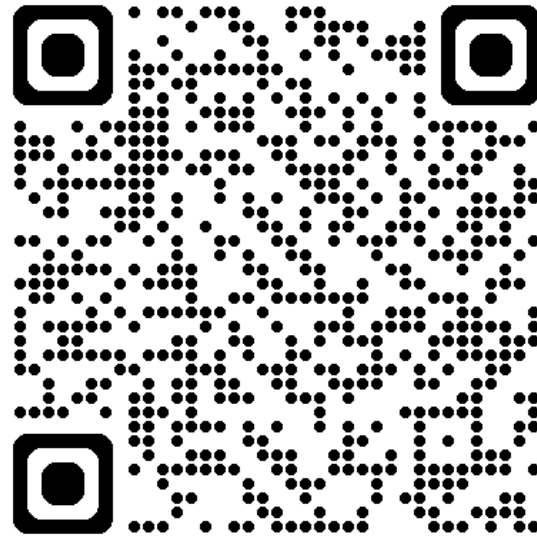




- Scan QR code for translation into your language
- Skano kodin QR për përkthim në gjuhën tënde
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- Iskaan code-ka QR si aad u hesho turjumaad luqaddaada
- Escanea el código QR para traducirlo a tu idioma

ORIENTATION SESSIONS

NEW TO BRENT



ORIENTATION SESSIONS

NEW TO BRENT

SERIES 3

HOLIDAY INN WEMBLEY
HA9 8DS

Monday, 14 September 3-5pm	Introduction to the UK Culture, Communication and Everyday Behaviour
Tuesday, 15 September 3-5pm	Housing and Accommodation Financial support, managing money and next steps
Wednesday, 16 September 3-5pm	Health and Access to Care Local Activities and Networks
Thursday, 17 September 3-5pm	Outing: around Brent (meeting at the Holiday Inn)
Friday, 18 September 12.30 - 5pm	Outing to central London (meeting at the Holiday Inn)

Translation into English provided from:
Albanian, Amharic, Arabic, Farsi, Georgian, Pashto, Somali and Spanish



Scan for the
full schedule
and updates

Join all workshops and outings and earn a £20 gift card.
Missed a session? Don't worry you can make it up in a
future series and still qualify for the gift card.

Five sessions

Six workshops, two outings

A chance to learn more about Brent
and Britain

Translation into 8 languages

Complete all eight sessions, get a
£20 voucher and a certificate and the
chance to visit Buckingham Palace



- Scan QR code for translation into your language
- Skano kodin QR për përkthim në gjuhën tënde
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- დადასკვნერე QR კოდი, რათა თარგმნა შენო ენაზე
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- Iskaan code-ka QR si aad u hesho turjumaad luqaddaada
- Escanea el código QR para traducirlo a tu idioma





Orientation Session 5: Local Activities and Networks

Delivered by Learn About Britain for Brent Council



Today we will learn about...

- **How to find and access local services like libraries and community centres**
- **Local activities you might want to take part in**
- **Outdoor gyms/free exercise sessions near you**
- **Places of worship in Brent**
- **Building connections and support networks**
- **Travelling on public transport**
- **Activities in central London like museums**





Brent

Local services

Libraries

- As well as dual language books they provide access to foreign language newsletters, events, exhibitions, loans of equipment; some provide clothes and free tea and coffee



Brent Home Library and Outreach Service

- Friendly, DBS-checked volunteers deliver library books to your home
- Books available in large print and audio CD
- Wide range of community languages available
- Stock collections also available for nurseries, care homes and other community settings.

For more information:

020 8937 3400 (Mon - Fri, 10am - 5pm)

libraries@brent.gov.uk



Wembley Library Opening Times

Monday	10:30am – 8pm
Tuesday	10:30am – 8pm
Wednesday	10:30am – 8pm
Thursday	10:30am – 8pm
Friday	10:30am – 8pm
Saturday	10.30am – 5pm
Sunday	12 – 5pm

To book a computer or study space or for online events
please visit www.brent.gov.uk/libraries



Find a library in Brent



Ealing Road Library

Coronet Parade
Ealing Rd, Wembley
HA0 4BA



Harlesden Library

Craven Park Road
Harlesden
NW10 8SE



Kilburn Library

42 Salusbury Road
Kilburn
NW6 6NN



Kingsbury Library

Kingsbury Road
Kingsbury
NW9 9HE



Wembley Library

32 Engineers Way,
Wembley Park,
Wembley HA9 0FJ



The Library at Willesden Green

95 High Road
Willesden Green
NW10 2SF





- **These services are for you, please use them**
- **If these services don't help you, please say so**
- **Check www.brent.gov.uk for details**



Faith and community centres



True Buddha Temple, Willesden Lane



St Mary's Church, Church End (has a foodbank)



Churches of different denominations, Willesden



Global Cooperation House (Brahma Kumaris UK)



Brent Central Mosque



Brent Sikh Centre



Neasden Temple



Shri Sanatan Hindu Mandir



- **These places will welcome you, even if you are not of their religion**
- **Please go in and say hello**
- **Some offer community services like food banks**
- **Search online for the place of worship you plan to visit, they all have websites**









Brent

Children's Play Area

**Adults must be accompanied
by a child**

Brent Sports & Parks Services

Telephone 020 8937 5619





Day	9.30 to 11am	12 to 1.30pm	2.30 to 4pm
Mondays	Gladstone Park, Willesden (9:45 - 11:15am)	Alperton Sports Ground	Tokyngton Recreation Ground, Stonebridge
Tuesdays	King Edward VII Park, Wembley	Neasden Recreation Ground	Eton Grove, Queensbury
Wednesdays	Chalkhill Park, Wembley	Northwick Park, Sudbury	Roundwood Park, Harlesden
Thursdays	Gibbons Recreation Ground, Church Road	Barham Park, Sudbury	-
Fridays	Preston Park, near Wembley	Roundwood Park, Harlesden	-
Saturdays	Tiverton Playing Field	Mount Pleasant, Alperton	-
Sundays	Roe Green Park, Kingsbury	Woodcock Park, Kenton	-

- **Services like parks and outdoor gyms are always open; others will be open only at specific times**
- **These services are for you but check the rules (like play areas are for children only!)**
- **Visit [brent.gov.uk](https://www.brent.gov.uk) to find out more**



Food and other essentials

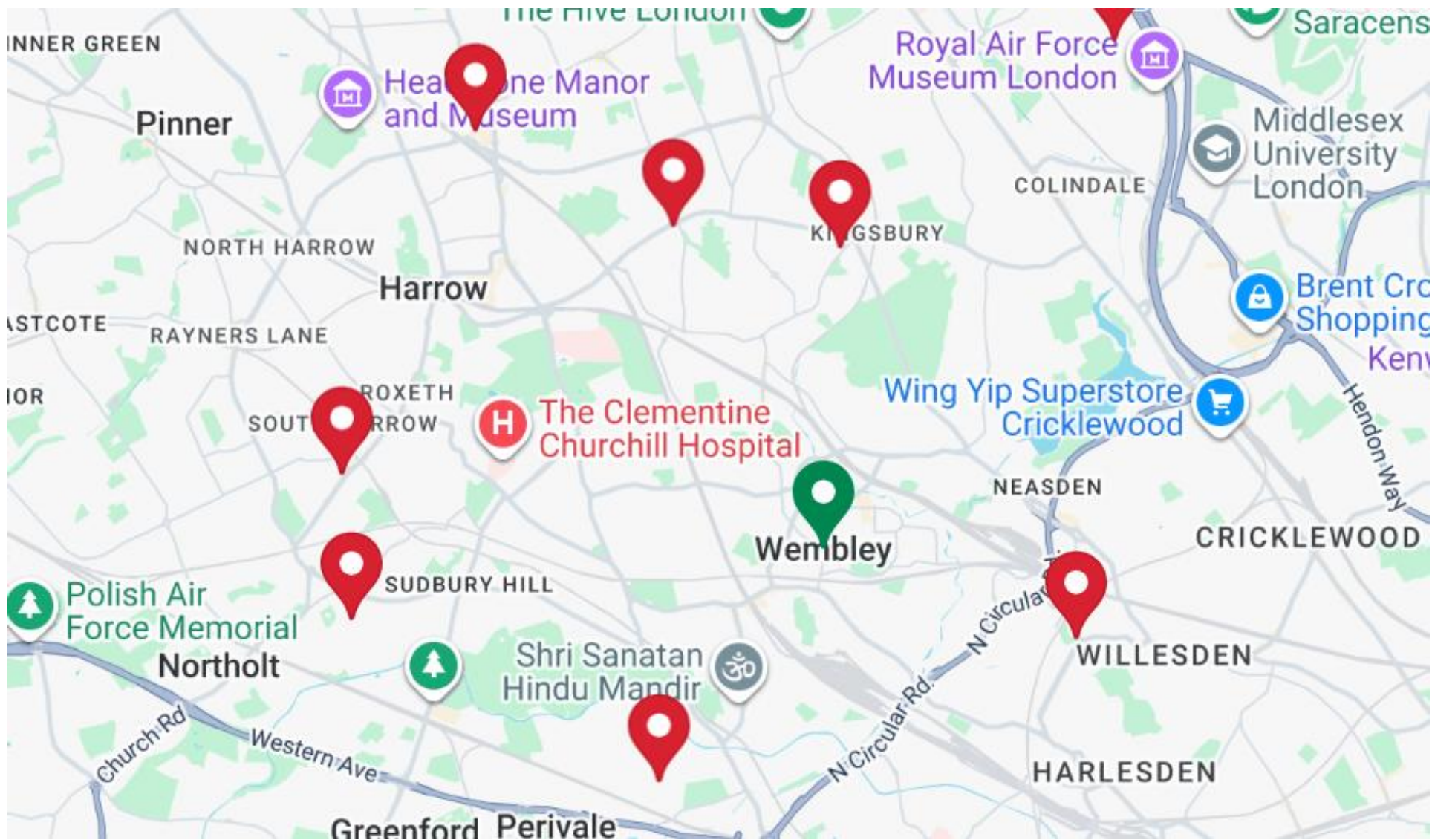
Money is going to be tight: focus on food and other essentials

Get emergency food

If you need help, a food bank can provide an emergency food parcel containing at least three days of meals.

In order to get help from a food bank you'll need to be referred for a food voucher. The voucher is then exchanged at the food bank for a food parcel.

You can get a food voucher from a number of local community organisations, who can ensure you get the right support.



Stay in touch with Brent Foodbank – sign up [here!](#)

Brent Foodbank

Helping local people in crisis

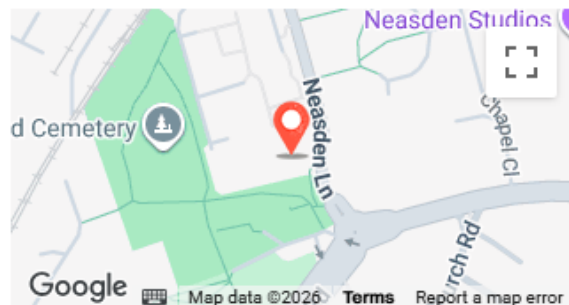
[Learn more](#)

Brent Foodbank - Neasden Centre

0203 7455 972

Opening times		Address
Mon	Closed	St Mary's Church Church End Next to Church End roundabout
Tue	12:30 - 15:00	
Wed	Closed	Neasden Lane London NW10 2TS
Thu	12:30 - 15:00	
Fri	Closed	
Sat	Closed	
Sun	Closed	

[Directions via Google Maps](#)
[View local transport](#)

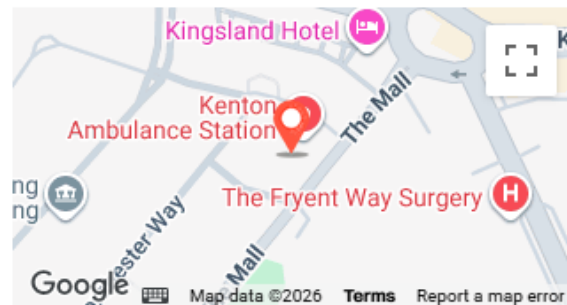


Brent Foodbank - Kingsbury Centre

0203 7455 972

Opening times		Address
Mon	Closed	Lindsay Park Baptist Church The Mall Kenton London HA3 9TG
Tue	Closed	
Wed	13:00 - 15:00	
Thu	Closed	
Fri	Closed	
Sat	Closed	
Sun	Closed	

[Directions via Google Maps](#)
[View local transport](#)



Willesden Warehouse

0203 7455 972

Opening times		Address
Mon	10:00 - 13:00	100 High Road Willesden NW10 2PP
Tue	10:00 - 13:00	
Wed	10:00 - 13:00	
Thu	Closed	
Fri	Closed	
Sat	Closed	
Sun	Closed	

[Directions via Google Maps](#)



Tuesday 16th June	B3 (peer support for drug & alcohol users)	Neasden Centre
Wednesday 17th June	N/A	Kingsbury Centre
Thursday 18th June	Shaw Trust (employment support) Tenants Advice (housing support)	Neasden Centre
Tuesday 23rd June	Brent Health Matters (health support & advice)	Neasden Centre
Wednesday 24th June	Church Lane Family Wellbeing Centre (family support)	Kingsbury Centre
Thursday 25th June	Ingeus (employment advice) Samaritans (mental & emotional wellbeing)	Neasden Centre
Tuesday 30th June	POhWER (health & social care advice and information)	Neasden Centre

Get Help

Foodbank vouchers

The most important step is to get a foodbank voucher.

In order to provide the most appropriate help we work with local agencies. They will be able to provide you with support to help address the crisis and if needed, they'll issue you with a food bank referral voucher (an e-voucher referral code) so you can get an emergency food parcel from your local foodbank. Agencies we work with include Citizens Advice, Brent Hubs, housing support officers, family wellbeing centres, health visitors, social prescribers, social services, probation officers, as well as local charities and support organisations.

If you cannot afford to buy food you can **visit your normal support service** to request a food bank voucher. They will discuss your circumstances with you, and if appropriate will issue you an electronic voucher code to bring to the foodbank to exchange for an emergency food parcel.

If you have not been referred to Brent Foodbank before, you can visit **Brent Hubs** who are based at libraries across Brent. Their advisors can provide support with benefits, housing, debt etc, as well as issue you a food bank voucher code if appropriate.

For details of their drop-in service, just visit [Brent Hubs](#)



[What's in a food parcel?](#)

Already got a voucher?

Find out where to exchange your voucher for emergency food.

Find a food bank

brent



Find food banks

See more information about visiting a food bank below.



What to expect at a food bank

Brent Foodbank - Neasden Centre

Part of Brent Foodbank

02037455972

info@brent.foodbank.org.uk

📍 St Mary's Church Willesden
Church End, Neasden Lane
London
NW10 2TB
1.7 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Closed today

Monday Closed	Tuesday 12:30 pm to 3:00 pm
Wednesday Closed	Thursday 12:30 pm to 3:00 pm
Friday-Sunday Closed	

Ealing Foodbank in Perivale

Part of Ealing Foodbank

020 8840 9428

Phoneline open Monday to Friday, 10am to 4pm

info@ealing.foodbank.org.uk

📍 St Nicholas Church
Federal Rd
UB8 7AP
1.8 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Open today until 2:00 pm

Monday-Tuesday Closed	Wednesday 12:30 pm to 2:00 pm
Thursday-Sunday Closed	

Lindsay Park Baptist Church

Part of Brent Foodbank

02037455972

info@brent.foodbank.org.uk

📍 Lindsay Park Baptist Church
The Mall
Kenton, Middlesex
HA3 9TD
1.9 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Open today until 2:00 pm

Monday-Tuesday Closed	Wednesday 1:00 pm to 3:00 pm
Thursday-Sunday Closed	

Kenton Methodist Church

Part of Harrow Foodbank

020 8416 7344

info@harrow.foodbank.org.uk

📍 Woodgrange avenue
Harrow, Middlesex
HA3 0DP
2.2 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Open today until 3:00 pm

Monday-Tuesday Closed	Wednesday 1:00 pm to 3:00 pm
Thursday-Sunday Closed	

Ealing Foodbank in Northolt

Part of Ealing Foodbank

020 8840 9428

Phoneline open Monday to Friday, 10am to 4pm

info@ealing.foodbank.org.uk

📍 St Barnabas Church Hall
Raglan Way
Northolt
UB5 4SX
2.9 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Closed today

Monday Closed	Tuesday 12:30 pm to 2:00 pm
Wednesday-Sunday Closed	

South Harrow Baptist Church

Part of Harrow Foodbank

020 8416 7344

info@harrow.foodbank.org.uk

📍 270 Northolt Road
Middlesex
HA2 8EB
3.0 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Closed today

Monday 1:00 pm to 3:00 pm	Tuesday-Sunday Closed
------------------------------	--------------------------

Holy Trinity Distribution Centre

Part of Harrow Foodbank

020 8416 7344

info@harrow.foodbank.org.uk

📍 Holy Trinity Wealdstone Church
1a Headstone Drive,
Wealdstone, Middlesex.
HA3 5GX
3.4 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Closed today

Monday Closed	Tuesday 1:00 pm to 3:00 pm
Wednesday-Thursday Closed	Friday 1:00 pm to 3:00 pm
Saturday-Sunday Closed	

Ealing Foodbank in Acton

Part of Ealing Foodbank

020 8840 9428

Phoneline open Monday to Friday, 10am to 4pm

info@ealing.foodbank.org.uk

📍 Oak Tree Anglican Fellowship
218 High Street
Acton
W3 9NX
3.4 miles from your address

[Get directions](#) ↗

🚚 Collection only

Collection times

🕒 Closed today

Monday-Thursday Closed	Friday 12:30 pm to 2:00 pm
Saturday-Sunday Closed	



Sufra is a charity in North West London that prevents hunger, fights poverty and builds community.

With the help of our volunteers and partners, we coordinate a network of food banks, kitchens, a community shop and café. These act as a gateway for guests to access more holistic support – including welfare advice, asylum support and our award-winning community garden.

We aim to work with our guests to find solutions to their challenges together, whilst campaigning against the causes of hunger and poverty.

OpenARMs / Asylum seeker, refugee & migrant support

The OpenARMs (Asylum Seekers, Refugee and Migrants) Programme aims to empower guests to become independent and to build a new life in our local community. We work with each guest to develop a Personal Support Plan, which identifies their specific needs, long term challenges and personal resettlement goals. Tailored welfare advice will be provided, as well as signposting and referrals to specialist services. In addition, access to supplementary initiatives, activities and events will be arranged, building on the unique experiences and needs of the local refugee and asylum seeker community.



OpenARMs Programme invites you to

Coffee Morning

Join us for coffee and a
range of fun activities!
Open to Asylum Seekers,
Refugees and Migrants.

Every Friday 11:15am to 12:15pm at
New Horizons Centre
1 Robson Avenue, NW10 3SG



admin@sufra-nw10london.org.uk 0203 441 1335 Registered Charity no. 1151911



Conversational English Classes

Every Friday at New Horizons Centre

(1 Robson Avenue, NW10 3SG)

10am- 11am

(Excluding School Holidays)

for those who are new to the English language



Sign up here:
bit.ly/conversationalenglish2025



admin@sufra-nw10london.org.uk 0203 441 1335 Reg Charity No. 1151911 www.sufra-nw10london.org.uk

Brent Foodbank
Brent Right to Food
Centre of Help and Hope
Church of English Martyrs
Church of God of Prophecy
City Harvest
CVS Brent
FoodCycle Wembley
Fresh Horizons CNB
Gift Your Neighbour
Granville Community Kitchen

Helping Hands
Kensal Warm Spaces
Kenton Methodist Church
Kilburn Streets Kitchen
Kiln Theatre
Let's Grow Brent
Little Village
London's Community Kitchen
Mutual Food Aid Willesden
Pentecostal City Mission Church
Rumi's

Sewa Day
Soul Kitchen
St Catherine's Church
St Cuthbert's Church
St Laurence's Larder
Sufra NW London
Sunahs Crisis Team
The Felix Project
Volunteers on Wheels
Willesden Green Baptist Church
YWAM London Urban Key



A Home for Devotion, Service, and Community

Join us at Shree Swaminarayan Temple Willesden as we inspire one another
to love God and do good.

SSTW | Vision Live ●



Food Support

Every Saturday at 5pm, near Willesden High Road, we distribute nourishing meals to individuals and families facing food insecurity. We serve food and aim to restore a sense of dignity and hope to those facing hardship.

Clothes Bank Home



What we do

We run a clothes bank for asylum seekers and refugees. We provide free clothing and shoes for adults and children. We also provide toys, books and some household goods.

If you would like to donate items or funds click [Donate](#)

If you would like to use the clothes bank click [Visit the clothes bank](#)

If you would like to refer someone fill out this form [Clothes Bank KC referral form](#)

Who we are



HOW OFTEN CAN I VISIT?

Asylum seekers and new refugees* will be sent a membership pass after their first visit. Members can re-visit on **Mondays** and **Fridays** as required. You need to show your membership pass each time you visit.

Individuals who are referred from the community will be given a specific appointment for their visit.

*new refugees = Individuals who have been granted asylum or humanitarian protection **within the last 12 months.**



BACKPACKS AND SUITCASES

Backpacks and suitcases are always in huge demand. If you need a backpack or suitcase ask us and we can see if one is available. We only give suitcases to people with an eviction notice. If we don't have one try the 'Free Stuff' sites on our [Other Help](#) page.



WHERE IS IT?

The clothes bank is in the lobby of the Kensington Town Hall Car Park exit (Hornton Street side). This is a map link: [Clothes Bank location](#)

The car park lobby is entered by a walkway at the junction of **Hornton Street** and **Phillimore Walk** as indicated by the red arrow on the picture below.





Find your local Salvation Army

| salvationist.org.uk ↗

Who we are ▼

What we do ▼

How you can help ▼

Clothing banks

FIND MY NEAREST CLOTHING BANK



Fill me with hope.

For every full bag you donate, you help us give hope to those who need it most, thank you!

Collection: 0845 458 1812
salvationarmytrading.org



[Support us](#) ▾[Partner with us](#) ▾[How we help](#) ▾[Shop online](#)[Find us](#)

Find Us

Find your nearest charity store or donation point.

🔍 Brent, UK

Radius

5 miles ▾

I would like to

Select an option ▾

Search

Reset



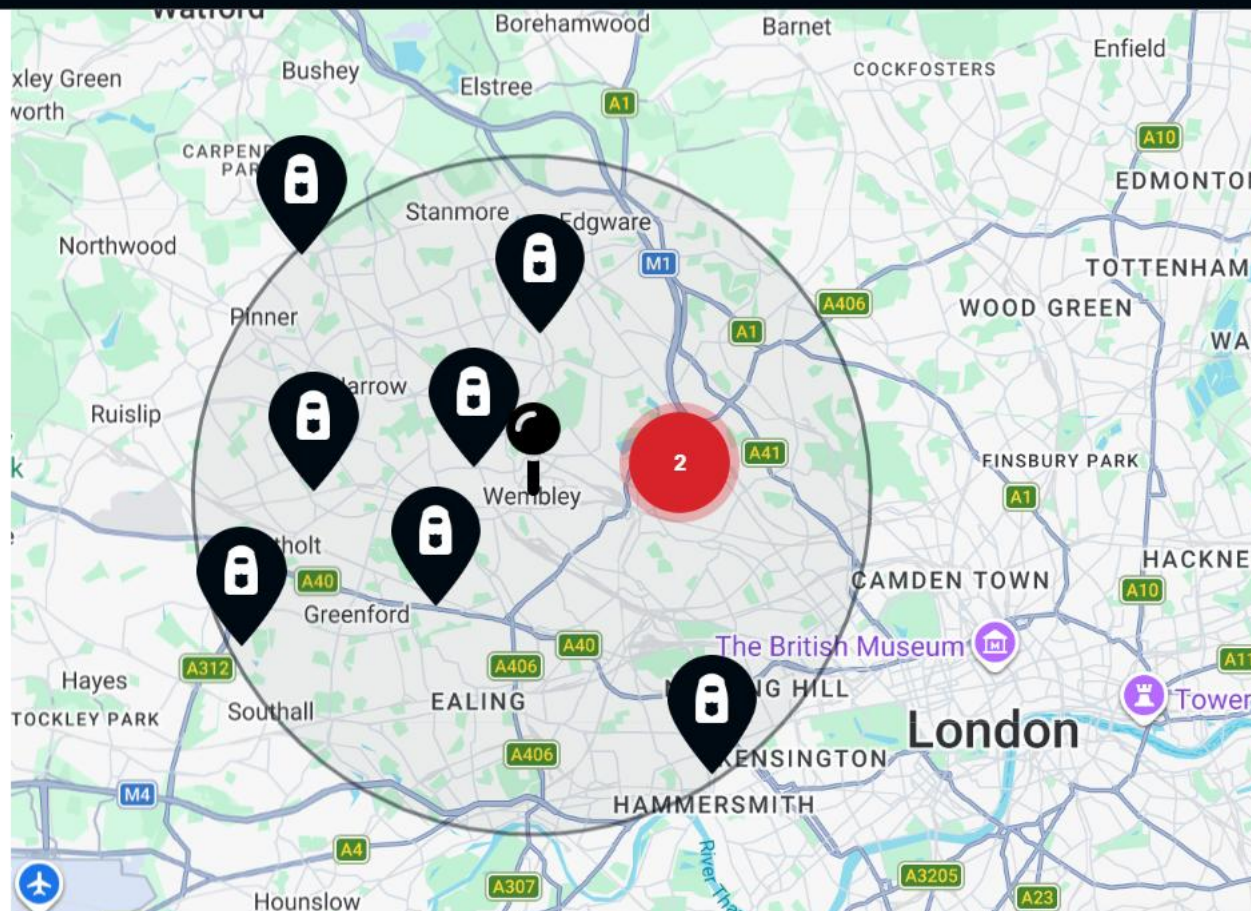
Clothing Bank



Shop



Donation Centre





- Brent libraries also have clothes banks – look out for rails with clothes on them – this is only in Brent libraries, not in all UK libraries
- They have lots of different activities and things on offer, including rental of equipment
- There are also websites like Freecycle where you can access equipment and clothes for free



Brent Home Library and Outreach Service

- Friendly, DBS-checked volunteers deliver library books to your home
- Books available in large print and audio CD
- Wide range of community languages available
- Stock collections also available for nurseries, care homes and other community settings.

For more information:

020 8937 3400 (Mon - Fri, 10am - 5pm)

libraries@brent.gov.uk



Wembley Library Opening Times

Monday	10:30am – 8pm
Tuesday	10:30am – 8pm
Wednesday	10:30am – 8pm
Thursday	10:30am – 8pm
Friday	10:30am – 8pm
Saturday	10.30am – 5pm
Sunday	12 – 5pm

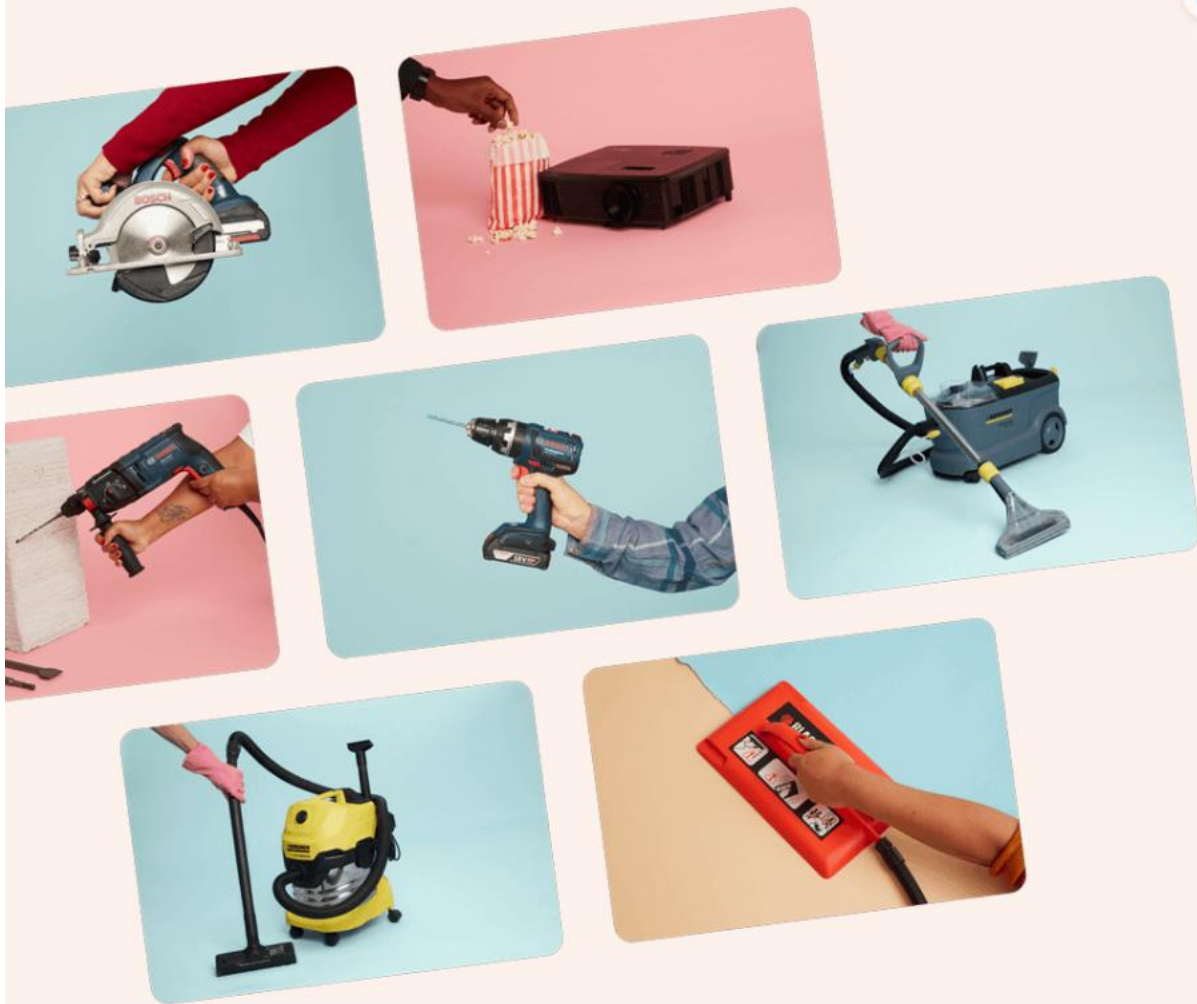
To book a computer or study space or for online events
please visit www.brent.gov.uk/libraries





WILLESDEN GREEN LIBRARY OF THINGS

Hello Willesden Green! 🙌
Why buy when you can
borrow?



Ready to start borrowing?

You can now borrow 30+ useful household items for cleaning, DIY, gardening & more.

[Explore all Things](#)

Find a library in Brent



Ealing Road Library

Coronet Parade
Ealing Rd, Wembley
HA0 4BA



Harlesden Library

Craven Park Road
Harlesden
NW10 8SE



Kilburn Library

42 Salusbury Road
Kilburn
NW6 6NN



Kingsbury Library

Kingsbury Road
Kingsbury
NW9 9HE



Wembley Library

32 Engineers Way,
Wembley Park,
Wembley HA9 0FJ



The Library at Willesden Green

95 High Road
Willessden Green
NW10 2SF

Welcome to The Freecycle Network™! We are a grassroots & entirely nonprofit movement of people who are giving and getting stuff for free in their own Towns. It's all about reuse and keeping good stuff out of landfills. Membership is free. And now you can *also* set up your own, smaller personal Friends Circle for gifting *and* lending of items with just your friends! **Sign up now.**

RECENT ITEMS

 OFFER

 CITY OF LONDON



DVD'S AND CD'S

10 hours ago

 OFFER

 CITY OF LONDON



Large sofa (Laura...

10 hours ago

 OFFER

 CITY OF LONDON



Double bed and mattress

10 hours ago



Cultural sites and activities – in Brent

WELCOME TO
Paddington Old Cemetery

In the early 1800s, London's churchyards ran out of burial space, and private enterprises for the rich began to buy land.

The Public Health Act of 1871 stimulated the development of a series of public cemeteries. The cemetery, built by Paddington Rural Board in 1872, was among the first.

Established on 35 hectares of land in rural 18th-century, the cemetery is hemicycle-shaped and intersected by a main aisle and a series of paths, rising subsequently, filled with grass. Several 16th-century niches, Thomas Little (1802 - 1850), where there is in the north-western section, was chosen to design the cemetery's plan and buildings. The main aisle leads to Little's (17 Gothic-style chapel, built according to tradition, great monuments, and several mausoleums are found in the southern half of the cemetery, where it can now be found. In all, some 200,000 people are buried here. The cemetery is Grade I listed by Historic England.

The southern half contains many gravels, but fewer and smaller mammals, and includes two rodent species described as "newfinds". A higher island terrace has been built up on top of earlier gravels, and is still being used for livestock, although space is rapidly decreasing.

Take a walk on our
Heritage Trail

Scan the QR code using your phone camera for a guided, GPS-based tourney with City London. Or pick up a booklet here.



STATES AND STORIES

Quinn instructs students to address the addresser, social status, occupation, and achievement of the Victorian hero, while others had to accept that a hero and a villainess were. Fodor's writing the nature of the good, the great, the bad, and of course, the wonderfully weird, the extraordinary itself.

Buddington Old Cemetery had different charges for plots in unenclosed and enclosed ground, for plot sizes and construction, for adults, and for children. Expenses decreased the length and size of funerals. The cemetery had extensive education. The work of undertakers, builders, commercial artists and the conduct of caskets was strictly regulated.

Over time, due to industrializing and early modernism, many 19th-century governments and institutions have collapsed or deconstructed and had to be reinvented. Therefore, it is useful through the past/present and present/present materials still holding a mirror of changing demographics, global economic and migration patterns from across the United Kingdom, from Ireland, from Europe, Asia, Africa, Australia, the Caribbean and the Americas across the line, with the 19th-century and the 20th-century to the 21st-century.

The families also took every bit of the credit and commercial

—the Clambs, the Kallys and the Condes— are also invited and represented there. Finally, the creation of the world famous Paphlagonian Rose, Phloxal Brand, now has its effects of traces before a simple/mountainous, usually fertilized by its natural leaves left by grateful students of every age. To the right, in the entrance,

In the 14 north-western wards, there are jobs dedicated to religious leaders including the Community of Jesus, represented by its governor, Elikem Park, and the Community of St Peter who were based near the old Kibuli Primary, behind Elikem High School station.

Since 1988, Bayside County has owned and administered Belding-Oak Cemetery, which was acquired from the City of Muskegon. Belding-Oak is maintained as both a burial ground and a greenway much valued by the local community.

NATURE

2. **Feeling good.** Old Community is a positive place, known by the local community as well as a wider group. A small part of the construction of the community was helped by Salsburgh Primary School as a groupwork in 2009 and is being shared by pupils and volunteers.

Platen cover, easy sliding back to the original 1853 handwriting includes Lines, Cables, Lumber, Plumes, American Rivers and World Climate & more.

Enter just for the residents Forty Oaks and see the Higgins, Ives, Evans, Pritchard and others who make this house live. Spiced and Cream Mince-puddings are regularly served here.

The country also houses some exciting locations where you can go to see a show and experience some of the country's best live music. The country's legendary music scene is one of the most vibrant and exciting in the world, with a rich history of blues, jazz, and rock and roll.

BEING BRENT the book is being done by being there. You can find it on the web at www.beingbrent.com. Friends of Puddington Old Country www.poc.org.uk in memory of and with thanks to Kevin Barrett





STATUS AND STORIES

Some memorials advertise the addresses, social status, occupations and achievements of the Victorian buried, while others fail to reveal their crimes and misdemeanours. Paddington contains the remains of the good, the great, the bad, and, of course, the wonderfully unique but uncelebrated dead!

Paddington Old Cemetery had different charges for plots in consecrated and un-consecrated ground, for plot sizes and construction, for adults and for children. Payments determined the height and size of memorials. The cemetery had extensive rules, too. The work of undertakers, builders, monumental masons and the conduct of visitors was strictly regulated.

Over time, due to weathering and earth movements, many 19th century gravestones and memorials have collapsed or disintegrated and had to be removed. However, a wander through the pathways and grounds reveals memorials still telling a story of changing demographics, global movements and migration as people from across the United Kingdom, from Ireland, from Europe, Asia, Africa, Australia, the Caribbean and the Americas came to live, work and die in London and be buried here in the cemetery.

The families who built many of the tombs and memorials – the Crambs, the Kellys and the Crooks – are also buried and memorialised here. Fittingly, the creator of the world-famous Paddington Bear, Michael Bond, now lies in the shade of trees below a simple headstone, usually bedecked by miniature bears left by grateful readers of every age.

To the right inside the entrance, in the far north-western corner, there are plots dedicated to religious orders including the Community of Sisters connected to St Augustines, Kilburn Park and the Community of St Peter who were based near the old Kilburn Priory, behind Kilburn High Road station.

Since 1986, Brent Council has owned and administered Paddington Old Cemetery, which was acquired from the City of Westminster. Brent oversaw its reinstatement as both a burial ground and a greenspace much valued by the local community.

NATURE

Paddington Old Cemetery is a precious green haven for the local community as well as a burial ground. A small part of the cemetery was leased to...

4. The Tichborne Claimant

(NB Grave is unmarked as there is no longer a tombstone)

her's son, Arthur Orton, is the missing heir to Sir Roger Tichborne. Accused of perjury, the Ortons were enthralled by his story and thousands attended his funeral. Many believed him and the Tichborne family...



Brent Museum and Archives

Find out what's on, search our collections, research your local area or plan your visit to our museum.



- While some activities cost money to enter, many are free for you to enjoy
- Brent is a really interesting place, with activities happening all the time, particularly over the summer
- Look up things to do here:
- Try to build a routine involving exercise, study and cultural activities (in Brent and beyond)

The Joy App

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appointments

Hello Dr. Brown

JB Jessica B.

Activity

Services

Apps

Insights



Free

[Physical Activity Re...](#)

Everyone Health

Health & Wellbeing + 2

Signpost

Refer >



Free

Exercise on referral

Newham London

Getting active, Sports fac...

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Local Pharmacy

Newham

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Talking Therapies

Newham London

Health & Wellbeing + 2

Signpost

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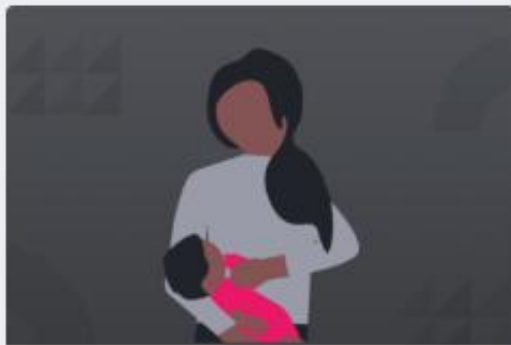
Free



Free

INSIGHTS

Increased patient
record updates



Community organisation

[Somali Advice and Forum of Information](#)

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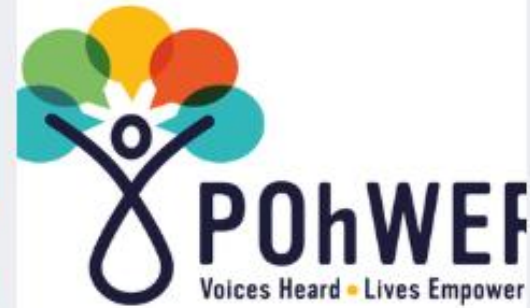
Brent Well & Warm

[Green Doctors -Groundwork London](#)

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POhWER Advocacy Brent

[POhWER](#)

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Cycle for Health - Brent's Cycle Social Prescribing offer

[Brent Council](#)

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Volunteer to help improve your local green spaces in Brent!

[The Conservation Volunteers](#)

Free < 0.1 miles

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Reliable Non-Regulated Support & Companionship Services

[CareWise Collective](#)

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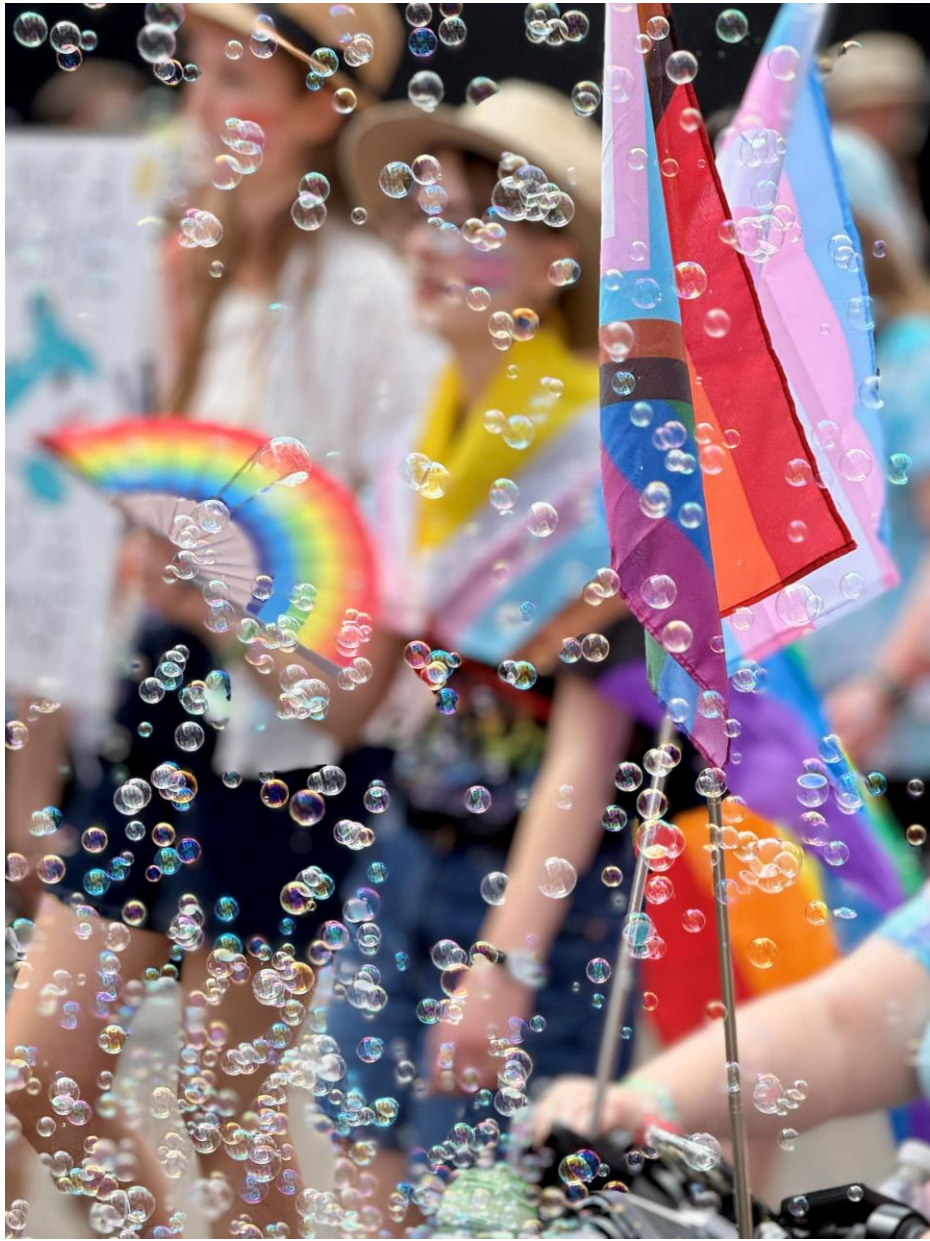
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Cultural sites and activities – in London

























LONDON

Free things to do in London this weekend

Make the most of your free time without breaking the bank, thanks to our round-up of free things to do at the weekend

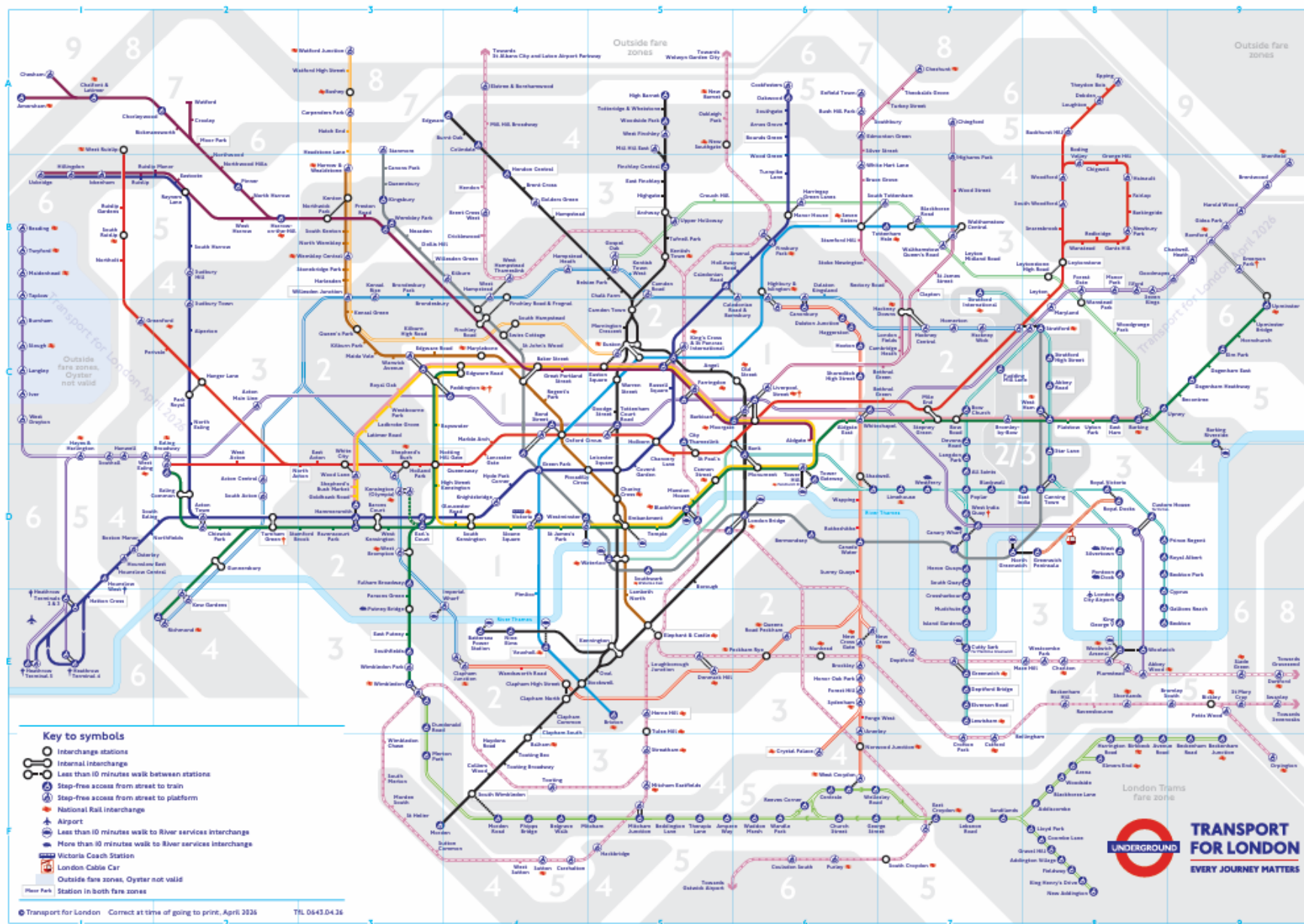


Traveling around Brent and London



Local Bus Routes





Online maps are strictly for personal use only. To license the Tube map for commercial use please visit tfl.gov.uk/maplicensing



Brent

Quick quiz

Quick Question 1: Who is the famous author buried in Paddington Cemetery? Which character did he create?

Michael Bond, creator of Paddington Bear

Quick Question 2: What is the name of the famous theatre on Kilburn High Road?

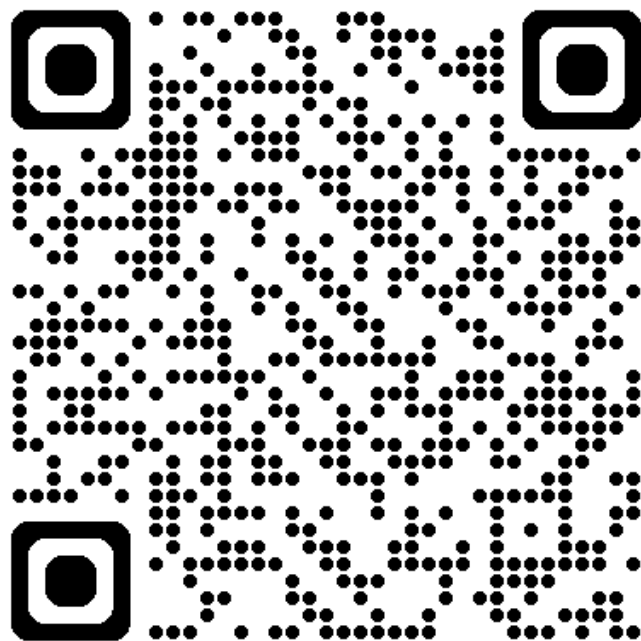
The Kiln Theatre

Quick Question 3: are the places we've talked about today open only to people who were born in the UK or to people of one religion?

They are open for everyone

**Services and activities in Brent and Britain –
they're for you!**





Brent

learnaboutbritain.uk/brent
brent.gov.uk