



The LeeShore Lighthouse



A Quarterly Publication of The LeeShore Center
<http://www.leeshoreak.org>

*Services for Victims of Domestic Violence and Sexual Assault
Support for the Central Peninsula's Families*

WINTER 2016

VOLUME 16 NO. 4

SPECIAL POINTS OF INTEREST:

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The Crisis Line is available 24 hours
283-7257

Office hours for The LeeShore Center
Monday - Friday
9 am - 5 pm.
283-9479 phone
283-5844 fax

LeeShore Annual Meeting and Volunteer Appreciation was Successful

LeeShore celebrated it's 31st year and held its annual board meeting and volunteer appreciation. Participants enjoyed delicious prime roast and roasted turkey, from Kenai Catering, and had a wonderful evening. For those who were unable to attend the Award recipients are;

The Polaris Award (Volunteer of the Year): Mayor Pete Sprague

Mt. Redoubt Award (Staff Member of the Year): Barbara Waters

The Anchor Award (Outstanding Business):

Heather & Heather Screen Printing

Safe Harbor Award (Person of Distinction): Lori Engler

Along with the Safe Harbor Award, Kathy Waterbury presented the recipient with a purple purse designed by actress Kerry Washington. Kathy was representing the Allstate Foundation and their Purple Purse campaign. They are focusing on creating long-term safety and security for survivors through financial empowerment. They have been working to bring financial abuse out of the shadows so victims can get the healing and support they deserve. Funds raised will support life-changing financial empowerment services to help domestic violence survivors build safer lives for themselves and their families.

Thank you to all and see you next year!



Top: (Left to right) Marti Slater—Vice President, Cheri Smith—Executive Director and Kathy Waterbury from the Allstate Foundation presenting the Safe Harbor Award.

Bottom: Barbara Waters, the Education Coordinator was surprised that she is the recipient of this years Mt. Redoubt Award.



From Left to right: Mike Dimmick (President), Cheri Smith (Executive Director), Marti Slater (Vice President), Jeannie Young (Secretary), and Tia Holley (Treasurer).





Your efforts and participation will help educate and put an end to domestic violence in our community.

Alaskans Choose Respect

The LeeShore Center cordially invites you to join us for an “Alaskan Choose Respect” Awareness Event in March (date to be determined) in support of state wide efforts to raise awareness of domestic violence and sexual assault. Meet us in Kenai on the Frontage Road in front of the clock tower at Leif Hansen Park at noon and walk to the Kenai Visitors and Cultural Center. Refreshments will be served until 2 pm.

For more information contact the Education and Training Assistant at 283-9479.



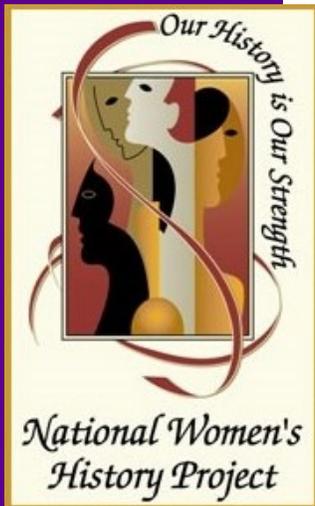
National Women’s History Month

March is National Women’s History Month, and March 8th is International Woman’s Day. The 2017 theme is *Honoring Trailblazing Women in Labor and Business.*

Which honors women who have successfully challenged the role of women in both business and the paid labor force. represent many diverse backgrounds and each made her mark in a different field. Additionally, the Honorees’ work and influence spans three centuries of America’s history. These women all successfully challenged the social and legal structures that have kept women’s labor underappreciated and underpaid.

Facing stark inequalities in the workplace (lower wages, poor working conditions, and limited opportunities), they fought to make the workplace a less hostile environment for women. They succeeded in expanding women’s participation in commerce and their power in the paid labor force. As labor and business leaders and innovators they defied the social mores of their times by demonstrating women’s ability to create organizations and establish their own businesses that paved the way for better working conditions and wages for themselves and other women.

They proved that women could succeed in every field. While each Honoree is extraordinary, each is also ordinary in her own way, proving that women business and labor leaders can and should be considered the norm. Most importantly, the 2017 Honorees paved the way for generations of women labor and business leaders to follow. Find out more by visiting <http://www.nwhp.org/> to find an event or to learn about the thirteen, 2017 honorees.





Green Dot Kenai



Green Dot Alaska is a project aimed at engaging individual community members in preventing power-based violence in our communities. Power-based violence includes domestic violence, sexual assault, dating violence, stalking, elder abuse, child abuse and bullying. What we know for sure is that rates of all types of abuse are too high in Alaska – our sisters, brothers, sons, daughters, neighbors and friends are being harmed at alarming rates.

We also know that most people don't want the next rape or act of domestic violence to happen. Our communities are made up of good people who want violence to end but may not know what to do about it or who have valid reasons they don't intervene. We call these reasons for not intervening "barriers." We all have barriers and that is ok! Green Dot helps us to discover lots of options for intervening when we see signs of violence (reactive Green Dots) as well as easy ways to begin to change our culture (Proactive Green Dots).

Upcoming Events!

Green Dot Overview presentations:

January 10th at the Soldotna Public Library 6:30 pm.

January 31st at Kenai Public Health 4:00 pm.

February 16th at the Nikiski Senior Center 6:30 pm.



Like Us On Facebook at www.Facebook.com/GreenDotKenai

28th Radiothon was Successful!

The LeeShore Center is very grateful for the generous community support during our 28th KSRM Radiothon fundraiser on September 16th. Cash and in-kind contributions pledged during Radiothon are used to support the Agency's services to victims of domestic violence and sexual assault in our local community. Total cash and in-kind donated is over \$ 25,000 to date.

The success of our fundraising event was made possible by the hard work of many individuals who graciously gave of their time and energy to help. While we were on-air at KSRM many volunteers came to provide information and education on domestic violence, sexual assault, community involvement and LeeShore services. Our sincere thanks and appreciation go out to all those on our board who helped make our fundraising efforts such a success: Mike Dimmick, Marti Slater, Nicki McTrusty, Tia Holley, and Jeanie Young. Our special thanks to those who participated as Radiothon guest speakers: Kenai police Chief David Ross, Soldotna Police Chief Peter Mylarnik, Lindsey Anasogak (Kenaitze Indian Tribe), Catherine DeLacee (Love INC), Sue Carter, Ed Krohn, Dale Dolifka (United Way), and Susan Smalley.

Thanks also to our on-air host Senator Peter Micciche, KSRM General Manager Matt Wilson for donating use of the KSRM facility and air time and Dr. Steve Hileman for his Radiothon poster artwork contribution.

On behalf of our Board of Directors and staff, thank you all! We appreciate the generosity of businesses and community members in our local area. Thanks for supporting our efforts to end domestic violence and sexual assault in the Central Peninsula.



LeeShore's Wish List



HOUSEHOLD PRODUCTS

Liquid Dish Detergent Toilet Paper
 Laundry Soap Mops
 Paper Towels Brooms
 Dryer Sheets Color Safe
 Comforters Bleach
 Towels / Washcloths Pillows
 Twin Sheets / Twin Mattress Pads

Miscellaneous

Diapers / Pull ups Baby Wipes
 Phone Cards Gas Cards
 Alarm Clocks Batteries
 Gift Certificates (haircuts, etc.)

KITCHEN / COOKWARE

Dishes Pots and Pans Rice / Beans Flour / Sugar
 Glassware Baking Dishes Turkey / Ham Dry Soup Mix
 Kitchen Towels Coffee Mugs Baby Food Formula
 Food Storage Containers Coffee / Tea / Creamer

TOILETRY ITEMS

Combs / Brushes Body Lotion Shampoo
 Toothpaste / Toothbrush Q-Tips Conditioner
 Tampons & Pads Hand Cream

CLOTHING (ADULT, TEEN, & CHILDREN)

Hats Gloves Scarves Socks Underclothes
 Boots Shoes Coats Sleepwear Slippers Robes



Tyann Reed and Fran Martin at the Community Awareness Workshop.



Fred Meyer Community Awards: Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to The LeeShore Center.

Log into your Fred Meyer account. Then you can search for us by our name or by our number: 94443. Then, every time you use your rewards card, Fred Meyer will make a donation to The LeeShore Center.

Volunteer Opportunities

We require all volunteers who work directly with our clients to complete the Community Awareness Workshop on Domestic Violence and Sexual Assault and other training relevant to the position. The LeeShore Center provides such training. The LeeShore Center is in need of year-round volunteers for crisis and non-crisis programs. We are currently looking for individuals who enjoy tracing pictures and coloring banners for our school presentations.

Non-Crisis Volunteer

Opportunities **Activities with women and children:**

Would you like to teach crafts, do cooking projects, demonstrations, story time for children, teach aerobics?

Fundraiser and Awareness Events:

Volunteers help out at the Choose Respect Event in March.

Handy Person:

Is your best friend your toolbox? Do you have a garage full of building materials that aren't being used? We could always use a volunteer to help with the electrical, plumbing, and carpentry. Donations are also very much appreciated.

If you would like to volunteer, call the Education and Training Assistant at 283-9479

The LeeShore Center is in need of year round volunteers for crisis and non-crisis programs.





Upcoming Events

March (Date TBD)
Alaskans Choose Respect

Community Awareness Workshop
April 10th through the 14th



The Run for Women
August 12th



Office Closures:
January 2st
February 13th
March 27th

31%
OF WOMEN STALKED
BY HER INTIMATE
PARTNER WERE ALSO
SEXUALLY ASSAULTED
BY THAT PARTNER

NATIONAL SURVEY
2013-2014

January is Stalking Awareness Month

January 2017 marks the 13th anniversary of National Stalking Awareness Month. About half of all victims of stalking indicated that they were stalked before the age of 25. About 14% of female victims and 16% of male victims experienced stalking between the ages of 11 and 17.

The Stalking Resource Center of the National Center for Victims of Crime partnered with the Office on Violence Against Women, U.S. Department of Justice, in observing National Stalking Awareness Month 2017. They have a wealth of resources to share with you. You can take an interactive quiz; download videos, fact sheets, guides, at <http://www.stalkingawarenessmonth.org>

You have the power to help “know, name, and stop” stalking in your community.

STALKING: KNOW IT. NAME IT. STOP IT.
JANUARY 2017 StalkingAwarenessMonth.org



Thank you for your support

★ HAPPY NEW YEAR ★
2017
★
Pick.Click.Give.

It's the new year, and time to sign up for your Permanent Fund Dividend. Although it may be smaller than we want, you can still dream about the trip you'll take, the toys you'll buy, or the bills you'll pay off.

Please take a moment to think about all the good you can do for others as well. Last year the Leeshore Center received \$4,422.00 from generous people like you.

If you give... and your neighbor does... and another... it will add up quickly. With one donation at a time, we can continue to support victims of Domestic Violence and Sexual Assault. A new TV and a side of compassion sounds pretty good, doesn't it.

Thank you for joining the movement.

THE LEESHORE CENTER

Lovalaska
Pick.Click.Give.



*The LeeShore Center
325 S. Spruce St.
Kenai, AK 99611
www.leeshoreak.org
Check out the Teen Corner*

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LeeShore is a member program of the Alaska Network on Domestic Violence & Sexual Assault

LeeShore's Clothes Closet

The LeeShore Center has a clothes closet available to everyone in our community.
Hours are: Open to Public - Tuesday and Wednesday 10:00 am - 4:00 pm.
Drop off donations - Thursday and Friday 10:00 am - 4:00 pm
Please call 283-9479 for more information.

Volunteer Corner

Volunteer of the Quarter

The LeeShore Center announces John Straughn as Volunteer of the Quarter for **January - March, 2017**. John has been volunteering since July 2016 and has already volunteered over 150 hours. He has spent that time volunteering in our clothes closet, helping the youth outreach advocate with school presentation support, gardening, and office work. He has attended our Community Awareness Workshop, and probably helped with mailing this newsletter.

Congratulations and thank you John for volunteering!

If you would like to volunteer, call the Education and Training Assistant at 283-9479.

The LeeShore Center is proud to be a United Way agency.

