

May 1, 2026



Heads Up News Letter

April Kiwanian of the Month!



Congratulations to **Janice' Moule**, our Kiwanian of the month. Janice' works hard for our club working as the chairperson of our foundation, she is also an integral part of Team One as a liaison to community groups and heads up our scholarship committee. We appreciate all that you do for us!

Gold Country Kiwanis

May Agenda

Sunday May 3rd 1:30 pm to 3:30 pm DCM in person

Host club is Citrus Heights
Rusch Park (Patio Room)
7801 Auburn Blvd.
Citrus Heights, CA

Tuesday May 12th NC/Media 30-minute presentation about Kiwanis/Greg Nichols



Thursday May 14th Noon Kiwanis meeting Skip A Meal at North Star House
Bring your lunch

12075 Auburn Rd
Grass Valley, CA

Thursday May 28th Noon Kiwanis lunch at Wild Eye Pub

Saturday June 6th Health and Safety Carnival at the Rood Center

Sunday June 7th Kiwanis Governor visit at Shriners Hospital

Saturday July 25th World Qigong and Tai Chi Day

Pioneer Park, Nevada City
(rescheduled from April 25th)

Monday August 10th Back to School Event at JC Penney

Wednesday through Sunday August 12th through 16th Nevada County Fair

Information for the good of the Club

April 9th Speaker

We completely enjoyed Judge Kelly Babineau as our speaker today. Her passion is to help children and families in Nevada county. Thank you for inspiring us, Judge!



April 9th Guests

What a wonderful inter club visit with our Kiwanis Family from the Kiwanis Club of Citrus Heights. It's always a pleasure to be in your presence.



April 23rd Speaker

We enjoyed having Ellen Van Noy NJUHS Ranch Coordinator as our speaker this week. Pictured here with Karen Poskus.



2026 Scholarship Night

David Jones, Gold Country Kiwanis treasurer and Karen Poskus, club secretary, attended the 2026 Scholarship night. We support our Nevada county students!



Chuck Covert Swim Scholarship

Kiwanis awarded the Chuck Covert Swim Scholarships to NC Parks & Recreation Manager for children in need for the 2026 Summer program.





**Health/Safety & Fire
Preparedness
21st Annual Carnival 2026**



**Prepare the entire family for fire
season and have fun**

Saturday June 6th 2026

11 am to 4 pm

Rood Administrative Center

**BBQ * Free Treats * Fire
Trucks * Smokey Bear * Jump
House & Slide**





WORLD QIGONG & TAI CHI DAY 2026



Sierra Nevada Memorial
Hospital Foundation

Sponsored by Gold Country Kiwanis Club

Sierra Nevada Memorial Hospital Foundation

****Fundraiser for Local Children****



Saturday, July 25th

Pioneer Park Bandshell – Nevada City

9:30 AM – 11:30 AM

Taiko Drummers

“HealthSpan” Qigong with Homer

Tai Chi Demonstrations

FREE EVENT

Free Food & Drinks – Silent Auction and Raffle

“Sponsor a Child”

“Back to School Clothes and Supplies” only \$125

Laugh and have fun for Community Wellness

Fun-Social “HealthSpan” Event!!!

TAI CHI QIGONG
FOR HEALTH



BODY MIND SPIRIT



Back to School Shopping Event August 10th 2026 at JC Penney Grass Valley





Mimi Adel	5/01
Andres Withers	5/02
Francie Feenstra	5/06
Margaret Cross	5/13



Angela Nowlin 05/05/2016

Kiwanis Leadership for 2025-2026

Gold Country Club Officers

President: Buckley Armacher

Past President: Norm Westmore

Secretary: Karen Poskus

Treasurer: David Jones

Gold Country Club Directors

Janice' Moule- Gold Country Education and Youth Benefits Foundation
Chairperson

Colleen Young- Ghidotti High School Key Club Advisor

Jan Weaver-Publicity Chairperson

C.J. LaCivita -Co-Chairperson Nevada Country Fair/Treat Street

Amy Spencer-Past Membership Chairperson

Greg Nichols-Membership Chairperson



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