

TAMEE

FRIEND OR FOE?



Time

Friend: Prioritize high-impact tasks
Foe: Wasted on low-priority tasks



Attention

Friend: Focus on long-term goals
Foe: Distractions and daily firefighting



Money

Friend: Invest in growth and innovation
Foe: Poor allocation of funds



Effort

Friend: Align effort with business goals
Foe: Busywork without meaningful results



Energy

Friend: Foster creativity and motivation
Foe: Burnout from overwork

Making TAMEE Your Ally

Managing TAMEE effectively is all about balance. Here's how to make sure these resources become powerful tools that fuel growth and innovation:



Optimize Time: Prioritize high-impact activities and eliminate time-wasters by streamlining processes and automating where possible.



Focus Attention: Limit distractions and keep your focus on strategic goals that drive long-term success.



Allocate Money Wisely: Invest in areas that spur innovation and growth while avoiding unnecessary expenditures.



Direct Effort Effectively: Align efforts with company goals to ensure hard work leads to meaningful progress.



Preserve Energy: Cultivate a healthy work culture that supports balance and prevents burnout, keeping your team energized and productive.