

Become a Cutting-Edge mBIT Coach NOW

Register Now!

mBIT Coach Certification Training

Register Now!

Be Ready to Take Your Practice to New Levels

This Training is For...

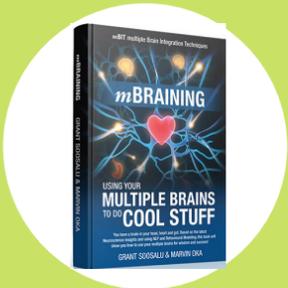


Professionals who are working one-on-one with people, and who would like to increase their skill-set by embracing the new, integrated and highly advanced field of mBIT (multiple Brain Integration Techniques)

mBraining; What is it?

mBIT- multipleBrain IntegrationTechniques

mBraining-The process of aligning your multiple brains using mBIT methodology



mBraining uses neuroscience findings about your multiple brains (head, heart and gut brains) and what they have to offer for increasing intuitive abilities and for immediately generating wiser decision-making in your daily life.

Providing you with numerous practical and easy to learn methods, a session of mBraining shows you how to communicate with and tap into the innate intelligence of your multiple brains.



DO YOU EVER HAVE CLIENTS WITH THE FOLLOWING ISSUES?

- *Internal conflict between their thoughts, feelings and actions*
- *Repeatedly not acting upon or sabotaging their dreams, goals and plans*
- *Doing unwanted behaviours or habits and don't know why and difficulty stopping*
- *Challenges in making decisions or are unable to motivate themselves to take action towards their health goals*
- *Chronically experiencing disempowering emotional states such as frustration, depression, anger, anxiety, etc.*
- *Chronic health issues, especially those to do with the heart or gut region*

EMPOWER PEOPLE USING THE DEEPLY INTEGRATIVE MBIT PROCESSES YOU'LL LEARN DURING THIS WORKSHOP

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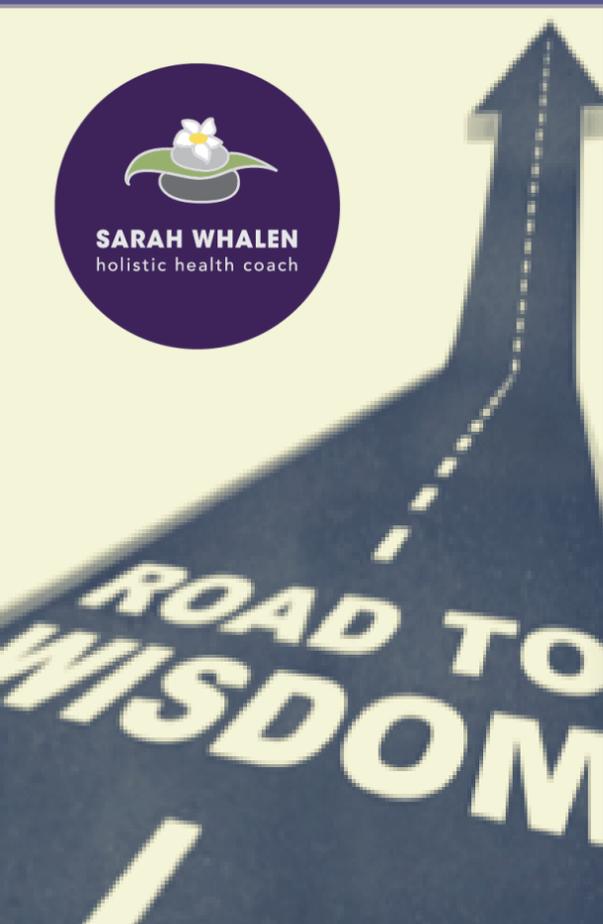
Who Is This Training For?

- Professionals Coaches of all types
- Body Workers, Counselors & People Helpers
- Trainers and Educators
- Leaders, Managers and Mentors
- ...anyone who coaches others to produce results that can only be achieved when **head, heart and gut are aligned!**

At this Training You'll Discover...

- How to recognize and interpret the different languages of your three main intelligences.
- Deep insights into how your multiple brains produce internal conflict and what you can do about it.
- How your gut and heart brains are able to learn and grow new neural pathways and how you can actively educate them for greater intuition and better decisions.
- How to balance the autonomic nervous system through the mBIT Balanced Breathing method to quickly relieve stress.

WE HAVE 3 SEPARATE INTELLIGENCES OPERATING IN OUR BODIES...



...and these have habits & learned patterns and can be aligned or not aligned. How your clients' multiple brains communicate and operate with each other is vital for their congruence, success and happiness.

It can be life-denying when our brains fight each other or ignore each other and alternately, it is incredibly life-enhancing when our multiple brains work harmoniously together to produce generative wisdom in our lives. When you offer this to your clients, their health goals become more sustainable.

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The Powerful New Techniques you will Learn in this Training:

- How **neuroscience research** has shown that you have three brains, and how these findings validate **ancient wisdom teachings and practices**
- How to harness the innate intelligences and generative wisdom of your multiple brains through the process of '**mBraining**'
- An entire suite of powerful and easy to learn 'multiple Brain Integration Techniques', collectively known as **mBIT**
- The **9 Prime Functions** of your head, heart and gut brains, and how each provides you with a different ability and talent
- The **5 classes of mBIT Neural Integration Constraints** that give you deep insight into how the three brains may produce internal conflict within yourself, and what you can do about it
- How to balance the Autonomic Nervous System through the '**mBIT Balanced Breathing**' method to quickly relieve stress and gain access to the innate intelligences of your three brains
- How to work with the '**Core Competencies Framework**' to quickly diagnose unresourceful states, and discern what's needed to bring the nervous system back into balance for optimal functioning in all three brains
- The technique of '**mBIT Neural Syntax Mapping**' to explicitly reveal the functional or dysfunctional sequence in which the three brains are working together or conflicting with each other
- The '**mBIT Foundational Sequence**' to ensure you are working with the three brains in the optimum sequence for generative results
- How to work with '**mBIT Neural Integration Engagements**' to significantly amplify the effectiveness and power of your techniques whenever working with the three brains
- How to recognize and overcome **15 types of Neural Integration Blocks** that prevent integration between the three brains.



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- Stand out in your profession; Learn simple, yet Powerful techniques to Assist lasting changes in Your client's lives
- Become a professionally certified mBIT Coach and join a fast-growing field that is taking the world by storm.

Meet Your Trainer: **Sarah Whalen**



Sarah is an mBIT Master Coach and Trainer and an Integrative Nutrition Health Coach. She facilitates mBIT Coach Certification training as well as various mBraining Workshops. She has over 30 years' experience in business, coaching and volunteer work, with a passion for learning and inspiring people to live creatively, compassionately and courageously by supporting and empowering change and leadership excellence.

She studied directly with Grant Soosalu, co-founder of the mBIT field, and has created workshops and training sessions tailored to align health and wellness goals, so that they can experience inner transformations.



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Email: sarahwhalencoach@gmail.com

Date of next Training:

TBD: email for updates

Time: 9:30 AM – 7 PM Daily, 4 days

Venue: Varies

This training is for - professionals who are working one-on-one with people, and who would like to increase their skill-set by embracing the new, integrated and highly advanced field of mBIT (multiple Brain Integration Techniques)

Circle your investment choice, fill in the form and email to us today to secure your place.

Full Investment: USD: \$1595

Super Early Bird Special Offer: USD \$1295

(Coupon Code: EARLYBIRD300 Ends 30 Days Prior to Event)

Payment method:

Check Direct Credit PayPal

Direct Credit – _____

First Name: _____

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“mBRAINING COACHES YOU IN ALIGNING YOUR THREE BRAINS TO ACHIEVE GREATER WISDOM, SUCCESS AND HAPPINESS IN A WORLD OF MASSIVE CHANGE.” –G. SOOSALU

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