

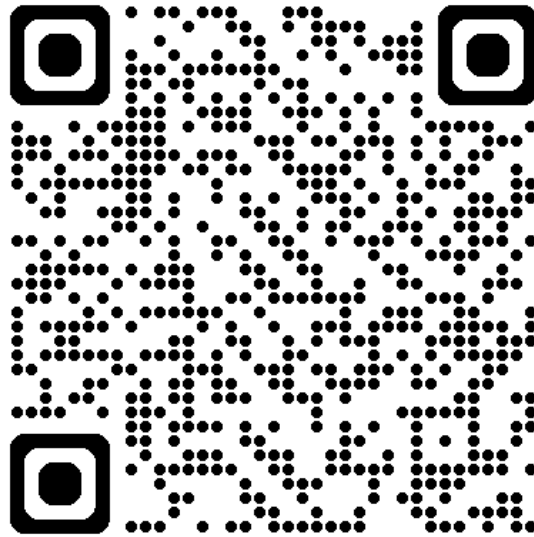


- Scan QR code for translation into your language
- Skano kodin QR për përkthim në gjuhën tënde
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- امسح رمز الاستجابة السريعة للترجمة إلى لغتك
- დადასტურეთ QR კოდი, რათა თარგმნა შენო ენაზე
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- Escanea el código QR para traducirlo a tu idioma

ORIENTATION SESSIONS

NEW TO BRENT

**Learn
About
Britain**





But before we start, introductions...

I'm Joe Hayman...

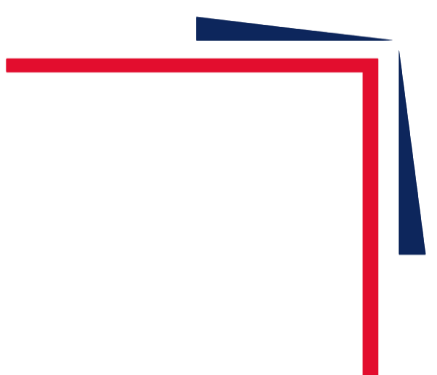
**Born and raised in
North London**

**Author of two books
about Britain**

**Founder of Learn
About Britain**







I want you to feel:

More confident about living in Brent and in Britain

More clear about British culture and customs

More clear about what you're entitled to and what the responsibilities are which all people have



Ready for independent life in the UK

ORIENTATION SESSIONS

NEW TO BRENT

SERIES 3

HOLIDAY INN WEMBLEY
HA9 8DS

Monday, 14 September 3-5pm	Introduction to the UK Culture, Communication and Everyday Behaviour
Tuesday, 15 September 3-5pm	Housing and Accommodation Financial support, managing money and next steps
Wednesday, 16 September 3-5pm	Health and Access to Care Local Activities and Networks
Thursday, 17 September 3-5pm	Outing: around Brent (meeting at the Holiday Inn)
Friday, 18 September 12.30 - 5pm	Outing to central London (meeting at the Holiday Inn)

Translation into English provided from:
Albanian, Amharic, Arabic, Farsi, Georgian, Pashto, Somali and Spanish



Scan for the
full schedule
and updates

Join all workshops and outings and earn a £20 gift card.
Missed a session? Don't worry you can make it up in a
future series and still qualify for the gift card.

Five sessions

Six workshops, two outings

A chance to learn more about Brent
and Britain

Translation into 8 languages

Complete all eight sessions, get a
£20 voucher and a certificate and the
chance to visit Buckingham Palace

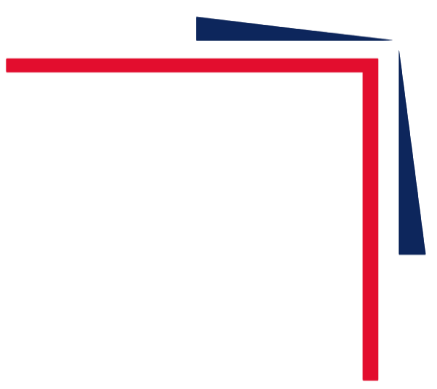
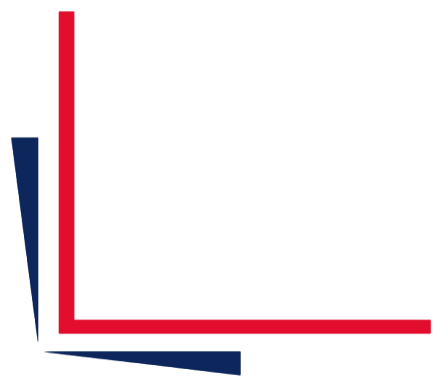


Orientation Session 1: Understanding the UK

Delivered by Learn About Britain for Brent Council



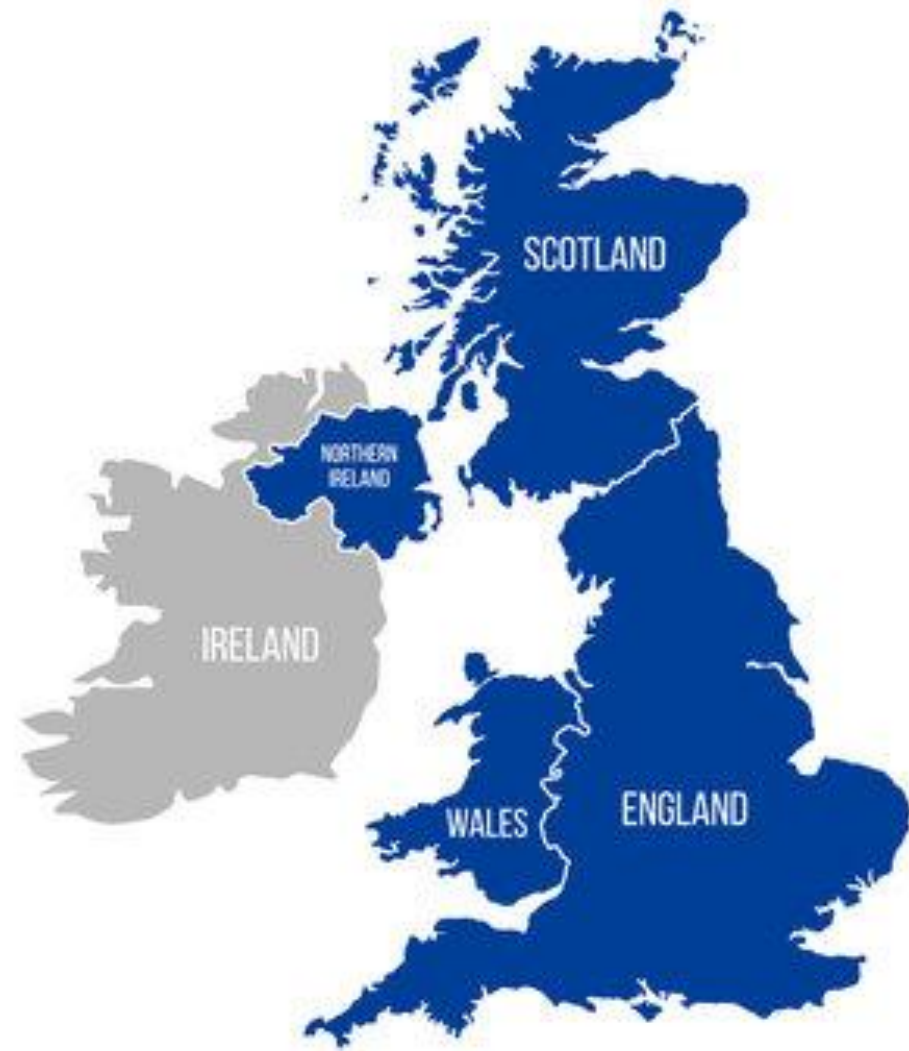
Today we will learn about...

- 
- 
- The structure of the United Kingdom
 - How the United Kingdom is governed
 - The monarchy and the Church of England
 - Central and local government
 - Institutions like the police and the Home Office
 - How London and Brent are governed
- 
- 



The structure of the United Kingdom

- The United Kingdom of Great Britain and Northern Ireland
- Four nations: England, Scotland, Northern Ireland, Wales





England



Scotland



United Kingdom



Wales



Northern Ireland

- **A monarch: currently King Charles III**
- **An established church: the Church of England, led by the Archbishop of Canterbury**
- **A Government, currently led by Andy Burnham**
- **A National Parliament in Westminster made up of the House of Commons and House of Lords**
- **Governments and Parliaments in Scotland, Wales and Northern Ireland**





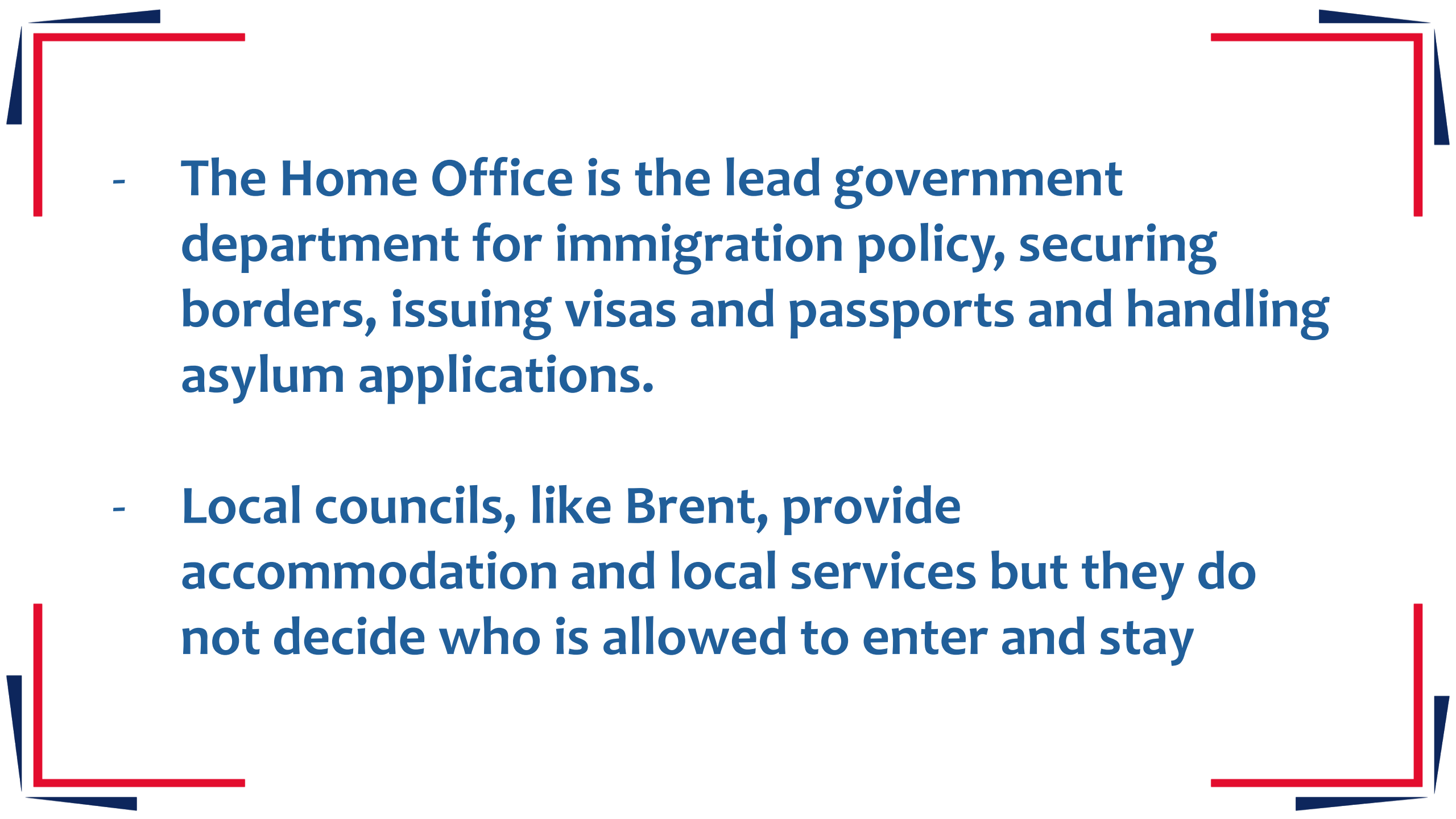






Important public services/institutions

- Government departments like the Home Office
- The Armed Forces
- The National Health Service
- Emergency services: police, fire, ambulance – one phone number: 999

- 
- The Home Office is the lead government department for immigration policy, securing borders, issuing visas and passports and handling asylum applications.
 - Local councils, like Brent, provide accommodation and local services but they do not decide who is allowed to enter and stay

















London



London

The capital of the UK

The biggest city (9m people)

**Economic, cultural, political
centre of the country**













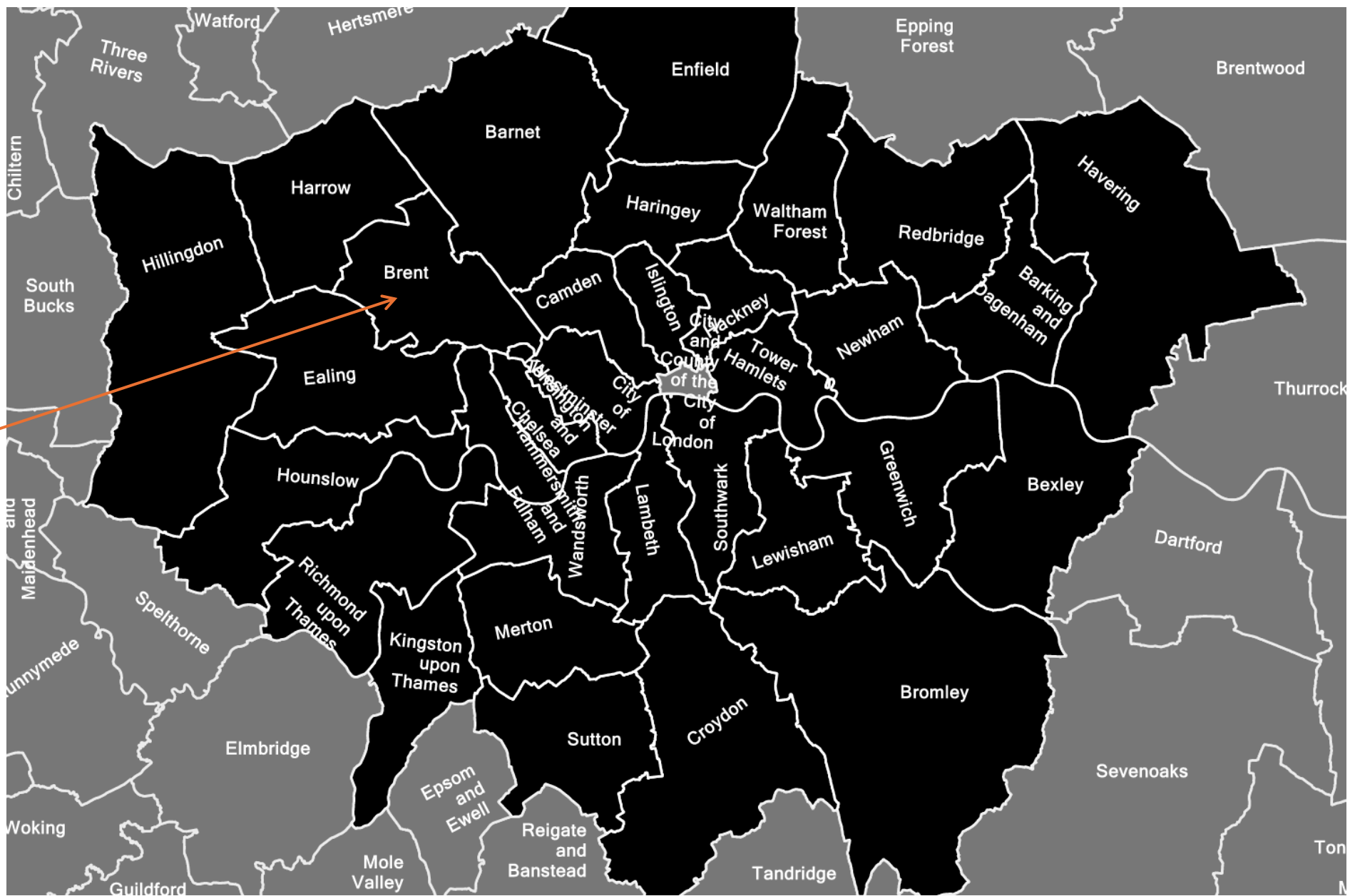
The Mayor of London is responsible for local police, transport (Transport for London), housing, culture.

The current Mayor is Sir Sadiq Khan.





Brent









Local councils like Brent are responsible for essential services like refuse collection and public health. They manage council housing, local libraries and social care.

They are responsible for supporting refugees and asylum seekers in Brent but the Home Office decides who is allowed into the UK and who is allowed to stay.



Those who are elected to oversee the council are called Councillors.

The Leader of the Council is Muhammed Butt.



Brent also has a *Mayor*.

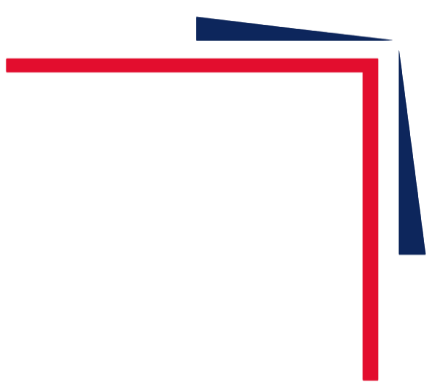
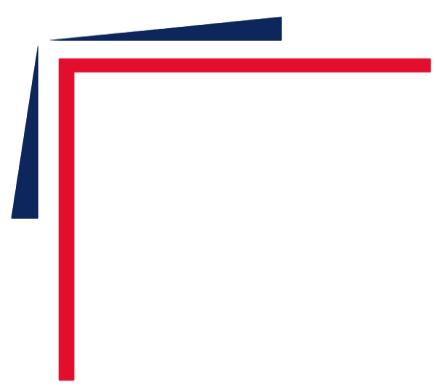
The *Mayor of Brent* is a ceremonial role, hosting civic events and conducting citizenship ceremonies.

The *Mayor of Brent* is Councillor Amer Agha

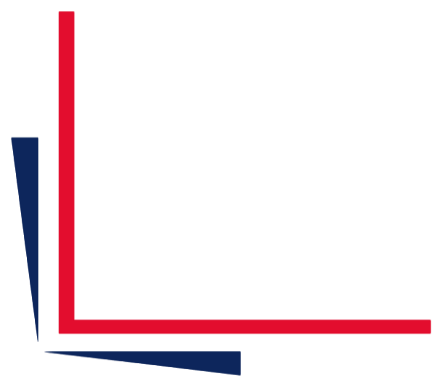




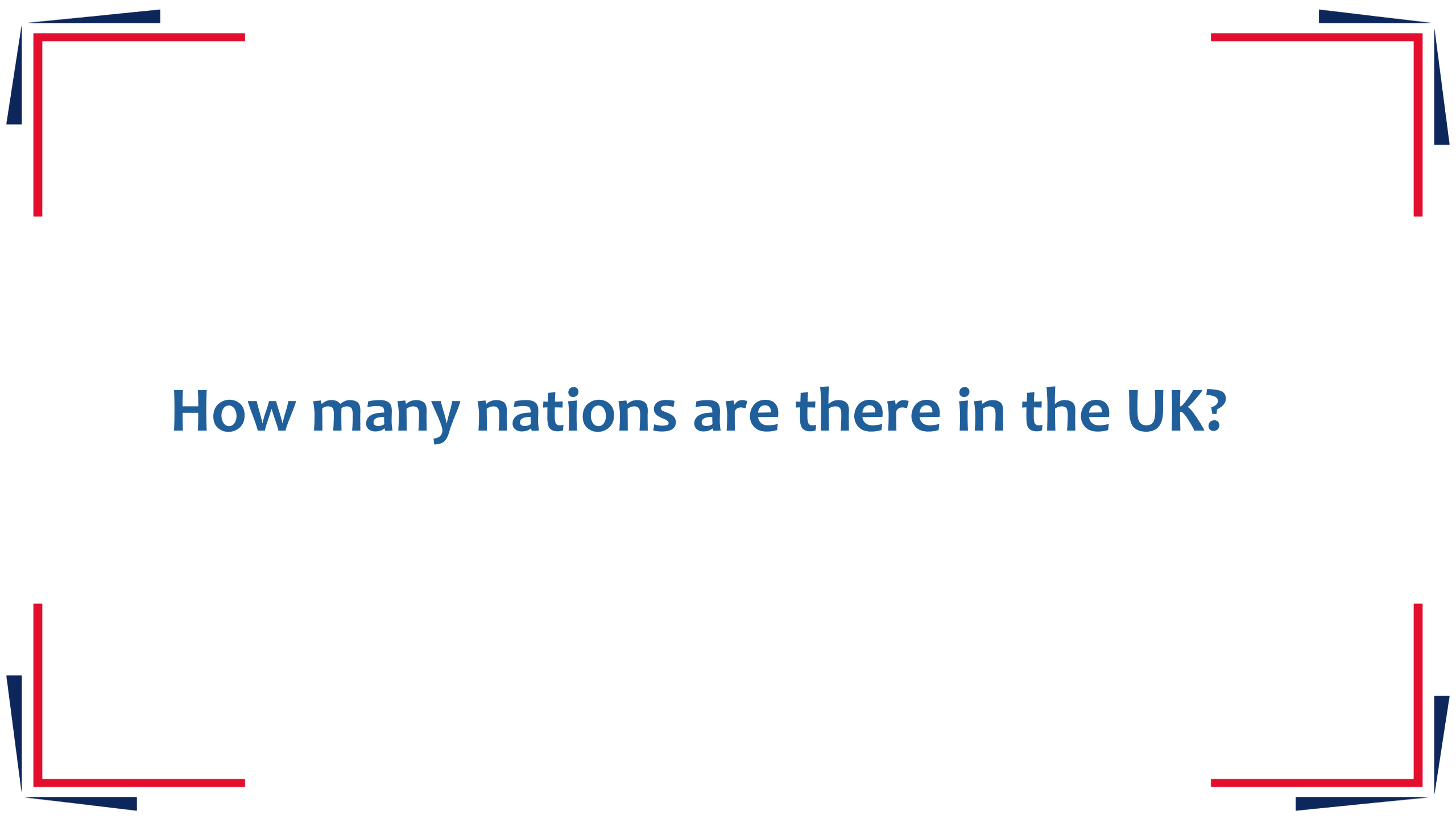
Quick quiz



**Who is the Mayor of London? Who is the Leader
of Brent Council? Who is the Prime Minister?**

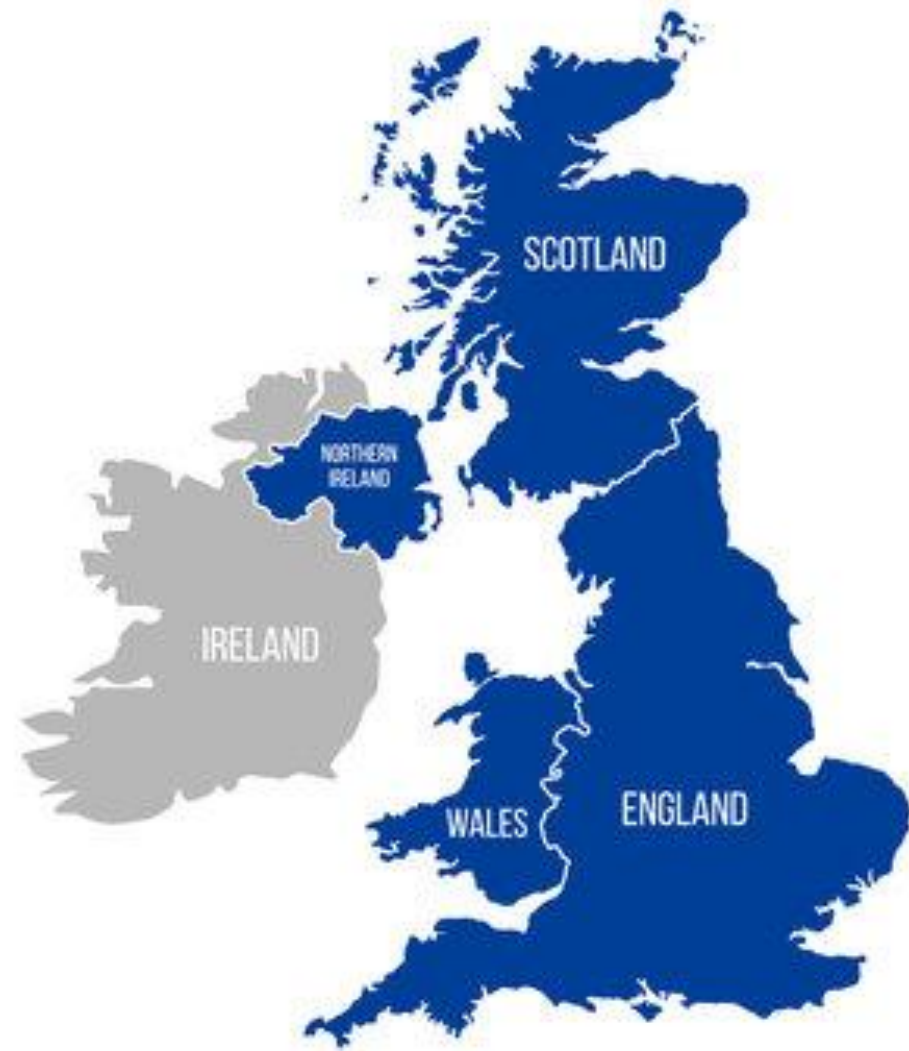


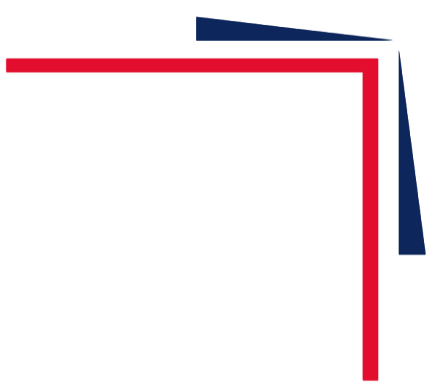
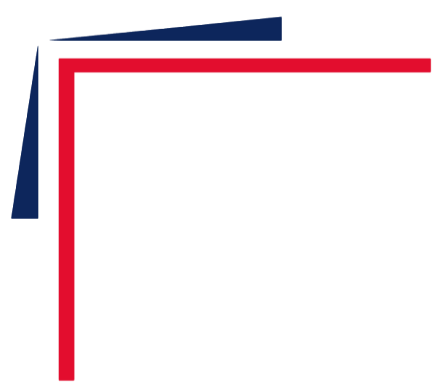




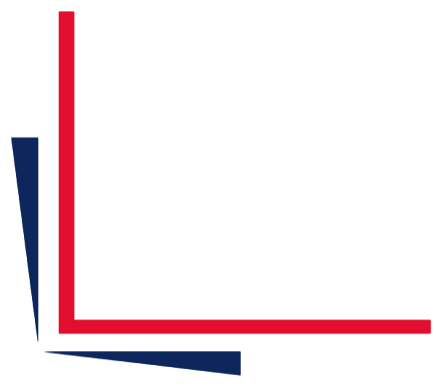
How many nations are there in the UK?

- **Four nations:
England, Scotland,
Northern Ireland,
Wales**



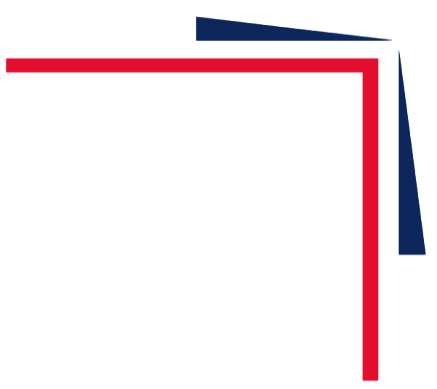
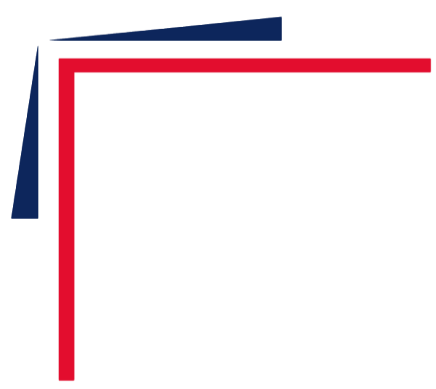


How many people live in London?

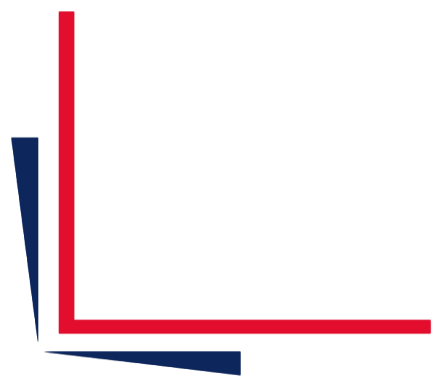




9 million



**Who judges asylum applications?
The Home Office or Local Councils?**

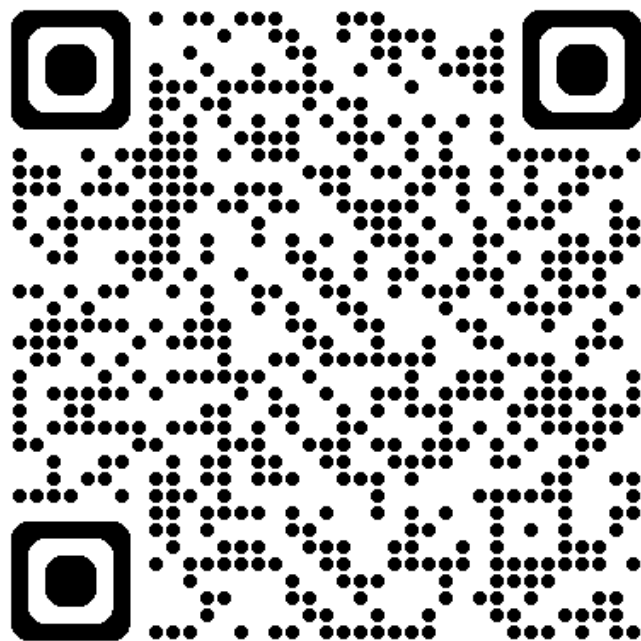




Home Office

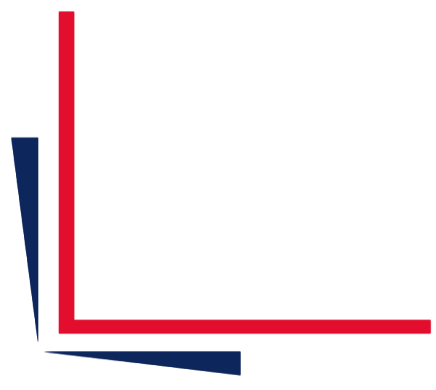


**Learn
About
Britain**



Brent

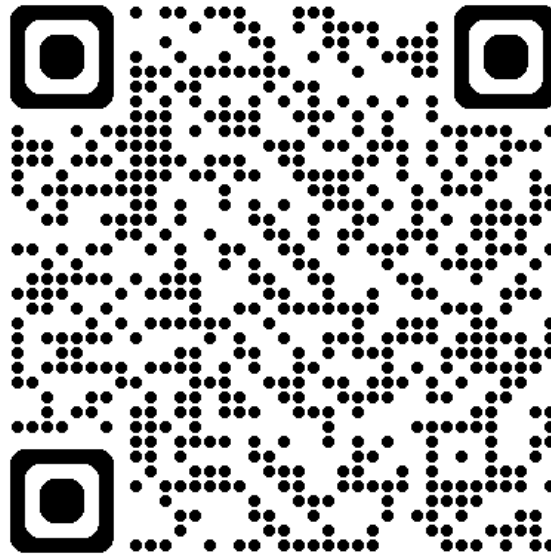
learnaboutbritain.uk/brent
brent.gov.uk



ORIENTATION SESSIONS

NEW TO BRENT

**Learn
About
Britain**



Brent

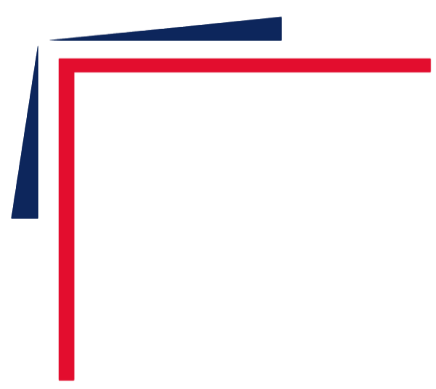
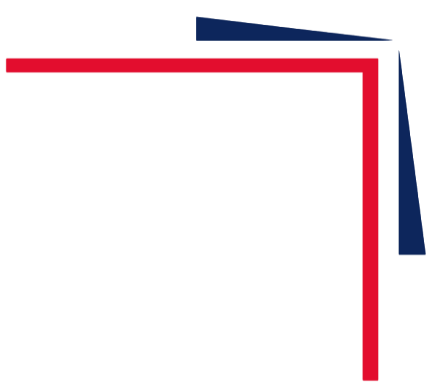
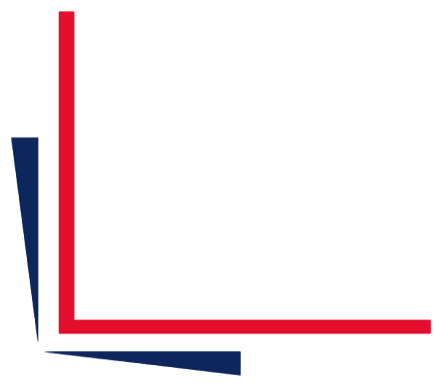


Orientation Session 1: Culture, Communication and Everyday Behaviour

Delivered by Learn About Britain for Brent Council



Today we will learn about...

- 
- 
- **British culture**
 - **Culturally acceptable and unacceptable behaviour**
 - **Formal and informal communication**
 - **Recognising discrimination and hate crime**
 - **Deciding if an emergency response is required**
- 
- 



The culture of the United Kingdom



Religion and Values

- The United Kingdom has an established church: the Church of England, led by the Archbishop of Canterbury. There is also a Church of Scotland.
- The Monarch is 'Supreme Governor of the Church of England' and 'Defender of the Faith'. This is a constitutional link between Church and State, but King Charles also protects all faiths.

- 
- We also have 26 Bishops in the House of Lords
 - National anthem is ‘God Save the King’
 - There are Christian images on our national flag
 - Churches all over the country, including 25 in Brent



England



Scotland



United Kingdom



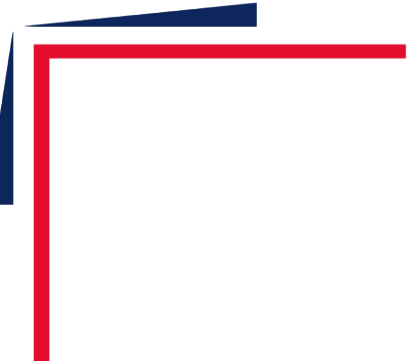
Wales



Northern Ireland







Dr Wendi Cunningham Momen MBE – *Director and Trustee, National Spiritual Assembly of The Bahá'ís of the United Kingdom*

Dr Mehool Sanghrajka MBE – *Institute of Jainology*

Malcolm Deboo – *President, Zoroastrian Trust Funds of Europe*

The Most Venerable Bogoda Seelawimala – *Chief Sangha Nayaka of Great Britain, Head Monk of the London Buddhist Vihara*

The Lord Singh of Wimbledon CBE – *Director of the Network of Sikh Organisations UK*

Visakha Dasi – *President of Bhaktivedanta Manor Temple*

Dr Aliya Azam MBE – *Al Khoei Foundation, Shia Muslim Community*

Mufti Sir Hamid Patel CBE – *Star Academies, Sunni Muslim Community*

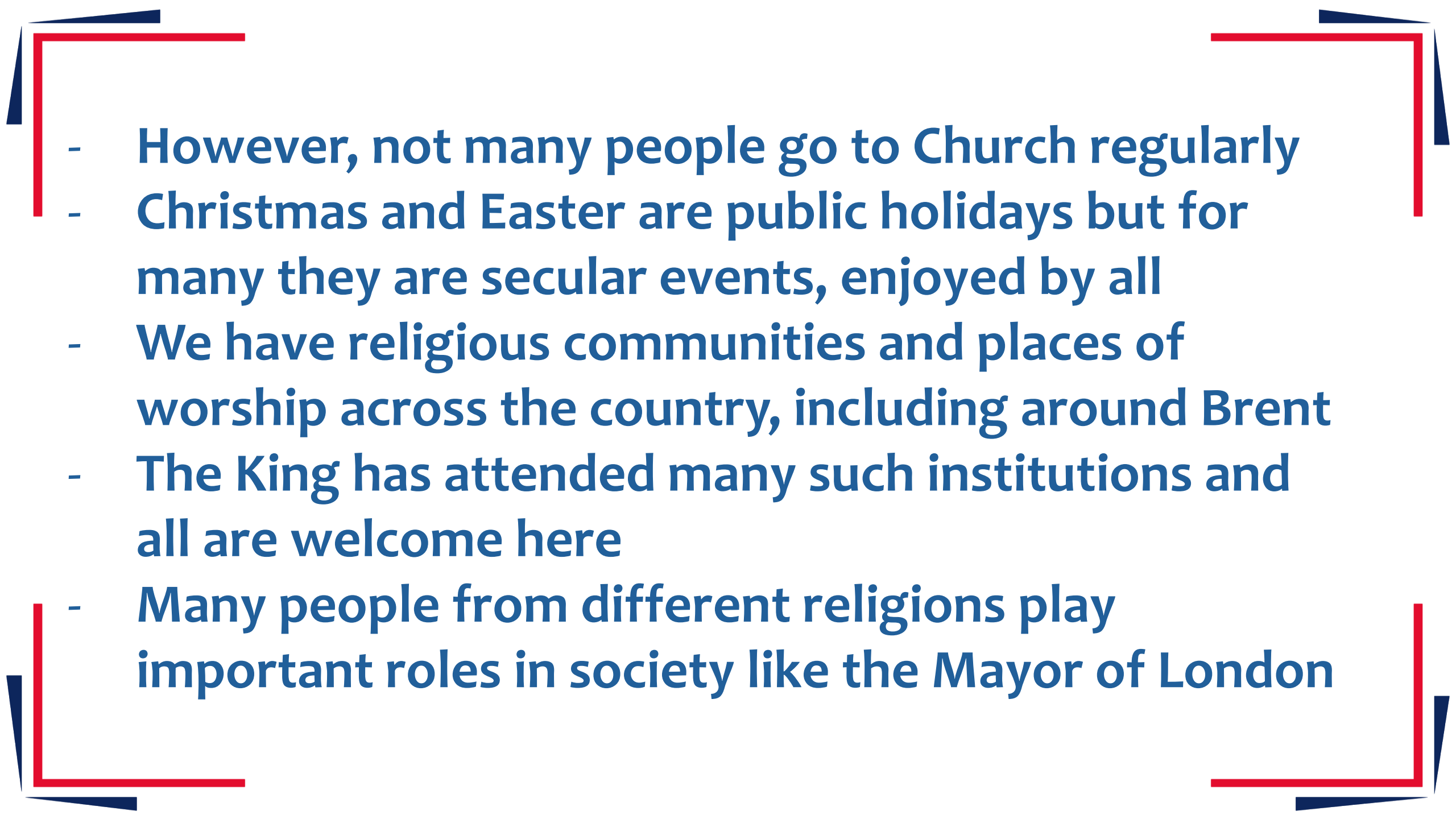
Chief Rabbi Sir Ephraim Mirvis KBE – *Chief Rabbi of Great Britain and the United Hebrew Congregations of the Commonwealth*









- 
- However, not many people go to Church regularly
 - Christmas and Easter are public holidays but for many they are secular events, enjoyed by all
 - We have religious communities and places of worship across the country, including around Brent
 - The King has attended many such institutions and all are welcome here
 - Many people from different religions play important roles in society like the Mayor of London











Neasden Temple



Willesden Jewish Cemetery



Brent Central Mosque

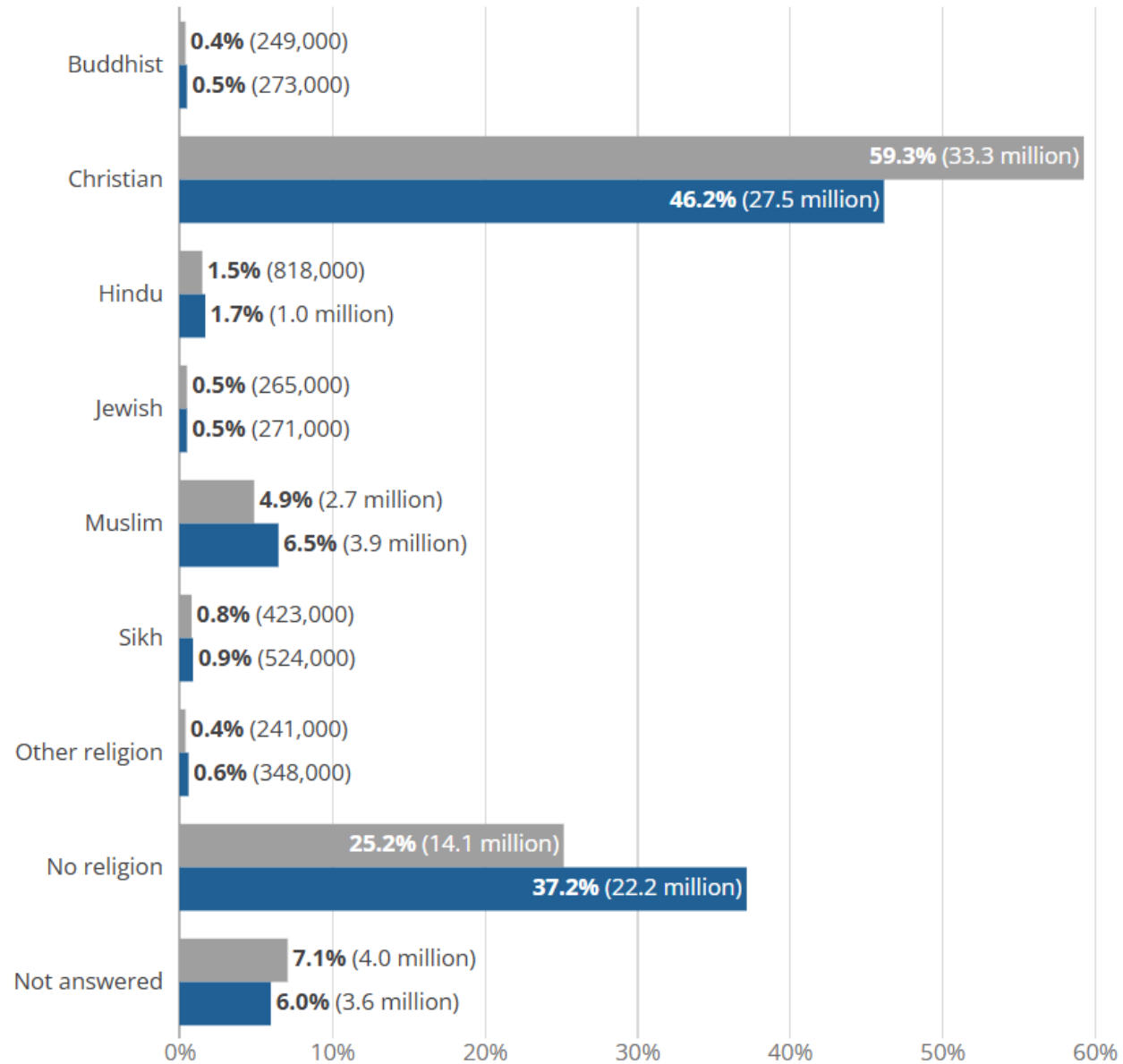


Brent Sikh Centre

Religious composition, 2011 and 2021, England and Wales

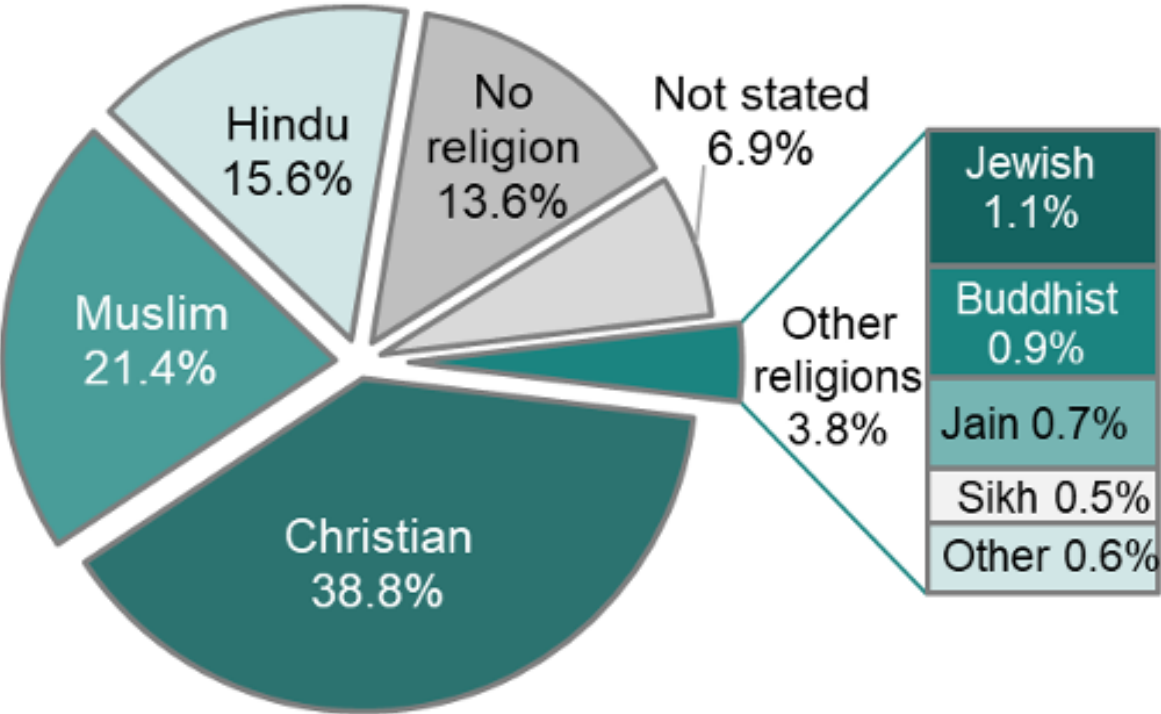
● 2011

● 2021



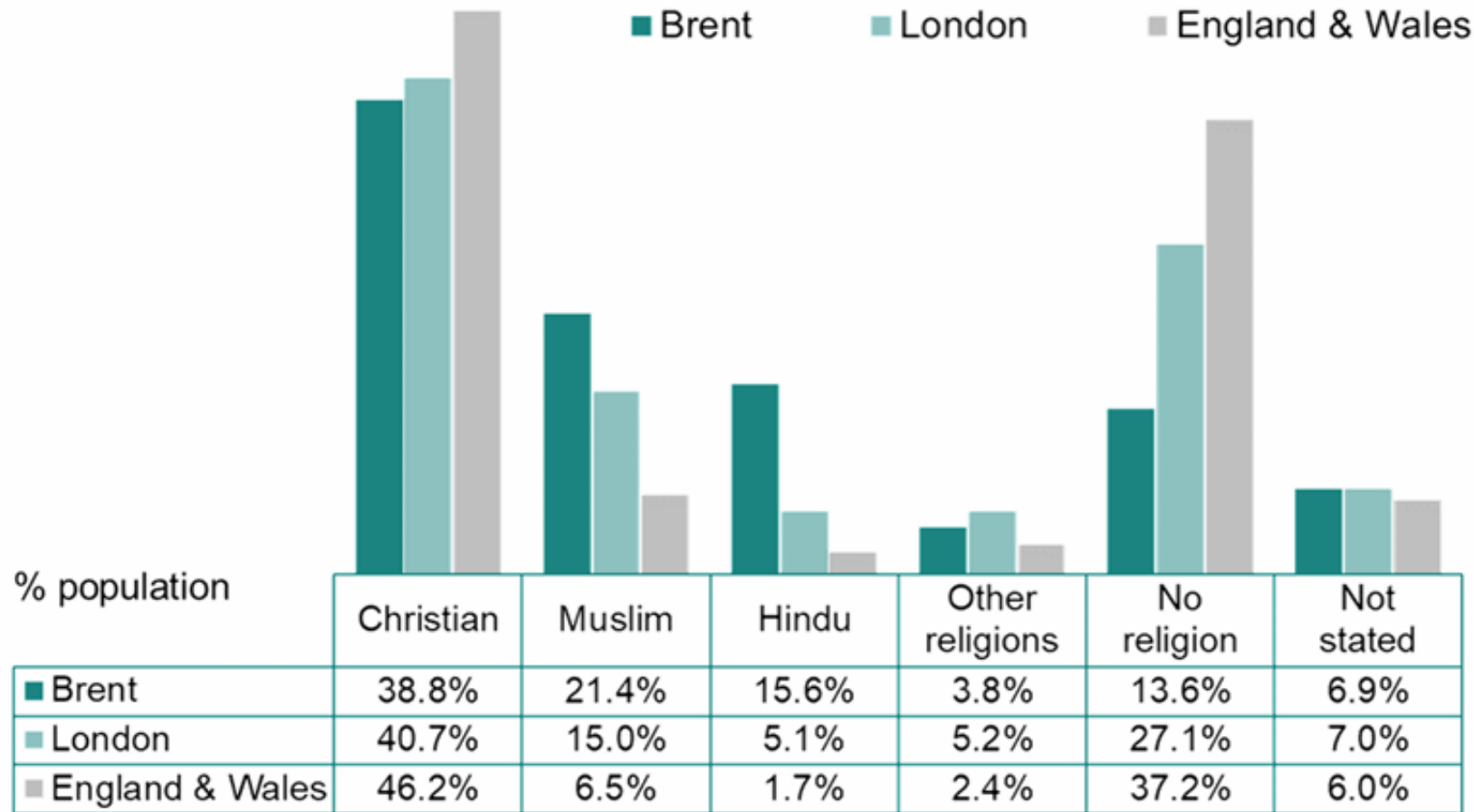
Population by religion, Brent, 2021

Census question: *What is your religion?*



Population	
Christian	131,914
Muslim	72,574
Hindu	52,876
Jewish	3,723
Buddhist	3,117
Sikh	1,530
Other religion	4,424
- of which, Jain:	2,488
No religion	46,153
Not stated	23,506
Total	339,817

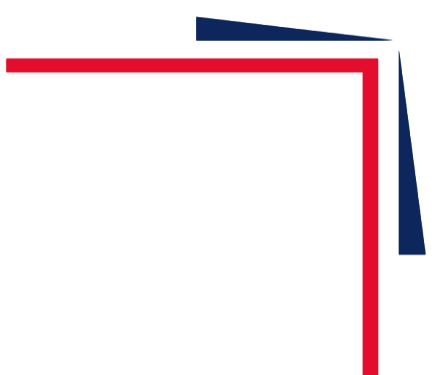
Population by religion, Brent, London and England & Wales 2021



- 
- 
- With so many different religions, and many people not being religious at all, the government talks more about British values than religious teachings.

These values are promoted in schools:

- Democracy
 - The rule of law
 - Individual liberty
 - Mutual tolerance and respect of people of different faiths and beliefs
- 
- 



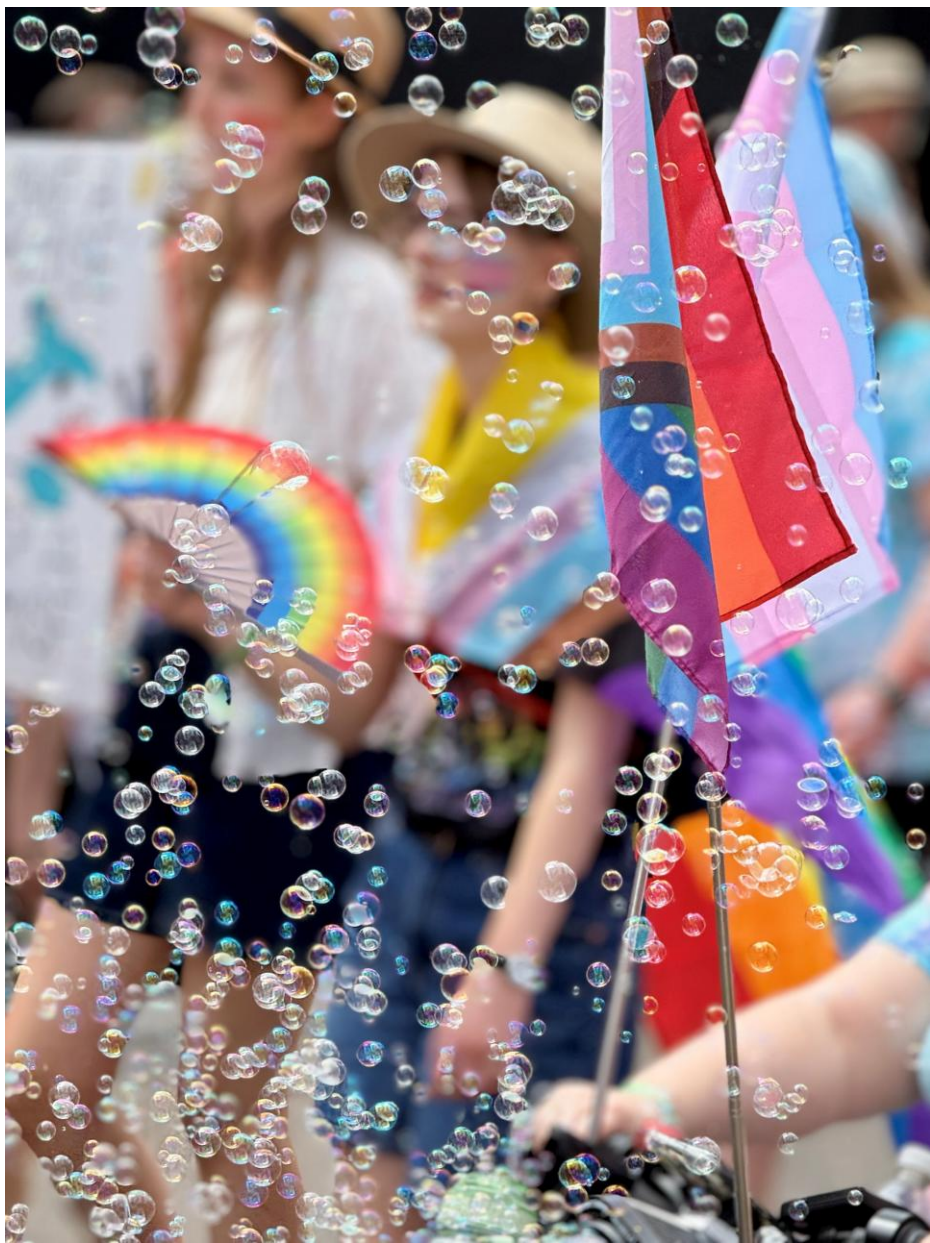
To these values I would add:

- **Hard work**
- **Fairness**
- **Respect for others**
- **Equality**



We want Britain to be a place where everyone is of the same value; everyone works hard and contributes; everyone is treated fairly/equally

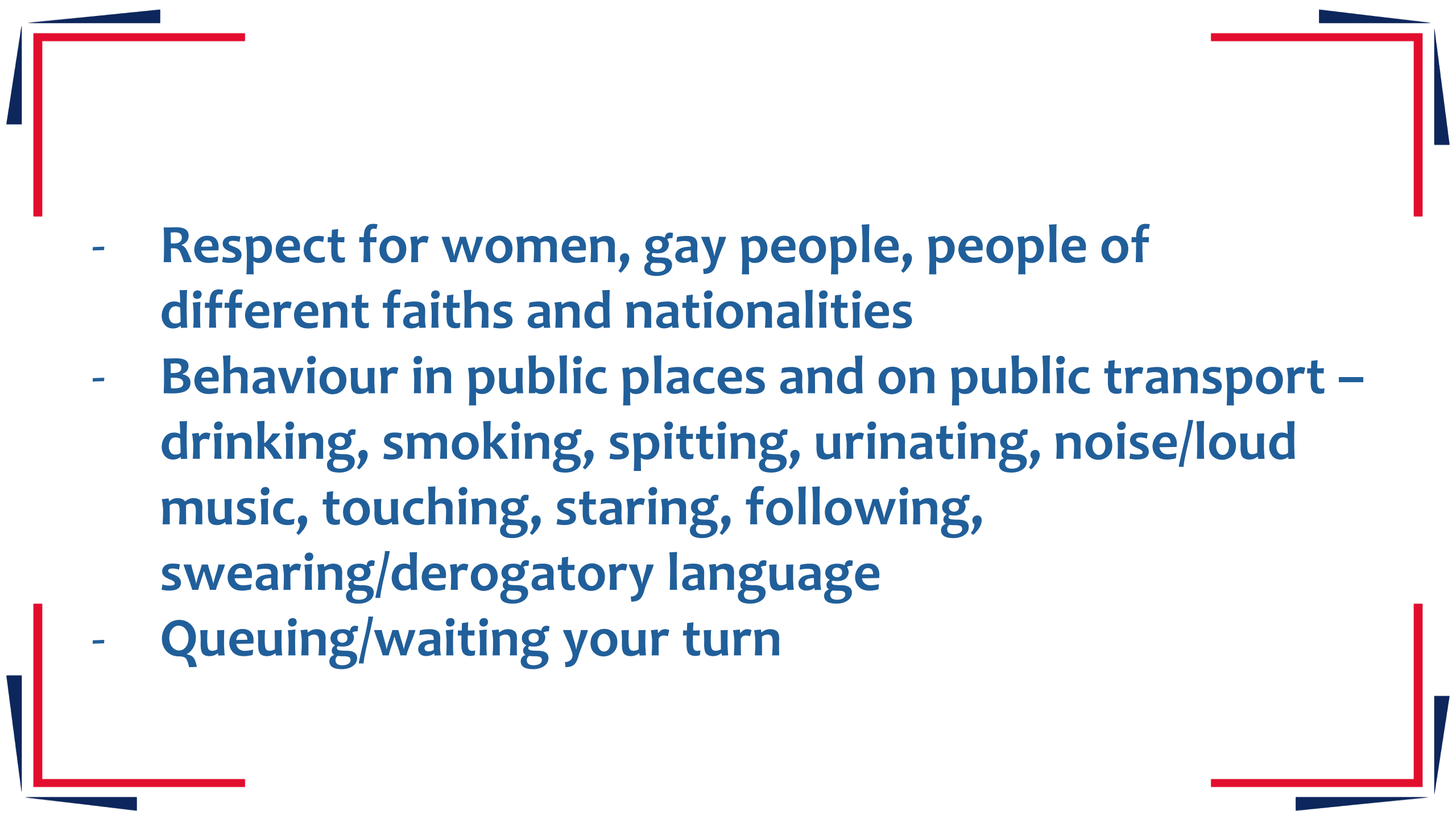


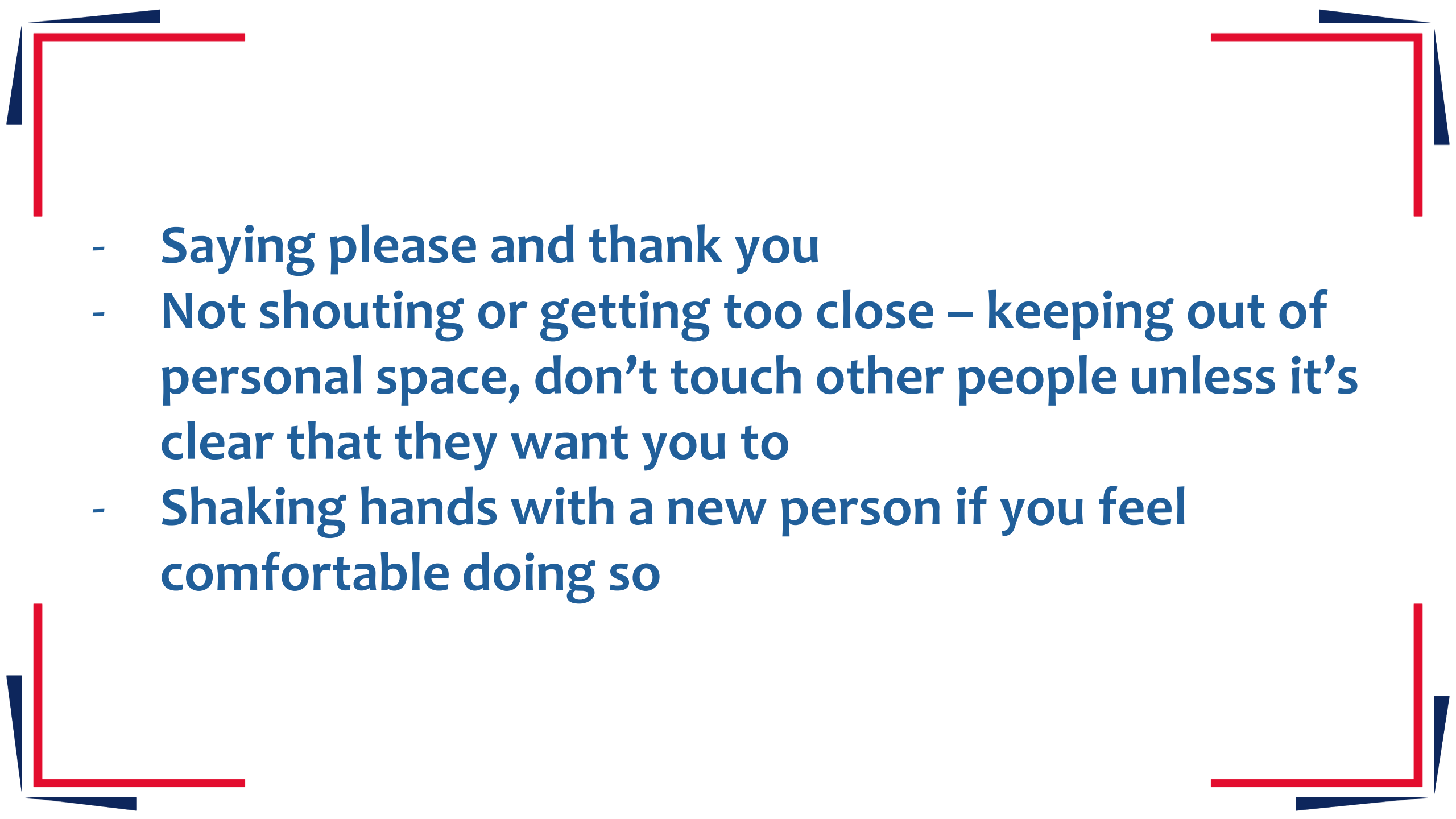


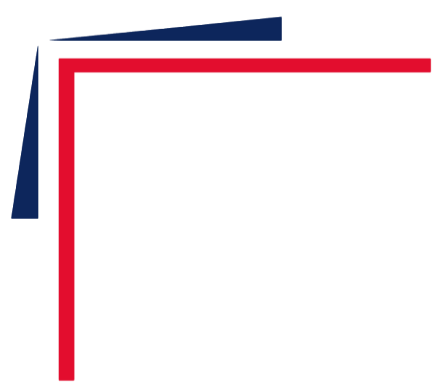
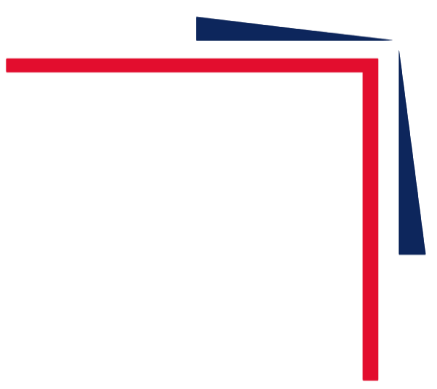
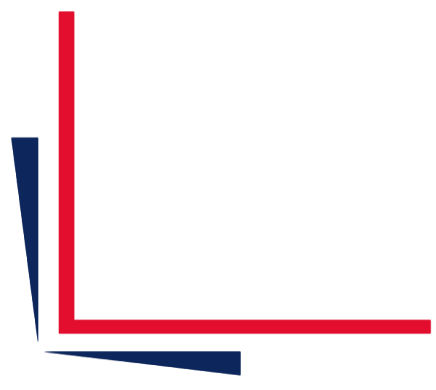


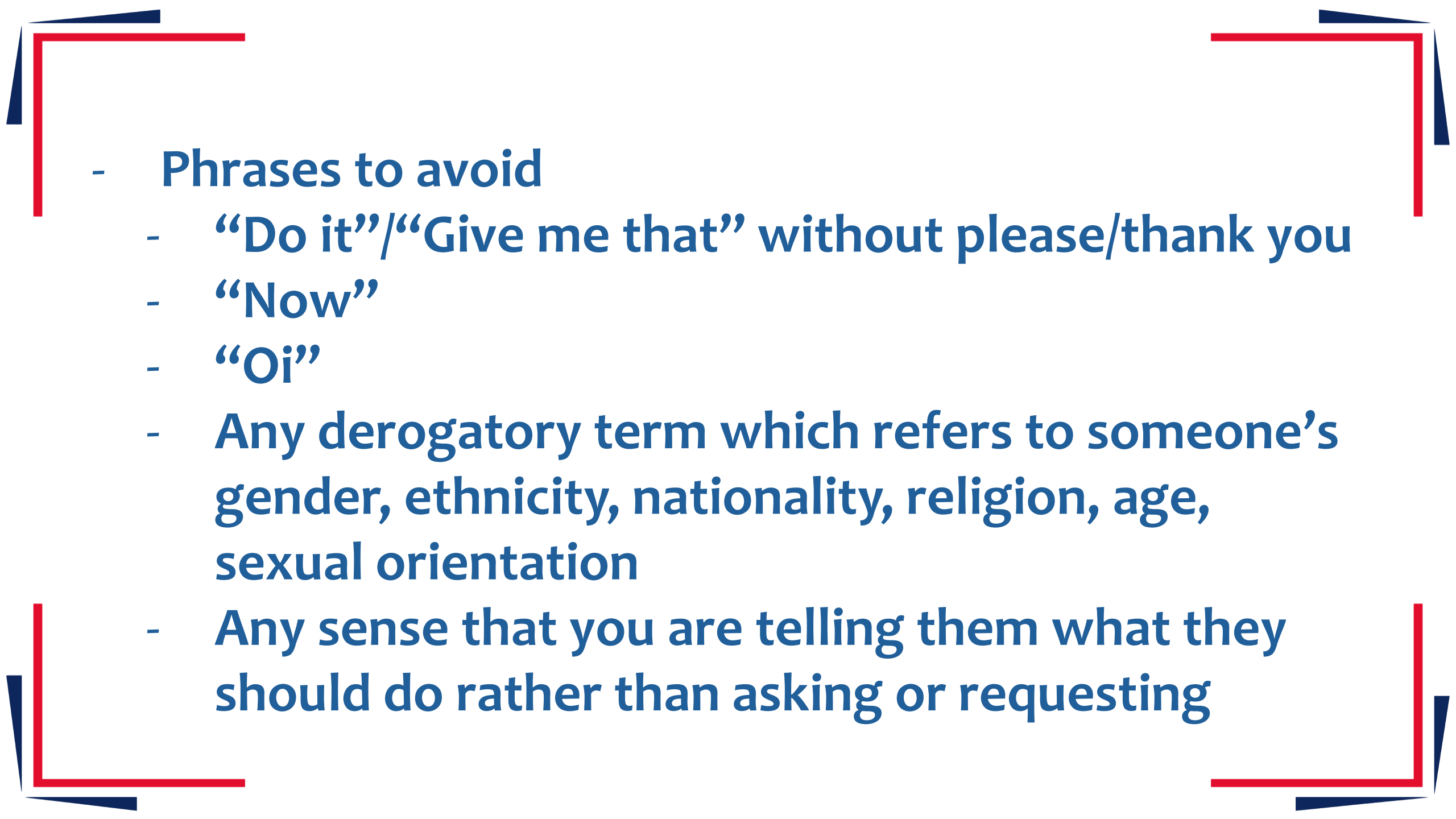


Customs and behaviour

- 
- Respect for women, gay people, people of different faiths and nationalities
 - Behaviour in public places and on public transport – drinking, smoking, spitting, urinating, noise/loud music, touching, staring, following, swearing/derogatory language
 - Queuing/waiting your turn

- 
- Saying please and thank you
 - Not shouting or getting too close – keeping out of personal space, don't touch other people unless it's clear that they want you to
 - Shaking hands with a new person if you feel comfortable doing so

- 
- 
- Some useful language
 - “Excuse me”/“Excuse me please”
 - “I would be very grateful if you could help me”
 - “You’re welcome”
 - “Could you tell me where this is please?”
 - “How are you today?”
- 
- 

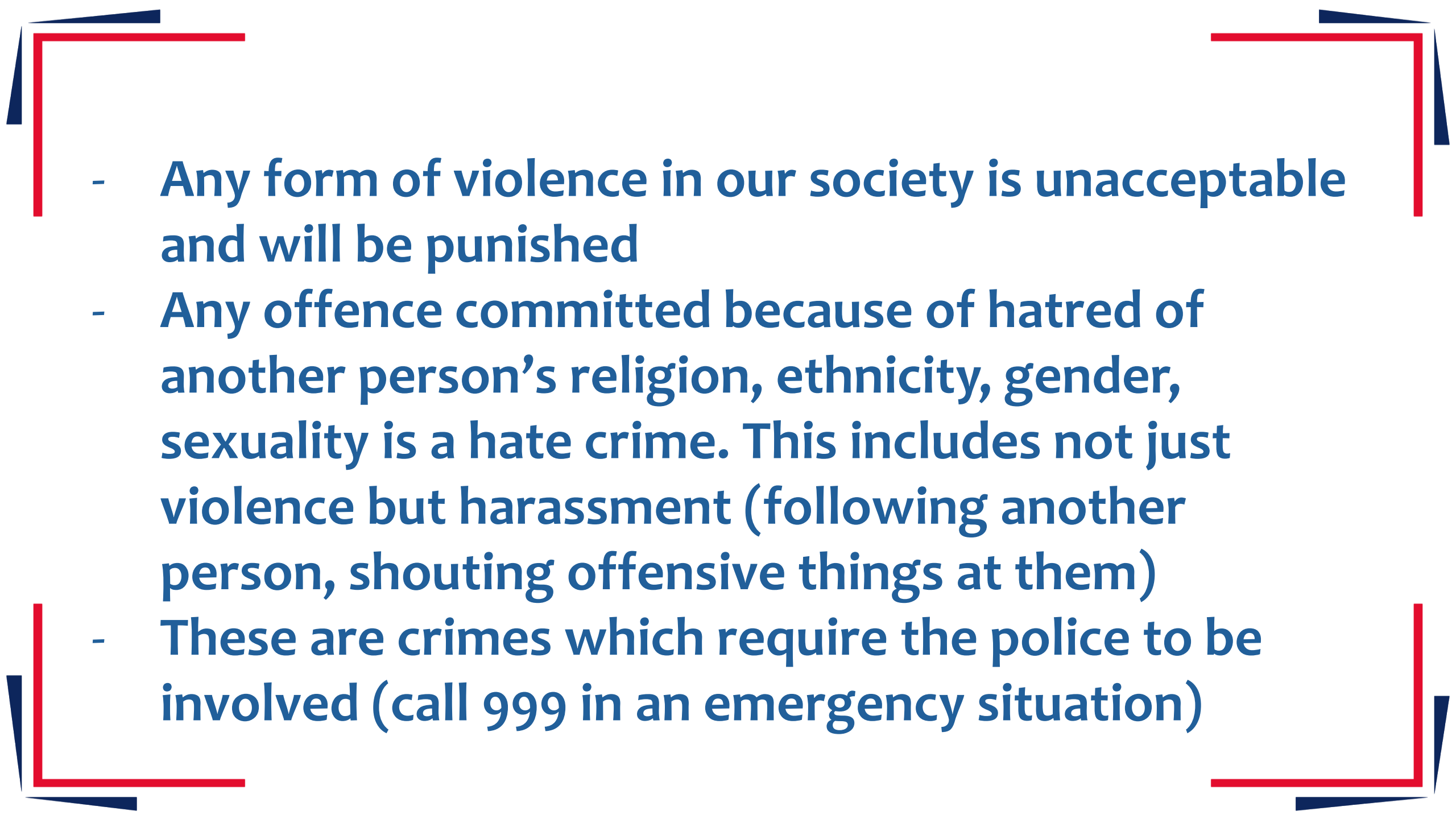
- 
- **Phrases to avoid**
 - **“Do it”/“Give me that” without please/thank you**
 - **“Now”**
 - **“Oi”**
 - **Any derogatory term which refers to someone’s gender, ethnicity, nationality, religion, age, sexual orientation**
 - **Any sense that you are telling them what they should do rather than asking or requesting**



Practice session



Discrimination and hate crime

- 
- Any form of violence in our society is unacceptable and will be punished
 - Any offence committed because of hatred of another person's religion, ethnicity, gender, sexuality is a hate crime. This includes not just violence but harassment (following another person, shouting offensive things at them)
 - These are crimes which require the police to be involved (call 999 in an emergency situation)



Keeping Safe from Hate and Other Crimes

Stay safe in your community. This leaflet has important numbers and ways to report crimes or get help. We're here for you.

Emergency? Call 999

 If you or someone is in **danger now** or a crime is happening, call the police on **999**.

This is free and fast.

Don't speak English?

Say "Police", and when you are put through, say the language you speak and an interpreter will join the call.

Not an Emergency? Call 101

 If the crime already happened or you are not in danger, call **101** to tell the police.

This helps them know what happened.

Don't speak English?

Say "Police", and when you are put through, say the language you speak, and an interpreter will join the call.



Prefer to report online?

Reporting the incident via the police online portal, scan QR code:

Or on X <https://x.com/MetCC> (@MetCC)



Don't Want to Give Your Name? Call Crimestoppers

If you want to tell the police about a crime but not share your name, call **0800 555 111**.

You stay secret, and it's free.



Want to Talk to Someone About What Happened? Call Stop Hate UK

If you are unsure about reporting a hate incident that happened to you or that you saw, you can get help and advice anytime, call **0800 138 1625**.

This service is here to help you.



Want Support Because You Have Experienced or Seen Crime or Hate Crime?

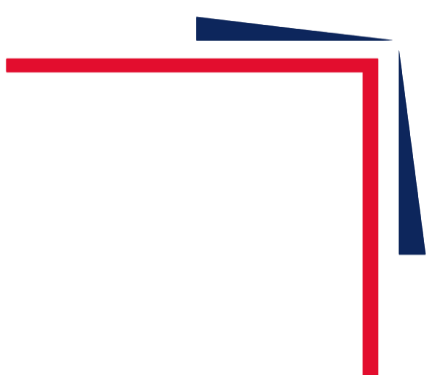
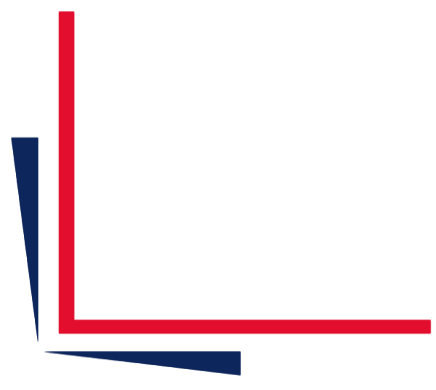
If you are a victim of, or have seen a crime, and want support, call **0808 168 9291**

If the crime you have experienced is a hate crime, there is specific support available, visit www.catch-hatecrime.org.uk/

These services are here to help you.

Stay safe. You are not alone.



- 
- 
- Discrimination may be more subtle
 - It could involve not being offered a service or an opportunity because of your background, or being treated differently at a shop or a hospital or school
 - These are not hate crimes but still are unacceptable and should be raised with the local authority or others
- 
- 

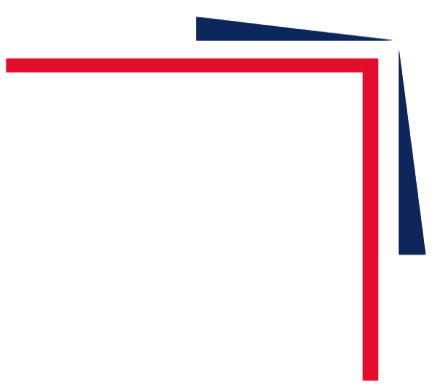
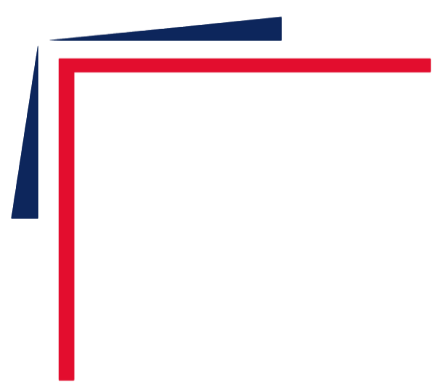
- Citizens Advice Bureau Brent: 02084381249
- Brent community safety team: 02089371058
- Ealing Law Centre: 02085794598
- West London Equality Centre: 02082312575
- Stop Hate UK: 08001381625
- Brent Hubs Meeting: via your support team
- Police: 999 (urgent), 101 (non urgent)

If you have been discriminated against or been a victim of a hate crime, please ask for help

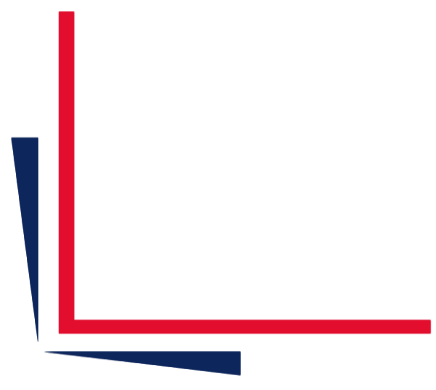


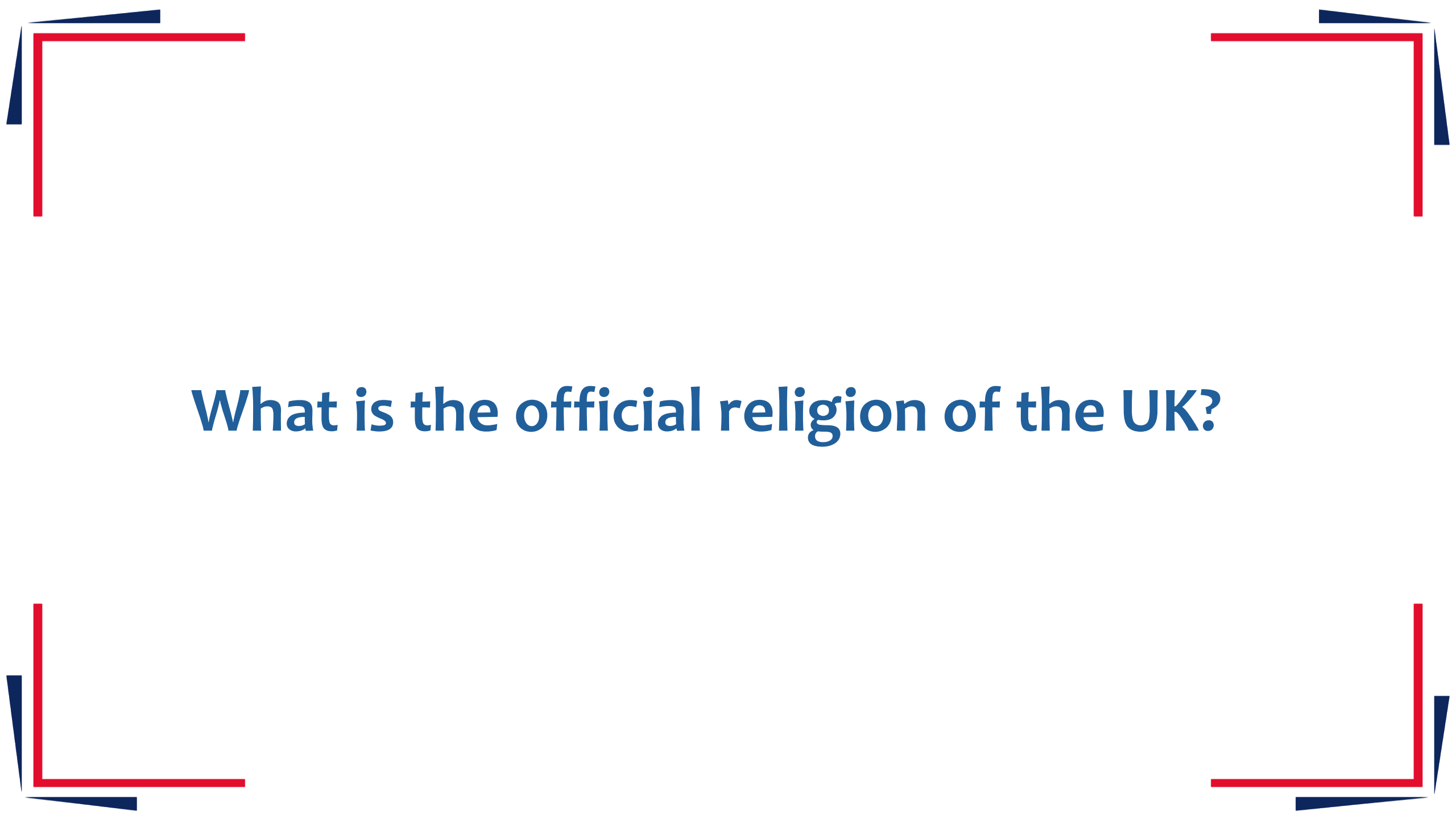
Brent

Quick quiz

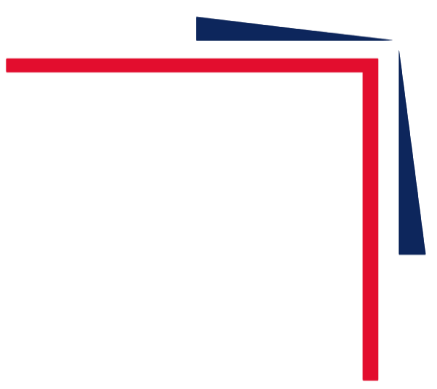
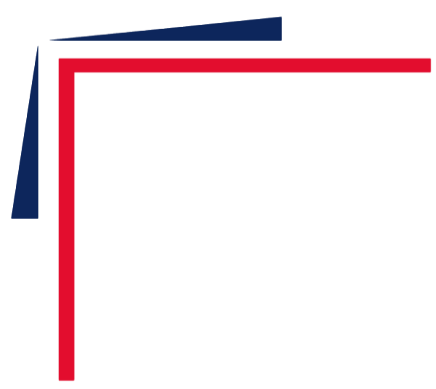


**What number should you call in an emergency?
What should you say?**

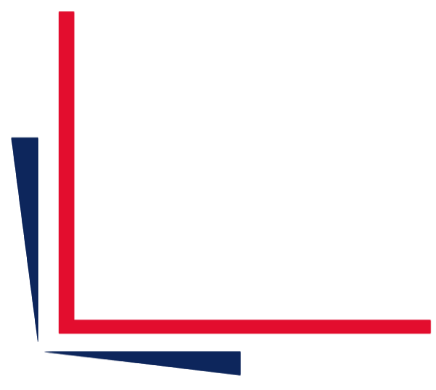




What is the official religion of the UK?



What is our national anthem?





Who is the leader of the Church of England?

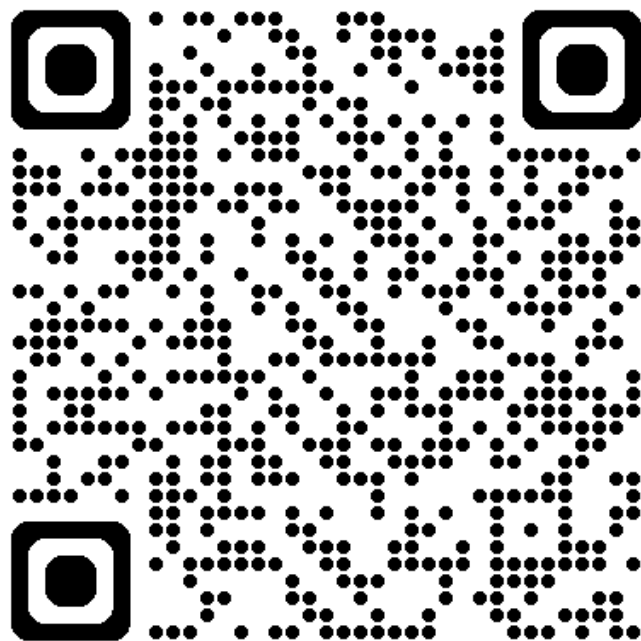


**Is violence, discrimination or hatred ever
acceptable in the UK?**





**Learn
About
Britain**



Brent

learnaboutbritain.uk/brent
brent.gov.uk

