY - WOUND THERAPY

(830) 796-4077 222 FM 1077, Bandera, TX 78003 BanderaNursingRehab.com



Coming Soon



A Community For Active Seniors

WANT TO HELP? DONATE NOW. 803 BUCK CREEK DRIVE. (830) 796-4969 SILVERSAGE.ORG



Dr. Mark Richardson, Dr. Jennifer Knight, and Associates

830-796-3003 1989 TX-16 N, Bandera, TX 78003 BANDERAVETCLINIC.COM





INSTRUCTIONS: Unscramble the letters to find the Easter words from the list below.

nybnu
albm
maliyf
aynsud
ttinacotlo
aerstt
igintpna
sfioalfdd
uitslp
pigsnr
atbske
nleaejbyl

REACH THE SENIOR MARKET!

Would you like to become a sponsor in our newsletter?

Varying levels of sponsorship gives your company/organization an opportunity to be promoted in a multitude of ways including print advertisements through our monthly newsletter "The Scoop at Silver Sage:" Website exposure, press releases, as well as a presence through display materials at our facility. Sponsorship agreements also provide for your company/organization on-site opportunities--an incredible and effective way to connect with your target: the Senior population.

For more info, contact Karyn Lyn: 830.796.4969 You can also view details on our website: silversage.org

The Utopia Food Pantry

P.O. Box 1091, Utopia, TX 78884-1091

Project HOPE is a free food program starting in our area, sponsored by the San Antonio Food Bank. It delivers boxes of **free food** that are supplemental staple groceries of protein, whole grains, staples, and produce.

It is for senior citizens (You must be 60 years old or older), and the Project HOPE provides 50-60 pounds of food each month to **you**. If you would like to enroll or to enroll a senior citizen that you know. Please contact Lucy Reed at 713-301-2571 (the Project H.O.P.E. coordinator) or Teicher Whelchel at 830-486-4358 (the treasurer of the Utopia Food Pantry) to enroll.



830-331-8496 VISITINGANGELS.COM 124 E Bandera Rd #406, Boerne, TX 78006





Selling Unique and One of a Kind Hand-Crafted Texas Products
Books all about Texas People, Places, History & Etc.

Hand Turned Wooden Baskets

Featuring Hand-Crafted Domino Sets made from Exotic & Local Woods.



GO TEXAN.

Associate Member

Carrying a Selection of TEXAS Made Beer, Wine & Spirits!!!

TEXAS MADE



OPEN MONDAY - SATURDAY 10AM - 5PM

TEXAS PROUD

1107 CYPRESS ST. BANDERA



THROUGH THE EYES OF A DRIVER By Mary Allyce

We've all been affected, if hopefully not infected by Covid-19. It's been quite a ride, from the craziest toilet paper shortages since the one Johnny Carson inadvertently created with an off-hand remark in his comic monologue in 1973, to parents discovering the formerly unappreciated role of substitute teachers.

First we were all incredulous that in the advanced era in which we live, a "bug" could bring civilization to a near halt. Gradually, most of us accepted that it could and it did. The few holdouts fled to Facebook, Twitter, Instagram and whatever other platforms serve as modern day soapboxes to rant their frustration.

And yet, it's that oft maligned tech world that's become the glue holding us all together as a community, nation, and world. Watching the news can be overwhelming and visiting friends, colleagues and even family has been cut back with surgical precision. But Facebook is a great way to stay in touch with friends and family. It's full of encouraging, helpful, even funny messages, and it's oh-so satisfying to scroll past the curmudgeons – or block them!

How about all the wonderful music blessing the Internet, from our outstanding local musicians to the likes of Mary Chapin Carpenter and Neil Diamond, among many others? Most of us have more TV to watch than we could ever absorb. You can keep up to the minute with information or binge watch whatever strikes your fancy.

There's a lot of creative cooking going on, too. It's interesting sorting through my cupboards and refrigerator like a contestant opening a basket on Chopped. "You have canned tuna, two over ripe bananas, a jar of capers, sprouting onions and a Payday candy bar - Go!"

Some of us are old enough to remember the polio epidemic of the early '50's when schools and other gatherings were closed, the gas shortages of the '70's when we waited in endless lines for fuel, and I'll never forget my mother telling me about her food ration books during the Great Depression. We've weathered national calamities that limited our choices, our mobility, disrupted our daily lives, and messed with our heads before. We learned patience, reined ourselves in, and got through all of them. We'll get through this one.

If you're stuck on the way-too-much-information merry-go-round, think about this. Here in the Hill Country we're being asked to sit tight in one of the most beautiful places on earth. We're in a low population density area which makes transmission of the virus less likely than in urban areas. Our stores have worked heroically to make food and other essentials available. Meals On Wheels is still delivering and for drivers, seeing and talking with our clients lifts our spirits with much needed social contact. Hopefully we lift them as well.

Still searching for positives? How about our increased vocabularies. We've added "social distancing", "flattening the curve", "novel virus", and we made our mothers proud by finally learning how to wash our hands!

Stay safe. Stay well. Stay home. "Til next month . . .

TWO GREAT LOCATIONS!

BANDERA & LAKEHILLS

True Value.

1002 Main St, Bandera, TX 78003 - banderatruevalue.com Veterans 10% discount Every Thursday



8950 FM1283, Lakehills, TX 78063 - lakehillstruevalue.com Veterans 10% discount Every Tuesday

Benefits of Lananas!

- 1. Reduce depression
- 2. Regulate the bowel system
- 3. Reduce blood pressure & risk of heart disease
- 4. Help our bones grow stronger
- 5. Help individuals to quit smoking
- 6. Help prevent anemia
- 7. Provide us with energy

8. Reduce menstrual pains

9. Power our brains

10. Help prevent ulcers



- 1. Relieves joint pain (arthritis/gout)
- 2. Reduces Cholesterol
- 3. Aids in Weightloss
- 4. Promotes Digestion
- 5. Prevents Headaches
- 6. Fights Cancer
- $7.\,Rehydrates\,\&\,Remineralizes\,the\,body$
- 8. High silica content for silky hair
- 9. Cures Diabetes
- 10. Controls blood pressure





Looking for a unique way to help the Silver Sage? Why not try a birthday fundraiser on Facebook? When your birthday is approaching, you can set up your fundraiser and donate the proceeds to the Silver Sage. It's a very simple gesture that is deeply impactful.

Here's all you need to do:

- 1. Go to the Search Bar at the top of the page.
- 2. Type in Birthday Fundraiser.
- 3. Click on "Create a Birthday Fundraiser."



- 4. When you are asked to search for a nonprofit group, type in Bandera County Committee on Aging, Inc DBA Silver Sage.
- 5. The Birthday Fundraiser Preview will pop up and you can put in what information you'd like about why you are raising money for the Silver Sage. We would appreciate it if you would tell people we are raising money for the Cottages at the Silver Sage, a new development of cottages for active seniors with rent based on income level. Please make sure and explain this fundraiser is for the Silver Sage as most people don't know Bandera County Committee on Aging.
- 6. Select the Create Fundraiser button and you are done!
- 7. Invite people on your friends' list and engage with them! This is key. Invite, invite! Share often on your timeline: remember that not everyone will see something when you post just once. While some people may be hesitant to invite people on their friends list, remember you're giving them an opportunity to participate in something bigger than you helping the seniors of Bandera County.
- 8. Thank people as they donate and watch the numbers go up! Seriously, these people are donating to Silver Sage because of YOU.

Facebook has made this very easy to do and it's a great way to support the Silver Sage and our new project, the Cottages at the Silver Sage. Celebrate your day by helping our seniors in need – what could be a better present than that?

We appreciate you!



Our Thrift Store is an important resource for helping to fund the Meals On Wheels in Bandera County program. It is operated exclusively by volunteers.

The Thrift Store is located in Bandera at 660 Hwy 16 South in the strip mall next to Snowflakes Donut Shop. You can call the Thrift Store at (830) 796-3590.

Store hours are Monday-Friday, 10:00am- to 3:00pm

If you wish to volunteer, please come to Silver Sage at 803 Buck Creek Drive to fill out the volunteer form or call (830) 796-4969.





Honoring the past, Inspiring the future.

Spotlights at SILVER SAGE

























Creative Writing THE CELLAR - WRITTEN BY ELDA SMITH (A CHILDHOOD MEMORY)

I hear a voice from the kitchen, bidding me to fetch some potatoes from the cellar. The cellar is not a friendly place; nevertheless, I open the door and step into the pitch black darkness. Goosebumps appear on my skin as the cool damp air embraces me. Musty smelling air sifts through my nostrils.

I fumble for the smooth surface of the switch plate. Light floods the chamber below. Frantic rats, with their slinky tails swaying, streak for shelter. Bolder ones lag behind, with their shifty, beady eyes glaring at me. A stamp and a holler on the stair landing and they scurry into the shadowy corners.

I descend the steep, creaky stairway. A filmy cobweb dangling from the wood beam above me, brushes across my forehead. More lacy webs are draped across the corners, forming see-through curtains.

A lone black, tick-bellied spider, clings to his web creation, munching on a trapped fly. A daddy long legs, with his pea-sized body and crooked, spindly legs, waddles up the dirt wall. Crickets hip-pity-hop across the powdery dust floor. They join the monotone chorus of chirpers in the opposite corner.

The acrid scent of drying onions now permeates the atmosphere. They hang randomly from the celling beams, trapped in orange net bags; hang-mans noose fashion.

Rickety hand made shelves, hug one wall. Rows of fruits and vegetables are captured in clear mason jars in hues of red, orange, royal purple and green.

I step gingerly toward the brown-skinned potatoes in the far corner. I stay alert for the creatures that may be staring at me from anywhere. I dodge a mottled brown toad, squatted in front of me.

On the potato pile, black beetle bugs skitter into dark crevices to escape my grasp. I pitch the rotted potatoes with the pungent odour aside. Also those nibbled on by the cellar inhabitants. I select large and small potatoes. They make plinking sounds as they are tossed into the tin bucket.

Back on the stair landing, a deep sigh escapes me. Today there is no slimy bull snake wiggling its way to somewhere, but a wavy trail across the dust floor signifies he's been there.

A flick of the light switch, and I leave the creepy crawlers and creatures to their turf in the pitch darkness of the cellar.

The aroma of fresh baked bread wafts toward me from the kitchen. Soon a steaming bowl of whipped potatoes, with a dollop of home churned butter melting on top, will be sitting on the table waiting for me.

24

11 12 13 15 16 14 17 18 22 20 21 17. Tavern drinks 23 24 25 18. Not function-26 28 32 27 30 31 34 38 33 35 36 37 23. Marked down 42 39 40 41 in price (2 wds.) 43 44 45 46 26. Gandhi's na-48 47 49 28. Undue speed 33. Swiss peaks 50 51 52 53 54 55 56 38. D-Day beach 39. Vegetarians' 57 58 60 61 62 64 65 63 River" (2 wds.) 42. Golfer ____ 68 66 67 43. Harry Potter's 69 70 71 44. Poker opener Answers on pg 14 29. Between 30. Norse tale Down 31. Those folks 1. Texas landmark 32. Wyatt 50. Manufacture 2. Hawk's weapon 33. Munitions, for short 3. Cookie cookers 34. Jump 57. Receive will-4. Ziti, e.g. 35. Book part 5. Noteworthy 36. Agitate 61. Singer Frank 6. Leonardo's "____ Lisa" 40. Large shrimp 7. Ghost's cry 45. Give a right to 62. Legislature, in 8. Sixth sense (abbr.) 49. Cargo weight 9. ____ Witherspoon of "Walk the 51. Start of a Dickens title (2 wds.) 65. Toothed wheel 53. Wise ones Line" 66. Good's oppo-54. Burglarize 10. Glance at 55. Clear the blackboard 11. Bar bills 56. Ventured 12. Eye suggestively 57. Mimic 13. Dandelion, for one 58. Underground chamber 69. Country sing-19. Glowing (hyph.) 59. Nursery item er ____ McEntire 21. Famed boxer 60. Singer Fitzgerald 24. Absence of sound 61. Break sharply 25. Roof of the mouth 63. Actor Gibson 71. Winter vehicle 27. Heavy linen 25 64. Self-esteem

Across 1. On the peak

coal

5. Smoldering

10. Pack away 14. Fluid rock

15. Elk's kin

20. Wyoming's

24. Hastened

neighbor

22. Felt

16. Pen

ing

tion

37. High

taboos

Woods

46. Humid

52. Threw

ingly

Canada

67. Lawful

68. Soothe

70. Wed on the

nent

run

47. Soap ____

48. Fragrance

skill

41. "Cry

Spring Word Search

K E E Н G R Н P E U D D M Α P R S U N N В Н В E В E S E В Т E E Α U M M Α Н N F R Α Т D Α Н O T S Ρ R N G N F S Т Т Α Н E Α Н O S E G G Т R Α Ν В R S S E W E R Ε Υ Α S N E U F N S Н В R W S L N U W E F M Α M N R Α N В S Н E S 0 E E S В R E R Α Α Т Н S N F T R G



APRIL
BASEBALL
BLOOM
BUNNY
BUTTERFLY
CHICK
EASTER
EGGS

FLOWERS
GREEN
GROW
HATCH
JUNE
MARCH
MAY
NEST

PASSOVER
PUDDLE
RAINBOW
RAINCOAT
SEEDS
SHOWERS
SPRING
UMBRELLA



FAQ



- Q. When will The Cottages be complete?
- A. Target opening date is February 2021.
- Q. How many Cottages are being built and how big are they?
- A. 46 total.
- 20 one bedroom approximately 600 sq. ft.
- 20 one bedroom approximately 720 sq. ft.
- 6 two bedroom approximately 980 sq. ft.
- And, 1 three bedroom approximately 1260 sq. ft. for our site manager and maintenance.
- Q. Is there a current list of potential residents seniors who have expressed a strong interest in the Cottages?
- A. Yes, there are currently 36 Bandera county residents on the list of potential residents. We will begin accepting formal applications in September 2020.
- Q. Are the Cottages for sale or rent?
- A. Rent
- Q. How much is the rent?
- A. The market rent for Bandera County is \$1.10 per sq. ft.

That would make the smallest house \$660.00 at market rates.

However, rent will go down from there depending on income.

- Q. Are utilities included?
- A. Water, sewer, and garbage are included.
- Q. Will the Cottages be furnished?
- A. No. All Cottages will include washer, dryer, stove, oven, and refrigerator.
- Q. Are the Cottages going to be at ground level with no steps and ADA compliant?
- A. Yes. All Cottages will be level with sidewalks and porches. No steps.

The Cottages will all be ADA compliant and more.

- Q. Are you looking for grants?
- A. Yes. The total project cost is \$4,800,000.00. We anticipate \$800,000.00 from local fundraising activity and \$4,000,000.00 from grant resources.
- Q. Is this government housing.
- A. No. This project is solely owned by The Silver Sage, a 501c3 nonprofit and we are not accepting any government funding.
- Q. How are residents going to be selected? What is the criteria?
- A. The applications will be scored by our Residents Committee consisting of staff and board members considering a variety of criteria.
- 55 and older. Must be able to live independently.

Bandera County resident. Transportation and much more.

- Q. Are pets allowed?
- A. Yes. We are still evaluating criteria for pets.

Coming Soon



Silver Sage

A Community For Active Seniors

What are the Cottages of Silver Sage?

- A Community for Active Seniors
- •46 units ranging from 600 sq ft to 980 sq ft
- •Rent based on Income
- •Located next to the Silver Sage Community Center
- •Seniors activities Monday-Friday every week
- •Free Lunch Daily for qualifying participants

WANT TO HELP? DONATE NOW.

803 BUCK CREEK DRIVE. (830) 796-4969 SILVERSAGE.ORG