

**35th  
Violence Free Community Run**

• RUN • WALK • JOIN THE FUN •

**WHEN:** Saturday, August 10, 2024. Starting time at 10:00 a.m. Maximum timed finish is 2 hours (noon).

**COURSE:** The event consists of two certified races: 5K and 10K courses on a multi-looped, paved road winding through the streets of downtown Kenai. (Course map available on race day.) Courses are wheelchair accessible.

**START and FINISH LINE:** Located at the Kenai City Park on Main Street Loop. (Across from First National Bank Alaska.)

**RUN PERKS:**

Each entrant will receive:

- A 2024 Run t-shirt
- A promotional bag filled with goodies.

**RACE DAY DETAILS:**

- Park at First National Bank/Mall lot. **There is no parking on the street, please.**
- Check-in from 8:00 a.m. to 9:30 a.m. on race day at Kenai City Park (early check-in is encouraged.)
- Group stretch & warm-up will be held at the park at 9:45 a.m.

**AWARDS & PRIZES:** Awards ceremony will be held at noon in the Kenai City Park.

**RACE DAY DONATIONS:**

For a list of goods and services needed, contact The LeeShore Center at 283-9479 or via the web at [www.leeshoreak.org](http://www.leeshoreak.org)

**TO ENTER:**

Send completed registration form with entry fee and pledges to:

**RACE ENTRANTS**

The LeeShore Center  
325 S. Spruce St. • Kenai, AK 99611

**REGISTRATION:**

- **Mail-in registrations** must be postmarked by **Friday, August 2, 2024.**
- **In-person registration** is available at The LeeShore Center, 325 S. Spruce St. in Kenai through **Thursday, August 8, 2024.**
- The next **in-person registration** is available **Friday, August 9, 2024** from 1 - 4 p.m. at **Kenai Public Health** (630 Barnacle Way, Kenai, AK)

**Pre-registered entrants** may pick up their bibs, t-shirts, and promotional items at that time.

- **Late registration** closes at 9:30 a.m. on race day. **Late registration fee: \$25.00.**
- Registration is open to people of all ages.

**ENTRY FEES:** \$20.00 through Friday, August 9th. \$25.00 on race day. Participants may support LeeShore's efforts to end violence in our community by obtaining pledges for the Run.

- All funds raised from pledges must be turned in by race day, August 10, 2024.
- The participant raising the most pledges will receive a \$50 gift card.
- Registration Fee does not count toward pledge amount.

**Volunteers Needed!**

For more information or to volunteer your assistance on race day or prior to the race contact:

**Volunteer Chair 283-9479**

**2024 ENTRY FORM**

(Tax Deductible) Donations gladly accepted

Please check appropriate category below

I am entering the: (check box in front of category)

Women's 5K       Women's 10K

Men's 5K                       Men's 10K

**I am a collegiate runner**  Yes       No

First Name \_\_\_\_\_ MI \_\_\_\_\_

Last Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Ph. \_\_\_\_\_

Work Ph. \_\_\_\_\_

Birthdate \_\_\_\_\_ Age on 8/10/24 \_\_\_\_\_

Email address: \_\_\_\_\_

**Please circle Age Division Below:**

Male Youth     Female Youth

(a) 14 and Under (b) 15-17

Adult Female     Adult Male

(c) 18-29                      (d) 30-39 (e) 40-49 (f) 50-59

(g) 60-69                      (h) 70-79                      (i) 80+ (j) Wheelchair

In consideration of your acceptance of this race entry, I for myself, heirs, executors, administrators and assigns, forever release and discharge any and all rights, demands, claims for damages and causes of suit or action known or unknown, that I may have against The LeeShore Center, the directors, officers, employees and agents of such parties and any and all injuries in any manner arising or resulting in said race. I attest and verify that I have full knowledge of the risks involved in the race, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses, and that I am physically able and sufficiently trained to participate in this race. I understand I may be photographed at this event or related activities. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and assigns.

Participant Signature: \_\_\_\_\_ (Parent's Signature if participant under age 18)

Enclosed is my check for \$20.00 \_\_\_\_\_ \$25.00 race day \_\_\_\_\_ Pledges raised and enclosed \$ \_\_\_\_\_ Make checks payable to **The LeeShore Center**

**Mail this form to RACE ENTRANTS, The LeeShore Center**  
• 325 South Spruce St. • Kenai, AK 99611 •

Your cancelled check is confirmation of entry. **Postmark deadline: Friday, August 2, 2024.**  
**In-person registration at The LeeShore Center through Thursday, August 8, 2024.**  
**In-person registration and bib pick-up for pre-registered participants: Kenai Public Health Friday, August 9, 2024 from 1-4 p.m.**

Late registration is accepted until 9:30 a.m. on race day (\$25.00)

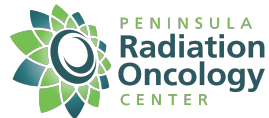
• Registration Fee does not go towards pledge amount. •

Pledges Collected by: _____ Note: This form may be duplicated to accommodate additional pledges.	Phone # _____						
	Phone Number						
	Address						
Name							
	Pledge Amount						

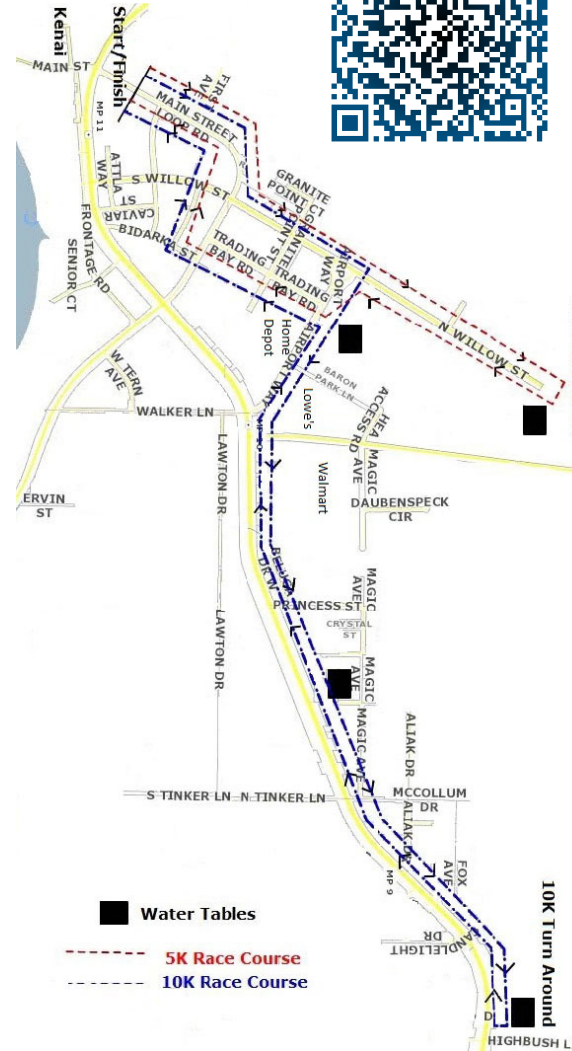
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*Kurt Wellong*



The Leeshore Center supporting Central Peninsula families since 1985



The LeeShore Center presents the

### 35th Violence Free Community Run

Certified 5K/10K



Saturday August 10, 2024

at 10:00 a.m.

online registration also available:



LeeShore is proud to be a United Way Agency

