

FACIAL TREATMENTS

- * Deep Cleanse..... M 550.00
- * Basic Facial..... M 650.00
- * Environ Facial..... M 690.00

EYEBROW / EYELASH TINTING

- * Eyebrow Shaping..... M 70.00
(*Tweezing*)
- * Eyebrow Tint & Shaping M 80.00
- * Eyebrow & Eyelash Tint M 100.00

* HANDS SPA TREATMENT

M 370.00

* FEET SPA TREATMENT

M 400.00

* HANDS SPA TREATMENT & PARAFFIN WAX

M 450.00

* FEET SPA TREATMENT & PARAFFIN WAX

M 500.00

WAXING

- * Eyebrow Wax..... M 70.00
- * Upper Lip Wax..... M 70.00
- * Chin Wax..... M 80.00
- * Underarm Wax..... M 80.00
- * Bikini Line..... M 100.00

- * Arm Wax..... M 200.00
- * Bikini Wax..... M 200.00
- * Half Leg Wax..... M 200.00
- * Full Leg Wax..... M 400.00

MASSAGE

- * Face & Head Massage..... M 350.00
- * Back & Neck Aromatherapy
Massage..... M 440.00
- * Back & Neck Swedish
Massage..... M 440.00
- * Hot Stone Back &
Neck Massage..... M 500.00
- * Full Leg Aromatherapy
Massage..... M 530.00
- * Full Body Swedish
Massage..... M 650.00
- * Full Body Aromatherapy
Massage..... M 650.00
- * Specialised Back
Treatment..... M 660.00
- * Full Body Swedish, Hot Stone
Back & Neck Massage..... M 700.00
- * Full Body Aromatherapy,
Hot Stone Back &
Neck Massage..... M 700.00
- * Full Body Hot Stone
Massage..... M 900.00

SPECIAL TREATMENTS

- * Body Exfoliation..... M 400.00
- * Reflexology..... M 440.00
- * Body Wrap..... M 660.00
- * Manual Lymph Drainage M 300.00
(*face*)
- * Reflexology Course..... M 2 420.00
(*6 treatments, 2 per week*)
- * Manual Lymph Drainage M 3 000.00
- *Legs (10 treatments, 2 per week)*
- * Manual Lymph Drainage M 5 000.00
- *Full Body*
(*10 treatments, 2 per week*)

DESTRESS PACKAGE - M 5 000.00

(*12 treatments, 2 per week*)

- Back & Neck Massage, Reflexology

BODY WRAP PACKAGE - M 6000.00

(*10 treatments, 2 per week*)

- Body Wrap

REJUVENATING PACKAGE

M 6000.00

(*10 treatments, 2 per week*)

Full Body Massage or Basic Facial or
Manual Lymph Drainage or Body Wrap
or Hot Stone Back & Neck Massage &
Head & Face Massage.

SPECIALITY PRODUCTS

* Skin Protecting Ointment.....	M 80.00
* Winter Warmer.....	M 80.00
* Body Scrub.....	M 100.00
- <i>peppermint scented</i>	
* Bath Salts.....	M 110.00
- <i>for exhaustion</i>	
* Detox Bath Salts.....	M 110.00
- <i>Magnesium Crystal Salt</i>	
* Detox Bath Salts.....	M 120.00
- <i>Himalayan Crystal Salt</i>	

SPECIALITY OILS

* Hydrating Face Massage Oil.....	M 75.00
* Night Treatment Oil.....	M 75.00
* Gentleman Spice.....	M 10.00
* Stimulating Sauna Oil.....	M 110.00
* Detox Massage Oil.....	M 120.00
* Country Life.....	M 110.00
* Morning Fresh.....	M 110.00

ESSENTIAL OILS

* Grapeseed Oil	
- 50ml.....	M 60.00
* Clove Bud Oil	
- 11ml.....	M 60.00
* Sandlewood Oil	
- 11ml.....	M 90.00
* Eucalyptus Oil	
- 22ml.....	M 90.00
- 50ml.....	M 130.00
* Citronella Oil	
- 22ml.....	M 110.00
* Tea Tree Oil	
- 22ml.....	M 110.00
* Peppermint Oil	
- 22ml.....	M 120.00
- 50ml.....	M 210.00
* Lavender Oil	
- 22ml.....	M 130.00
- 50ml.....	M 210.00
* Rosemary Oil	
- 22ml.....	M 150.00
- 50ml.....	M 270.00
* Camomile Oil	
- German 22ml.....	M 210.00
- Roman 22ml.....	M 240.00
- German 50ml.....	M 560.00

ESSENTIALS
HEALTH & BEAUTY SPA

**Welcome
to our Spa!**



Scan the QR Code to visit our website:
essentialshealthspa.com

Contact us on:

Tel: +266 2232 3744

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Avani Lesotho Hotel & Casino,
Lower Level

Prices are effective: 28 April 2025