

Editable Canva Links:

- [Social media carousel](#) - data focused
- [Social media carousel](#) - symptoms

Resources:

- <https://www.maderacounty.com/government/public-health/diabetes-prevention>
- <https://fresnodiabetes.org/>
- <https://doihaveprediabetes.org/take-the-risk-test#/>
- <https://doihaveprediabetes.org/reverse-prediabetes/manage-weight>
- <https://www.dignityhealth.org/central-california/locations/mercymedical-merced/classes-and-events/diabetes-education>
- <https://mentalhealth.networkofcare.org/stanislaus/HealthLibrary/LearningCenters/diabetes>
- <chrome-extension://efaidnbmnnnibpcajpcgltclfindmkaj/https://tularecounty.ca.gov/hrd/benefits-wellness/wellness/diabetes-prevention-and-management/anthem-solera-16-week-program/>