

Coachee:

Coach:

Date:

Goal:

NEUTRAL

What did you think? How do you feel it went? How did it go?



SUCCESS

What went well? What did you do really well? How were you successful?



GROWTH

What would you do differently if you could? Why would that help?



ACTION

What will you do? When?



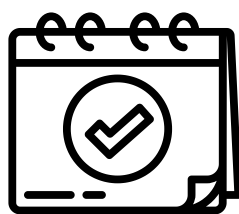
SUPPORT

What can I do to help you? You've got this! I'm excited to see the results!



FOLLOW-UP

I saw that you...How'd it go? Did it help? Keep it up!



WHAT YOU FOCUS ON, EXPANDS. IF YOU'RE LOOKING FOR GROWTH AND IMPROVEMENT, YOU'LL FIND IT.

