



The LeeShore Lighthouse



A Quarterly Publication of The LeeShore Center
<http://www.leeshoreak.org>

*Services for Victims of Domestic Violence and Sexual Assault
Support for the Central Peninsula's Families*

WINTER 2017

VOLUME 17 NO. 4

SPECIAL POINTS OF INTEREST:

- LeeShore's Wish List
- Volunteer Opportunities
- Upcoming Events
- LeeShore's Clothes Closet

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The Crisis Line is available 24 hours
283-7257

Office hours for The LeeShore Center
Monday - Friday
9 am - 5 pm.
283-9479 phone
283-5844 fax

LeeShore's Annual Meeting and Volunteer Appreciation a Success!

The LeeShore Center celebrated its 32nd year and held its annual board meeting and volunteer appreciation in early November. Participants enjoyed delicious prime roast and roasted turkey, from Kenai Catering, and had a wonderful evening. For those who were unable to attend the Award recipients are;

The Polaris Award (Volunteer of the Year): John Straughn

Mt. Redoubt Award (Staff Member of the Year): Christa Kocinski

The Anchor Award (Outstanding Business):

Denali Federal Credit Union

Safe Harbor Award (Person of Distinction): Ashley Blatchford

Thank you to all and see you next year!



First Row: (Left to right) Marti Slater—Vice President presenting the Polaris Lifetime Achievement Award to John Straughn. Jeannie Young—Secretary presenting the Mt. Redoubt Award to Christa Kocinski.



Second Row: Mike Dimmick—President presenting the Anchor Award to Denali Federal Credit Union Justina Hamlin—Treasurer presenting the Safe Harbor Award to Ashley Blatchford.



Special Thank You to the Kenai Grace Brethren Church Youth Group for volunteering.





Your efforts and participation will help educate and put an end to domestic violence in our community.



Alaskans Choose Respect

The LeeShore Center cordially invites you to join us for an “Alaskan Choose Respect” Awareness Event in March (date to be determined) in support of state wide efforts to raise awareness of Domestic Violence and Sexual Assault. Meet us in Kenai on the Frontage Road in front of the clock tower at Leif Hansen Park at noon and walk to the Kenai Visitors and Cultural Center. Refreshments will be served until 2 pm.

For more information contact the Education and Training Assistant at 283-9479.



National Women’s History Month

March is National Women’s History Month, and March 8th is International Woman’s Day. The 2018 theme is *NEVERTHELESS SHE PERSISTED: Honoring Women Who Fight All Forms of Discrimination Against Women*

The 2018 theme recognizes the intersecting forms of discrimination women have faced, and continue to face, throughout American history and celebrates the diverse women who have fought, and continue to fight, discrimination at all level and in all forms. One of the honorees is Alaska’s own **Elizabeth Peratrovich (Kaaxal-gat) (1911-1958)**.

Peratrovich was a civil rights activist on behalf of Alaska Natives. She was a leader in the Alaska Native Sisterhood and led the fight against the pervasive discrimination and segregation faced by her community. Ms. Peratrovich is credited as the leading force behind passage of the Alaska territory’s Anti-Discrimination Act in 1945, the first such law in the U.S.

Find out more by visiting <http://www.nwhp.org/> to find an event or to learn about the 2018 honorees.



Points on Prevention

As part of LeeShore’s efforts to reduce violence in our community, every newsletter will have a “Points on Prevention” section to feature events in our community, both from LeeShore and our community partners. An up-to-date page is available on our website, so that you can “PoP” in to check out the latest efforts that are occurring in our community and how individuals can help make our community safer.

- ◇ NARCAN® (Naloxone HCl) Nasal Spray counteracts the life-threatening effects of opioid overdose. Since most accidental overdoses occur in a home setting, it was developed for first responders, as well as family, friends, and caregivers. If you have a loved one with substance abuse issues, or you have opioid pain medicine in your cabinet and want to have Narcan, the first and only FDA-approved nasal form of naloxone for the emergency treatment of a known or suspected opioid overdose there is ongoing Narcan Training available through Change 4 the Kenai, Call Shari Conner 714-4521 to schedule.

PREVENTION WORKS!

Upcoming Awareness Months

Upcoming Events

Alaskans Choose Respect
March 2018



Community Awareness Workshop
April 2018

The Run for Women
August 11th, 2018



Office Closures:



February 16th
March 26th

January is Stalking Awareness Month

The Stalking Resource Center of the National Center for Victims of Crime partnered with the Office on Violence Against Women, U.S. Department of Justice, in observing National Stalking Awareness Month 2018. They have a wealth of resources to share with you. You can take an interactive quiz; download videos, fact sheets, guides, at <http://www.stalkingawarenessmonth.org>



February is Teen Dating Violence Awareness Month

Teen dating violence (TDV) is defined as a pattern of abuse or threat of abuse against teenaged dating partners, occurring in different forms, including verbal, emotional, physical, sexual and digital. TDV occurs across diverse groups and cultures. Check out loveisrespect.org and breakthecycle.org for more information.



March is Women's History Month

The 2018 theme is *NEVERTHELESS SHE PERSISTED: Honoring Women Who Fight All Forms of Discrimination Against Women*. And this year there is an Alaskan Honoree. See page 2 to find out who it is and learn even more by visiting <http://www.nwhp.org/>

LeeShore's Wish List

HOUSEHOLD PRODUCTS

Liquid Dish Detergent Toilet Paper
 Laundry Soap Mops
 Paper Towels Brooms
 Dryer Sheets Color Safe
 Comforters Bleach
 Towels / Washcloths Pillows
 Twin Sheets / Twin Mattress Pads

Miscellaneous

Diapers / Pull ups Baby Wipes
 Phone Cards Gas Cards
 Alarm Clocks Batteries
 Gift Certificates (haircuts, etc.)

KITCHEN / COOKWARE

Dishes Pots and Pans Rice / Beans Flour / Sugar
 Glassware Baking Dishes Turkey / Ham Dry Soup Mix
 Kitchen Towels Coffee Mugs Baby Food Formula
 Food Storage Containers Coffee / Tea / Creamer

FOOD ITEMS

TOILETRY ITEMS

Combs / Brushes Body Lotion Shampoo
 Toothpaste / Toothbrush Q-Tips Conditioner
 Tampons & Pads Hand Cream Razors/shaving cream

CLOTHING (ADULT, TEEN, & CHILDREN)

Hats Gloves Scarves Socks Underclothes
 Boots Shoes Coats Sleepwear Slippers Robes



The LeeShore Center is in need of year round volunteers for crisis and non-crisis programs.



Fred Meyer Community Awards: Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to The LeeShore Center.

Log into your Fred Meyer account. Then you can search for us by our name or by our number: 94443. Then, every time you use your rewards card, Fred Meyer will make a donation to The LeeShore Center.

Volunteer Opportunities

We require all volunteers who work directly with our clients to complete the Community Awareness Workshop on Domestic Violence and Sexual Assault and other training relevant to the position. The LeeShore Center provides such training. The LeeShore Center is in need of year-round volunteers for crisis and non-crisis programs. We are currently looking for individuals who enjoy tracing pictures and coloring banners for our school presentations.

Non-Crisis Volunteer

Opportunities **Activities with women and children:**

Would you like to teach crafts, do cooking projects, demonstrations, story time for children, teach aerobics?

Fundraiser and Awareness Events:

Volunteers help out at the Choose Respect Event in March.

Handy Person:

Is your best friend your toolbox? Do you have a garage full of building materials that aren't being used? We could always use a volunteer to help with the electrical, plumbing, and carpentry. Donations are also very much appreciated.

If you would like to volunteer, call the Education and Training Assistant at 283-9479



Pick.Click.Give. this PFD season and help Alaskans in need



An easy way to help those who need us most on the Peninsula.
With one click you can make a difference.
Please consider choosing The LeeShore Center when filing for your PFD in 2018.

Thank you for donating in 2017!
\$3,125 received
Every bit helps!



*The LeeShore Center
325 S. Spruce St.
Kenai, AK 99611
www.leeshoreak.org*

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LeeShore is a member program of the Alaska Network on Domestic Violence & Sexual Assault

LeeShore's Clothes Closet

The LeeShore Center has a clothes closet available to everyone in our community.
Hours are: Open to Public - Tuesday and Wednesday 9:00 am - 4:00 pm.
Drop off donations - Thursday and Friday 9:00 am - 4:00 pm
Please call 283-9479 for more information.

Volunteer Corner

Volunteer of the Quarter

The LeeShore Center announces Tia Tsosie as Volunteer of the Quarter for **January - March, 2018**. Tia volunteered with us as part of her Field Experience Course at Alaska Christian College. She has spent that time volunteering in our clothes closet, helping the youth outreach advocate with school presentation support, organizing, and office work.

Congratulations and thank you Tia for volunteering!

If you would like to volunteer, call the Education and Training Assistant at 283-9479.

The LeeShore Center is proud to be a United Way agency.

