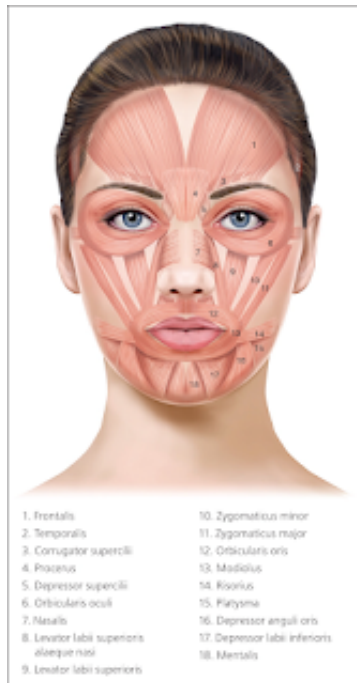


Botox mapping info



things to consider when injecting botox

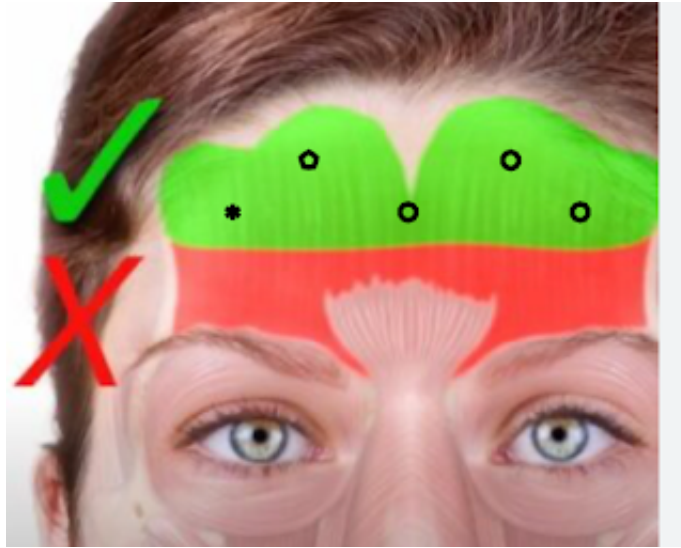
1. # units
2. Location (anatomy)
3. Depth of injection (anatomy)
4. Angle of injection

FOREHEAD + 11's + BROW LIFT + CROWS = UPPER FACE

Forehead (frontalis) (20 units total)

Muscle labeled 1. There is a NO GO zone to avoid dropping the brows. You want to avoid the lower half of the forehead. It pulls up and we want LIFT. the upper portion of the frontalis is what pulls down and thats what we want to freeze. The higher the points the

more lift. For lateral brow lift make the most lateral points higher.



5 injection points

4 units each Mapped in the green zone above

45 degrees needle up

2-4 mm deep

11's (procerus and corregators)

Procerus (4 units total)

90 degrees

6 mm deep

4 units right between the eyebrows (mapped below)

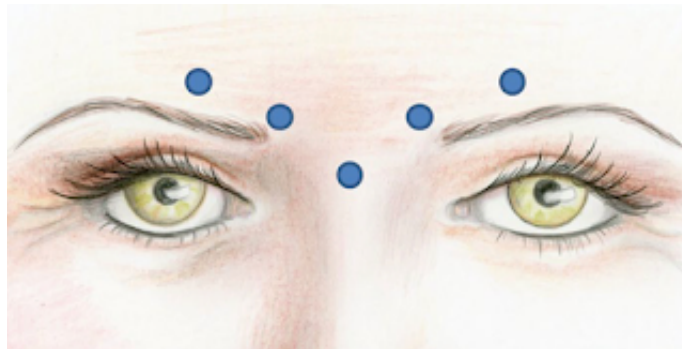
Corregators (8-12 units total)

(avoid the tail tbh thats where the risk of eyelid ptosis is)

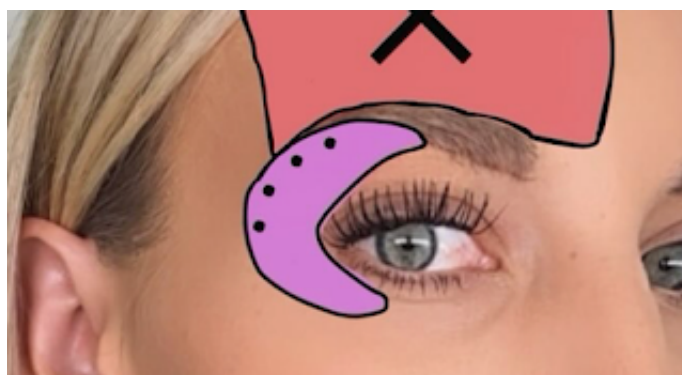
SUPPORT THE BROW WITH YOUR FINGERS LIFT IT UP

ANGLE 45 NEEDLE TOWARD MIDLINE

4 units more medial point and 2 units more lateral point (avoid tail by doing angry face u can see it) More deep medial more superficial lateral. You COULD do 90 degree 4 mm depth for medial but def do 45 degree more superficial (2mm) lateral. DO NOT INJECT ABOVE PUPIL. Stay more medial. If you are scared of dropping your lid just do the two more medial points!!



BROW LIFT AND CROWS (stay higher on frontalis)



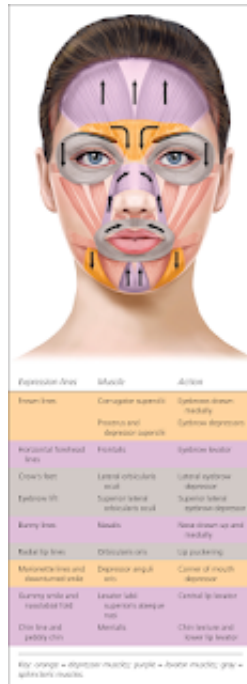
2 units each (8 each eye)

Angle 45 degree needle lateral (away from eye)

Superficial injection (2mm) subdermal

To the left if a helpful diagram of how the muscled pull on your face (vectors)

I will continue with the lower face.



DAO's (8 units total)

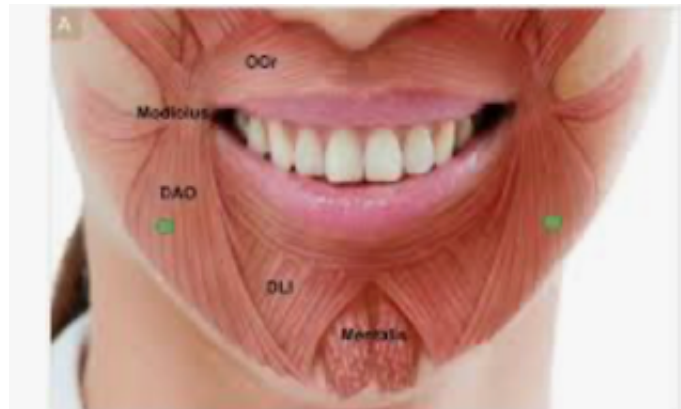
Location crucial.

Measure 1 cm out and 1 cm down from corner of your mouth. You can use your finger width to estimate but I mark with a ruler bc I am not missing.

5 mm deep

angle the needle lateral and down. 45 degrees

Green dots below are a little low IMO



Nefertiti Lift (40-60 units)

Red dots along jaw

Med depth 4 mm

45 degrees

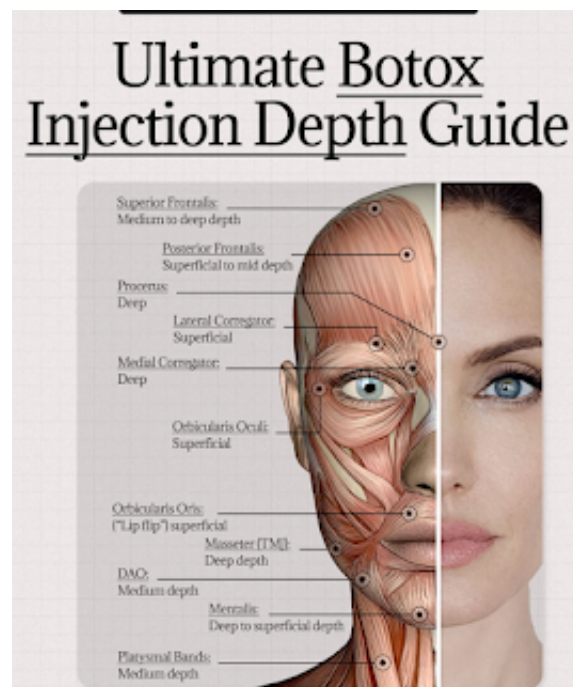
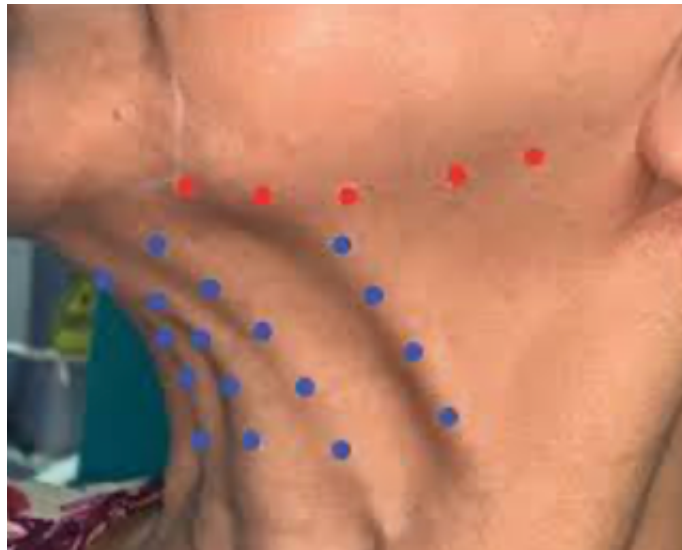
2 units each

Blue dots pinch bands

2 units each point

Come in 45 degrees into the band

Med depth (easy when u pinch)



Botox Nose Job (12 units total)

Medium depth (3mm)

2 units each star except center one

4 units center

90 degrees



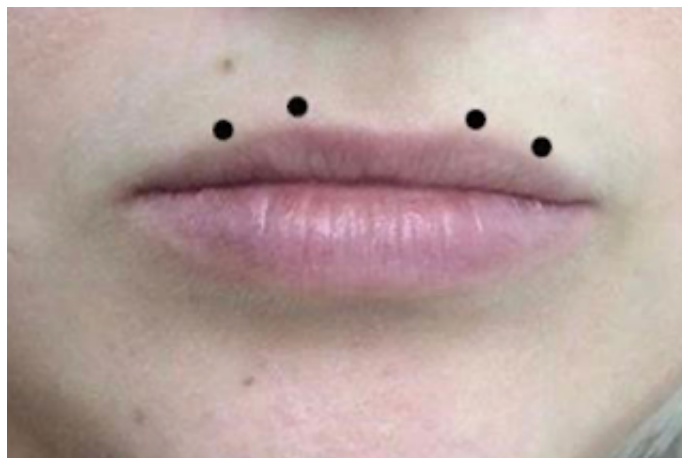
Lip Flip

2 points each side

45 degrees inward very superficial (2mm)

Stay medial of 1 cm from corner of mouth

2 units a point



Chin Botox

4 units a point

3 points

Stay fairly narrow/medial

Bottom 2 points 6-8 mm deep

Top of triangle - (middle superficial)



Your Dilution: 2 mL per 100 U

300 U Botox + 6 mL BAC water total

Final concentration = 5 units per 0.1 mL

(or 50 units per 1 mL)



Quick Draw-Up Reference

0.01 mL = 0.5 units

0.02 mL = 1 unit

0.05 mL = 2.5 units

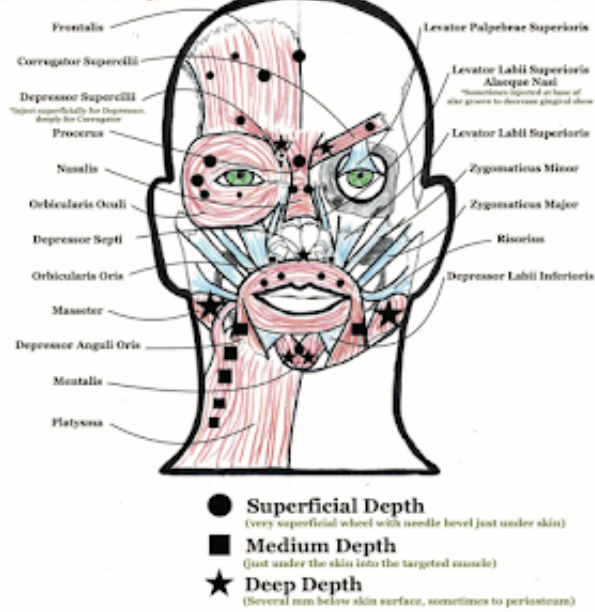
0.1 mL = 5 units

0.2 mL = 10 units

0.4 mL = 20 units

Muscles to Inject:

Muscles to Avoid:



num toxin depth guide. Illustration by Julie Bass Kaplan.