

Food Banks

- [Tri-State Food Bank](#) is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 2504 Lynch Rd, Evansville, IN 47711, USA
 - [Terre Haute Catholic Charities Foodbank](#) is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 430 N 14th 1/2 St, Terre Haute, IN 47807, USA
 - A nationwide network of local food banks provides [free meals and groceries to furloughed employees](#).
 - [Food Bank of Northern Indiana](#) is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 702 Chapin St, South Bend, IN 46601, USA
 - [Food Finders Food Bank](#) is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 2451 Greenbush St, Lafayette, IN 47904, USA
 - [Second Harvest Food Bank of East Central Indiana](#) is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 6621 Old State Rd 3, Muncie, IN 47303, USA
 - [Gleaners Food Bank of Indiana](#) is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 3737 Waldemere Ave Suite 200, Indianapolis, IN 46241, USA
 - [The Community Harvest Food Bank of Northeast Indiana](#), Inc. is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 999 E Tillman Rd, Fort Wayne, IN 46816, USA
 - [The Hoosier Hills Food Bank](#) is offering food assistance to all furloughed/excepted federal workers affected by the government shutdown. 2333 W Industrial Park Dr, Bloomington, IN 47404, USA
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Diapers

- [Covered with Love Diaper Bank](#) 3326 S 7th St, Terre Haute, IN 47802, USA
- [Sweet Cheeks Diaper Pantry of First Presbyterian Church](#) - 301 N. Walnut St., Seymour
- [Indiana Diaper Source](#) - 340 Tracy Rd, New Whiteland, IN 46184
- [Diaper Resource Center at Food Bank of Northwest Indiana](#) - 1919 Indianapolis Blvd. Schererville,
- [Indiana Diaper Bank](#) - 2420 N. Meridian St. Indianapolis, IN 46208
- <https://www.franciscanhealth.org> - 5454 Hohman Ave, Hammond, IN 46320
- [Healthier Moms and Babies](#) – 3901 S. Calhoun St. Fort Wayne, IN 46807
- [Shepherd's Hand Community Outreach Center](#) - 1420 W Jefferson Blvd., Fort Wayne, IN 46802
- [Tandem Community Birth Center and Postpartum House](#) – 1201 N. Walnut St., Bloomington, IN
- The Diaper Bank of East Central Indiana - 1811 Wheeling Ave, Muncie, IN 47303, USA

Financial resources and assistance

- Regions Bank offers relief for U.S. government employees, contractors, and service members affected by the shutdown: qualified refunds of deposit-account fees (including overdrafts), a one-time penalty-free CD withdrawal, loan payment assistance and credit-card deferrals, plus a special fixed-rate unsecured personal loan under \$5,000 with first payment deferred 60 days. [Visit any Regions branch](#) to learn more about their support during the shutdown.
- [Air Force Aid Society \(AFAS\)](#): AFAS is offering zero-interest loans to Airmen, Guardians, and their families affected by the 2025 government shutdown. Assistance is available for basic living expenses such as mortgage/rent, food, gas, and utilities if paycheck protection is not available from financial institutions. Loans are interest-free and repaid within 30 days after receiving back pay. Apply online at [afas.org](#).
- [Coast Guard Mutual Assistance \(CGMA\)](#): CGMA is offering interest-free loans to active-duty, reserve, and civilian Coast Guard employees affected by the 2025 government shutdown. Loans are available up to one month's Basic Allowance for Housing (BAH), covering essential expenses like rent, utilities, food, and childcare. Repayment begins via allotment within three months of pay reinstatement. Apply online at [mycgma.org](#).
- [National Guard Relief Foundation](#): Offers S.A.R.G.E Grant and Interest-Free Loans
- [First Command](#): First Command offers a 0% APR Pay Advance Loan to eligible clients affected by the government shutdown. Clients can receive an advance equal to their normal monthly direct deposit for up to six months, with no fees or interest. Additional support includes loan assistance, penalty-free early CD withdrawals, secured lines of credit, priority processing for credit card limit increases and payment deferrals, and guidance from financial advisor.
- [Navy-Marine Corps Relief Society](#): NMCRS is offering interest-free loans to active-duty Sailors, Marines, and their families affected by the 2025 government shutdown. Assistance covers basic living expenses such as food, gas, and utilities. Loans are available even if the service member has an existing NMCRS loan. Service members deployed or on temporary duty can complete a Pre-Authorization form for their spouse to access assistance.
- [PenFed Credit Union](#): PenFed Credit Union is offering furlough assistance to federal employees affected by the 2025 government shutdown multiple types of assistance. Please visit the link for details.
- [Service Credit Union](#): One-time Payroll CreditIf you are active-duty military or a Department of Defense civilian employee whose pay has been affected due to the shutdown and have had direct deposit with Service Credit Union for the past three months, we will automatically post a one-time credit to your account. This pay will be based on the normalized average of your direct deposit totals over the past three months.Financial Assistance LoanFor existing members with direct deposit who are not eligible for the one-time payroll credit, we're offering a 0% APR loan for up to four months, with no payments for up to 90 days, up to \$5,000, if pay was impacted. Standard underwriting criteria applies.For existing members with no direct deposit or new members, we're offering a 4% APR loan for up to four months, with no payments for up to 90 days, up to \$5,000, if pay was impacted. Standard underwriting criteria applies.
- [TD Bank](#): Offering fee refunds (overdraft, non-TD ATM, monthly maintenance), waived CD early withdrawal penalties, late fee waivers on TD Bank Visa credit cards, and loan relief for mortgages,

home equity, personal, and auto loans. Commercial and small business clients may also be eligible for fee refunds on loans or lines of credit.

- [United States Senate Federal Credit Union \(USSFCU\)](#): USSFCU is offering a \$5,000 Relief Loan: 0% interest for 90 days, Skip-a-Pay Fee Refund: Request fee refund for skipped payments, Loan Extensions: Available upon request, Real Estate Loan Modifications, and First Mortgage Deferments. Eligibility requires proof of lost pay due to the shutdown.
 - [USAA](#): USAA offers no-interest loans up to \$6,000 for eligible members affected by the government shutdown, repayable in 3 months. They also provide payment relief on banking and insurance products. Assistance is available via app, website, or customer service
 - The Federal Employee Education & Assistance Fund has both an [Emergency Hardship Loan program and Shutdown Grants](#) available for qualifying full-time federal civilian employees.
 - BeneFeds provides information for employees leaving the federal workforce on [managing benefits as they transition from federal service](#).
 - There are financial resources for [troops experiencing financial distress due to the shutdown](#).
 - Navy Federal Credit Union is offering [0% APR loans to eligible members](#) facing potential paycheck disruption.
 - The [USAA government shutdown program](#) is offering eligible members no interest loans.
 - PenFed Credit Union is offering [furlough relief assistance](#) for impacted members.
 - The [Shutdown Assistance Map](#) has a searchable, filterable map of verified offers—food, financial help, utilities, transportation, entertainment, and more—for federal employees during a shutdown.
 - [National Foundation for Credit Counseling](#) (NCFE) is offering tailored financial support to furloughed federal employees.
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Utilities

- **NIPSCO** offers several programs if you are impacted by the government shutdown. In addition to payment and budget plans, they offer a Hardship Program, where they work with local Community Action Agencies to distribute hardship funds to eligible customers. **1-800-464-7726**
 - **AES Indiana *Power of Change*** - is its own customer assistance program that provides emergency relief grants of up to \$240 to eligible income-qualified customers
 - Verizon is offering [payment relief](#) for federal workers impacted by the government shutdown.
 - The Federal Employee Education & Assistance Fund is [offering microgrants of \\$150](#) to support federal employees impacted by shutdown to cover essentials like groceries, gas, diapers, and other basic necessities.
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Mental health and wellness resources

- [wellfed](#) offers three recurring weekly virtual programs designed to provide structure, support and momentum for professionals navigating career transitions.
 - Technologists for the Public Good has partnered with Empower Work to provide [free, confidential counseling](#).
 - Justice Connection developed a list of [mental health support resources for federal employees](#).
 - The U.S. Department of Health and Human Services provides an anonymous [resource for people seeking mental health and substance use treatment](#).
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Housing: Rent and Mortgage:"[Indiana 211 service](#)

- Homeowners: Please call your mortgage company and let them know how you are impacted by the federal government shutdown. Many are offering to pause payments, with zero fees, until the government reopens and pay has resumed.
 - [Federal Employee Education & Assistance Fund](#) offers Shutdown Assistance Grants of \$150s
 - Federal civil servants who are furloughed may be eligible for unemployment insurance, [Unemployment Compensation for Federal Employees](#).
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