

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**

Name \_\_\_\_\_ Date \_\_\_\_\_

Week# 1 2 3 4 5 6 7 8 9 10 11 12 (circle please)

**ADULT HOME CHECKLIST**

	S u	M	T u	W	T H	F	S a
Housework							
Say "Yes Sir/Ma'am"							
Try Something New							
Demonstrate Courtesy/Respect							
Practice Martial Arts Basic <input type="checkbox"/> 5x Advanced <input type="checkbox"/> 10x Warrior <input type="checkbox"/> 20x							
Goal #1							
Goal #2							
Work on Good Communication							
Demonstrate BB Standard of Cycle							
Train Patiently with Kids							
Kid's Choice							

Signature: \_\_\_\_\_

**DO NOT THROW AWAY. THIS IS REQUIRED TO TURN IN WEEKLY TO TEST!**