



CIVIC ENGAGEMENT AND OUTREACH

COMMUNITY SERVICE PROGRAM

2024-2026 GFWC CLUB MANUAL

"OUR TROUBLE IS THAT WE DO NOT DEMAND ENOUGH OF THE PEOPLE WHO REPRESENT US. WE ARE RESPONSIBLE FOR THEIR ACTIVITIES... WE MUST SPUR THEM TO MORE IMAGINATION AND ENTERPRISE IN MAKING A PUSH INTO THE UNKNOWN; WE MUST MAKE CLEAR THAT WE INTEND TO HAVE RESPONSIBLE AND COURAGEOUS LEADERSHIP." ELEANOR ROOSEVELT

In the Preface of *Civic Responsibility and Higher Education*, an authoritative work edited by Thomas Ehrlich and published by Oryx Press in 2000, it is noted that "Civic engagement means working to make a difference in the civic life of our communities and developing the combination of knowledge, skills, values, and motivation to make that difference. It means promoting the quality of life in a community through both political and non-political processes."

More generally, according to The Center For Civic Leadership at the Alfred State School of Technology of the State University of New York, civic engagement means working to make a difference in the civic life of your community. It involves action by individuals or groups to engage with issues of public concern by taking action, being a problem solver, and working to address the root cause of community challenges. What a perfect description of the GFWC Civic Engagement and Outreach Community Service Program!

The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each member is part of a larger society and we are responsible for taking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally. GFWC focuses on addressing issues of public concern.

Volunteering is one of the best ways to put civic duty into action, and it is often the first step in building a stronger connection to community. However, there are other ways to contribute, such as advocating, fundraising or donating, and problem-solving. Locally, even supporting small businesses and keeping an eye on your neighbor can play a part in improving the community. The possibilities are endless. We advocate because there is a need; we volunteer because we are needed. GFWC's focus continues to be addressing issues impacting our local, state, and national communities.

Citizenship, Crime Prevention, Safety, Disaster Preparedness, the Needy, Hungry, and Homeless, and Military Personnel and Veterans are just a few suggestions for areas of concern impacted by GFWC Clubwomen during its history. What is needed in your community? Look around your own community and to the wider world for ways to make a positive impact.



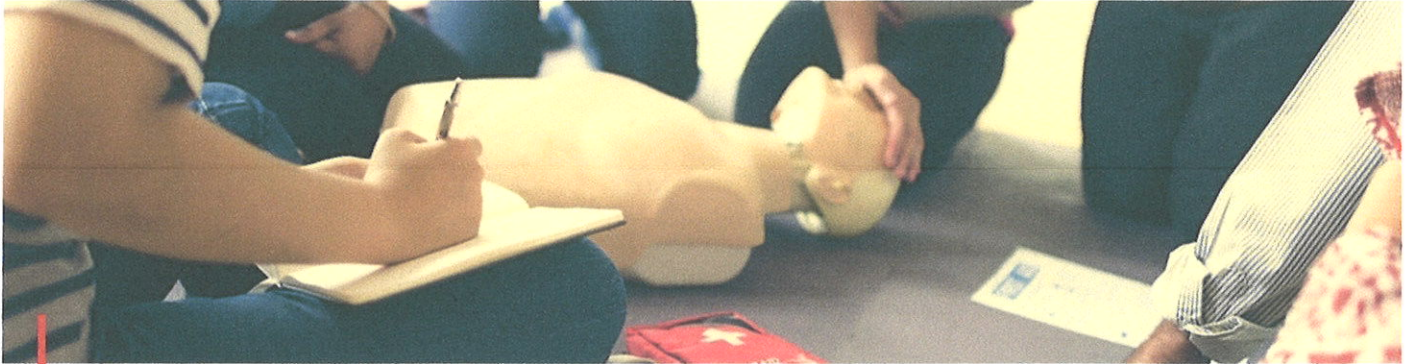
GFWC
est. 1890
GENERAL FEDERATION
OF WOMEN'S CLUBS

**2024-2026
CIVIC ENGAGEMENT AND
OUTREACH COMMUNITY
SERVICE PROGRAM**

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Direct any questions regarding projects that do not involve GFWC Affiliate Organizations to the Civic Engagement and Outreach Community Service Program Chairman or GFWC Programs Department at Programs@GFWC.org.

COMMUNITY CONNECTION INITIATIVE: PREPARATION SAVES LIVES



First aid, including CPR, helps give the person experiencing a medical emergency the best chance of survival until medical professionals arrive on the scene. www.uchealth.com

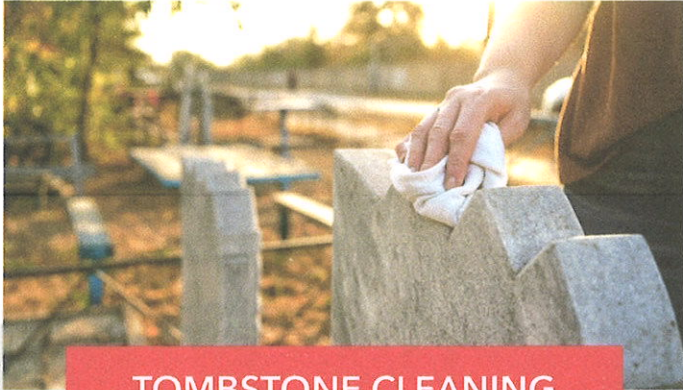
GFWC clubs are encouraged to focus on efforts to educate their community members in the life-saving skills of CPR and First Aid. Every parent, grandparent, childcare worker, babysitter, teacher, bus driver, Uber driver, restaurant worker, and person standing at a bus stop or in a grocery line needs to know CPR and First Aid. GFWC members can be the life-or-death difference in the event of a medical emergency. Heart attacks, choking, broken bones, open wounds, and falls occur every day someplace in your community. GFWC clubwomen can be "lifesavers" by offering education and training opportunities to their fellow citizens. Caring for your community and working with others to make it a safer place is a great example of Civic Engagement and Outreach.

Ways in which GFWC members can prepare themselves and others to save lives:

- Present a Proclamation for "First Aid Awareness Month."
- Distribute information about the benefits of First Aid and CPR training to local businesses, churches, daycares, stores, schools, etc.
- Host CPR and First Aid training classes with your local volunteer fire department and ambulance association.
- Raise funds to offset the costs incurred by the organizations providing CPR and First Aid training.
- Partner with other volunteer organizations to sponsor training for the underprivileged in your community.
- Honor organizations and groups of citizens that get trained, such as when a group of office workers all complete training, by recognizing them on a community bulletin board.
- Assist with the purchase of Automated External Defibrillator (AED) devices for locations in your community where they are not readily available.
- Create a Family Emergency Binder in case you need to leave home quickly due to a disaster in your community. Include contact information for family, business associates, and close friends. Keep copies of your vital documents such as passports, licenses, deeds, veterans' paperwork, credit card numbers, and legal documents. Be sure to include current medication lists for all family members (and pets). Having a list of your important websites and passwords can save time in a crisis.
- Make a home inventory using photos and/or a video in case you need to identify missing or damaged items.

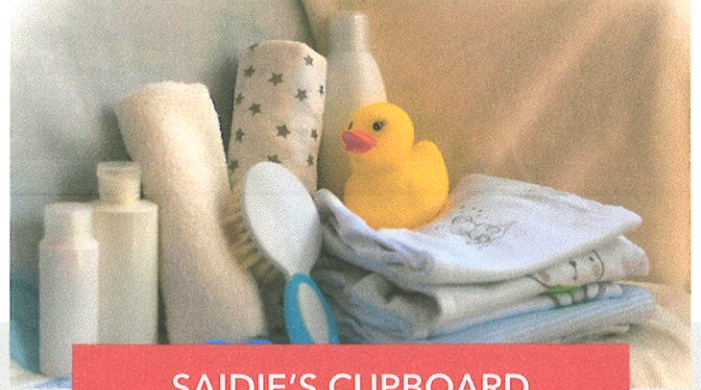


FEATURED PROJECTS



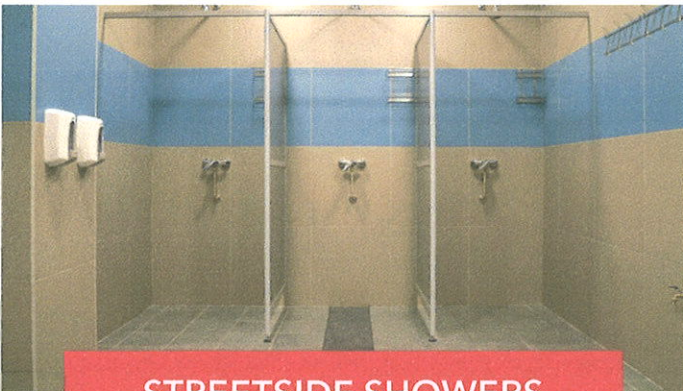
TOMBSTONE CLEANING

The GFWC Mississippi Poplarville Woman's Club (MS) organized the Veteran's Tombstone Cleaning project and placed flags on the tombstones during Veterans Day. Researching the proper way to clean a tombstone and educating others was critical. Recommendations were shared from Arlington Cemetery. The event was advertised in their community. Working with the Chamber of Commerce, Girl Scouts, Boy Scouts, high school students, and members, over 250 tombstones were cleaned, and flags were placed.



SAIDIE'S CUPBOARD

The Salem Woman's Service Club's (OR) program, Saidie's Cupboard, partners with local public health nurses and a teen parent program to create "family bags" of basic household items and "infant bags" for basic newborn needs such as clothing, blankets, diapers, toys, and books. The club supplies the bags whenever requested by the agencies, who then distribute them to needy families. Within the past year, 88 family bags, 15 infant bags, and 1,982 diapers were donated.



STREETSIDE SHOWERS

GFWC Viera Woman's Club (FL) wanted to help the homeless so the club reached out to Streetside Showers, an organization that provides shower trailers, to place one in the area. Before this project, the homeless were bathing in the canal. Club members also collected socks, t-shirts, toiletries, and personal hygiene products. A collection box has been set up for continued support of this project.



OPERATION STAND DOWN

GFWC Brentwood Franklin Women's Service Club (TN) partnered with the Veteran Mentorship program in Operation Stand Down Tennessee to support veterans as they transition from military service into civilian life. Members frequently donated clothing, household items, monthly baked goods, and Christmas boxes. Two fundraisers provided food, door prizes, and gift cards for additional funds.



PROJECT IDEAS

The Civic Engagement and Outreach Community Service Program is far-reaching and sweeping. It can be hard to isolate ideas. GFWC hopes you find inspiration from these ideas for club projects. Find further information about organizations named here under Resources.

Remember, these are not guidelines, just suggestions, and all projects involving civic engagement and outreach fall under the Civic Engagement and Community Outreach community service program. Think outside the box and find a need in your community that will make a difference to your club, your neighborhood, or your state.

CITIZENSHIP

- Work together with other community members or organizations to create a social media platform, such as a Facebook or X (formerly Twitter) page, to engage the larger community on key issues, identify positive solutions, and stimulate public policy initiatives.
- Honor and celebrate patriotic holidays by hosting or volunteering for events commemorating Presidents' Day, Memorial Day, Independence Day, Veterans Day, Constitution Day, and others. Consider purchasing or printing copies of the United States Constitution for distribution. One organization that provides copies at a bulk rate is Freedom Factor.
- Work together to "Get Out the Vote!" Encourage others to register and vote, provide information about early voting or polling locations and times, and offer transportation if needed. Pair with another club and assist at the polls. Use yard signs to "Vote and Be Counted."
- Provide information on correctly folding a United States flag, plus the meaning and symbolism in the flag folding ceremony, to scouts, school groups, and others. The American Legion offers clear and concise instructions.
- Help an individual or a small group study for the U.S. Citizenship test.
- Host a Nationalization Ceremony in your community.
- Collaborate with bookstores or libraries to create a prominent display of nonfiction books that commemorate Women's History Month in March, telling the "herstory" of women's suffrage.
- Collect books that celebrate women of the suffrage movement or other women and girls of historical or societal importance, including biographies, nonfiction, and historic fiction, and donate them to local schools, libraries, and programs such as the Boys and Girls Club, YWCA, and Girls, Inc.
- Create a play, puppet show, or exhibit to teach young students about "Symbols of the United States," including the US flag, Uncle Sam, the Liberty Bell, the bald eagle, the Statue of Liberty, and others.
- Sponsor a Candidates Forum for town officials and/or state representatives from all parties, with club members serving as hosts and moderators. Invite media to cover the event.
- Join the Chamber of Commerce to increase brand recognition through networking and publicity. Use Chamber publications and calendars to help spread the word about club events.
- Invite a speaker from the League of Women Voters to provide information on voting rights and how to increase participation and educate voters.
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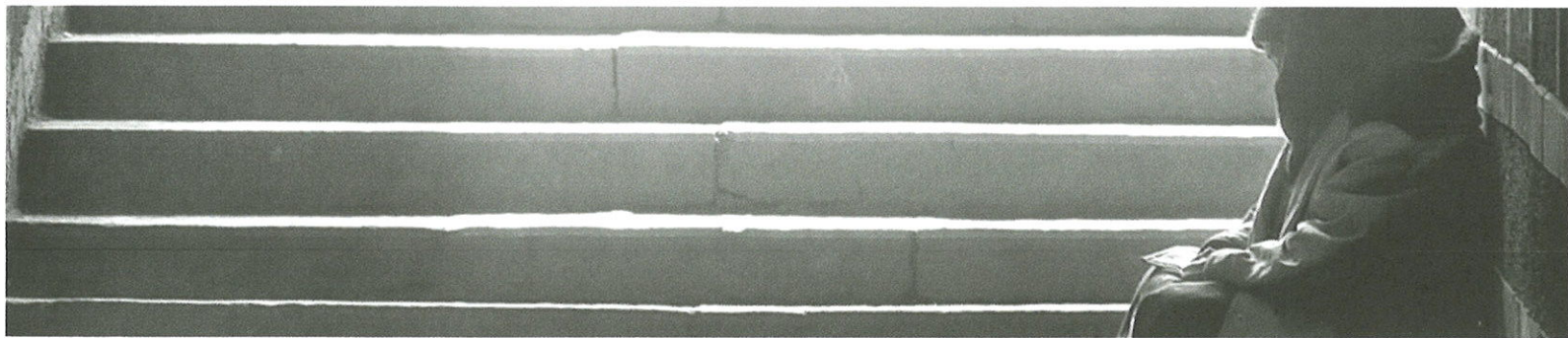
CRIME PREVENTION, SAFETY, AND DISASTER PREPAREDNESS

- Prevent crime and make homes and communities safer by providing information on crime prevention strategies, such as neighborhood/park watches and suspicious activity reports. For helpful information, provide a listing of non-emergency numbers or websites for your community.
- Support and thank local Police and Fire Departments for keeping the community safe. Consider making gift bags that include snacks, beverages, gift certificates, other small treats or necessities, and a handwritten thank you note. Or, provide a monthly meal and/or dessert to



these first responders, with groups of club members working together.

- Spread the word about the danger of carbon monoxide poisoning in the home by providing information from the Centers for Disease Control and Prevention, including the signs and causes of poisoning, and how to prevent it. Collaborate with a local merchant to purchase carbon monoxide alarms at cost and then provide them to the elderly and/or needy.
- Alert parents and caregivers to the hazard of furniture tip-overs that endanger the lives of children, the disabled, and the elderly. According to the Consumer Product Safety Commission, someone in the U.S. is injured every 17 minutes by a furniture, TV, or appliance tip over. Create awareness through social media on how to anchor furniture or offer facts and free furniture anchors at a community-wide event.
- Host a community educational program on Identity Theft from USA.gov, including potential victims, types of theft, warning signs, and prevention.
- Go to the National Council on Aging for information about scams against seniors that target grieving spouses, worried grandparents, and those with medical concerns. Share fact sheets with members and friends, including "The Top Ten Financial Scams Targeting Seniors," and "Eight Tips for How Seniors Can Protect Themselves from Money Scams."
- Hold a bicycle safety workshop for children during National Bicycle Safety Month in May.
- Utilize materials from the National Safety Council and other experts to educate teen drivers about the dangers of distracted driving during Distracted Driving Awareness Month in April.
- Work with first responders and your local high schools to provide motivational presentations on at-risk driving practices, such as texting and failure to use seat belts.
- Learn to stop traumatic injury bleeding, which is the leading cause of preventable death in a severely injured person. Find tools through the national awareness and training campaign, Stop the Bleed, directed by the American College of Surgeons. Sponsor a course for club and community members that offers hands-on practice to apply direct pressure, pack a wound, and use a tourniquet.
- Plan a club or community program with first responders in September, National Preparedness Month, on possible emergency situations, natural disasters, and how to be ready at home.
- Provide information to community members on how to make a Disaster Preparedness Toolkit.



THE NEEDY, HUNGRY, AND HOMELESS

- Consult your local welfare office, shelters, churches, and other community-assistance organizations to determine community needs and help provide provisions for the needy.
- Assist Habitat for Humanity by providing volunteer labor or donations such as furniture and household goods. Provide meals and/or snacks for volunteers.
- Put together a Women Build team for Habitat for Humanity and work in tandem with construction professionals and future homeowners.
- Organize a club day of service at a local food pantry by donating essential goods and sorting and organizing their shelves. Offer a few surprises, such as "Birthday Bags" filled with cake mix, a can of icing, candles, a baking pan, and a birthday card.



- Organize a winter clothing drive in the fall, collecting, sorting, and cleaning gently used coats, jackets, sweaters, hats, scarves, and gloves. Partner with a school, church, or another local agency to distribute the clothing.
- Work with your local schools to establish “closets” within the schools where clothing, shoes, backpacks, underwear, socks, outerwear, and personal hygiene items are organized and stored for distribution to children in need. Sponsor the clothes closet and stock it regularly.
- Collect socks at a club, District, or State meeting and donate this “number one most requested item” to homeless shelters.
- Hold a collection drive for “Support the Girls,” an organization that provides bras, underwear, and feminine products to women and girls in need. Donate the items to the closest “Support the Girls” affiliate location or a similar local nonprofit organization, so they can be distributed in your area. Work with the local school guidance counselors and help with stocking the shelves with feminine products.
- Learn about “Days for Girls,” an organization that provides access to menstrual care and education for girls around the world. Fundraise for a monetary donation or create sustainable menstrual care kits that provide safe, beautiful, washable, and long-lasting sanitary protection.
- Advocate for “Housing not Handcuffs,” a campaign of the National Coalition for the Homeless that aims to put an end to homelessness and the criminalization of the homeless.
- Research the ground-level services in your backyard and make cards with nearby shelter information and maps to promote the nearby shelters.
- Partner with “The Right to Shower” (www.therighttoshower.com/) by holding a Hygiene Kit Drive, applying for grants to start a Mobile Shower Service, Pop-Up Care Village, or building a portable Handwashing Station.
- Research your local candidates. Politicians often dictate your community/city policies and funding levels.

OUR MILITARY PERSONNEL AND VETERANS

“Honor to the soldier and sailor everywhere, who bravely bears his country’s cause. Honor, also, to the citizen who cares for his brother in the field and serves, as he can the same cause.” Abraham Lincoln

- Encourage members to research local or national programs that support our military. The United States Department of Veterans Affairs can direct you to assistance programs for those currently deployed, military families, and/or veterans. If your club wants to work specifically with women veterans, contact the Women Veterans Program Manager at your VA Medical Center or local residential living or assisted living manager.
- Support active military personnel with programs through the USO, such as Wishbook, to provide gifts of comfort food packages, phone calls home, and long-distance bedtime stories, or USO2GO Kits, which provide snacks, toiletries, and fun diversions (music and games) to troops deployed to remote areas.
- Keep military loved ones together during medical treatment by supporting the Fisher House Foundation, which builds comfort homes at military installations and VA Medical Centers around the world. Clubs can also support the Foundation’s Hero Miles program, which uses donated airline miles to bring family members to the hospital bedsides of the injured, and Hotels for Heroes, which uses donated hotel points, and/or its grant program and scholarship fund.
- Create awareness about the three primary mental health concerns of military personnel and veterans: Posttraumatic Stress Disorder (PTSD), Depression, and Traumatic Brain Injury (TBI). Support organizations such as the National Alliance for Mental Illness (NAMI) and others that provide help.
- Create awareness about the high rate of suicide among veterans and suicide prevention programs such as the Veterans Crisis Line and S.A.V.E., a VA online training program that teaches simple preventive steps (Signs, Ask, Validate, Encourage, Expedite) that anyone can follow with those at risk.



- Donate clothing, nonperishable food items, backpacks, and other items to Stand Downs, VA events that provide necessities, health screenings, and referrals for homeless veterans. Ask for the wish list and each month provide a few items on that list. It changes per season and by the number of homeless veterans.
- Contribute to Wreaths Across America by sponsoring wreaths or volunteering at Veteran Cemeteries to place or remove wreaths.
- Contribute to the Honor Flight Network by donating, volunteering as a "Guardian" to accompany an honoree, and/or being part of a "Welcome Home" congregation. Write cards for the "Mail Call" during the return home.
- Support the Quilts of Valor Foundation by donating fabric, quilt squares, or quilts, or by making monetary contributions or becoming a sponsor.
- Create packets of cards and stamps for veterans in care facilities which they can use to stay in touch with their family and friends. Include holiday, birthday, get well, thinking of you, sympathy and blank cards in each packet.

SUPPORT AND AID WOMEN VETERANS

Connect with women veterans to support health needs, reduce isolation and depression, and provide comfort and encouragement, with the assistance of a Women Veterans Program Manager* at your VA Medical Center. Here are specific ideas provided by a WVP Manager:

- Donate comfort and useful items such as soothing lotions and bath gels, beauty products, cozy socks and slippers, adult inspirational coloring books and colored pencils (a great favorite!), games and playing cards, and/or gift cards to salons, coffee shops, and retail and grocery stores.
- Supply beverages and snacks for the waiting area of the Veteran Women's Health Clinic, with a small group of members hosting to provide camaraderie and new contacts.
- Collect new and slightly used jewelry and hold a club social for polishing and packaging the jewelry in decorated boxes or bags for distribution at the Veteran Women's Health Clinic.
- Work with the Veterans Administration Medical Center to hold a games afternoon or painting social. Make new friends and have fun!
- Create "Beauty Bags" for women veterans, including face care, body care, feminine products, and nail care products. Provide hand cream, cleansers, brushes, combs, special soaps, shampoo, and bath bombs. Include a special beauty item like a lip gloss or lipstick, earrings or cologne.
- Coordinate with the WVP Manager to help women veterans celebrate special moments in their lives, with gifts and thoughtful cards for new babies, family birthdays, and other meaningful occasions.

*If your community does not have a WVP Manager, reach out to a local assisted residential living manager that can identify those in their care who are female Veterans.



CONNECT WITH GFWC AFFILIATE ORGANIZATIONS

CANINE COMPANIONS

- Sign Online Petition to Stand Against Service Dog Fraud. When untrained pets posing as service dogs behave badly, people who truly need assistance dogs can face added discrimination and lose access to public places, both violations of the Americans with Disabilities Act. www.cci.org/news-media/latestnews/take-a-stand-against-service.html
- Promote puppy raising. Volunteers are needed to raise puppies from eight weeks to 1.5 years old, attending dog obedience classes, and socializing the puppy in public settings. Assistance is needed in getting the word out on the need for volunteers.
- Meet the Canine Companions Chapter leadership near you and see how you can work together.
- Raise funds to help place a dog with a veteran.
- Share your commitment to CC with suggested Canine Companions by using these hashtags: #giveadogajob, #WeAreIndependence, #ccivolunteer, #ccipuppy, #ccipuppyraiser, #ccigraduate #ccicanine, and #caninecompanions.
- Become familiar with the following organizations:
 - Assistance Dogs International, Inc. www.assistedogsinternational.org
 - International Association of Assistance Dog Partners. www.iaadp.org
 - U.S. Department of Justice ADA and Americans with Disabilities Act information, resources, and updates. U.S. government website (www.ada.gov/resources/service-animals-2010-requirements/) contains a vast array of resources for individuals with disabilities, including information about health, housing, education, transportation, recreation, and employment. See Commonly Asked Questions about service dogs in places of business. ADA Info Line: 800-514-0301 (voice); 800-514-0383 (TTY). Workplace Accommodation Information (www.ada.gov/pubs/adastatute08.htm#subchapter1) | Public Access with an Assistance Dog Info (www.ada.gov/service_animals_2010.htm) | Employment Equal Opportunity Commission (www.eeoc.gov)
 - Children with Disabilities offers information about advocacy, education, employment, health, housing, recreation, technical assistance, and transportation covering a broad array of developmental, physical, and emotional disabilities. www.childrensdisabilities.info
 - Institute on Disability and Human Development is an online resource dedicated to promoting the independence, productivity, and inclusion of people with disabilities into all aspects of society. www.ahs.uic.edu
- Join the Canine Companions Facebook page (www.Facebook.com/CanineCompanions) and help them build their network of "likes."
- Follow Canine Companions on X (formerly Twitter) @ccicanine.
- Subscribe to their YouTube channel, www.YouTube.com/CanineCompanions, and their blog, Help is a Four-Legged Word, www.Blog.CCI.org.
- Sign up to receive monthly e-newsletters on Canine Companions updates and forward the emails to your friends. Email Subscriptions - Canine Companions.

HEIFER INTERNATIONAL

- Support Heifer by sponsoring a Community Animal Health Workers Kit. This kit includes tools such as thermometers, stethoscopes, hoof trimmers, gloves, disinfectants, medicine for animals, and more. It also trains participants in properly caring for gift animals. Visit www.heifer.org/campaign/gfwc.html and navigate to the Health Workers Toolkit.



- Inspire students to become global citizens through Heifer's free educational and fundraising programs catered to any age group. www.heifer.org/what-you-can-do/get-involved/schools/index.html

MARCH OF DIMES

- Use the March of Dimes Advocacy materials to make your voice heard by contacting Members of Congress about how you feel about Maternal Health, Access to Care, and Newborn Screening. www.marchofdimes.org/our-work/policy-advocacy
- Host a "Dime Drive" to collect donations. Consider laying the dimes across a bridge to reach across a local river to encourage getting to the goal of covering the entire length of the span.

OPERATION SMILE

Note: Operation Smile's needs vary frequently. Before commencing your project, go to www.operationsmile.org and search for "service projects" to see what is currently needed.

- Coordinate with members, friends, and family to sew, collect, or prepare specific supplies that are needed for medical missions. www.operationsmile.org/service-projects.
- Sew Smile Splint arm bands to prevent children from bending their arms and touching their face. An arm band is inserted with tongue depressors to create a simple splint. For patterns to make the needed item, visit www.operationsmile.org/service-projects.
- Make Smile quilts, blankets, and afghans.
- Sew Smile Bags and collect the needed items to fill the bags. These bags are given to each child after surgery.
- Go on YouTube and download videos to present at your club meeting.
- Sponsor an Operation Smile surgery by raising and donating \$240.

ST. JUDE CHILDREN'S RESEARCH HOSPITAL

- Volunteer at a St. Jude Walk/Run to End Childhood Cancer event near you by visiting www.stjude.org/walk/run and clicking on "volunteer."
- Join us on social media @StJude and use the Hashtag #ShowYourGold to show your support.
- Host a fundraising event to purchase a red wagon used to transport children at St. Jude Children's Research Hospital.

UNITED NATIONS FOUNDATION SHOT@LIFE CAMPAIGN

- Encourage club members to apply for the annual Shot@Life Summit. Learn how to advocate and put it into practice in support of funding global vaccines. shotatlife.org/championsummit
- Promote Equality for Girls Program by promoting education for girls so they can become the artists, engineers, and advisors of tomorrow. www.unicefusa.org/mission/equality-girls
- Visit UNICEF's USA Action Center: Advocate to Put Children First. Enter your zip code to see the campaigns currently being promoted in your area. www.act.unicefusa.org/?ga=2.56491243.1930969479.1592003084-1296862387.1592003084
- Create "STOP Sign" stickers to place in rest area bathrooms of highly traveled roads in your community. Include the phone number of the national hotline for survivors of human trafficking.



GFWC RESOURCES

American Legion www.legion.org

For specific information on flag folding, go to www.legion.org/flag/folding.

Consumer Product Safety Commission www.consumerreports.org**Days for Girls** www.daysforgirls.org**Family Promise** www.familypromise.org

Affiliates work in 43 states as a leading nonprofit addressing the issue of family homelessness. The organization is 501c3 with a 4 Star Charity navigator standing. Blankets, pillows, towels and washcloths, school snacks, and meals are appreciated donations.

Fisher House Foundation www.fisherhouse.org**Freedom Factor** www.freedomfactor.org

For specific information on the cost of copies of the United States Constitution and the Declaration of Independence go to www.freedomfactor.org/collections/designer-pocket-constitutions.

Habitat for Humanity www.habitat.org**HOBY** www.hoby.org**Honor Flight Network** www.honorflight.org**I Support the Girls** www.isupportthegirls.org**League of Women Voters** www.lwv.org

The League of Women Voters encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.

National Alliance on Mental Illness (NAMI) www.nami.org

For specific information on supporting military personnel and veterans go to www.nami.org/Find-Support/Veterans-and-Active-Duty.

National Coast Guard Museum www.coastguardmuseum.org

Join other GFWC clubs as we help to build the National Coast Guard Museum in honor of those who serve. Purchase a paver or make a donation for those who are always there for our country.

National Council on Aging www.ncoa.org

For specific information on scams against seniors go to www.ncoa.org/economic-security/money-management/scams-security.

National Safety Council www.nsc.org

For specific information on distracted driving go to www.nsc.org/road-safety/safety-topics/distracted-driving.

National Women Veterans United www.nwvu.org**National Coalition for the Homeless** www.nationalhomeless.org

For specific information on "Housing not Handcuffs" go to www.housingnohandcuffs.org.

National Crime Prevention Council www.ncpc.org**Quilts of Valor Foundation** www.qovf.org

For specific information about making quilts go to www.qovf.org/make-a-qov/



The Right to Shower www.therighttoshower.com

USA GOV www.usa.gov

For specific information on identify theft go to www.usa.gov/identity-theft.

U.S. Department of Veteran Affairs www.va.gov

For specific information on Stand Downs go to www.va.gov/homeless/events.asp.

USO www.uso.org

Wreaths Across America www.wreathscrossamerica.org

AWARDS

GFWC recognizes State Federations for outstanding projects and clubs for creative projects in implementing effective Civic Engagement and Outreach Community Service Program projects and Affiliate Organization projects as follows:

- Certificate to one State Federation in each membership category
- \$50 award to one club in the nation for project creativity

Award winners will be determined by entries into the Award Program. Each State Federation may submit one State Award Entry and one Club Creativity Award Entry for the Civic Engagement and Outreach Community Service Program projects. Clubs do not submit entries directly to GFWC.

Refer to the Awards section of the Club Manual for more information, including the Award Entry Cover Sheet and guidelines.

RESOLUTIONS

Resolutions adopted by GFWC are the foundation of our organization. They guide our call to action and are the basis of all programming and advocacy. Current 2023 Resolutions for the Civic Engagement and Outreach Community Service Program are listed here by number and title. Refer to the complete text in the GFWC Resolutions document, filed under "Governance" in the Digital Library on the Member Portal. Resolutions are an important and integral part of GFWC Programs.

140-010 Advocacy Rights of Charitable Organizations

140-020 Bicycle Safety

140-030 Broadband Authority and Utilization

140-040 Child Support Enforcement

140-050 Citizenship Rights and Privileges

140-060 Consumer Product Safety

140-070 Crime Prevention

140-080 Criminal Justice

140-090 Disaster Assistance and Preparedness

140-100 Economic Equity

140-110 Economic Stability



- 140-120 Electoral Process
- 140-130 Eminent Domain
- 140-140 Enhanced Opportunities for Women
- 140-150 Family Farms
- 140-160 Firearms Safety
- 140-170 Fire Safety
- 140-180 Fiscal Responsibility
- 140-190 Global Peacekeeping
- 140-200 Harassment, Intimidation, Hazing, Bullying and Cyber-bullying
- 140-210 Homelessness
- 140-220 Humane Slaughter Enforcement
- 140-230 Humane Treatment of Animals
- 140-240 Hunger and Food Insecurity
- 140-250 Identity Theft
- 140-260 Immigration
- 140-270 Impaired and Distracted Driving
- 140-280 Individuals with Disabilities
- 140-290 Internet-based Media
- 140-300 Juvenile Justice and Delinquency
- 140-310 Labor Exploitation and Human Trafficking
- 140-320 Mass Media
- 140-330 Migrant Worker Families
- 140-340 National Defense
- 140-350 Opioids
- 140-360 Prosecution of Hate Crimes
- 140-370 Responsibility to Uphold National Security
- 140-380 Retirement
- 140-390 Rights of Crime Victims
- 140-400 School Bus Safety
- 140-410 School Violence and Disruptions
- 140-420 Social Security
- 140-430 Specially Trained Dogs and Other Animals for Individuals with Disabilities
- 140-440 Statehood
- 140-450 Support of the United Nations
- 140-460 Terrorism
- 140-470 Tolerance and Diversity
- 140-480 Transportation
- 140-490 Traumatic Brain Injury Prevention
- 140-500 United States Postal Service
- 140-510 Vehicle Safety
- 140-520 Volunteer Liability Protection
- 140-530 Water Safety





OPERATION SMILE

GOLD LEVEL



Contact: **Melanie Hittinger, Development Manager**
E: Melanie.Hittinger@operationsmile.org
P: 757-901-4621
W: www.operationsmile.org

SUBMITTING CONTRIBUTIONS

Please send all contributions to:
Operation Smile
Attn: GFWC
3641 Faculty Boulevard, Virginia Beach, VA 23453
Reference your official club name in the memo line of your check.

OPERATION SMILE

Together, we can heal children's smiles! We believe every child suffering from cleft lip or cleft palate deserves exceptional surgical care.

Why worry about the smile? Children born with a cleft lip and/or palate face serious medical problems. The immediate concern for babies is if they are able to receive the proper nutrition to be healthy. Other issues facing children include speech development, hearing loss, and dental. Children often face serious cultural stigmas, too. In a safe surgical setting the defect can be easily corrected. However, for too many families in the world, safe surgery is not possible.

Each year, Operation Smile provides safe, effective, and well-timed surgery to more than 20,000 patients in 30+ countries. For the last 35 years, Operation Smile has provided hundreds of thousands of free surgeries for children and young adults in developing countries who are born with cleft lip, cleft palate, or other facial deformities.

As one of the oldest and largest volunteer-based organizations dedicated to improving the health and lives of children worldwide through access to surgical care, we work to build self-sufficiency and sustainable health care infrastructures through training, capacity building, and engaging in public-private partnerships in the countries where we work.

Your club can help heal children's smiles worldwide by joining Operation Smile to:

- Fundraise to help cover the cost of surgery, medical missions, education, and training.
- Fund a surgery – as little as \$240 can change a child's life forever!
- Host a fundraising contest, tournament, event, or charity auction.
- Request an Operation Smile Donation Box to collect change at the register of your favorite hot spot.



- Participate in our Service Projects to provide comfort to our patients during missions.
- Make Smile Splints (formerly No-No Armbands), children's hospital gowns, blankets/quilts/afghans, and SmileBags for our patients.
- Collect needed items for our Child Life Therapy list and Smile Bag kits.
- Please help ensure your club gets credit for your donations by including your club name and contact information with each donation and by writing GFWC on the memo line. An inventory form or donation form are both available by contacting gfwc@operationsmile.org or 877-240-7196.

Thank you for helping us to give children bright smiles and brighter futures!



ST. JUDE CHILDREN'S RESEARCH HOSPITAL

PLATINUM LEVEL



Contact: **Beth Perkins, Principal Advisor, Partnership Development & Stewardship**

E: Beth.Perkins@alsac.stjude.org

P: 901-216-1148

W: www.stjude.org

St. Jude Children's Research Hospital is leading the way the world understands, treats, and defeats childhood cancer and other deadly diseases. Families never receive a bill from St. Jude – for treatment, travel, housing, or food – because all a family should worry about is helping their child live.

St. Jude continues the vision of its founder, Danny Thomas, that no child is denied treatment based on race, religion, or a family's ability to pay. By sharing knowledge freely and exchanging ideas openly, it inspires more collaboration between doctors and researchers worldwide, and, as a result, more lifesaving treatments for children everywhere.

Treatments invented at St. Jude have helped push the overall childhood cancer survival rate from 20 percent to 80 percent since it opened 60 years ago. St. Jude is working to drive the overall survival rate for childhood cancer to 90 percent in the next decade.

SUBMITTING CONTRIBUTIONS

Please visit www.stjude.org/gfwc and click on the donate button on the left. This will automatically be credited to GFWC. You can donate via credit card, check, PayPal, or Amazon Pay. You can also make your gift an honorarium or memorial.

WAYS TO HELP

FITNESS PROGRAMS

St. Jude Walk/Run

September is Childhood Cancer Awareness Month. This year, parents of nearly 16,000 children in the U.S. will hear the words: "Your child has cancer." One in five of those children won't survive. St. Jude Children's Research Hospital will focus on raising awareness and funds for this very important issue.

Childhood Cancer Awareness Month provides St. Jude an opportunity to educate communities and supporters about what they can do to help these kids fighting for their lives. Throughout the month of September, supporters can join our movement and help support the patients and families at St. Jude in their big fight against childhood cancer.

The St. Jude Walk/Run is a nationwide **5K hybrid event, taking place in person and virtually**. Participants come together during Childhood Cancer Awareness Month to help support the lifesaving mission of St. Jude: Finding cures. Saving children.®

GFWC has a National Team, so your club can support St. Jude and GFWC by participating in a Walk/Run



near you. No Walk/Run in your hometown? Create a Virtual Walk team and join efforts with clubwomen around the country to help the kids of St. Jude.

- Rally friends, family, and community members and register for St. Jude Walk/Run to End Childhood Cancer.
- Visit www.stjude.org/walkrun to find an event near you.
- Volunteer at a St. Jude Walk/Run to End Childhood Cancer event near you by visiting www.stjude.org/walkrun and click on "volunteer."
- Mention Childhood Cancer Awareness Month at your club meeting. Visit www.stjude.org/stjudewalkrun for current information.

EVENTS

Through our St. Jude dinners, golf tournaments, and galas program, we are able to offer over 100 events across the country as a way for GFWC membership to engage with St. Jude. These events raise significant funds for St. Jude and allow us to continue our life-saving mission of finding cures and saving children. There are a variety of opportunities available:

Pre-Event Support

- Committee Leadership Roles - These roles drive our Sponsorship, Table and Ticket Sales, Auction Recruitment, Restaurant Recruitment, PR & Marketing, and Recruiting of Volunteers. Committee development is vital to the success of our events.
- Office Help - Our lead staff need help with mailings, follow-up calls, computer data entry, goodie bags, favors, and event set-up and teardown.

Day-of Event Support

- Event Guests - Events are open for you and your friends to purchase a Sponsorship or Ticket.
- Volunteer - During our events, volunteers are needed to assist as Greeters, Registration - Check-In, Auction and Auction Solicitation for Bids, Spotters for Live Auction & Give to Live, and Auction Check-Out. (All volunteers are trained on their specific role.)

Volunteer Sign Up

- To register to volunteer for St. Jude events, please go to www.stjude.org/gfwc and click on Get Involved. This will direct you to our Volunteer Management System and once you have registered, you will receive emails regarding events in your area!

NEXT GEN/YOUTH PROGRAMS

Trike-A-Thon

The St. Jude Trike-A-Thon is a fun, service learning program for daycares and preschools that teaches trike and riding toy safety while helping the children of St. Jude. Any advocate for children can make a difference with the St. Jude Trike-A-Thon. If you sign up to become a coordinator, St. Jude will provide everything you need to have a great event at a preschool or daycare in your area. Log on to www.stjude.org/get-involved to find out more.

St. Jude Epic Challenge

Participating kids research, create, and present an invention or idea that would improve life for kids like those at St. Jude. Designed by educators, St. Jude EPIC Challenge meets Next Generation Science Standards. St. Jude EPIC Challenge follows a flexible five-lesson format that can be implemented in the classroom or from home. For more information, visit www.stjude.org/epic

St. Jude Leadership Society

Inspired by the vision of our founder Danny Thomas and the ALSAC preamble, St. Jude Leadership



Society (SJLS) has been a distinguished membership of high-performing high school and young collegiates who share a passion for leadership, service, and community since 2019. During a six-month period, members will have an opportunity to exercise their leadership skills while raising funds and awareness for the kids of St. Jude. SJLS gives members an opportunity to give back through service and leadership by promoting and supporting the mission of St. Jude Children's Research Hospital: Finding cures. Saving children.® For more information, email Beth Perkins at beth.perkins@alsac.stjude.org or visit www.stjude.org/get-involved/school-fundraising-ideas/high-school/leadership-society.html

Mask Straps for St. Jude Patients

Do you have seamstresses in your club? Consider meeting to assemble bags with materials to make mask straps for the children at St. Jude and having seamstresses take the bags home to complete the project with their personal sewing machines. Mask straps are used to improve the comfort level for patients required to wear masks to prevent the spread of infection or protect our patients from infection. These mask straps replace the elastic band that comes standard on the mask. Patients report the flannel and fleece material feel much better against their cheek and causes far less rubbing than the original elastic band. Patterns and specific information for this project can be found at www.stjude.org/get-involved/other-ways/volunteer-at-the-hospital/how-to-become-a-volunteer/at-home-projects/mask-straps.html.

Waiting Room Fun Bags

Fill a sealed, zippered plastic bag with fun things a child or teen can do as they wait to visit the doctor. Make bags age-specific but generic enough for a boy or a girl. Include things such as: crayons, markers, colored pencils, paper, coloring books, and stickers. Items may be sent to St. Jude Children's Research Hospital, Attention Vilma Carnahan and Volunteer Services, 595 North Parkway, Memphis, TN 38105.

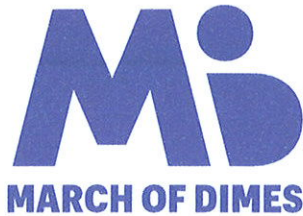
More Information

To share information at club meetings or to learn more, please contact Beth Perkins at 901-216-1148 or beth.perkins@alsac.stjude.org.



MARCH OF DIMES

GOLD LEVEL



Contact: **Michaela Penix, National Director, Community Mobilization & Partnerships**

W: www.marchofdimes.org or www.nacersano.org

W: marchforbabies.org/gfwc

E: mpenix@marchofdimes.org

P: 919-424-2146

March of Dimes leads the fight for the health of all moms and babies. We imagine a world where every mom and baby is healthy regardless of wealth, race, gender, or geography. Every family deserves the best possible start. But that's just not the case. The U.S. remains among the most dangerous developed nations for childbirth - with COVID-19 only elevating the stakes and exacerbating persistent health disparities.

Each year, one woman dies every 12 hours from pregnancy-related causes, and 1 in 10 babies is born too soon.

WE HAVE TO DO BETTER.

From advocacy to education to research, March of Dimes is working to level the playing field so that all parents, babies, and their families are healthy and strong. March of Dimes was established by President Franklin D. Roosevelt in 1938 to combat polio. Since that time, our mission has evolved to fight for the health of all families. March of Dimes does this by:

1. Supporting research to find solutions so every family gets the best possible start.
2. Advocating for policies that prioritize the health of moms and babies.
3. Providing resources and programs to help moms throughout their pregnancies.
4. Educating health professionals to improve mom and baby care.
5. Uniting local communities across the nation through events and collaboratives.
6. Partnering with organizations and companies committed to helping moms and their families.

WE KNOW WE CAN'T DO IT ALONE.

When we come together as a community, even the toughest problems can be solved. Since 1938, General Federation of Woman's Clubs have worked alongside March of Dimes to change outcomes for families through service, advocacy, and fundraising. By partnering with GFWC across the country, together we can create lasting change to make America more equitable for all and help every family get the best possible start.

Join us in the way that works best for you and your club members. From blankets to #blanketchange, our hope is that members will fight with us for the health of all moms and babies.



WAYS TO HELP
VOLUNTEER:

- **Make blankets and hats for babies connected to Mission: Healthy Baby®.** Mission: Healthy Baby® is a March of Dimes program that is designed specifically for military families and provides free pregnancy and newborn health information, as well as support services to help them have one less thing to worry about and have healthy, full-term babies. Through the military baby showers, military families receive resources and health information along with donated products to defray costs of baby essentials. Every parent wants each child to feel cared for and special. These handmade hats and blankets go a long way in helping with just that.
 - Timing: Year-Round Activation; Great for club projects connected to our virtual military showers.
 - This is an activity for anyone who wants to use a little creative skill to make baby blankets and/or hats for babies and children connected to March of Dimes Military Baby Showers. Items can be handmade or purchased. Gender neutral preferred.
- **Assemble personal care kits for parents whose babies were born too soon, or unexpectedly.**
 - Timing: Year-Round Activation; Great for club projects connected to Prematurity Awareness Month in November.
 - Becoming a parent can be an exciting and challenging time. This activity puts together personal care kits for parents whose babies were born too soon, or unexpectedly. These kits can make a huge impact on the well-being of parents whose babies are in the Neonatal Intensive Care Unit (NICU)/hospital site due to pregnancy-related complications.
- **Make costumes for babies in the NICU.**
 - Timing: Year-Round Activation; Great for club projects during the summer.
 - This is an activity for anyone who wants to use a little creative skill to make handmade costumes for babies in the NICU. These costumes are simple to make but make a huge impact and help families connect with their babies. Instructions for making NICU costumes can be found in the "Affiliate Organizations" folder in the Member Portal Digital Library. Gender neutral preferred.

FUNDRAISE:

- **Fundraise through March for Babies A Mother of a Movement.**
 - Timing: Year-Round Activation; June 30th cut off for donations considered for National Awards Celebration.
 - When you join a March for Babies A Mother of a Movement, you make a statement that you want to live in a world where healthy moms and strong babies are a priority for us all. Together we hope, remember, and celebrate. Join a General Federation of Women's Clubs March for Babies Team at: www.marchforbabies.org/gfwc

ADVOCATE:

- **Join the #BlanketChange Movement.**
 - Timing: Year-Round Activation
 - General Federation of Women's Clubs signed on as a partner to demand #blanketchange. March of Dimes and partners across the country are calling on policymakers to demand #BlanketChange to improve the health of every mom and baby. The movement uses the hospital receiving blanket that most parents are familiar with to raise national awareness to call for equity, access, and prevention. Members can post a #BlanketChange message and tag friends to join the movement on social media and take action directly to call on Congress to improve mom and baby health here: www.marchofdimes.org/blanketchange.aspx.



- **Get involved and raise your voice during Prematurity Awareness Month.**
 - Timing: Each November; World Prematurity Awareness Day on November 17
 - Unite around the health crisis of preterm birth – when a baby is born too soon (before 37 weeks of pregnancy) – by committing to taking action during November. Together we can raise awareness by wearing purple, educating others, and donating funds to fight for healthy moms and strong babies. Learn more and download the toolkit here: <https://volunteer.marchofdimes.org/the-general-federation-of-womens-clubs/>.
- **Register for March of Dimes Advocacy Action Alerts.**
 - Timing: Year-Round Activation
 - Be the first to get information on legislative efforts and learn how you can make an impact on the health of moms and their babies. Sign up today at: www.marchofdimes.org/our-work/policy-advocacy/federal-advocacy/bill-tracker

MAKE A PERSONAL CONTRIBUTION:

Your donation helps March of Dimes tackle issues that threaten the health of every mom and every baby. Here are three ways to support the work of the March of Dimes:

- **Phone:** Call 800-658-6674 to speak to one of our representatives to make a donation. Reference GFWC and your club and state so we may code your donation properly.
- **Mail:** If you are writing a check, please make it payable to March of Dimes, include GFWC and reference your club in the memo line. Mail your donation to: March of Dimes, Donation Processing Center, PO Box 18819, Atlanta, GA 31126.
- **Online:** You may make a one-time or ongoing donation to support the important work of the March of Dimes at www.marchofdimes.org/ways-to-give. It's a beautiful way to celebrate the birth of a baby or grandbaby. You will have the option of making a donation in honor of a baby or in memory of a baby.

Become a Volunteer Leader - Lead the fight for the health of all moms and Babies

Leverage your leadership, experience, and network to support the health of all families by committing to a longer term volunteer role. Volunteer Leaders support our work at the local and/or national levels through Market Boards, Event Leadership and professional committee roles in Maternal and Child Health or Advocacy. If you are interested in becoming a volunteer leader, we encourage you to complete our volunteer profile form and we will begin to match your skills and experience to a volunteer role we may have open. Fill out the form here: marchofdimes.formstack.com/forms/volunteer_profile_form.

Questions? Contact your local March of Dimes staff partner or reach out to your March of Dimes liaison PattyGentry at pgentry@marchofdimes.org.



CANINE COMPANIONS

GOLD LEVEL



Contact: **Meredith Harrison, Senior Manager of Events**
P.O. Box 446
2965 Dutton Avenue
Santa Rosa, CA 95402-0446
W: www.canine.org
E: MHarrison@canine.org
P: 614-699-5891; Toll Free 1-800-572-BARK (2275)

The concept of service dogs for people with physical disabilities began with Canine Companions in 1975 in a home office and a garage. In the 47 years since, thanks to the unparalleled generosity and dedication of our supporters such as GFWC, we've grown tremendously.

One in four Americans live with a disability and Canine Companions is here to help. As the leader of the service dog industry, we enhance independence for children, adults, and veterans with disabilities through expertly trained service dogs. We use cutting-edge research and training programs to ensure the success and quality of our teams.

SUPPORT CANINE COMPANIONS

Canine Companions is the largest provider of service dogs in the world and all follow-up support is provided free of charge to recipients. Demand for our highly trained service dogs is ongoing and growing. To support the mission, GFWC members can:

- Promote puppy raising. Volunteers are needed to raise puppies from eight weeks to 1.5 years old attending dog obedience classes and socializing the puppy in public settings. Assistance is needed in getting the word out on the need for volunteers.
- Give each member a container to save pennies during the month or pass the hat at every meeting collecting pennies.
- Visit and tour a Regional Training Center.
- Meet the Canine Companions chapter leadership near you and see how you can work together.
- Participate in the Canine Companions Signature Event – DogFest. For more information, visit www.canine.org/dogfest.
- Clubs near the regional centers could provide meals, etc., when team training is being offered.
- Make donations for dorm rooms or decorate the dorm rooms at Regional Training Centers.
- Contact your closest regional center to see if your club can fulfill any items on their wish lists.
- Arrange for a Canine Companions puppy raiser, staff member, or graduate team to speak at your club meeting to learn more about service dogs and Canine Companions.
- Volunteer at a regional center or staff a booth.
- Assist with outreach to veteran organizations, including presentations, outreach booth staffing, literature, as well as poster and video distribution.
- Raise funds to help place a dog with a veteran.



- Join the Canine Companions Facebook page: (www.Facebook.com/CanineCompanions) and help them build their network of "likes."
- Follow Canine Companions on Instagram (@CanineOrg) and X (formerly Twitter) (@CanineOrg).
- Subscribe to their YouTube channel (www.YouTube.com/CanineCompanions).
- Sign up to receive monthly e-newsletters on Canine Companions updates and forward the emails to your friends (www.canine.org/signup).

CANINE COMPANIONS REGIONAL CENTERS

Support regional activities at one of Canine Companions' six regional centers near you:

Northeast

(New York, New Jersey, Connecticut, Delaware, Pennsylvania, Maryland, Washington, DC, Virginia, West Virginia, Massachusetts, Rhode Island, Vermont, New Hampshire, and Maine)
286 Middle Island Road
Medford, NY 11763
P: 631-561-0200

North Central

(Ohio, Western Pennsylvania, Kentucky, Michigan, Indiana, Wisconsin, Illinois, Minnesota, Iowa, Missouri, North Dakota, South Dakota, Nebraska, and Kansas)
4989 State Route 37 East
Delaware, OH 43015-9682
P: 740-833-3700

Northwest

(Alaska, Idaho, Montana, Northern Nevada, Northern California, Oregon, Washington, and Wyoming)
2965 Dutton Avenue
PO Box 446
Santa Rosa, CA 95402-0446
P: 707-577-1700

Southeast

(Florida, Georgia, Tennessee, North Carolina, South Carolina, Mississippi, and Alabama)
PO Box 680388
Orlando, FL 32868-0388
P: 407-522-3300

South Central

(Arkansas, Louisiana, Oklahoma, and Texas)
7710 Las Colinas Ridge
Irving, TX 75063
P: 214-259-4700

Southwest

(Arizona, Utah, Colorado, New Mexico, Southern California, Southern Nevada, and Hawaii)
PO Box 4568
Oceanside, CA 92052-4568
P: 760-901-4300



HEIFER INTERNATIONAL

PLATINUM LEVEL



Contact:

E: GFWC@heifer.org

P: 888-548-6437

Berit Kimrey, Director of Community Marketing

E: Berit.Kimrey@heifer.org

Jen Girten, Manager, Manager of Education Program Development

E: Jen.Girten@heifer.org

SEND ALL CONTRIBUTIONS TO

Heifer International, Attn: Donor Services, P.O. Box 8058, Little Rock, AR 72203

Reference code #V0MY00GFW000

Download an order form or donate online at www.heifer.org/gfwc

WAYS TO GET INVOLVED

General Federation of Women's Clubs (GFWC) and Heifer International share a common desire to make life better for our neighbors worldwide. GFWC has supported Heifer projects for decades by donating gifts of livestock that enable families to lift themselves out of poverty and reach a living income. At Heifer, we believe that women-led, small-holder farming is key to ending hunger and poverty through the gifts of livestock and training. When women have control over their assets and incomes, they reinvest in their families.

Here's how your club can get involved with helping end hunger and poverty and impact the lives of women farmers around the world.

- Start by visiting www.heifer.org/gfwc Here you can find key information about the Fund a Female Farmer initiative, as well as downloadable resources for use at a club meeting.
- Give a gift that keeps on giving by donating to provide livestock to families. Honor a clubwoman's accomplishments, a relative's birthday, or other special occasion with a Heifer gift in their honor.
- Request a virtual or in-person presentation to learn about Heifer's history, mission, and current projects.
- Sponsor a Local Read to Feed® Program. For over 20 years, readers of all ages have been ending hunger by simply reading books. Now, with Heifer's Read to Feed app, the more you read, the more you feed! Students can unlock corporate funded donations and even collect donation pledges of their own, all while developing a love for reading and growing their literacy skills. Your club can sponsor a Read to Feed program with a local school or after school club.
- Keep up to date about Heifer's work and the impact of your club's support by visiting our Heifer blog (www.heifer.org/blog) and by following us on Facebook, X (formerly Twitter), and Instagram.





UNITED NATIONS FOUNDATION, SHOT@LIFE CAMPAIGN

PLATINUM LEVEL



Contact: **Rebecca Maxie, Manager of National Grassroots Strategy**
1750 Pennsylvania Avenue NW, Suite 300, Washington, DC 20006
E: rmaxie@unfoundation.org
P: 202-854-2364
C: 202-340-5867

During the pandemic, 67 million children around the world missed out on routine immunization, and 1 in 6 children still do not have access to the vaccines they need.

Join Shot@Life's long-term partnership with GFWC. Through education, fundraising, and building relationships with congressional offices, you can use your voice to expand access to lifesaving vaccines for children in the hardest to reach places. Vaccines currently help save a child's life every 8 seconds, and there are plenty of ways you and your club can help.

WHAT CAN YOU AND YOUR CLUB DO?

GFWC and Shot@Life have challenged clubwomen across the country to help protect 16,000 children with lifesaving measles vaccines between 2024-2026 by raising funds for UNICEF and the World Health Organization. You can donate as an individual or fundraise by getting your club, friends, and family to donate. Instead of a \$5 cup of coffee, you can help protect a child for life against measles. Or, give \$25 to help protect an entire family.

Check out the new fundraising hub, where you can find resources, join your state page, and directly donate (there is a box to include your club name): bit.ly/gfwc-measles

If you/your club prefer to send a check, please address it to Shot@Life, 1750 Pennsylvania Ave. NW, Ste. 300, Washington D.C. 20006. Please be sure to put "Shot@Life Measles" in the memo line. To make sure your club gets credit for the donation, you can also include a separate note in the envelope or send us an email (champions@shotatlife.org) with your club name.

WAYS TO GET INVOLVED

ADVOCACY

Whether you have 5 minutes or an hour, you can advocate for the cause. Advocacy is the most important thing we can do to unlock millions of dollars for child immunization programs. This can include:

- Signing the petition, which will send emails to your members of Congress, and then sharing the link with your club. The newest petition can always be found at shotatlife.org/petition.
- Putting aside 10 minutes of a club meeting to call your congressional offices together. Find the call instructions and script at bit.ly/salcalls.



- Joining a live 45-minute training webinar right from your computer. Sign up at shotatlife.org/training. We can also host an individualized training for your club.
- Attending a Champion Summit to hear from amazing speakers and connect with other advocates. We host a virtual fall Summit and an in-person spring Summit in Washington D.C.

Please keep in mind that we have resources and materials for all activities and have a range of options for individuals and clubs to be involved throughout the year! We can also send materials for your club meetings, state convention, or region conference. Visit shotatlife.org/gfwc to learn more and reach out to champions@shotatlife.org with any questions or requests. To be able to recognize all the work you/your club do for Shot@Life, please be sure to report your efforts at shotatlife.org/report.