



WORLD QIGONG & TAI CHI DAY 2026



Sierra Nevada Memorial
Hospital Foundation

Sponsored by Gold Country Kiwanis Club
Sierra Nevada Memorial Hospital Foundation



****Fundraiser for Local Children****

Saturday, July 25th

Pioneer Park Bandshell – Nevada City

9:30 AM – 11:30 AM

Taiko Drummers

“HealthSpan” Qigong with Homer

Tai Chi Demonstrations

FREE EVENT

Free Food & Drinks – Silent Auction and Raffle

“Sponsor a Child”

“Back to School Clothes and Supplies” only \$125

Laugh and have fun for Community Wellness

Fun-Social “HealthSpan” Event!!!



TAI CHI QIGONG
FOR HEALTH



BODY MIND SPIRIT



**** Please make check to *Gold Country Education and Youth Benefits Foundation*****

Federal I.D. # 80-0238035

Gold Country Kiwanis at P.O. Box 721, Grass Valley, CA 95945

Gold Country Kiwanis provides approx. 65-70 children K - 8th grade with clothing for school and a backpack with school supplies from a local merchant