



MIDWIFE INTERVIEW QUESTIONS

EXPERIENCE

- What was your midwifery education like? Where did you attend births during training?
- How long have you been practicing? How many births have you attended?
- Do you have experience working with ____ populations? (Fill in the blank: trans & gender non-conforming, LGBTQ+, clients of size, non-monogamous families, survivors, etc)
- Who do you turn to when you have questions?

COMMUNICATION

- How do I get in touch with you for routine and urgent questions? What are your typical response times?
- How would you describe your communication style?
- If you are in a group practice, how do you split up being on-call?

PHILOSOPHY

- What's your philosophy around informed consent?
- What does "high risk" mean to you?
- How do you ensure your practice is welcoming and affirming to *all* families, including LGBTQ+ & BIPOC families? What are your thoughts on offering size-friendly care?
- What is something you wish everyone knew about midwifery?
- How do you hope your clients will feel after finishing care with you?

PAYMENT

- What are your fees? Are there any "extra" or surprise costs associated with your care?
- Which insurance companies are you in-network with?
- Do you work with an insurance biller?

COVID-19

- What are your COVID protocols?
- Do you offer telehealth visits?
- How do you screen staff and clients?
- Do you limit how many people can support me at my birth? Who is required to wear masks at births?



PRENATAL CARE

- What is your schedule of appointments? Who can I bring to appointments?
- Do your appointments usually run on-time, or is there usually a wait?
- What screening tests or assessments do you offer in-house, and which do you refer out?
- When do you offer cervical checks in pregnancy?
- How do you support families who ultimately experience miscarriage, abortion, or other loss?

BIRTH

- Where do you attend births? Do you attend water births?
- Are there any birth locations or positions you're not comfortable with?
- What is the latest gestational age for which you will attend my birth?
- At what point in labor do you become involved?
- How often in labor do you perform cervical exams?
- What do you do if labor stalls?
- What are some of your strategies for pain management in labor?
- Do you monitor the baby's heart rate intermittently or continuously?
- Can my partner or I catch the baby?
- What does the first hour postpartum usually look like with you?
- What are your transfer rates? What do people usually transfer for during labor?
- What do non-urgent and emergency transfers look like?
- How do you support families who ultimately deliver via cesarean (AKA belly birth)?

EMERGENCIES

- What do you do to prevent emergencies before they happen?
- What do you bring to births to handle emergencies?
- What is your episiotomy rate?
- What is your relationship with local obstetricians and hospitals?
- How do you maintain your skills to prepare for emergencies?

POSTPARTUM

- How will you help me prepare for the postpartum period?
- How many times will I see you in the postpartum period? Do you offer routine home visits?
- What sort of infant feeding support do you offer?
- If a client chooses not to or cannot bodyfeed, how do you support them?
- Do you do Pap smears if I am due for one? Can I continue to see you for annual visits?