

12 Main Astrological Signs	Light Spectrum & Color Association	Planetary Ruler	Ruling Creature	Cell Salt	Hyland's Cell Salts	Some Signs of Physical Weaknesses	Some Plant Mineral Foods to Support Influences & Strengthen Weaknesses
ARIES ♈	<b>Cerise OR Magenta</b>	Mars	Ram	Potassium Phosphate	#6 Kali Phos	Ashen gray, sparkleless eyes, sunken temples or cheeks; offensive body or breath odor;	Alfalfa, white and lima beans, cucumbers, almonds, hazelnuts, lentils, avocados, kale, spinach, dandelion greens, pumpkin, cabbage, coconut
TAURUS ♉	<b>Cerise-Orange OR Scarlet Red</b>	Venus	Bull	Sodium Sulphate	#11 Nat. Sulph	Greenish skin, jaundiced sclera, swollen lower eye bags, swollen purplish red nose (liver damage)	Cucumbers, celery, tomato, pumpkin, hazelnuts, lentils, spinach, peppers, paprika, sesame seeds, potatoes, carrots, apples, romaine lettuce, brussel sprouts, leeks, spring onions
GEMINI ♊	<b>Orange</b>	Mercury	Twins	Potassium Chloride	#5 Kali Mur	Milkiness and red, purple or blue skin, acne, rosacea, spider veins, raised bumps below shoulders	Cucumbers, hazelnuts, lentils, spinach, sesame seeds, potatoes, carrots, apples, alfalfa, horseradish, coconut, parsnips, parsley
CANCER ♋	<b>Orange-Yellow</b>	Moon	Crab	Calcium Fluoride	# 1 Calc Fluor	Blue lips, brownish black circles under eyes, flaky white skin, translucent tips of teeth, raised/fan-like wrinkles around eyes	Raw vegetables, sesame seeds, spinach, broccoli, mushrooms, squash, pineapples, almonds, carrots, turnips, beets, greens, garlic, sunflower seeds
LEO ♌	<b>Yellow</b>	Sun	Lion	Magnesium Phosphate	#8 Mag Phos	Blushing, "magnesium red" of cheeks and nose (chronic alcoholism)	Brazil nuts, white beans, corn, walnuts, peas, bananas, plums, limes, alfalfa, spinach, coconut, peppers, string beans, cacao
VIRGO ♍	<b>Yellow-Green</b>	Mercury	Virgin	Potassium Sulphate	#7 Kali Sulph	Brownish yellow of nose and mouth, liver spots, freckles or lack of pigment	Hazelnuts, almonds, spinach, lentils, peas, lettuce, flax seeds, lemons, garlic, spinach, kale, avocado, pumpkin
LIBRA ♎	<b>Green</b>	Venus	Balance Scales	Sodium Phosphate	#10 Nat Phos	Greasiness and blackheads of skin, yellowy raised bumps around eyes, red/dry skin	Lentils, asparagus, spinach, rose hips, olives, carrots, basil, mint, peaches, avocados, tomatoes, coconut, celery, cherimoya
SCORPIO ♏	<b>Green-Blue</b>	Mars	Scorpion & White Eagle	Calcium Sulphate	#3 Calc Sulph	Alabaster or dirty-white along lower face and jawline; liver spots or brown spots on face	Almonds, cucumbers, lentils, cauliflower, leeks, onions, turnips, brussel sprouts, pumpkin, spinach, avocados, currants, cabbage, Brussel sprouts
SAGITTARIUS ♐	<b>Blue</b>	Jupiter	Centaur	Silicon Dioxide	#12 Silicea	Glossy polished shine, wrinkles run parallel to ears, "crows feet," brittle hair and nails, deep-set eyes; foot odor	Cucumbers, peas, carrots, strawberries, parsley, cabbage, apricots, cantaloupe, cherries, beets, blackberries, apples, carrots, muskmelon, dandelion
CAPRICORN ♑	<b>Blue-Violet OR Indigo</b>	Saturn	Goat, Fish or Unicorn	Calcium Phosphate	#2 Calc Phos	Yellow waxy appearance, translucent tips of teeth, white flakes in teeth or fingernails, stretched cheek skin, small or thin lips	Almonds, cucumbers, white beans, dandelions, cherries, spinach, dates, muskmelon, chard, apples, greens, cabbage, pumpkin, coconut, alfalfa, Lima beans
AQUARIUS ♒	<b>Violet</b>	Uranus & Saturn	Man with Urn	Sodium Chloride	#9 Natr Mur	Gelatinous lower edge of eyelid, red/greasy hair and dandruff, large pores, bloated look	Red beets, radishes, tomatoes, celery figs, pecans, oregano, sauerkraut, celery, sea salt
PISCES ♓	<b>Cerise-Violet</b>	Neptune & Jupiter	Fishes	Iron Phosphate or Iron Oxide	#4 Ferrum Phos	Pale cheeks, bluish black circles under eyes; red cheeks and ears, sleepless appearance	Spinach, hazelnuts, sesame seeds, tomatoes, blueberries, currants, garlic, coconut, blackstrap molasses