

EHDA Dances – 2025/26 (Revised July 22, 2025)							
	Primary	Beginners	Novice	Intermediate	Premier		Special Events
October 25th, 2025 (National Competition)	• Pas de Basque • Pas de Basques & High Cuts • Fling (4) • Sword (2 & 1)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Flora (4) • Trophy Fling (4) *	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Flora (4) • Trophy Fling (4) *	• Irish Jig (3 & 1) • Scottish Lilt (4) • Flora (4) • Highland Laddie (4) • Barracks Johnnie (4)	7 & Under 12 Yrs. • Irish Jig (3 & 1) • Scottish Lilt (4) • Earl of Errol (4) • Blue Bonnets (4) • Flora (4)	12 Yrs & Over • Irish Jig (4 & 1) • Scottish Lilt (4) • Earl of Errol (4) • Blue Bonnets (4) • Flora (4)	• *Trophy Fling (Beginner and Novice – different age groups judged by 3 or 1, time permitting) • Small & Large Group Choreography – all ages
November 22nd, 2025 (Pre-Premier Competition & Workshop)	• Pas de Basque • Pas de Basques & High Cuts • Fling (4) • Sword (2 & 1)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Highland Reel (2 & 2) • Scottish Lilt (4)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Scottish Lilt (4)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Scottish Lilt (4)			• Pre-Premier Workshop (following competition)
January 24th, 2026 (Evelyn Gerrard Jones Competition)	• Pas de Basque • Pas de Basques & High Cuts • Fling (4) • Sword (2 & 1)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Scottish Lilt (4) • Flora (4)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Scottish Lilt (4) • Flora (4)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Sailors’ Hornpipe (4)	7 & Under 12 Yrs. • Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Sailors’ Hornpipe (4)	12 Yrs. & Over • Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Sailors’ Hornpipe (5)	• Solo Choreography • Discontinue the Hornpipe Dance Off

March 6th, 2026 (Central & Northern Alberta Confined Championship & Pre- Championship) March 7th, 2026 (Spring Open Competition)	• Pas de Basque • Pas de Basques & High Cuts • Fling (4) • Sword (2 & 1)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Scottish Lilt (4)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Scottish Lilt (4)	• Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch • Sailors’ Hornpipe (4)	Central & Northern Alberta Confined Championship * • Fling • Sword • Seann Triubhas • Strathspey & Half Tulloch Pre-Championship * • Fling (4) • Sword (2 & 1) • Seann Triubhas (3 & 1) • Strathspey & Half Tulloch	Open Competition 7 & Under 12 Yrs • Fling (4) • Seann Triubhas (3 & 1) • Scottish Lilt (4) 12 Yrs & Over • Fling (4) • Seann Triubhas (3 & 1) • Scottish Lilt (4) Blue Bonnets (4) Challenge * • 7 & Under 12 Yrs • 12 & Under 16 Yrs • 16 Yrs & Over	• * Premier dancers may choose between the Championship & Pre-Championship but not both. All Premier dancers may do the Blue Bonnets Challenge. • SDC JL Scholarship • RSOBHD Championship & Pre-Championship Rules apply.
April 11th & 12th, 2026 (Northern Canadian Championship & City of Edmonton Scottish National Dance Premiership)					Northern Canadian Championship • Fling • Sword • Seann Triubhas • Strathspey & Half Tulloch	City of Edmonton Scottish National Dance Open Premiership • Sailors’ Hornpipe (4/5) • Scottish Lilt (4) • Earl of Errol (4) • Blue Bonnets (4)	• RSOBHD Championship and Scottish National Dance Premiership Rules apply.

Approved by the EHDA Technical Committee