

Basics Routine

Below are the steps to a basic routine that when done will not only embrace a well-rounded dog and handler team but also refocus your dog on you the handler.

- Walking correctly in the heel position, enforce this with proper correction and commands to what you want. No corrections should be given without a follow-on command to what they need to do.
- Sit, have your dog sit in the correct position. If they don't, reset and have them do it again.
- Down, have your dog get in the down position.
- Up, have your dog go from the down position to the up (standing) position.
- Stay, have your dog stay in position and you walk a few steps away to several feet away then call them to the heel position.
- Focus; have your dog focus on you as much as possible. Anytime you give a command have them focus (eyes, on me, etc.) on you. Anytime they stop, sit, or change positions, have them focus on you.

Put all this into a routine, continue to practice this daily. If you do this regularly it should only take a few minutes to five minutes each time.

