

The Virginia Clubwoman



September 2023





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The President’s Message “Timeless Cairns”

The GFWC Virginia Conference 2023 attendance of one hundred eighty members and guests, is with certainty that GFWC Virginia members are volunteers cornerstones that build timeless land-marks. The fellowship, enthusiasm and patience was evident. GFWC Virginia Special Programs, CSP, Advancement Plans, Standing Committee and Special Appointments Chairmen had wonderful presentation and displays for the “Cornerstone Marketplace”. Even after the printing of the conference program this officer pondered over how in the world are we going to accomplish such a full agenda. With two separate breakfasts- Club Presidents as a group were given the honor of hearing from GFWC International President, Deb Strahanoski, while another Activity Breakfast was being led by GFWC Virginia 1st Vice President/ President-elect, Susie Mowry and GFWC Virginia Assistant Director of Junior Clubs, Joanne Dixon. There was proudness in the room being led by the Boys Scouts of America, Troop #16 of Suffolk for our opening ceremony along with a greeting from a Virginia’s 64th District Delegate, Emily Brewer. Major goals were set for this conference- to include member activities, service projects, a chairmen marketplace, to highlight GFWC affiliates, Alzheimer’s Association, Virginia’s National Day of Service, a gracious welcome to GFWC International President Strahanoski and of course to cover needed business.

Service projects: Advocates for Children- members contributed teenage hygiene products. Please see photo of collected hygiene products from members all across our great state. ForKids- the GFWC Virginia Board contributed items, that filled snack bags for children living in hotels. Host Southside District collected can goods and created interesting table arrangements of the can goods that equaled to two car loads of can goods contributed to ForKids. Nansemond River Preservation Alliance- We were grateful to have on hand Beth Cross, President/CEO to explain their mission and to guide our ladies with the help of the Junto Woman’s Club and GFWC Virginia State Project Chairman, Dale Fisher and committee members Patti Bickel and Kathy Cain, resulting in 400 Watershed Explorer Learning Boxes assembled in about ten minutes by members. These boxes will be used by Suffolk County School 3rd graders. Operation Smile- Members made beautiful blankets for Operation Smile, a long-time affiliate of GFWC and of course we are proud of its founding and headquarters in Virginia Beach.

Affiliates: Even though there are eight GFWC affiliates, four were selected to highlight. Operation Smile- Blanket service project. Hope for Justice – Members learned about this affiliate watching an informative video featuring Dr. Richard Schoeberl, a U.S. Team Leader in Trafficking Investigations. St Jude Children’s Research Hospital- We were fortunate to have Beth Perkins, Principal Advisor for the fundraising and awareness arm of St Jude Children’s Research Hospital present via ZOOM. Canine Companions- We were happy to have Pam Bennis, Canine Companion puppy raiser, her daughter and seven-month-old Labrador named Griffin. Pam presented lots of valuable information on Canine Companions, but Griffin was surely one of the hits of the day.

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The Virginia Clubwoman

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June 7, 2024

Sherry Warren a longtime advocate associated with the Alzheimer’s Association from the Virginia’s Southeastern Region, presented valuable information about the association and ways we can advocate and volunteer for the Alzheimer’s Association.

We were honored to have Eddie Oliver, Executive Director, Federation of Virginia Food Banks come speak to us about Virginia Food Banks. Mr. Oliver is helping GFWC Virginia carry out our state’s National Day of Service participation at the Virginia State Fair by assisting Virginia Tech students sell milk shakes with proceeds going to “Milk For Good”. Please see more information on the National Day of Service in this Virginia Clubwoman issue.

There were fun member Leadership activities conducted and members were attentive to hearing from our GFWC International President, Deb Strahanoski. The Opening and Closing Sessions were active with chairmen reports and member discussions. Congratulations to Pat Reidinger, GFWC Virginia’s recipient of the GFWC Jennie Award. Pat joined the Clifton Community Woman’s Club in 1994, whereas she continues to serve her community, club, district and state in many capacities. Pat’s information has now been forwarded to the Southeastern Region.

So many thanks go out to so many who played a part in fulfilling the conference agenda and it’s success! This officer gives a big thumbs up and thank you to Julie Johnson, Conference Chairman, Amy Riggs, Southside District President, Anne Bryant, photographer, and all members of the Southside District. Thank you Thank you! All member cornerstones did **sparkle!**

Congratulations to the 2023 GFWC Virginia LEADS graduates and a big thank you to Alania Chaffee for coordinating a super GFWC Virginia LEADS Seminar. I feel sure attendees left more confident in their knowledge of many areas of Leadership.

We will never forget the fun and laughter that took place the Friday evening before conference! The “Virginia’s Got Talent” hosted by Angela Paez and Yvonne Sening was a big success! It might be the last time for a while that members will see their Executive Committee on stage in their PJs or Junior leaders wearing a tutu or Southwestern District members wearing and dancing in very large dinosaur costumes. Members purchased tickets to vote for their favorite act. Proceeds from the sale of the

tickets were contributed to the “Milk for Good”. Congratulations to the Southwestern ladies for placing first in the “Virginia’s Got Talent”. Thank you!- Angela and Yvonne for coordinating such a fun night!

GFWC Virginia was well represented with 27 members attending the GFWC Convention that was held in Louisville, KY. The convention proved to be informative and fun with lots of activities beyond the hotel. We were proud to have Amy Riggs represent GFWC Virginia as a participant in the GFWC LEADS 2023.

Cornerstones

*Every one of us is a stone
dappled grey and edges age-worn rough
alone, we are solid enough
but together, we could make towers, mark paths,
build a home that is safe from the night
make infinite ripples from pebbles skimmed
on the loch in the gloaming light
we could make prison walls, barbed-wire crowns
or we could be cornerstones
piled up together we’re cairns, immemorial-
we cannot make it alone
but built up together we’re trailmarkers,
trailblazers
we’ll lead you-
we’ll keep you-
home.*

by Charlotte Higgins

This is another reminder of the National Day of Service-September 30th with the hopes that each GFWC Virginia club will consider registering their club by emailing Melanie Gisler. Additional information is included in this newsletter. Please know that your planned project or program can take place before or September 30th.

The autumnal equinox will soon be marking the end of summer with shorter days of daylight but also might observe time of year symbolic of abundance, balance and consciousness. This also brings to mind with hope, that you will consider attending your District Meeting. District Presidents and Junior Directors work diligently to prepare an informative and a fun meeting day for you. This officer and your GFWC Virginia 3rd Vice President Director of Junior Clubs, Denise Price, are looking forward to visiting with Southwestern, Blue Ridge, Alice Kyle and Lee Districts this fall.

Federation Hugs to All!

Bonnie



Denise Price
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I was honored to represent the GFWC Virginia Juniors at the GFWC International Convention in Louisville, Kentucky! The convention was full of great education and GFWC business. By-Laws, and Resolutions were also updated or introduced. Jessica Thomas, Third Vice President/Director of Junior Clubs Lee District stood and moved to amend a Resolution on Dementia/Alzheimer's. Her motion passed!! I was so proud of Jessica!

During the convention, Katie Moydell, GFWC Director of Junior Clubs introduced a new initiative for Junior Clubs. As of July 1, 2023, the GFWC Junior Leadership Certification will be available for all Junior Clubs. A minimum of 6 monthly leadership training sessions will be required at club meetings. The training will be provided to the clubs who apply. Topics such as GFWC History, Innovation, Self-Development, Fundraising, Team Development, Legislation, Strategic Thinking and Acting, and Communication and Public Speaking are available to choose from. More information will be available in the next few weeks. If you have specific questions, feel free to reach out to me or any district Director of Junior Clubs.

I was also thrilled to be a part of the GFWC Virginia Conference in Suffolk, Virginia in August. What a great conference!! What an honor to have the GFWC President, Deb Strahanoski join us! I would like to personally thank all the clubs who supported the Alice Kyle and Lee Districts with the menstrual products for high school students. What blessing, for all that we received! I am looking forward to seeing everyone at the Southeastern Region Meeting in November or GFWC Virginia Convention in April!



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Hard to believe Summer Conference has come and gone already. There was so much information shared and how lucky were we to have had the GFWC International President in attendance. We hope that you recognized that leadership was a component in almost every presentation.

GFWC Virginia hosted another successful LEADS program on the Sunday following the conference. LEADS is held every other year at the state level. The day was spent learning about conflict management, DISC leadership styles, team building, Federation history, emotional intelligence, and effective meeting

management. It was interactive and fun with presentations given by clubwomen that are passionate about growing our future leaders.

Do you have someone that shows leadership potential? Someone that you see as a future leader, not just at the club level, but potentially for district, state or more? Encourage them to apply for GFWC's Leadership Education and Development Seminar. The objective of LEADS is to identify GFWC members who have the potential to assume leadership positions beyond the club level and provide them with skills, confidence, and the commitment to become future Federation leaders.

This program is held annually at the GFWC International Convention, which will be in Chicago in 2024. There is financial assistance from both GFWC and GFWC Virginia for the candidate chosen to represent

Virginia and both general and junior clubwoman are encouraged to apply. Applications are in the yearbook, starting on page 107 of the 2023 supplement, and are due to GFWC Virginia Headquarters by January 15, 2024. Application, along with two letters of support from active GFWC club members can be sent via mail to: GFWC Virginia Headquarters- LEADS, P.O. Box 8750, Richmond, VA 23226 or email to gfwcvirginia@verizon.net. Letters of support should be emailed directly from those writing the letter.

Please let us know if you would like any additional information on either GFWC LEADS or our own GFWC Virginia LEADS program. You are our leaders, and these programs are here for you. It is up to you to take advantage.



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"New Members are...Cornerstones of Membership"

Happy Autumn GFWC Virginia members! Our GFWC Virginia Summer Conference was full of exciting things for everyone. Many thanks to the members of the Southside District for graciously hosting this conference – you all did a lovely job.

We missed those of you who could not attend the summer conference, as we awarded three membership grants to clubs in the Blue Ridge District, Lee District, and the Tidewater District. Congratulations to those clubs and we wish them much success as they complete their designated projects and programs for membership. There is still money available for membership grants, please check out the updated information and application on pages 126(S) and 127 in the GFWC Virginia Yearbook and the Yearbook Supplement. We also were thrilled to announce the chartering of a new club in the Tidewater District. Congratulations and much success!

Remember our two goals for membership during this administration: First, to realize an increase in club membership, which thanks to all the hard-working clubs, we continue to realize. The second goal, to form new clubs in every district. To date, the Tidewater District has chartered a new club and two other districts are working on this goal. Going forward, our challenge is to retain all our members while increasing our club size and to form at least one new club in each of the eight districts. New clubs may be General, Juniors or Juniorettes and you only need eight ladies to start a new club! The New Club Toolkit is available to aid you thru this process.

Thanks to you all for sending in your membership coupons!! We are adding to our Mobile GFWC Virginia Headquarters building!! The Lego Headquarters was on display during the conference and if you had the chance to see it, you might have noticed that it doesn't have a roof. Let's finish the headquarters building this club year.

Since our GFWC Convention in April, we have received membership coupons from seven districts for a total of 56 new members. The challenge now is to attract new members to join clubs and don't forget to send in your membership coupons. Club Presidents and membership chairs should also send in the new member information to GFWC "Sparkle and Shine" Recruitment Campaign. The summer report – Retention: "Pearls-Strengthening Relationships" is due September 1st and

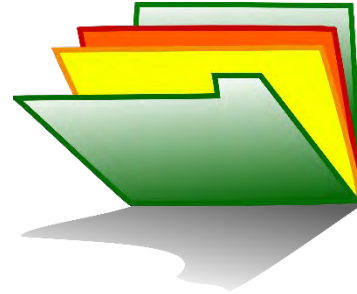
the Fall – Recruitment: “Ruby-Share Your Passion” is due December 1st. All information is available online for your convenience. “Sparkle and Shine’ in your communities’ ladies and you might just find a diamond in the rough to mold into that shiny sparkly diamond of a club member.

Please don’t hesitate to reach out to us if you have any questions or concerns, we are here to help with all your membership needs.



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It was such a delight to see so many of you at our Summer Conference in Suffolk, where we participated in service projects, networked with our fabulous state chairmen, and heard from the incomparable GFWC International President Deb Strahanoski.

For those we haven’t had the pleasure of seeing, we hope you have had a wonderful summer and are ready to get back to work. Because . . . the second year of this administration is upon us! Hopefully, you’re feeling more comfortable in your position and are ready to ramp back up. However, what about the clubs that change officers in the odd years?

Are you new to the role of club secretary? If so, we hope you’ve made a few new BFFs, as our kids might say. That is, we hope you’ve struck up a fast friendship with the past club secretary and your club president. You can also rely on your district secretary and junior secretary for advice and assistance moving forward. Now, let’s get into the nitty gritty.

- If you haven’t already received copies of previous minutes and attachments, inquire about when a good time might be to receive them. Remember, we’re all volunteers and we have no clue what might be going on in another person’s life. The more respectful you are of the past secretary’s time, the better.
- Schedule a time to sit down with your club president and ask her if she has any preferences regarding the minutes. Does she have a particular format she prefers? Will she be providing the agenda? How does she expect the minutes approval process to go?
- Remember some items must be included in the minutes no matter what – the name of the club, kind of meeting (regular, special-called, etc.), time and place, and the name of the presiding officer.
- Whether the president, the parliamentarian, or both, make sure someone reviews your minutes soon after they are written. While perfection is certainly hard, if not impossible, to obtain, it should be your goal to have them as accurate as possible before they’re reviewed by the club.
- Record only what is done, not what is said. The time-honored advice all secretaries should pass down to their successors is an oldie but goodie. Don’t lose your minutes in the weeds.
- Don’t forget attachments. That’s right attachments to the minutes are just as important as the minutes themselves and should be kept on file. They might include: the reports of chairmen, committees, or officers (like the treasurer’s report or a proposed budget).
- Ask questions! Remember the advice of that one teacher we’ve all had: “The only stupid question is the one never asked.” Ask your predecessor, your club president, your district secretary or junior secretary, or us – JoBeth and Lynn.

Above all things, we hope you’ll enjoy the time you have serving your organization. Being of service is one of the greatest gifts we both give *and* receive. And never forget, we’re just a phone call or email away should you need us.



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Can you believe it is the start of a new club year and the second year of our administration? As club and district treasurers, we all know your job has not stopped over the summer. In fact, does your job ever stop? It is time to make sure your books are up to date. Does your club have a budget for the coming year? A budget is a guide that can help a club in the future as well as assess its current financial health. It is good practice to periodically review the budget and compare it to the actual cash flow and expenses to determine whether they are playing out as expected during the year. Approval of the annual budget is one of the fundamental building blocks of a sound club. If your club or district needs help in creating a budget and

preparing for the future needs of the club, we are here to help.

The new club year needs to start with accurate information. It will be up to you to let your members know the financial status of the club or district. Make accurate reports, letting your officers and/or chairmen know the standing of their areas. There is no set format for Treasurer's Reports. It is vital that it is accurate and allows your board, district, or club members to know the status of their money and how it has been spent. The bottom line is that you must account for the funds for which you are responsible and be able to answer questions promptly and accurately.

The treasurer's information will be very valuable at reporting time. You can let those writing reports know how much money was donated, how much was made with fundraising, and any other financial information they may need for reporting. Make yourselves available while your club is preparing for this task. Your accurate information can certainly help make their jobs easier.

If you have any questions about preparing for the new year or budgeting, please do not hesitate to contact either of us. Good luck, and most of all, have fun in the upcoming year!



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Parliamentary procedure, which includes all the rules that govern the transaction of business in meetings, is often misunderstood. There are a variety of parliamentary authorities available, although Robert's Rules of Order Newly Revised is the most often used parliamentary authority and is the authority for our organization. The purpose of parliamentary procedure is to help organizations conduct business efficiently, effectively, and fairly. Unfortunately, everyone has seen parliamentary procedure mis-used at some point in time, particularly by people with a personal agenda they wish to force through the business meeting. I'm including a few of the most common myths relating to parliamentary procedure:

Myth: "The absence of a quorum is OK if nobody brings it up"

This is the quickest path to serious trouble. The general rule is that any business transacted without a quorum is null and void, regardless of whether or not any member raises the issue.

Myth: "The maker of a motion gets to speak first and last"

The maker of a motion has the right to speak first to a motion. After that, the maker has no more rights than any other member. Rules of debate are covered in RONR.

Myth: "A friendly amendment is OK"

Such a procedure is unfair and violates parliamentary law. Once a motion has been stated by the presiding officer, it belongs to the assembly and after that point, the maker has no more right than any other member to change the motion. Any changes would need to be made through the use of amendments.

Myth: "Old business"

There is no parliamentary concept of "old business". What is sometimes misnamed, as "old business" is actually "unfinished business" carried over from a previous meeting that was not disposed of during that previous meeting, this does not mean

something that was discussed previously. Business in this category will be known to the presiding officer and no call is made to the assembly for unfinished business.

Myth: “Calling *Question* stops all business or discussion”

No single member may end debate by calling out “Question”, or “I call the question”. The motion to end debate or “move the previous question” is a main motion that can be made and only the assembly decides when to end debate. A two-thirds vote is required, although if it is clear that debate has ended, a presiding officer may use unanimous consent to close debate.

Myth: “*Lay on the table* gets rid of sticky issues”

The purpose of “lay on the table” is to temporarily delay a matter when something else of urgency arises, such as a fire alarm going off. The motion should be ruled out of order if the intent is to kill or avoid dealing with a measure.

As always, please contact me if I can be of any assistance or if you have any questions.

Flower Power



Dale Fisher
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It was so good to see many of you at our GFWC Virginia Summer Conference in Suffolk. We were privileged to have Beth Cross, President/CEO of the Nansemond River Preservation Alliance educate us on the mission of this organization and of its partnership with the elementary schools to bring awareness of environmental efforts in their community. With guidance and help from the Junto Woman’s Club, members assembled 400 Watershed Explorer Learning Boxes which will be used by 3rd graders in Suffolk County Schools. It was amazing how quickly and efficiently we completed this task, but, that’s what clubwomen do!

Another project idea from the Tidewater WC, that will help keep plastic bags out of our waterways is the Give a Bag, Take a Bag Campaign. <https://www.lynnhavenrivernow.org/blog/give-a-bag-take-a-bag/>

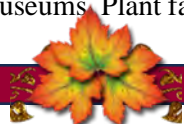
It is time to get your garden ready for Fall. Look for bald patches in the soil, overgrown plants that need to be divided, and bulbs that need to be removed before winter. Mulch, manure, and compost are all organic fertilizers that release nutrients slowly into the soil. Apply weed killer to get rid of seeds that fell in the summer. Collect seeds from heirloom fruits or flowers. Let them dry then store in a clean, cool, and dry spot. Rake back or remove mulch from tree and shrub trunks to prevent mold and mildew from damaging the specimen. Examine perennials for leaf spots and rotting stems. Treat, prune, or remove from your garden. And plant some Fall bulbs that you purchased from our Flower Power fundraiser. By doing these chores you will have a head start on Spring gardening.

As you know the two beneficiaries of our fundraising efforts are the Virginia Forestry Education Foundation and the Wildlife Center of Virginia. In addition to monetary contributions, the Wildlife Center gratefully accepts donations of materials, supplies, and food to help them treat and return animals to the wild. Visit the link below. <https://www.wildlifecenter.org/support-center/contributing-supplies-and-food>

Back by popular demand, the GFWC Virginia State Project Fundraiser - ***Federation Forest***. A drawing for three lovely prizes will take place at our 2024 Annual Convention. Members have the opportunity to decorate bare trees with either green leaves or pink or white dogwood blossoms by purchasing **one for \$5 or 5 for \$20** – your choice. These tickets will be available for purchase at District Meetings and at Convention. We hope to turn our bare trees into Bloomin’ Beauties! At the 2024 Convention, all District purchased blossoms and leaves will be hung on the ***Federation Forest*** trees and will be eligible for a drawing of one of three prizes.

We will once again participate in Flower Power’s Fall Campaign. Purchase bulbs for your own yard or purchase products for a club garden project. <http://gfwcvirginia.fpfundraising.com>.

Get out and enjoy our parks, nature centers, and museums. Plant fall bulbs with your children, grandchildren, or schools. Virginia is such a beautiful state.



Amber Holdren
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This issue of the Virginia Clubwoman under GFWC Signature Project - Domestic & Sexual Violence Awareness & Prevention we will be focusing on Intimate Violence.

Intimate partner violence can take many different forms, which can include:

Sexual abuse: Forcing an intimate partner to participate in a sex act without their explicit consent. Sexual abuse also includes any sexual contact between an adult and a partner who is below the age of 18. **Physical abuse:** Hurting or attempting to hurt someone by punching, kicking, slapping, hitting, biting, pinching, burning, strangling, grabbing, choking, or shoving them. Physical abuse also includes actions such as throwing things, banging doors, or punching walls.

Emotional abuse: Undermining the person's self-worth by criticizing them constantly, gaslighting them, calling them names, isolating them from their family and friends, monitoring their activities, and trying to prevent them from working or doing things they enjoy.

Psychological abuse: Terrorizing the person, playing mind games with them, or threatening to harm them or their loved ones. **Financial abuse:** Maintaining control over joint finances, withholding access to money, and tracking the person's spending. Financial abuse also includes preventing an intimate partner from working, studying, or taking other steps to become financially independent.

Stalking: A pattern of behavior intended to harass, annoy, frighten, or harm the person. Stalking can involve behaviors such as phoning the person repeatedly, mailing them letters or gifts, following them as they go about their day, or finding ways to spy on them while they're at home or work. **Online abuse:** Using email, social media, dating apps, and other digital platforms to harass, abuse, stalk, threaten, bully, or manipulate an intimate partner.

If you or a loved one are a victim of intimate partner violence contact The National Domestic Violence Hotline at 1-800-799-7233 for confidential assistance from trained advocates.



Amanda Paez
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GFWC Virginia Clubwomen have so much to be proud of. During our first year, we collected items for at-risk children to support Northern and Shenandoah Districts, we supported the Children's Hospital of the King's Daughters Mental Health Hospital in Norfolk to support Tidewater and Southside Districts, and collected period products to support Lee and Alice Kyle Districts fight against period poverty. We also received national recognition at the 2023 GFWC Convention with top honors in our size category for our Advocates Efforts in 2022 – the only programmatic award received by GFWC Virginia.

Also, as we head into another school year, let's remember the importance of early childhood education and the wraparound services school age children may need access to. Some Clubwomen are mothers and grandmothers and some may be Cool Aunties, but we all have a role to play in our community because it does take a village. We all know that teachers and schools need supplies – but what they may also need is your time and support. Find out about mentoring or tutoring opportunities available at your local school, find out what resources students may need – whether it is food, clothing, supplies, or even a box of tissues and hand sanitizer as cold and flu season move in. Look into local literacy organizations to volunteer as a "Book Buddy" to help ensure children are progressing in their reading levels.

Finally, a few fall reminders to start planning for. October 22-28, 2023 is Advocates for Children Week. The emphasis for Advocates for Children Week will be to promote a collection of personal hygiene items, clothing, and blankets to local organizations for children removed from homes due to unsafe conditions. Reach out to your local Social Services Agency or women/family shelter to find out ways you can best help. Also, in October, you can support one of our Affiliate Organizations – UNICEF USA. Host a "Trick or Treat for UNICEF" event, a long-time tradition in our country

to collect donations for their general fund. At your October meeting decorate and include UNICEF Trick or Treat on each table for donations. Visit www.unicefusa.org/trick-or-treat for more information.



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A few weeks ago, I went to a lunch meeting with my husband, Dennis. He was meeting with an American Legion member to go over some logistics for their upcoming State Convention. I figured I would be a bystander but that was far from what transpired. The subject of Sweats 4 Virginia Vets came up. As I explained how the project began and why, this woman veteran, that I had only met 20 minutes earlier looked at me and spoke. "You truly have no idea how grateful I am for you and what has been started here in Virginia." I smiled and said thank you. But she insisted. "No, you really have no idea what it means to me personally. You see, a couple of years ago, I hit rock bottom. After sustaining numerous injuries overseas, I had become dependent on pain killers. My PTSD was at its worst and I was thinking of suicide. I knew my family needed me, but it really wasn't enough to keep me going. I saw nothing bright in my future. After a particularly bad night, my daughter called an ambulance, and I was in the hospital with absolutely nothing but my pajamas. The hospital staff came around a couple of days into my stay with a sweatsuit. They said these were donated by a State Woman's Club. The tag read. "To an American Hero. Thank you for your service." I cried because I realized someone really cared about me. And they thought I was a hero. My life changed that day. Not just because of a sweatsuit set but because my mind started to believe what that tag said. It was a long hard road to get off the pain medicines but with the love of my family, and the gift from a stranger, every day became a little better. So, believe me when I say, you really have no idea of who and how you touch someone with your gift. You and your ladies make a difference. So, thank you."

I was blown away by her candid story and telling it to a stranger. I was in awe of all she had been through and humbled that we played a role in her recovery. I strongly believe God puts people in our lives for a reason. Yes, I knew that every sweatsuit we give will be used where it is needed the most. Yes, I believe there is no one more worthy of being cared for than our veterans. However, to know the impact we have on those receiving the sweatsuits is a gift I will never forget.

It is that time of year again when the clubs are asked to donate either sweatsuits or a monetary amount so we can purchase the sweatsuits. We delivered close to 600 sweatsuits to the 3 VA Hospitals in Virginia last year. I will be visiting several of the Districts for their Fall Meetings. I will be happy to pick up any donations at that time. We once again have a beautiful quilt that will be given away to a lucky ticket holder on Veteran's Day. I will have lucky tickets to purchase and the quilt available at each of the District Meetings I attend.

If you have any questions, please reach out to me at vaoriongroup@aol.com or 571-236-6213.



Lois Creasy and Camilla Cabaniss **GFWC Virginia Arts Contest Coordinators**

artcontests@gfwcvirginia.com

It was good to see so many of you in Suffolk at the GFWC Virginia Conference. Thank you to those of you who took the time to stop by our display and we hope that we were able to answer any questions that you may have had and that we were able to share some important information regarding the different Arts Contests. Thank you also for sharing any suggestions that you may have had for facilitating the contests. Each district chairman and district president was provided a packet of information to hopefully pass along to their members who were unable to attend Conference. This also includes a sample entry card which can be copied, cut in half and folded to the proper size for your convenience.

Several points of interest to get you started on the right track are:

- Use the current Arts Department Contest Booklet 2022-2024 found on the GFWC Virginia website. This booklet covers the Visual Arts (member and student), Needlework and Crafts (members only) and the Writing Contest (member and student).
- Read and follow the instructions found in the booklet. Please adhere to the deadlines for all contests. All items must be judged on the local club level then the district level prior to being entered on the state level. Make sure that items are entered in the correct category. Category and classification will not be changed at district or state contest. Any entry determined by the judges at district or state level to be incorrectly entered will not be eligible for competition. Districts may enter only one entry per category or sub-category. There are to be no ties for first place at any level of judging. Should more than one entry be received from a district for the state contest both entries will be disqualified from judging.
- All entry cards for the state contest must be received by the state chairman by the deadline for all contests.

We hope that these tips will be useful to you and if we can be of any assistance please get in touch with one of us or your district chairman. Now it's time for you to get busy writing, painting, photographing, crafting and needle working and then enter your items in your club contest next spring.

Marilyn Banes **GFWC Virginia Education and Libraries Chairman**

education@gfwcvirginia.org



Thank you to everyone who stopped by the Education and Libraries display in the Marketplace at Summer Conference. I hope you found something that will help with planning and sharing information in this new club year.

Conference was a learning experience for us all. At Marketplace, one clubwoman introduced me to NLS, the National Library Service for the Blind and Print Disabled. Founded in 1931, this service is under the auspices of the Library of Congress. These libraries provide braille and audio books and magazines and the equipment to use them to eligible patrons at no cost. The Richmond, Virginia Regional Library serves Virginia and 7 additional libraries in Alexandria, Arlington, Fairfax, Fredericksburg, Roanoke, Staunton, and Virginia Beach serve their cities and neighboring counties. For more information go to LOC.gov/NLS.

With schools back in session, it's a good time to find out if your child or grandchild's school has a certified Librarian. Sadly, there are schools that do not have a library. Certainly, if there is a school in your area with this handicap, clubwomen can bring their project and advocacy tools to very good use. Students in a high poverty school are almost twice as likely to graduate when the school is staffed with a certified librarian.

Our highest priority must be the safety of our students. The Federal Government launched a new user-friendly website, SchoolSafety.gov, that addresses numerous concerns and provides toolkits and resources to support a healthy safe academic

environment. Topics addressed include mental health, bullying, threat assessment and reporting, school climate, targeted violence, emergency planning, and child exploitation. This is a wonderful resource for supporting our schools.



Wanda Alvis
GFWC Virginia Epsilon Sigma Omicron (ESO) Coordinator
wsalvis@hotmail.com



Were you able to read from your TBR stack this summer? If so, now is a good time to begin a new stack of books to be read during the coming fall/winter months. There are many wonderful titles found in the Facebook group Friends and Fiction. My list is so long I will never get them all read in my lifetime. You can usually find many comments about a listed book as to whether it was liked, disliked, could not put it down, or just could not get into reading it.

The Virginia Zoom Book Club meets the third Thursday of every other month at 7:30. We enjoy seeing each other and discussing the selected book for that month. The book for the next meeting is suggested by members and selected by a vote. In September we will discuss "Lessons in Chemistry". The Clubwomen may not be printed in time for the meeting, but I will try to send out a notice regarding the November choice.

If you have not yet joined ESO and would like to do so, or would like more information about ESO, email me and I will send you the information.

Happy reading,
Wanda



Faye Bocock
GFWC Virginia Fundraising and Development Chairman
fundraising@gfwcvirginia.org

I hope this issue of The Clubwoman finds all of you enjoying the lazy hazy days of summer, and it has surely been hazy but nothing lazy about it. I monitor every Facebook post and keep up to date on everything your amazing clubs and members have accomplished throughout the summer months. I am truly amazed at all the variety of projects you have created. I applaud each of you. I want to Thank each of you that stepped up to the challenge for the September 30th Day of Service for Food insecurities. We currently have 53 clubs that have signed up to participate in the September 30th Day of Service. We all need to remember that this should be an on-going Fund-Raising opportunity for each of our clubs. There has never been a greater need in my lifetime than what we are experiencing in our communities now. I encourage each of you to make this a top priority in the few months we have left in 2023. All of you are experts in creating new ideas and efforts to fund a cause, and this is a great one. I'm excited to wait and watch what amazing things that each club does throughout the Fall and Holiday Seasons that are upon us. Good Luck and Happy Fundraising and Development!



Marlene Wine
GFWC Virginia Scholarship Chairman
scholarships@gfwcvirginia.org

Hello ladies and as you know we now have three college students on campus sponsored by us-aren't you glad ???? NOW our next assignment is to get candidates for the Phyllis Roberts or Mary Macon McGuire Scholarships for the next year. Good luck in your search.



Carol Outten
GFWC Virginia HOBY Coordinator
hoby@gfwcvirginia.org



Hugh O' Brian Youth Leadership

Ladies of GFWC Virginia, I bring you greetings from the Hugh O' Brian Youth Leadership Virginia Board of Directors, on which I serve as HOBY Virginia Coordinator. This year 155 Ambassadors attended the HOBY Virginia Seminar held at James Madison University June 2-4. **The theme of this year's seminar was "Defining the Decade"**, and all eight of our Districts were represented by those attendees! I was present for the entire seminar, and I cannot tell you how impressed I was with the energy level and camaraderie displayed by the ambassadors. I am thrilled to share that one of our own, a rising Junior at Windsor High school, in Windsor, Virginia -- Southside District, was selected to represent Virginia at the HOBY World Leadership Congress in Chicago held in July. HOBY Virginia was able to provide him with a scholarship to attend.

A typical HOBY day is from 7:00 a.m. to 10:00 p.m., and from Wake up to Lights Out these ambassadors are engaged in teambuilding, a service project, and seminar activities. There are guest speakers, focused on Leadership Development in three areas: Personal Leadership, Group Leadership, and Service Leadership.

155 HOBY Ambassadors led by 37 volunteer Leaders and Counselors attended the 2023 HOBY Seminar



**Snacks provided by GFWC Virginia were
 Extremely Popular**

Planning has already begun for the 2024 Seminar. In October High School counselors in both public and private schools will receive registration information regarding the 2024 seminar. Did you know that a student can self-nominate to attend the seminar? Do you know a sophomore you might encourage to go to their counselor and apply, maybe even one of our Juniorette club members.

GFWC Virginia continues to be one of the leading sponsors of HOBY Virginia, and along with other cooperating organizations make these seminars possible. Thank you to all our **OUTSTANDING Clubs** for your generous donations to HOBY Virginia including both full and partial sponsorships, and the outpouring of "in-kind" donations of seminar supplies and snack items that **filled my car** at Convention. These generous in-kind donations provide additional support that offset the cost of materials used at the seminars. **As always, HOBY Virginia is grateful to the ladies of GFWC Virginia for their generosity and support of the Leadership seminars and our ambassadors.**

Sending HOBY HUGS and wishes for an OUTSTANDING Day!!!!



Carolyn Fellers
GFWC Virginia Community Impact Program Award Chairman
cipa@gfwcvirginia.org

Just a gentle reminder about upcoming reporting on your CIP projects. Please describe in good clear detail why you selected your project, your expected outcome and it's impact on your community. Introduce us to the people who benefited from your work and your partners in the community that helped you travel from point A to point B.

Include photos of the beginning, middle and end. Remember a picture can speak a thousand words.

We will have three non GFWC members to judge the projects and select the winner. The first prize will only be selected which will receive \$100 and placed in the running for the top prize in our GFWC Category of \$2500. The monies received are to go towards the project.

District CIP Chairmen, please send all projects submitted to you. Your district is in competition with all eight districts for GFWC Virginia. Deadline for submission is March 1, 2024.

Good luck to all, can't wait to learn about the great work in process in our Commonwealth.



Lorie Rocker
GFWC Virginia Nominating Committee Chairman
lorivolunteer@yahoo.com

It is hard to believe that it is already time to be thinking about nominations for the 2024 – 2026 administration, but here we are. The GFWC Virginia Nominating Committee is comprised of the GFWC Virginia Nominating Committee Chairman, elected by the Executive Board, the GFWC Virginia Junior Nominating Committee Chairman, elected by the Junior Executive Board, and representatives from the eight districts. This Nominating Committee is tasked with nominating the slate of officers for GFWC Virginia's next administration.

At the time this article is published, the District Nominating Committees that were elected last spring are identifying candidates to serve as the Representative, First Alternate, and Second Alternate to represent the District on the State Nominating Committee. When you attend your Fall District meeting, you will vote and determine your District's representative. The GFWC Virginia Nominating Committee will meet in January 2024 to complete its work.

Now is also the time to identify individual members who are interested in serving as an officer for GFWC Virginia. GFWC Virginia has a history of great leadership, we look forward to continuing this legacy through your assistance in identifying our next leaders. Do you know someone who inspires you and you can see leading our organization? Have you asked her if she has ever considered it? The GFWC Virginia Bylaws define the qualifications for each office and previous leadership experience at the state, district, and club levels. Potential candidates should review the duties of each office which are outlined in the GFWC Virginia Bylaws to ensure her interest and qualifications for the office.

Any active member or club of GFWC Virginia may submit the name(s) and qualifications of proposed candidates for office(s) to their District Representative on the Nominating Committee, or GFWC Virginia Headquarters. All submissions for proposed candidates must be received at GFWC Virginia Headquarters by **November 30, 2023**. This ensures that candidate information is distributed to the elected members of the Nominating Committee for review in advance of their meeting.

The GFWC Virginia Nominating Committee will make effort to secure distribution of leadership throughout the state. No more than two members from the same District may serve as elected officers at the same time, with the exception of the office of GFWC Virginia Third Vice President/Director of Junior Clubs. Please refer to the GFWC Virginia Standing Rules 9. Nominating Committee and Junior Nominating Committee in the GFWC Virginia Handbook (p. 53) for full information regarding the Nominating Committee Process. Should you have any questions or need clarifications regarding the Nominating Committee or its processes, please contact Nominating Committee Chairman Lori Rocker at *lorivolunteer@yahoo.com*.





Carol Pridgen
GFWC Virginia Environment Chairman
environment@gfwcvirginia.org



Welcome Fall and Welcome GFWC Virginia members to the start of the final club year for the 2022-2024 administration. I look forward to reading about all of the Environment Projects that clubs will do this year. I wonder what I will learn this year?

When planning your Club's projects for the new year, remember the Environment CSP has 4 target areas:

PRESERVE RESOURCES: Some possible Club projects could be; Coordinate with local leaders to celebrate Earth Day (April 22) with a project designed from one of the many Earth Day Science and Education toolkits; Save Trees by initiating a "Go Paperless" campaign, encouraging club members to opt out of junk mail lists, sign up for e-statements, pay bills on line, digitize documents, reconsider printed newspapers, and purge and recycle; or Support wetland conservation and learn how wetlands are a deterrent to both flooding and drought, and how they filter and purify water that enters streams, rivers, and larger bodies of water.

PROTECT WILDLIFE AND DOMESTICATED ANIMALS: Club projects could be; Share information with club and community members from the National Wildlife Federation about the impact of wildlife gardens, encourage the formation of personal and public wildlife gardens, and spread the news about signing up for the free electronic NWF newsletter. Consider sponsoring a subscription to the National Wildlife or one of the many children's publications, such as Ranger Rick, for a shelter, family center, or classroom; Donate funds or needed items to local wildlife shelters that rehabilitate and care for injured animals; Volunteer with your local humane society; Become a "Foster Parent" to rescued animals.

LIVE SUSTAINABLY: Some Club projects could be: Chart a path towards zero waste in your community by using tools suggested by the U.S. Environmental Protection Agency; Donate gently used shoes to Soles4Souls for distribution to individuals in need; Coordinate a children's poster contest on recycling; Hold a club yard sale to repurpose gently used items and donate the proceeds to various charities.

BEAUTIFY COMMUNITIES AND ENJOY NATURE: Your Club projects could be: Adopt-A-Highway through your state Department of Transportation to keep a stretch of roadside clean and build community pride, Organize a trash pick-up after a sporting event or community fair or festival, Collect or purchase children's books about nature and other environmental issues and donate them to schools, libraries, shelters, or family centers; Establish a hiking or biking trail in the community, encouraging people to learn more about nature and enjoy the outdoors, or help maintain or provide maintenance funding for an existing trail; Purchase annual passes to National Parks as a gift. (You could even purchase a pass for a gift or door prize for eligible members in you club?)

Don't forget to connect with the GFWC Affiliate Organizations
 Heifer International and UNICEF

OK, I guess I should tell you one of the things I learned from the Environment reports came from GFWC Woman's Club of Tidewater – Tidewater District. A baby oyster is called a "spat", I will never look at an oyster again without thinking that it was once called a spat!

Take care and keep smiling, "Remember Life doesn't have to be Perfect to be Wonderful"
 P.S. I just wanted to say "Thank you" to everyone who was involved with arranging the "hands on" State Project Workshop, Watershed Explorer Learning Boxes for the Nansmond River Preservation Alliance during the summer conference. It was wonderful to help with a project that I had read about while reading the reports for Environment from GFWC Junto Woman's Club - Southside District.



Mary Driver-Downs
GFWC Virginia Health and Wellness Chairman
health@gfwcvirginia.org



Dear Virginia GFWC Club Women,

Happy Happy fall to each of you! It was so good to see so many wonderful faces at the GFWC Virginia State conference in Suffolk. I hope that everyone enjoys the care kits and buttons that were handed out from the Health and Wellness CSP.

So many exciting things are happening in the area of Health and Wellness.

1) **GFWC Virginia's Step in Time Fitness Program-** It's all about me in 2023!

Please continue to keep tracking your fitness minutes.... It is never too late to start a new healthy habit. The program ends on December 31, 2023 but healthy habits continue for a lifetime.

Not sure about the Step in Time Program- Check out the links below

[Step in Time Program Overview](#)

[Fillable Tracker \(.xlsx\)](#)

[Paper Tracker \(PDF\)](#)

[Activity Ideas](#)

Self Care Opportunity of the Month

Johns Hopkins – A Women's Journey: Conversations That Matter

Upcoming Webinars:

September 12 – Age-related Hearing Loss

October 17 – Gender/Sex Differences in Immunity

You can also view past webinars focusing on a wide array of topics. This series is a wonderful resource for newsletter articles and club discussions.

<https://www.hopkinsmedicine.org/awomansjourney/webcasts.html>

2) **New RESOLUTION News**

There's a new Resolution involving Health and Wellness, that came out of the GFWC Convention (2023)

Being a former caregiver to my mother-in-law for 8 years, this one is near and dear to my heart! Please see below:

GFWC RESOLUTION

HEALTH AND WELLNESS

NEW #: Dementia (Convention 2023)

WHEREAS, Millions of individuals are living with cognitive decline, Alzheimer's Disease, and other forms of Dementia; and

WHEREAS, Deaths increase due to isolation and lack of medical care; and

WHEREAS, Most assistance to those with Dementia comes from family, friends, and other unpaid caregivers, with the majority of caregivers being women; and

WHEREAS, Cost of care is increasing annually; therefore

RESOLVED, That the General Federation of Women's Clubs urges its member clubs to support:

- Education on recognition of cognitive decline and other forms of Dementia;
- Funding for caregivers, respite care, and facilities that provide memory care;

3) **SEPTEMBER is:** National Suicide Prevention Awareness Month, Childhood Cancer Awareness Month, Healthy Aging Month, National Ovarian Cancer Awareness Month, and Childhood Obesity Awareness Month. I am highlighting two below.

National Suicide Prevention Awareness Month

During September we are encouraged to come together and have honest conversation on the topic of mental illness and suicide. Suicide is the 12th leading cause of death in the U.S. Among teens and young adults, the rate is much higher. Your club can raise awareness and share information. Here's an idea from one of our clubs in Virginia.

The Junior Federated Women’s Club of Chester (VA) distributed “Coping Kits” for middle and high school students. Sensory fidget toys, stress balls, journals and a silicon bracelet embossed with the national suicide prevention hotline phone number were few items in the kits.

Visit the National Alliance on Mental Illness for data and resource materials.

[https://www.nami.org/GetInvolved/AwarenessEvents/Suicide-PreventionAwareness-Month-\(SPAM\)](https://www.nami.org/GetInvolved/AwarenessEvents/Suicide-PreventionAwareness-Month-(SPAM))

Childhood Cancer Awareness Month.

In the U.S. one in 260 children and adolescents under age 20 will be diagnosed with cancer each year. Once again members and clubs are encouraged to get involved. Form a team or register as an individual for the St. Jude Walk. Participate in a local event or a virtual event.

Visit: www.fundraising.stjude.org/gfwc

For more information and project ideas for all our Affiliates, please visit the GFWC Member Portal <https://gfwc.users.membersuite.com/home> Digital Library > Resources

>Club Manual > Affiliates. “The partnership between GFWC and AOs is one of mutual benefit that helps millions of people in every community nationwide. It’s these collaborative efforts that solve societal problems and allow for a collective impact that is greater as a result of our combined resources and efforts.”

~Jolie Frankfurth, GFWC

4) Community initiatives

Be part of your community - Back to school time - Community initiatives

It is that time of year when students return to school and fall sports programs

begin. According to a Sports & Fitness Industry Association survey, only 38% of

children from homes with an income of \$25,000 play sports. There are too many kids

who drop out because their parents, schools and rec programs can’t afford proper

equipment. Did you know that girls drop out of sports at twice the rate as boys by

the age of 14?

Your club could sponsor a Girls on the Run team, purchase sporting equipment for a school or Boys & Girls Club or provide athletic shoes for an at-risk child.

Thank you to GFWC's Health and Wellness National chairman Dale Fisher, for allowing me to take excerpts from her wonderful "Health and Wellness Happenings" newsletter for this article.

May each of you and your clubs be inspired to move this fall in ways that are monumental and strength building to our cornerstone!!



Ingrid Sinclair-Day

GFWC WOMEN'S HISTORY & RESOURCE CENTER CHAIRMAN

sincpatch@comcast.net



It was good to see so many of you at the GFWC Virginia Summer Conference in Suffolk visit the WHRC display table to pick up the various handouts and sign up for select copies of the nine folders on display. All folders have been emailed to you as requested. If you have not received them, let me know, and I will resend them.

The folders will help you to assist your club members to follow the motto of the GFWC Women’s History Center to “Preserve-Promote-Inspire.” Preserving your club’s history can be done in many different ways such as scrapbooks, yearbooks, minutes, club newsletters, press clippings, and in special designated folders online. Also ask yourself the

question: “how can I promote my club by making it more visible in the community? Which activities have worked best, and which have not?” And finally, how can we inspire members of the club and community to continue and expand the work we do?

The biggest news is that WHRC will celebrate its 40th anniversary party on May 1, 2024, from 3-6 p.m. at Headquarters in Washington, DC. I will keep you informed about how to register to attend in person or virtually. Also, WHRC wants to know if your club or clubhouse turns 40 in 2024. If you have stories and photos to submit, email them to whrc@gfwc.org with the subject line “40th anniversary.”

Please don't hesitate to contact me at sincpatch@comcast.net if you have any questions.



Elizabeth Sabbatini
GFWC Virginia Legislation & Public Policy Chairman
legislation@gfwcvirginia.org

As GFWC clubwomen, our fundamental call to service is to help others and improve our communities. This requires impacting the laws and regulations that apply at every level of government. “Embracing Legislative Involvement” is how it happens. The goal of legislative involvement is to achieve practical solutions to existing problems.

How does a GFWC club or GFWC clubwoman get started? It is not hard to “Embrace Legislative Involvement”, but we have to be willing to make a little effort and go outside our normal comfort box.

Legislative Involvement is a multi-step process at each level of government. Each step naturally leads to the next, with some more time consuming and some more uncomfortable if you are reserved in character. However, we can all “Embrace Legislative Involvement” even if we are not comfortable doing every step alone by working with our club ‘sisterhood’. Working as the great team members we are, each step gets done and we accomplish the goal – fixing a problem!

If you break down the process of “Embracing Legislative Involvement”, it does not look like the daunting task we assume it to be. Here are the author’s seven (7) suggested steps:

- Step 1: Identify the issue that concerns you**
- Step 2: Identify the applicable GFWC Resolution**
- Step 3: Educate yourself about the issue(s)**
- Step 4: Determine who the decision-makers are for your issue**
- Step 5: Get to know the decision-makers**
- Step 6: Educate the decision-makers regarding your issue(s)**
- Step 7: Follow Up! Follow Up! Follow Up!**

All the above is taken (slightly amended) from a great article entitled “Gathering Facts and Working for Change” on the GFWC website by Vicky Ann Trimmer, ESQ, CPA, who was LEGISLATION/PUBLIC POLICY CHAIRMAN 2020-2022. She goes on to expand on how to go about achieving the seven steps she has listed. The complete article is too long to set out here but extremely helpful and detailed - I would be glad to forward it to you if you are unable to find it on the site.

If you were unable to attend Conference, this officer would just like to add that we are planning **Legislative Day for February 19, 2024**. Add it to your calendars and details will be sent out in good time!



Hope Royer
GFWC Virginia Bylaws Chairman
bylaws@gfwcvirginia.org

The amendments adopted at the 2023 Conference in August were posted on the GFWC Virginia web site immediately following Conference. They will be published in the 2024 GFWC Virginia Yearbook. ARTICLE V- DISTRICTS,

SECTION 5, NOMINATIONS AND ELECTIONS, A., is “time sensitive” because it applies to the election of the District Nominating Committee. Be sure to note its “new” language pertaining to Junior representation.

The Bylaws Committee continues to fulfill its duty to review the GFWC Virginia Bylaws and Standing Rules and to propose necessary changes. The Committee “shall consider amendments proposed by: the GFWC Virginia Executive Committee; the GFWC Virginia Executive Board; the GFWC Virginia Junior Executive Board; a District, a District Junior membership, or a club.” Amendments proposed for consideration are welcome at any time.



Lori Rocker
GFWC Virginia Resolutions Committee Chairman

lorivolunteer@yahoo.com

One goal for Resolutions this administration is to shine a light on Resolutions and work with you to Educate, Identify and Act in the Resolutions process. GFWC and GFWC Virginia Resolutions serve as the basis of the advocacy efforts of our organization. They serve an important role, but often members are not aware of their existence or the role they play in our work.

The Resolutions Committee has been busy reviewing both GFWC and GFWC Virginia Resolutions and will present recommendations for action at the 2024 Annual Convention. In addition, the Committee will review any submissions from our membership regarding potential resolutions.

Is there a topic or issue happening in/around your town that you feel has a statewide interest or concern? It may be a prime topic for a resolution. Gather facts regarding the reason for the resolution and actions that clubs and members can take to assist with the issue. Submit your proposal or topic to the Resolutions Committee by **November 1, 2023**. Need assistance in drafting the proposal? Contact this Chairman and we can work together to develop the draft.

The GFWC Virginia Resolutions Committee is looking forward to engaging with all of you to Educate, Identify and Act in the area of Resolutions this administration! Please let us know how we can assist you. We are here to serve!



Linda Beatty
GFWC Virginia Chaplain
chaplain@gfwcvirginia.org

*To live in hearts we leave behind
is not to die.
– Thomas Campbell*

This lovely quote assures us that even though convention 2023 was the final roll call for these faithful members who passed away since convention 2022, they will not be forgotten as long as we keep them in our hearts.

You might not know all the women on this list but they were all part of our federation sisterhood. By having a memorial, we share the loss with all our members. Please don't forget to send in the names of your club members who are deceased since convention 2023 to be included in the next roll call. Send name, club, district and number of years they were federation members.

In Loving Memory...

Name of Member	Club	District	Yrs of Service
Lucy Harris	Lynchburg JWC & Lynchburg Suburban WC	Alice Kyle	50+
Dee Mitchell Alvarez	GFWC Ashcake JRS/Ashcake WC	Lee	20
Virginia Johnson	Brook Run JWC/Hermitage WC	Lee	75
Sallye Bridgewater	Varina Woman's Club	Lee	29
Jane Woods	Woman's Club of Fairfax	Northern	18
Lois Driver	Woman's Club of Fairfax	Northern	47
Constance Lauther	Woman's Club of Fairfax	Northern	22
Celia Johnston	Woman's Club of Fairfax	Northern	3
Betty Powell	Woman's Club of Fairfax	Northern	25
Patricia Ventura	Woman's Club of Fredericksburg	Northern	
Muriel Turner	The Herndon Fortnightly WC	Northern	
Virginia Clarity	The Herndon Fortnightly WC	Northern	
Jean Dura	Woman's Club of Loudon	Northern	
Sarah Love Douglass	Woman's Club of Loudon	Northern	74
Charlotte Slaney Lewis	Woman's Club of Loudon	Northern	
Jane Studabaker	Woman's Club of McLean	Northern	
Dori Coble	Mary Ball Woman's Club	Northern	
Margaret Alexander	Mary Ball Woman's Club	Northern	
Lila Johnson	Spotsylvania Woman's Club	Northern	
Susan Edson	Woman's Club of Springfield	Northern	
June Randolph	Woodbridge Woman's Club	Northern	
Jo Snyder	Wayland Woman's Club	Shenandoah	13



In Loving Memory...

Name of Member	Club	District	Yrs of Service
Mary Smith	GFWC Junto Woman's Club	Southside	31
Barbara Walker	Riparian Woman's Club	Southside	60
Jean Drewry	Boykins JWC & GFWC Tarrara WC	Southside	60+
Jean Jordan Claud	The Woman's Club of Windsor, Inc	Southside	30
Lorene Butler Johnson	The Woman's Club of Windsor, Inc	Southside	30+
Betty Kello Hardy	The Woman's Club of Windsor, Inc	Southside	40
Lillie Mae Bailey	Narrows Junior Woman's Club	Southwestern	12
Shirley McGaffie Barazzone	Richlands Woman's Club	Southwestern	25+
Sigrid Hagen Phillips	Mattie Roundtree Stephenson WC	Southwestern	
Virginia Holland	Woman's Club of Accomack Co	Tidewater	
Anne Carol Nuttall	Woman's Club of Accomack Co	Tidewater	22
Mary Ryser	Woman's Club of Accomack Co	Tidewater	
Norma Wessells	Woman's Club of Accomack Co	Tidewater	45
Nancy Armacost	GFWC Cape Henry Woman's Club	Tidewater	18
Carolyn Bradley	Woman's Club of Hampton	Tidewater	11
Millie Brown	Woman's Club of Hampton	Tidewater	75
Elizabeth Green	Woman's Club of Hampton	Tidewater	24
Anne Tucker	Woman's Club of Hampton	Tidewater	4
Patricia (Trish) Williams	Woman's Club of Hampton Roads	Tidewater	10
Carolyn Hughes	GFWC WC of Hilton Village	Tidewater	4
Phyllis Marie Webb	GFWC WC of Hilton Village	Tidewater	17
Jean Burcher	The WC of Newport News	Tidewater	50
Bea Ware	The WC of Newport News	Tidewater	65
Betty Joyner	Northampton Woman's Club	Tidewater	12
June Rhodes	WC of Williamsburg-GFWC	Tidewater	
Donna Jean Gilroy	GFWC Yorktown Woman's Club	Tidewater	20
Barbara Murphy	GFWC Yorktown Woman's Club	Tidewater	28





Alaina Chaffee
GFWC Virginia LEADS Coordinator
alainamarie23@yahoo.com

GFWC VIRGINIA LEADS Seminar

On Sunday August 13th 26 leaders from around the state gathered to participate in our Virginia Leadership Education And Development Seminar, shining a light on leadership. These ladies dove into topics around the history of GFWC, effective meeting management, emotional intelligence, leadership styles and conflict management. The focus of our time together was to develop skills to be used both in club work and life. Remember everyone is a leader with a special set of skills unique to them and sometimes they just need to learn how to shine their light.

Thank you to both the presenters and attendees for a fun day. Continue to shine your lights bright.

"I believe success is achieved by ordinary people with extraordinary determination." -Zig Ziglar

GFWC Virginia LEADS 2023 Graduates



Amy Riggs
GFWC LEADS 2023 Virginia Participant
amyjerniganriggs@gmail.com

This officer was elated to represent Virginia at GFWC LEADS in Louisville, KY prior to GFWC conference. We had a LEADS meet and greet with GFWC International President Strahanoski, the Executive Committee, and hosted by Deb's Diamond Divas the night prior to LEADS. We were able to snack and socialize with other LEADS candidates.

LEADS day started at 8:30 am. Our first task was an icebreaker to find someone with the same shoe size as you and introduce them to the group. The day was busy with breakout sessions based on surveys completed prior to the LEADS session. The first breakout session was learning how to listen with empathy. Our second breakout session was Conflict Resolution-Using Strategies to Build Strong Relationships and Maintain Morale. The third session was parliamentary procedure. Our fourth breakout session was on Public Speaking.

Continued

There were also other sessions during the day when we were together as a group that included developing your why, GFWC resolutions and our impact on the hill, taking time for your self-health and well-being, time management, and building influence.

Before each of us ended the day with graduation, we were tasked with what was next and given a call to action. We were encouraged to attend our region conference and share our LEADS experience with anyone that will listen. But I have felt challenged to not only share my LEADS experience with my fellow club women, but also evaluate my own leadership role in my club work at club, district and state levels. I know that this opportunity has provided me with just the start of my journey to a continued passion for leadership that I know will continue to grow and develop.

LEADS GRADUATES PLUS FACILITATORS



Terry Putman GFWC Virginia Affiliate Coordinator

GFWC is proud to work with eight dynamic and impactful Affiliate Organizations: Heifer International, Shot@Life, Canine Companions, Operation Smile, Hope for Justice, St. Jude Children’s Research Hospital, March of Dimes, and UNICEF. The clubs of GFWC play an important part in advocating for the causes of these organizations and connecting their missions to local communities. These partnerships allow for a collective impact that broadens the benefits not only for local communities and peoples, but state and nationwide.

At the GFWC Virginia Summer Conference in Suffolk, VA, attendees could visit a display on these Affiliates, pick up handouts, and learn how to access more information on each by visiting the GFWC website at <http://gfwc.org> and clicking on “Affiliate Organizations.”

During the Saturday afternoon session, members were “enlightened” through presentations on three of these partners. Beth Perkins joined the group via Zoom to talk about the critical work St. Jude Children’s Hospital is doing in the field of cancer research and other deadly diseases, such as Sickle Cell, that has led to lifesaving treatments for children everywhere. Beth serves as the relationship manager for national groups, such as GFWC, who partner with St. Jude. Since it opened 60 years ago, treatments at St. Jude have helped the childhood cancer survival rates rise from 20 percent to 80 percent.

Hope for Justice is GFWC’s newest Affiliate Organization. Both groups possess a common mission and vision: to live in a world free from human trafficking. Hope for Justice advocates for safe communities for all people, especially women. Like GFWC, they want communities where people learn, grow, communicate, and connect through freedom and independence. Conference attendees saw a brief you tube question and answer featuring the U.S. Team Leader for Trafficking Investigations at Hope for Justice, Dr. Richard Schoeberl. Dr. Schoeberl shared information on modern slavery,



types of human trafficking, vulnerable groups, strategies of traffickers, and how the internet and social media has made this an easier task for traffickers.

GFWC has generously supported Canine Companions for several decades through donations of both time and funds. Canine Companions is the largest provider of service dogs in the world and offers free support for all those receiving their highly trained dogs. Pam Bennis, a volunteer puppy raiser for over 30 years, spoke to the Conference on her experience as a raiser. Pam was accompanied by her daughter and her 11th puppy, Griffin, a 7-month-old Labrador Retriever. Both Pam and her daughter shared how the years of puppy raising have been a family affair that has blessed their lives, as they have benefited countless others with disabilities. All Conference members would have to agree, Griffin was eager to politely meet and greet!



Mary and Lynn making blanket



Pam Bennis and Griffin



Griffin makes a friend

District News

Alice Kyle District

Gwen D. Hamlet, President

Elizabeth Blair Trent, Third Vice President / Director of Junior Clubs



THE HEAT IS ON!!

This President of the Alice Kyle District (AKD) chose for her administration the theme: “Kindle the Spirit of Volunteers”. As the second year of this administration began in Suffolk, VA at the GFWC Virginia Summer Conference, the torch was lit, and the heat is on! The challenge to surpass or “smoke” our last year’s number of reports, total number of projects and of course our membership numbers is apparent now.

This President began her leadership duties by attending this year’s Summer Conference. She found it to be one of the best she has attended. The group of members gathered were so entertaining, quick to have a good time and ready to learn all about Club work for the new year. The State CSP Chairmen marketplace was informative, helpful, and beautiful. There is so much to do in club work. The program was ‘crammed’ with speakers and State Officers reports and advice. The beautiful hotel was very comfortable and accommodating to our group. The meals were on-spot with food choices and table decorations. Thank you, Amy Riggs, and the Southside District for hosting our group so superbly.

This club year, this AKD President has contacted the presidents of each AKD club and asked them to apply to GFWC and to the GFWC Virginia 2nd Vice President of Membership for membership development grants. All AKD Clubs are asked to invest in an actual paid advertisement in their local newspaper displaying the GFWC and GFWC Virginia logos and some

general information concerning GFWC. The advertisement should state their club officers, their club contact information and the time and place of their meeting. We tend to rest on our own knowledge of GFWC and forget that the generation that 'just knew' about GFWC, might be out of circulation and the active women may not be familiar with our organization and the years it has been in existence. It is our challenge to introduce them to the work done by GFWC Virginia and the many friends and opportunities available with membership.

The Alice Kyle Club Presidents have been asked to submit to their District President their plans for National Day of Service, register with GFWC, and to fully participate on or before September 30, 2023.

The date for the Alice Kyle District Fall Meeting is October 21, 2023, and it will be held at the beautiful Berry Hill Plantation Resort and Conference Center in South Boston, Virginia. The South Boston-Halifax Junior Woman's Club will be our charming hostesses for the day.



Blue Ridge District

Carol Guilliams-Mills, President

Summer has flown by and our clubs are busy selecting projects, programs and fund raisers for the year. The GFWC Roanoke County celebrated their 100th Anniversary with a lovely luncheon. The GFWC Botetourt Town and Country Woman's Club held a purse auction as a fund raiser, the GFWC Woman's Club of Vinton collected school supplies and catered a luncheon as a fund raiser. The GFWC Woman's Club of Roanoke also celebrated their 100th Anniversary with a cake at Fall district. All clubs have signed up to participate in GFWC's National Day of Service.

A "great project" has been dropped into our laps. The District President's Special Project is Animal Welfare. Kroger has set up a program, if you sign up for it. They will donate a percentage of qualifying purchases will be donated to the Roanoke Valley SPCA. What a deal and it does not cost anything. All members are encouraged to register for this project.

The Fall District Meeting will be held in Roanoke on October 7th. Our GFWCVA President Bonnie Rosemond and Junior Director Denise Price will attend and speak. The theme of the meeting is "Paw Patrol". Everyone attending is encouraged to bring dog and cat food, toys, treats and cleaning supplies. The Executive Director of the SPCA will attend with one of their "Ambassador Dogs" to briefly speak on the services available at the SPCA and receive the donated items.

At the District Meeting we will have a great fund raiser, the Calendar Game. It was a big hit last fall and hopefully will bring in lots of money for Animal Welfare. Chances are \$5.00 and the purchaser will pick a date on the calendar. There may be more than one name per date. The numbers of the days are drawn and the number holding that date will get a prize. Everyone receives a prize.

Here's hoping that everyone will have a fruitful and fun filled fall.



Lee District

Sally Cary, President

Jessica Thomas, Third Vice President / Director of Junior Clubs

Greetings from the Lee District

We are preparing for the Fall District Meeting to be held at First Baptist Church in Ashland on October 28, 2023. Bonnie Rosemond, our GFWC Virginia President will be joining us. We are so delighted to spend time with her in our district. We will have a ticket drop fundraiser to support the District Special Project, Children's Hospital of Richmond at VCU and all are excited to collaborate during the joint business session.

Many clubs from the Lee District are signed up to participate in the National Day of Service on September 30th and more plan to join in on the fun. A big impact on food insecurity in our district will be made! The Junior clubs have been encouraged to participate in the Junior Leadership Certification Program and we are looking forward to growing leaders in our district.

We are very proud of our own Alaina Chaffee as she led twenty-six leaders throughout the state at the GFWC Virginia Leadership Education And Development Seminar (LEADS) at the 2023 GFWC Virginia Conference. We are thankful for her efforts and planning and commend her on her success.

The district newsletter is encouraging our clubs and members in a variety of ways. A reminder to all club leaders to pass off information in a timely manner, easing the transition not only for the leaders but the club members too was shared. Members were reminded that all club women are members of the membership committee and should be focused not only on recruitment but retention too. Club Secretaries were reminded of their essential duties and all clubs were reminded of proper procedures when registering for meetings by the Parliamentarians. The CSP areas shared wonderful project ideas, one highlight being the need to focus on our physical and mental health when we create projects under the Health & Wellness CSP. Legislation and Public Policy chairman reminded us of the importance of writing letters to the editors of your local newspaper. Fundraising reminded us to put the FUN in fundraising. Our Website Chairman encouraged us to stay in touch with our club members through newsletters and gave tips for best practices. Lastly, our HOBY Chairman shared a wonderful photograph and message from the HOBY Virginia Board of Directors. They had 155 Ambassadors who attended the HOBY

Virginia Seminar held at James Madison University June 2-4, 2023. Many thanks were shared to the members and clubs of the Lee District for their generous donations.

It was our turn to collaborate with the GFWC Virginia Advocates for Children Chairman. After some brainstorming, Alice Kyle District and Lee District decided to support period poverty by collecting period supplies at the GFWC Virginia Conference. The women throughout GFWC Virginia really supported this initiative and hundreds of items were donated to the local Communities in Schools to be distributed to the local high schools in need in our district.

What's in a District name you might ask? Well, the Lee District is asking that question to themselves. At the Annual Lee District Meeting on March 25, 2023, the Executive Committee announced their decision to form a committee to study the idea of changing the name of Lee District. The Executive Committee appointed the committee and they met in June 2023. The committee determined they would like to hear from the membership and clubs are asked to have a discussion with their members and report back to the committee by February 1, 2024. Members of the committee will be available to speak at club meetings sharing pros and cons. We are proud of our members and clubs for taking the time to discuss this important topic.

Wow, the Ladies of Lee have certainly been busy this summer and starting the fall off strong. We look forward to our Fall Meeting and for many clubs to start back into club work this fall. Thank you to President Bonnie Rosemond and Director of Junior Clubs Denise Price for your support of the clubs and members of the Lee District. We are excited to collaborate and engage even more in the coming year of your administration.



Northern District

Joyce Jolly, President

My, how time flies! This administration is already entering its second year and looking forward with anticipation to another productive year. Looking back over the past year, our various committees have been very busy reviewing and revising documents. In addition, our club historian, Phyllis Flohr, has been busy updating the history of our club.

We are now preparing for our Fall Meeting which will be held on Saturday, October 7, 2023 at the Springfield Golf and Country Club. We will have two guest speakers. Marcy Capers of the Prince William County Social Services Department will address the foster care system and our own Sahra White, member of the GFWC Mary Ball Woman's Club, will share her experiences as a foster parent. Of course, we will have our marketplace for clubs to sell their items, 50/50, and club drawings. We will be selling our new district pins which are hot off the press. All of you are invited to attend!

My project, "It Takes a Village to **Care for Kids**," received tremendous support from all of our clubs. Last year we collected 239 stuffed animals, 100+ backpacks, 177 blankets and many, many, toiletries which totaled over \$8,000 in in-kind donations. At our fall meeting we will be collecting pajamas to donate to Comfort Cases. They will place the pajamas in the backpacks which are provided to kids entering the foster care system.

Congratulations to Karen Attreed, Bel Air Woman's Club, Lura Elder and Shirley Boggs, GFWC Spotsylvania Woman's Club for receiving the GFWC Golden Pin Award for 50 years of club service. Also, congratulations to the GFWC Dominion Woman's Club for placing third in the GFWC website contest. A very big shoutout to Pat Riedinger, Clifton Community

Woman's Club, for receiving the GFWC Virginia Jennie Award which is given for outstanding commitment to club, community and family.

Looking forward to another very good club year!



Shenandoah District
Judy Gough, President

Ilia Desjardins, Third Vice President / Director of Junior Clubs

How time flies – we go from District meeting to Conference to District meeting. It does seem that time does fly by in an instant. We are glad to have Susie Mowry be our guest at our Fall District Meeting.

We are also very excited to have Caitlin Carrington come and get the GFWC First Place Award for her short story along with a check from the GFWC-Virginia Federation. How Exciting for all of us. Camilla Cabiness, our Arts Contest Chair will also be there along with our District Writing Contest Chair Wanda Kornicke. What a full slate we will have. Thank you to the Lexington Club for Hosting all of us.

Since Spring District three clubs have had membership events – Greene County Woman's Club, Staunton Augusta Juniors/Waynesboro Augusta Woman's Club. They were fun events and both events had prospective members show up. The State membership Grants helped these clubs with the events.

Fall seems to indicate that we need to start to on Club work but we have been working all year. Thank you goes to all the Club Presidents who have been working on their club's structure and programs over the summer.



Southside District
Amy Riggs, President



Mary Katherine Steed
Third Vice President / Director of Junior Clubs

Wow, what a great Summer Conference! We hope you enjoyed your time in Suffolk. Our district ladies did a fantastic job hosting the Summer Conference. It was so good to see so many of our Federation friends. We collected two car loads of canned and nonperishable food items For Kids.

We are looking forward to our Fall District meeting on October 14, 2023. We will be collecting shoes for kids for physical fitness as a part of MK's physical fitness emphasis. We will also have a silent auction with half profits going to the district project. It will be a day filled with learning more about children's mental health also.



Southwestern District
Eleanor Armes, President

Heather Dunn, Third Vice President/Director of Junior Clubs

Greetings from Southwestern District!

Many thanks to all who made GFWC Virginia's Conference the event it was! It had it all: quality speakers, informative CSP and Advancement Area displays, opportunities to participate in several very worthwhile service projects, and time for

food, fellowship, and entertainment!!! Six Southwestern District members from five clubs were in attendance. Congratulations to Amy DeWilde and Tabatha Nester for completing the LEADS Seminar!

By the time this issue of *The Virginia Clubwoman* magazine is published, our 2023 Fall District Meeting will have already happened! Members were called to meet September 16th in downtown Wytheville, Virginia at the Open Door Café. The Open Door is a unique restaurant (the first of its kind in Southwestern Virginia) that provides meals to its patrons five days a week regardless of their ability to pay. It is run by Helping Overcome Poverty's Existence (HOPE), with help from donations from several foundations, faith-based entities, and many individuals who believe in paying it forward.

Clubs have been enthusiastically participating in the National Day of Service with food collections for backpack programs, blessing boxes, and food pantries, just to name a few. They have also assisted other community entities with their food drives. Challenges have been flying fast and furiously within Southwestern District's clubs, with other district clubs, and with other area organizations! All to aid in helping make GFWC's first National Day of Service a huge success!!!

Once again, a huge THANK YOU to the members of Southwestern District for their continued pursuits in "living the volunteer spirit!"



Tidewater District

Nancy Vaderson, President

Tidewater District GFWC Virginia members have been busy this summer preparing for another successful year in the second year of this Administration. Six members attended the GFWC Convention in Louisville, Kentucky! We enjoyed the Convention, the speakers, and the sights of Louisville. In July, we held an Orientation for club presidents and district chairmen. Thirty-four attendees enjoyed presentations on important topics of interest to clubs and their members. Suzy Mowry spoke to us about her responsibilities as GFWC Virginia First Vice President/President-elect and encouraged attendees to serve on the district and state levels of Federation.

Fifty-one Tidewater District ladies attended the 2023 GFWC Virginia Conference in Suffolk, Virginia, on August 11-12, and ten Tidewater ladies took part in the GFWC Virginia LEADS on August 13! It was a great meeting with lots of information shared, two service projects completed, and great fun at the "Virginia's Got Talent" event. Congratulations to Tidewater's own Cathy Fowler who won second place in the talent show! We even saw the bus for the Armed Services YMCA purchased with funds raised in 2020-2022 by GFWC Virginia members! Congratulations to the Poquoson Woman's Club for receiving a \$100 Membership Grant from GFWC Virginia! And, Tidewater District GFWC Virginia has a new club, the Tidewater Past District Presidents Woman's Club!

The Tidewater District GFWC Virginia Fall Meeting will be held on September 30, 2023, in Virginia Beach, VA. Attendees will hear presentations from five enthusiastic ladies on volunteer opportunities with Canine Companions, Operation Smile, Sweats for Vets, the Foodbank, and the GFWC Virginia Project.

Since the Fall meeting is on the GFWC National Day of Service, Tidewater District GFWC Virginia will be supporting "Beach Bags," a service project that provides food items for school children to eat during the weekends. We will donate items to fill the bags to the church where we will hold our District Meeting.

A new project unveiled this summer is a gift card basket to raise funds to support increasing the district scholarship, the Fannie Stearnes Scholarship, from \$500 to \$750. Maureen Mike, District second Vice President, is working on a new district profile/brochure that clubs can use for membership events and to spread the word about the district and Federation.

Tidewater District GFWC Virginia is ready to "Share Because We Care" in 2023-2024!





September 30, 2023- the day GFWC has set as the National Day of Service will soon be here. Many GFWC Virginia Clubs have already registered. But it is not too late to register and plan an activity.

To register: Email Melanie Gisler, Director of Membership Services, at MGisler@GFWC.org and copy Deb Strahanoski, International President, at DStrahanoski@GFWC.org . Please include in your email: Club name, Point of contact, Address, Phone number and email.

Let's try hard to have as many GFWC Virginia Clubs as possible registered and take part in this very eventful National Day of Service where GFWC clubs are united in its dedication to volunteer community service. Your club activity can be held prior to September 30th.

All GFWC Virginia club presidents should have already received a Constant Contact from GFWC Virginia in reference to ways GFWC Virginia will be working with Milk for Good, partnering with the Federation of Virginia Food Banks at the Virginia State Fair, Friday, Saturday, and Sunday, September 22-24. Please see the Constant Contact to register as soon as possible so we will have tickets for those who are signing up.

There are other dates and time slots available of ways to participate at the Virginia State Fair to help volunteer for GFWC Virginia – National Day of Service Activity. This information is also included in the Constant Contact. Please consider this activity but this registration sign up is not just for GFWC Virginia members.

If you have not received your Constant Contact notice and would like it forwarded to you, please email me. president@gfwcva.org

Thank you, for all you do for your communities as we proudly serve as members of GFWC Virginia.

Federation hugs,

Bonnie



Farms to Food Banks

Virginia Food for Virginia Families

- 1 million pounds rescued last year through the **Virginia Agriculture Food Assistance Program**
- Over 8,000 mixed produce boxes every month
- Over 250,000 half gallons of fresh milk purchased from the Maryland and Virginia Milk Producers since 2018



FWC SOUTHEASTERN REGION STANDING RULES

- I. **NAME.** The name shall be GFWC Southeastern Region.
- II. **PURPOSE.** The purpose of the Region shall be to promote a better understanding of the structure, program, and challenges of the General Federation of Women's Clubs.
- III. **MEMBERSHIP.** State Federations and the District of Columbia designated by the Bylaws of GFWC.
- IV. **OFFICERS**
 - A. The officers shall be a President, a Vice President, a Secretary, and a Treasurer.
 - B. Eligibility. A candidate for office shall:
 - 1. Be a member of an active club in State Federation in the Region. ~~or the District of Columbia.~~
 - 2. Have served at least one two-year term on the GFWC Board of Directors.
 - 3. Be endorsed during the annual state meeting by their respective state ~~or district~~ for a specific office. Letter of Endorsement may state if candidate is available for any other office. All supportive data and endorsements for candidates must be mailed to the Chairman of the Nominating Committee and postmarked no later than June 1 of odd numbered year.
 - C. Term of Office
 - 1. Two-year term of office begins at the close of the GFWC International Convention in the even year.
 - 2. No officer shall serve more than one two-year term in the same office.
 - 3. No State Federation ~~or the District of Columbia~~ may have more than one member serve as an officer during an administration. ~~In the event that~~ **unless** no such division of officers is possible. Any state may nominate a qualified candidate already represented on the Executive Committee and be ratified by a 2/3's(two-thirds) vote of the voting body.
 - D. Vacancies. A vacancy in the office of President shall be filled by the Vice President **for the unexpired term**. If the Vice President shall not fill the office of President, the vacancy shall be filled by the Board of Directors A vacancy in any other elected office shall be filled by Board of Directors for the unexpired term.
 - E. Duties of Officers
 - 1. The President shall:
 - a. Preside at all meetings
 - b. Serve on GFWC Board of Directors.
 - c. Plan GFWC SER Annual Meeting and Conference as directed in GFWC Bylaws, GFWC Standing Rules, and Region Standing Rules.
 - d. Arrange a Semi-Annual GFWC SER Meeting to be held during GFWC Convention.
 - e. Appoint Standing Committee Chairmen, chaplain, historian, parliamentarian, protocol chairman, and such special committees as may be needed to implement work of Region.
 - f. Serve as ex-officio member of all committees except Nominating Committee.
 - g. Compile annual report of administration for GFWC, Region records, and successor.
 - h. Report to the GFWC President-elect.
 - i. Approve vouchers and forward to Budget and Finance Chairman for signature.
 - j. Determine, in cooperation with Host State President, use of complimentary rooms.
 - k. **Report orally and submit written reports at all Region meetings**
 - 2. The Vice President shall:
 - a. Perform duties of President in her absence.
 - b. Assist President in implementation of the purposes of Region.
 - c. Serve as chairman for commercial exhibits and state reports at GFWC SER Annual Meeting and Conference.
 - d. Administer the GFWC SER fundraising and vendor procedures.
 - e. **Report orally and submit written reports at all Region meetings**
 - 3. The Secretary shall:

- a. Record Minutes of all Region meetings and submit a copy within three weeks to Region President and Parliamentarian. Upon approval, submit a copy to members appointed by Region President to approve Minutes.
 - b. Report orally and submit written reports at all Region meetings.
 - c. Conduct correspondence specifically delegated by Region President or Board of Directors.
4. The Treasurer shall:
- a. Deposit and disburse funds as allocated in budget or upon receipt voucher.
 - b. Serve as a member of Budget and Finance Committee.
 - c. Report orally and submit written reports at all Region meetings.
 - d. Send quarterly written reports to President, Vice President, Secretary, and Chairman of Budget and Finance Committee.
 - e. Submit financial records to Financial Review Committee by July 31 of the even year and forward to new Treasurer by August 31 of the even year.
 - f. Officers shall serve as voting delegates to the GFWC Convention.

V. NOMINATIONS AND ELECTIONS

A. Nominations.

1. A Nominating Committee of three (3) members, each from a different state, shall be elected at GFWC SER Annual Meeting and Conference in even-numbered years. Immediately following election of committee, committee shall elect a chairman.
2. The committee chairman shall send a letter to the presidents of the member states by January 1 in odd numbered year seeking candidates for office. All supportive data and endorsements for candidates for office in GFWC Southeastern Region must be mailed **or emailed** to Chairman of Nominating Committee and postmarked no later than June 1 of odd numbered year.
3. It shall be the duty of committee to present a candidate or candidates for office.
4. The slate of nominees shall be included in the CALL to GFWC SER Annual Meeting and Conference and the Nominating Committee shall present its report at the GFWC SER Annual Meeting and Conference held in the odd year. Nominations may be made from the floor following the report of the committee. Candidates so nominated shall have consented to be nominees, and shall have provided a one page resume of no more than 100 words to the chairman of the Nominating Committee at least 14 days prior to the opening of the GFWC SER Semi-annual meeting held in the odd year.
5. Candidates shall have met the requirements of eligibility and consented to serve, if elected. Following the call for nominations from the floor, the nominating organization shall provide information regarding the candidate to all delegates present prior to the vote.
If there are no eligible candidates for an office prior to the SER meeting in the odd year, additional nominees may be made from the floor at that meeting. These nominations shall be endorsed at the annual state convention or meeting in the even-numbered year. If there are still no eligible candidates the Board of Directors shall fill the vacancy.

B. Elections. Election of officers shall take place at the GFWC SER Annual Meeting and Conference of the odd year. A plurality vote shall elect. Where there is only one candidate for a given office, election may be by voice vote. If there is more than one candidate for an office, the vote shall be by ballot.

c. Installation. Installation of officers shall take place at the close of the Semi-Annual Meeting at GFWC Convention during the even year. Officers shall assume office at the close of the GFWC Convention.

VI. MEETINGS

- A. GFWC SER Annual Meeting and Conference. There shall be an GFWC SER Annual Meeting and Conference in the month of November unless otherwise determined by GFWC. The Annual Meeting and Conference shall be for reporting, conducting business and presenting a program to promote the effectiveness of GFWC. The Annual Meetings and Conferences shall be scheduled according to Region guidelines and GFWC procedure at least two years in advance.
- B. Member states shall rotate duties of hosting as follows: Virginia, Tennessee, Maryland, West Virginia, Kentucky, and North Carolina. Request to change the order of rotation must be submitted to the Region President two years in advance of the scheduled rotation-

- B. Semi-Annual Meeting. There shall be a Semi-Annual Meeting held during the GFWC Convention. The agenda shall include the installation of the new officers in the even years and such other items of business as the President and Board of Directors consider appropriate.
- C. CALL. The President shall send the CALL to the GFWC SER Annual Meeting and Conference **and the Call to the semi-annual GFWC SER meeting** at least forty-five (45) days prior to the meeting date. The CALL shall be sent to the GFWC officers, members of the Region Board of Directors, GFWC International Past Presidents residing in the Region, GFWC Past Directors of Junior Clubs residing in the Region, Past GFWC SER Presidents, GFWC Chairmen authorized to attend, and GFWC Chairmen and committee members residing in the Region. State Presidents shall furnish copies of the CALL to all member clubs and other appropriate officers and chairmen prior to the conference.
- D. Representation. The voting body of the GFWC Southeastern Region for all meetings shall consist of:
 - 1. Region Officers
 - 2. Chairmen of: Standing Region Committees (Financial Review, Budget and Finance, and Standing Rules) appointed by the Region President
 - 3. Chairmen of Special Region Committees (Elections, Evaluation, Minutes Review, and SER Fundraising) appointed by the Region President
 - 4. Presidential Appointments made by the Region President (Chaplain, Historian, Parliamentarian, and Protocol Chairman); any other special committees deemed necessary
 - 5. GFWC International Past Presidents residing in the Region
 - 6. GFWC Past Directors of Junior Clubs residing in the Region
 - 7. Past Region Presidents
 - 8. Elected officers of GFWC residing in the Region
 - 9. Fifteen (15) delegates from each member State Federation and the District of Columbia including the State Federation President and the State Director of Junior Clubs. The procedure for selecting the State Federation delegates shall be left to the discretion of the State Federation.
- E. Attendance. Any member of a club in a State Federation holding membership in the Southeastern Region may attend meetings of the Region. Only delegates may make motions, debate, and vote.
- F. Quorum. The quorum shall be 35 delegates registered provided this includes one Region officer and representation from at least four (4) different State Federations **and/or the District of Columbia**.

VII. BOARD OF DIRECTORS

- A. The Board of Directors shall consist of:
 - 1. Elected Personnel: Region Officers and Presidents and Directors of Junior Clubs of member states.
 - 2. Appointed Region Committee Chairmen:
 - a. Standing: (Financial Review, Budget and Finance, and Standing Rules),
 - b. Special: (Elections, Evaluation, Minutes Review, and SER Fundraising), and
 - c. Appointments: (Chaplain, Historian, and Protocol Chairman) any other special committees deemed necessary.
- B. The Board shall
Manage the affairs of the Region; recommend the disposition of the Region funds and make recommendations to the Region
 - 1. Fill vacancies in an elected office
 - 2. Perform such other duties as authorized by the Region.
 - 3. Meet prior to the GFWC SER Annual Meeting and Conference (in the even year and if necessary, in the odd year) or at the call of the President.
 - 4. ~~In case of an emergency, take a vote by mail, email, fax, or telephone. Such vote shall be ratified at the next regional meeting. To conduct a vote by mail conference call or E-mail, all members must be able to participate in the same manner.~~
 - 5. **Meetings and voting may be held as a body or electronically following the guidelines in the GFWC SER adopted parliamentary authority, Robert's Rules of Order Newly Revised.**

VIII. STANDING COMMITTEES

- A. A term of a Standing Committee shall be for one administration.
- B. Financial Review Committee. A Financial Review Committee of three (3) members each from a different state shall be appointed by the President, who shall designate the Chairman. Committee shall review the Treasurer's financial records after July 31 of each year and submit its report at the Annual Conference of each year.
- C. Budget and Finance Committee. A Budget and Finance Committee consisting of the Chairman, Region Treasurer and one appointee, each from a different member state, shall be appointed by the Region President. This Committee shall present a budget during Semi-Annual meeting held during the GFWC Convention. The Chairman and the Region President shall approve all vouchers before forwarding to the Region Treasurer for payment.
- D. Standing Rules Committee.
 - 1. There shall be a Standing Rules Committee of three (3) members, each from a different member state, appointed by the Region President. The President shall designate the Chairman of the Committee.
 - 2. Duties:
 - a. Receive proposals for change
 - b. Review Standing Rules and proposed changes via electronic means
 - c. Submit proposed amendments to Region President 60 days prior to date of Annual Conference or Semi-Annual Meeting at which the amendments will be proposed.
 - 3. Proposed Amendments shall be included in the Call to the Annual Conference or Semi-Annual Meeting at which the amendments will be proposed.

IX. FINANCIAL POLICIES

- A. The Fiscal year shall be from July 1 through June 30.
- B. Annual dues. Each state federation (Kentucky, Maryland, North Carolina, Tennessee, Virginia, West Virginia) and the District of Columbia, shall pay annual dues of \$75 by September 1st to be entitled to representation at the Region Annual Meeting and Conference.
- C. The Treasurer or the President shall be empowered to sign all checks.
- D. Registration Fee
 - 1a. The registration fee for those attending the annual conference shall be determined by the Board of Directors. All registration fees for the SER Annual Conference shall be made payable to SER.
 - 1b. REGISTRATION FEES SHALL NOT BE REFUNDED.
 - 2. All members attending a meeting or meal function of the SER shall pay applicable registration fees and/or meal fees.
 - 3. Non-members (spouses, guests) shall not be required to pay registration fees.
 - 4. The Host State Registration Chairman shall give the Credential Report at the Annual Conference, providing copies of the final report for Region President and Region Secretary. The GFWC SER President shall provide the official form to be used to establish voting strength, attendees, etc.
- E. Budget Items
 - 1. Each **annual** budget shall include an amount not to exceed \$1400 for conference expenses; from this amount \$300 shall be advanced to the Host State in August of each year. Vouchers **for expenses relating to the Annual Meeting and Conference** shall be submitted, approved, and charged to this budgeted account.
 - 2. A sum of not less than \$100 shall be budgeted annually for expenses of the Host State Conference Chairman. Vouchers with accompanying receipts shall be submitted and approved.
 - 3. The amount to be determined by the Board of Directors shall be budgeted annually for all-inclusive annual expenses of the Region President. This sum shall be applied to the President's expenses for SER, GFWC meetings, and her desk allowance. Vouchers shall be submitted, approved, and charged against this account. The Region President shall also receive the GFWC Board Travel Stipend determined each administration by GFWC.
 - 4. An amount to be determined by the Board of Directors shall be budgeted annually for the Region Vice President, Secretary, and Treasurer. This amount shall be applied to the officers' expenses for SER meetings, GFWC meetings, and desk allowance. Vouchers shall be submitted, approved and charged against these accounts.

5. In the even year of an administration \$500 shall be designated for Region expenses of the incoming administration. These funds shall be used by the newly elected Region Treasurer to establish a checking account for the next administration. ~~Telephone expenses and postage~~ Expenses used to secure chairmen and committee members, and the printing of the Region directory for the next administration shall come from these funds. Any funds not utilized will revert to the general fund of the Region.
- F. Vouchers shall be submitted in triplicate for all expenses. Vouchers shall be approved by the Region President and Chairman of the Budget and Finance Committee and forwarded to the Region Treasurer for her signature and subsequent payment. No payment shall be made without proper vouchers and accompanying receipts.
- G. All expenses exceeding the budget-line items, or which are not specifically itemized in the budget, and which are \$100 or more in cost, shall be approved by the Region Board of Directors.
- H. Fundraisers. All fund raising shall be approved by the Region President. Fund raising space shall be allotted to the Host State. Proceeds from fund raising, except for those approved for the Host State, will benefit the Region, unless otherwise designated in GFWC or GFWC SER rules.
- I. Redistricting. In the event of a redistricting of the Region by GFWC, the remaining funds in the Region treasury shall be pro-rated on a state federation basis and shall become the property of the constituent organization.
- J. A returned check fee shall be assessed for any check returned for insufficient funds. The fee shall be in accordance to the amount charged to the region by its financial institution.
- K. Dissolution. In the event of the dissolution of the Region, the remaining funds in the Region treasury shall be disbursed as determined by the GFWC SER Members, in accordance with IRS regulations.

X. ANNUAL MEETING AND CONFERENCE

- A. The GFWC Southeastern Region shall hold an Annual Meeting and Conference.
 1. The dates of the region conference shall be determined by the GFWC Executive Committee and Region President.
 2. The site of the conference shall be determined by the host state, the Region President and GFWC President-elect and approved by the GFWC Executive Committee.
 3. The contract shall be approved by GFWC SER President and signed by the Host State President. The Host State shall establish a master account with hotel and be named as controlling party in the contract with the hotel.
 4. The cost of lodging for the Region President shall be negotiated into the contract.
- B. Responsibilities
 1. GFWC will cover cost of food, travel, and lodging for GFWC President and President-elect.
 2. GFWC Southeastern Region shall:
 - a. Issue an invitation to the SER Annual Meeting and Conference with date, hotel, and events no later than 30 days following close of GFWC Convention.
 - b. Send proposed agenda to GFWC President and President-elect 45 days in advance of publication.
 - c. Following approval of proposed agenda, send the Call to GFWC SER Annual Meeting and Conference with registration forms six weeks prior to date of meeting.
 - d. Prepare seating charts, including reserved tables, for all meals and business meetings.
 - e. Provide place cards and placards for reserved seating.
 - f. Determine use of complimentary rooms **in conjunction with the SER President.**
 - g. Arrange processions **for the sessions as defined by the Protocol Chairman.**
 - h. Purchase courtesies for visiting dignitaries.
 - i. Assume cost of and appoint chairman to prepare conference program.
 - j. Select, sign contracts for and assume cost of equipment/physical details listed in 3a which are approved by GFWC SER President, speakers, and entertainment (other than for State Night).
 - k. Unless covered by GFWC, assume cost of audio-visual equipment required by speakers or entertainment, except for that used for State Night.
 3. Host State shall:
 - a. Plan all physical details, including meeting room, banquet room, vendor area, workshops break out rooms, cash bars, receptions, procession set up rooms, etc. and room block. Secure lecterns, microphones, audio-visual equipment, and piano as requested by GFWC SER Region President. Any

- costs for equipment/physical details not requested and approved by GFWC SER President shall be the responsibility of host state.
- b. Assume any loss due to not covering room block.
- c. Create a budget and provide vouchers with accompanying receipts for reimbursement by the GFWC SER to a maximum of \$1400. \$300 may be advanced to the host state, upon request, in August prior to conference. Budget shall include costs of registration and meals for the Region President.
- d. Accept responsibility for additional expenses, not covered in GFWC SER Standing Rules Article X.
- e. Appoint Conference Chairman and Committee Chairmen, as needed.
- f. Provide hostesses for GFWC President, President-elect and any other GFWC officer attending GFWC SER Annual Meeting and Conference.
- g. Provide transportation to and from airport for GFWC President, GFWC President-elect and GFWC SER Officers, as needed.
- h. Make suggestions for speakers and entertainment, if requested.
- i. Select menus and set meal costs with approval of GFWC SER President.
- j. Plan menu, seating, entertainment, speakers, and other details related to State Night. Assume all costs of **State Night activities**.
- k. Provide and assume costs for table decorations for all meals, table favors and registration bags at state's discretion.
- l. Plan and assume all costs for Fun Night.
- m. Arrange any tours. Profits from tours are split evenly with GFWC SER; losses are absorbed by the host state. **A check made out to GFWC SER for half of the profits shall be sent directly to the GFWC SER Treasurer.**
- n. Provide and assume costs for all printed items needed, i.e. badges, meal tickets meal programs, etc., except the conference program.
 - o. Provide a financial summary of the region conference for the Region President, Treasurer and Budget and Finance Chairman within 60 days of the adjournment of the conference. **Check made out to GFWC SER for half of the profits of tours shall be sent directly to GFWC SER Treasurer.**

XI. **PARLIAMENTARY AUTHORITY.** The Parliamentary authority for this organization will be the current edition of *Robert's Rules of Order, Newly Revised*.

XII. **AMENDMENTS.** These rules may be amended at any meeting by a majority vote of those present and voting provided a copy of the amendments has been appended to the CALL or by two-thirds vote of those present and voting without notice.

Adopted	November 1991	White Sulphur Springs, WV
Edited	November 1993	Washington, DC
Amended	November 1994	Lexington, KY
	November 1996	Baltimore, MD
	November 1998	Raleigh, NC
	November 2000	Louisville, KY
	November 2002	Nashville, TN
	November 2004	Shepherdstown, WV
	November 2005	Lexington, KY
	November 2008	Knoxville, TN
	November 2011	Lexington, KY
	November 2015	Annapolis, MD
	November 2017	Hebron, KY
	September 2019	Richmond, VA
	November 2021	Flintstone, MD



CALL to the GFWC Southeastern Region Annual Meeting and Conference

All Clubwomen belonging to the GFWC State Federations of Kentucky, Maryland, North Carolina, Tennessee, Virginia, West Virginia, and the District of Columbia are hereby called to the GFWC Southeastern Annual Meeting and Conference.

November 2-5, 2023

DoubleTree by Hilton Huntington, 1001 3rd Avenue, Huntington, WV, 304-525-1001

Rate is \$139/night – make sure to ask for a double/double if needed.

Hotel Code: GFWC Southeastern Region & Includes Valet Parking for ONE car

Hostess State: GFWC West Virginia

Conference Chairman: Georgianna Tillis

GFWC WV President

Cathy Jo Bryant

GFWC Theme - Living the Volunteer Spirit

GFWC President’s Theme – Dream Big, Sparkle More, Shine Brightly

GFWC SER Theme – Jewels of the Federation

The purpose of the Region shall be to provide a better understanding of the structure, programs, and challenges of the General Federation of Women’s Clubs.

Standing Rules VI. Meetings D. Representation

The voting body of the GFWC Southeastern Region for all meetings shall consist of the Region Officers, the Chairmen of the Standing Region Committees (Budget and Finance, Financial Review, and Standing

Rules) appointed by the Region President, Special Region Committees (Elections, Evaluation, Minutes Review, and SER Fund Raising) appointed by the Region President, and Presidential Appointments made by the Region President (Chaplain, Historian and Protocol Chairmen); GFWC International Past Presidents in the Region; Past Region Presidents; elected Officers of GFWC residing in the region; fifteen (15) delegates from each member State Federation and the District of Columbia including the State President and the State Director of Junior Clubs. The procedure for selecting the State Federation delegates shall be left to the discretion of the State Federation.

The Presidents of each member State Federation are requested to provide copies of the CALL to all member clubs, appropriate officers, and chairmen in their state.

2022-2024 GFWC Southeastern Region Officers

President	Bev Lassiter	North Carolina
Vice President	Reno Eitel	Maryland
Secretary	Sharon Sheridan	West Virginia
Treasurer	Kelly Lane	Virginia

GFWC Southeastern Region Conference

November 2-5, 2023
DoubleTree by Hilton Huntington
Huntington, WV 25701
Hosted by GFWC West Virginia



Registration Form

Please make copies for EACH person attending

NAME _____ STATE FEDERATION _____

Address _____

Email Address _____

Cell phone _____

EMERGENCY CONTACT NAME _____

EMERGENCY CONTACT NUMBER _____

Is this your First GFWC Southeastern Region meeting Yes _____ No _____

_____	SER Registration (Due October 6, 2023)	\$25 _____
_____	Late/On-site Registration (After October 6, 2023)	\$35
_____	One Day Only Registration	\$15

I will also be attending **LEADS** on Friday, Nov 3rd beginning at 9:00 am \$20 _____

Total Enclosed .

There are no refunds of registration fee.

Registration Checks payable to GFWC Southeastern Region & mailed to:

Kelly Lane

SER Treasurer
8401 Fredonia Road
Richmond, VA 23227

**Meal functions & tours – Mail checks separately to
GFWC West Virginia**

Service Project

We will be collecting the following:

- \$25 Gift Cards from Krogers or Walmart
- Hotel Size toiletries for Welcome Bags at the VA Medical Center

We will be filling the Welcome bags for Veteran patients at the VA Hospital near the Conference Registration desk on Second floor.



Southeastern Region Conference
November 2 – 5, 2023
DoubleTree by Hilton Huntington (WV)

Name: _____ Email: _____

Cell phone: _____ State Federation: _____

Medical Dietary Restrictions: _____

Please indicate any specific dietary restrictions here. A vegetarian option will be the chef's choice at dinner.

THURSDAY November 2

Breakfast on Your Own

Fisher House Tour *Lunch on your own transportation leaving Hotel lobby at 12:15* **\$ 25 _____**

- *This very limited tour will visit the Fisher Hospitality House on the property of the Woody Williams VA Center. Tour cost includes decorating items for the Service Project. We'll arrive back at the hotel around 4 pm.*

FRIDAY November 3

Breakfast on Your Own

Lunch on Your Own unless you are doing the Museum tour

HUNTINGTON MUSEUM OF ART **\$25 _____**

There is a Chihuly installation and a Rembrandt among the collection and in No. local exhibitions will change

State Night Dinner Please select one **\$37 _____**

- Baked Steak**
- Southern Fried Chicken**

Entrees include Garden Salad, Potato, Veg, Rolls, tea/coffee and Dessert

SATURDAY November 4

Breakfast on Your Own

Lunch **Soup, Salad, and Sandwich Buffet** **\$32 _____**

Includes 2 soups, 2 sandwiches, 2 Salads, tea/coffee and Dessert

SER Banquet Please select one **\$45 _____**

- Salmon**
- Pork Chops**

Entrees include Garden Salad, Potato, Veg, Rolls, tea/coffee and Dessert

Total for MEALS & Tours **\$ _____**

Meals and Tour check payable to: GFWC West Virginia Deadline October 2, 2023

Mail to: SER Meals/Tours, Attn: Julie Bibbee, 2806 Meadowbrook Drive, Point Pleasant, WV 25550

One Form per person please.

Tentative Agenda

Thursday, November 2, 2023

Dress Code: GFWC, GFWC SER Attire

10:00 – 12:15 p.m.	Registration
12:15 p.m. (Lobby)	Fisher House Tour
4:30 p.m. – 7:00 p.m.	Registration
	Dinner on your own

Friday, November 3, 2023

Dress Code: Business Casual

Breakfast & Lunch on your own

8:30 a.m. – 6:00 p.m.	Registration
8:00 a.m. – 7:00 p.m.	Vendors Open
9:00 a.m. – 12:00 p.m.	GFWC SER LEADS
9:00 a.m. – 10:00 a.m.	GFWC SER Board of Directors Meeting
10:00-1:00	Huntington Museum of Art Tour
12:00 p.m.	Lunch on your own
2:00 p.m.	Meeting & Conference Opening Session
	Sparkling Jewels' Reports:
	SER Officers' Reports; Financial Report;
	GFWC SER Past Presidents Committee; WHRC; International Liaison;
	Budget & Finance; Audit; Standing Rules; SER Fundraising; SER
	Nominating Committee Report, Elections Report, GFWC Annual Giving
5:45 p.m. – 6:45 p.m.	Social Gathering & State Photos (SER EC, WV, MD, VA, GFWC SER's State Presidents)
6:30 p.m.	Processional
7:00 p.m.	GFWC West Virginia State Night Banquet (Dress Code – After Five) (DJ & Dancing immediately following Banquet)

Saturday, November 4, 2023

Dress code for day activities: Business Casual

Breakfast on your own

8:00 a.m. – 7:00 p.m.	Vendors Open
8:30 a.m. – 10:00 a.m.	Registration
9:30 a.m.	General Session
	Sparkling Jewels' Reports:
	Historian; CSP Liaison, GFWC Signature Program; GFWC Junior
	Special Program; Legislation/Public Policy; GFWC Fundraising,
	Elections Committee Results
12:00 p.m.	Lunch
	Guest Speaker: Suellen Brazil, GFWC President-elect

LEADS and 2023 GFWC LEADS Graduates

2:00 p.m.

General Session

Sparkling Jewels' Reports:

Membership, Leadership, Communications

The Jewels of the Federation Reports:

GFWC SER Presidents and Directors of Junior Clubs

******NOTE: Meeting with GFWC President-elect Suellen Brazil and incoming 2024-2026 Region President, State Presidents and Directors of Junior Clubs will take place immediately following the close of the afternoon business session**

Saturday Evening, November 4, 2023

Dress Code for Banquet: After Five

5:45 p.m. – 6:45 p.m.

Social Gathering

State Photos:

(NC, DC, KY, TN, GFWC SER's JD's)

6:30 p.m.

Processional

7:00 p.m.

GFWC SER Banquet

Keynote Speaker: Deb Strahanoski,

GFWC International President

GFWC SER Jennie Award Winners

GFWC SER President's Special Project Awards

Junior Pledge

Collect for Clubwomen

Singing of 'Let There Be Peace on Earth'

Adjournment

***Immediately following the Banquet
Please join us for Karaoke
in the Banquet Room***









General Federation of Woman's Clubs of Virginia
P. O. Box 8750, Richmond, VA 23226
Phone (804) 288-3724
E-mail gfwcvirginia@verizon.net
Website www.gfwcvirginia.org

Address Service Requested

SEPTEMBER 2023

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THE VIRGINIA CLUBWOMAN 2023-2024 SUBSCRIPTION FORM

Please make copies and distribute to club members.

Cost is **\$15** for a 1-year subscription.

NAME _____

First Name Only – No Prefix

Last Name

Address _____

Club _____ District _____

Phone _____ Email _____

Attach your check made payable to "GFWC Virginia" for **\$15** for each 1-year subscription. You may attach a list. Return your check and form to: GFWC Virginia Headquarters, P.O. Box 8750, Richmond, VA 23226