

BRAIN HEALTH FORUM: STRATEGIES FOR PREVENTION AND SUPPORT

Join us for a relaxed and informative brunch focused on prevention, early intervention, and support.



This isn't just another talk - it's a conversation that matters. Our expert panel will share practical tips, the latest research, and real-life experiences to help you protect your brain health and navigate the challenges of cognitive decline.

FRIDAY, FEBRUARY 20TH

10:00 AM – 12:00 PM

**THE SHORES TOWNHALL
2201 BAY AVENUE
OCEAN CITY, NJ**

Moderator

Pam Garofolo: UMC VP of Program Excellence.

Expert Panel

Sangeeta Appel: Home Instead, Owner; Alzheimer's Association Champion, Certified Dementia Practitioner Instructor

Dr. David P Roeltgen, MD: Cooper University Hospital Cape Regional Medical Center, Neurology

Lisa DiTroia: Certified Dementia Practitioner, Community Educator Volunteer with Alzheimer's Association, Shore Medical Center

Dr. Christine Gayda: Stockton University, Associate Professor, Neuropsychology Specialist

Courtney McLaughlin: Brownstone Center for Wellness, Licensed Clinical Social Worker

Chris Burns: Caregiver & Nurse, sharing her personal journey

BRUNCH WILL BE SERVED. THIS COMPLIMENTARY EVENT IS POSSIBLE BECAUSE OF OUR GENEROUS SPONSORS: HOMEWORKS & JOURNEY HOSPICE



LIMITED SEATING – RSVP TODAY!
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