

Register for FREE

Clarissa Manuel Foundation

United We Walk



JOIN CMF AS WE WALK ONE STEP AT A TIME TO CURE DIABETES



About the Event

October 29, 2022

9 AM – 1 PM

Check-in will begin at 8:30 AM

FREE



Grand Prize

Lululemon Mirror Smart Home Gym with 1yr Subscription (value over \$1k)

2nd Prize

1 yr Planet Fitness Membership
And, many more great prizes...

(All winners must be present to win)

Recreation Park Bandshell

701 Federation Dr, Long Beach, CA 90814

Diabetes Awareness Walk & Health Fair

Join the Clarissa Manuel Foundation for our inaugural community walk to raise awareness for the fight against Diabetes. This is a FREE event. All ages are welcome! **Costumes and paraphernalia are encouraged with Schools, Organizations and everyone!** Prize for most spirited group. Healthy dietary choices and exercise regimens begin with our youth. There will be music and fun for the entire family! Featuring a Health Pavilion with diabetes screenings, resources, free raffles and more. Can't participate in the walk? Donations are tax deductible and goes towards program planning and funding.

REGISTER OR DONATE TODAY!



www.clarissamanuelfoundation.org

EIN 27-1370523 A 501 c3 Nonprofit Organization