



The LeeShore Lighthouse



A Quarterly Publication of The LeeShore Center
<http://www.leeshoreak.org>

*Services for Victims of Domestic Violence and Sexual Assault
Support for the Central Peninsula's Families*

SUMMER 2015

VOLUME 15 NO. 2

SPECIAL POINTS OF INTEREST:

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The Crisis Line is available 24 hours
283-7257

Office hours for The LeeShore Center
Monday - Friday
9 am - 5 pm.
283-9479 phone
283-5844 fax

A New Place for Fido



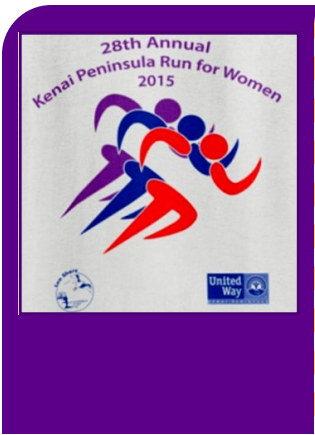
Victims of domestic violence should not be forced to choose between their own safety and the loss of a loved pet and companion, particularly when animals left behind can be injured or killed by the abuser to demonstrate perceived control or to punish the victim. Animal housing should be viewed as a necessary service provided to the victim. We at The LeeShore Center have been able to provide services to survivors of domestic violence and sexual assault and their pets for thirty years. Through the generosity of our community members and grantors including the American



Kennel Club, and RedRover.org we were able to build a new outdoor ken-

(Top Left) Kennels in 2005. (Right) The Kennels this past winter. (Bottom left) The New Kennel in progress.





28th Annual Run for Women

The LeeShore Center will host its 28th Annual Kenai Peninsula Run for Women August 8, 2015. To promote healthy families, we are encouraging participation of male youth age 17 and under. Starting time: 10:00 a.m. with a maximum finish time of 2 hours. The Run for Women consists of two certified races: 5K and 10K courses on a multi-looped, paved road winding through the streets of downtown Kenai. Courses are wheelchair accessible.

The Start and Finish Line is located at the Kenai City Park on Main Street Loop across from First National Bank Alaska. Each entrant will receive a 2015 Run for Women t-shirt and promotional bag with valuable items and samples.

Park at First National Bank/Mall lot. Check-in is from 8:30 a.m. to 9:30 a.m. on race day; although early check-in is encouraged.

A group stretch and warm-up will be held at the park at 9:45 a.m.

The Awards ceremony will be held at noon. For more information or to register call The LeeShore Center at 283-9479 or you may download a registration form at www.leeshoreak.org.

Entry Fees: \$20.00 through Friday, August 8th and \$25.00 on race day.

Come and support our efforts in the Race to End Violence. Volunteers are also needed, call 283-9479.



2014 Run for Women

6th Annual Choose Respect a Success!

The LeeShore Center hosted our community's 6th annual Choose Respect event in March with over 80 community members participating! We'd like to say thank you to the many individuals and guests who helped make the event a success, including Senator Peter Micciche, and Elizabeth Schultz from the Governors office, representatives from Senators Murkowski and Sullivan, Jon Henry, Kenai Police Chief Gus Sandahl; Soldotna Police Chief Peter Mylarnik; Kenai Mayor Pat Porter, and Borough Mayor Mike Navarre.



We are appreciative of each and every person helping our cause to end violence.





Meet Our Board

Jennifer Joanis has been a member of the LeeShore Board of Directors since 2009, shortly after she moved with her husband and two children to the Kenai Peninsula. She is currently the Fund Development Chairperson for the Board and served as Board President from 2011-2014. Previously, she served as an Assistant Attorney General, Child Protection Division in Bethel, Alaska. Jennifer is originally from Boise, Idaho; graduated from Mt. Holyoke College, a women's college in South Hadley, Massachusetts with a double major in International Relations and Spanish; and later returned to school for her J.D. Jennifer has previous work experience with the American Red Cross - initially in the domestic realm in Public Relations and Management and ultimately in the international realm serving in the Balkans in Family Reunification and Venezuela managing a disaster relief operation.



Jennifer Joanis

The culmination of these experiences led Jennifer to volunteer for the LeeShore Center. Having worked to prevent sex trafficking in the Balkans, as an attorney for victims of trafficking in the United States, and a representative for the State of Alaska preventing child abuse, Jennifer strongly believes in the mission and goals of the LeeShore Center. She is continually encouraged by the uplifting stories from the women and children served by the LeeShore. She is in awe of the LeeShore staff who daily provide the foundation of courage for those escaping circumstances of domestic violence and sexual assault. And she is thankful for the over 30 years of community support!

When not completely preoccupied with her family, Jennifer serves on the Kenai Little League Board, quilts, hikes, skis and maintains a part-time law practice focusing on family law and mediation.



We Have the Power

Thanks to a Designated Legislative Grant for The LeeShore Center was able to install an emergency back-up generator, as well as other security upgrades at the emergency shelter facility. Being able to maintain power during outages allows us to ensure client services are not disrupted. We are incredibly grateful to the State of Alaska for helping us keep the women and children seeking refuge here safer.



LeeShore's Wish List



HOUSEHOLD PRODUCTS

Liquid dish detergent Mops
Toilet Paper Brooms
Laundry Soap Paper Towels
Dryer Sheets Color Safe
Comforters Bleach
Towels / Washcloths Pillows
Twin Sheets / Twin Mattress Pads

Miscellaneous

Diapers / Pull ups Baby Wipes
Phone Cards Gas cards
Alarm clocks Batteries
Gift Certificates (haircuts, etc.)

KITCHEN / COOKWARE

Dishes Pots and Pans
Glassware Baking Dishes
Kitchen Towels Coffee Mugs
Food Storage Containers

FOOD ITEMS

Rice / Beans Flour / Sugar
Turkey / Ham Dry Soup
Baby Food Mix
Formula
Coffee / Tea / Creamer

TOILETRY ITEMS

Combs / Brushes Body Lotion Shampoo
Toothpaste / Toothbrush Q-Tips Conditioner
Tampons & Pads Hand Cream

CLOTHING (ADULT, TEEN, & CHILDREN)

Hats Gloves Scarves Socks Underclothes
Boots Shoes Coats Sleepwear Slippers Robes



Pinwheels for Prevention

In April the LeeShore Center attended the Pinwheels for Prevention of Child Abuse Awareness Event in our community. Thank you to the Children's Advocacy Center for putting this together. There were 580 pinwheels, one for every child they have helped on the peninsula since they opened in 2009. Also, thank you to the Anchorage and Kenai chapters of B.A.C.A, Bikers Against Child Abuse who were there in support of this important message.

Class Schedule

Tuesday - Changing Patterns 1:00 - 3:00

An educational support group for women experiencing negative emotional patterns in their daily lives, which may be due to victimization (domestic violence/sexual assault) or substance abuse.

Thursday - Parenting for Women 1:00 - 3:00

An educational support group focusing on child development, logical and non-violent consequences for behavior and how to be a kind, yet firm parent.

Friday - Domestic Violence Support Group 1:00 - 3:00

The group is for women who are currently in an abusive relationship or who have experienced domestic violence in the past.

There is a \$5.00 fee for each class; however, fee waivers are available.

Contact The LeeShore Center at 283-9479.





Upcoming Events

28th Annual Kenai Peninsula Run for Women August 8th

LeeShore-KSRM Radiothon - September 14th

Office Closures:

August 3th - To adjust for the run

September 7th - Labor Day

October 19th - Alaska Day



We Believe

- In treating all people with respect while empowering and supporting women;
- In creating an educated and aware public; and
- In striving to eliminate domestic abuse, sexual assault and associated societal oppression.

Volunteers Helping Out

Non-Crisis Volunteer Opportunities

Activities with women and children:

Would you like to teach crafts, do cooking projects, demonstrations, story time for children, teach aerobics?

Fundraiser and Awareness Events:

Volunteers help out at the Kenai Peninsula Run for Women.

Handy Person:

Is your best friend your toolbox? Do you have a garage full of building materials that aren't being used? We could always use a volunteer to help with the electrical, plumbing, and carpentry. Donations are also very much appreciated.

If you would like to volunteer, call the Education & Training Assistant at 283-9479.

We require all volunteers who work directly with our clients to complete the Community Awareness Workshop on Domestic Violence and Sexual Assault and other training relevant to the position. The LeeShore Center provides such training. The LeeShore Center is in need of year-round volunteers for crisis and non-crisis programs. We are currently looking for individuals who enjoy tracing pictures and coloring banners for our school presentations.



(top) Volunteers dedicated to expanding their understanding of domestic violence and sexual assault and the resources available in this area at our Community Awareness Workshop.

(bottom) Rachel Seal, a volunteer, weeded the flower beds.

Thank you for your support



The LeeShore Center
325 S. Spruce St.
Kenai, AK 99611
www.leeshoreak.org

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LeeShore is a member program of the Alaska Network on Domestic Violence & Sexual Assault

LeeShore's Clothes Closet

The LeeShore Center has a clothes closet available to everyone in our community.

Hours are: Open to Public - Tuesday and Wednesday 9:00 am - 4:00 pm.

Drop off donations - Thursday and Friday 9:00 am - 4:00 pm

Please call 283-9479 for more information.

Volunteer Corner

Volunteer of the Quarter

The LeeShore Center announces Jolene Sutherland as Volunteer of the Quarter for **July - September, 2015**. Jolene took the Community Awareness Workshop this spring and helped our youth outreach advocate with her school presentation banners.

Congratulations and thank you Jolene for volunteering!

Currently we are looking for volunteers to help with our Run for Women which is August 8th. We have positions available in Timing, Water tables and Safety positions (Flagging). To volunteer for a Safety position requires volunteers to take a short class a couple days prior to the Run.

If you would like to volunteer, call the Education & Training Assistant at 283-9479.

The LeeShore Center is proud to be a United Way agency.

