

# *Enabled***ED**

*Stimulating Students*

**VISUALISE** your students confidently navigating through the sea of information, making decisions with clarity and confidence despite overwhelming distractions.

**IMAGINE** your students not only achieving academic success but also embodying qualities like resilience, empathy, leadership, and effective communication that are essential for thriving in life beyond the classroom.

**PICTURE** your students developing stronger emotional intelligence, expressing themselves thoughtfully and authentically in their interactions with teachers, peers, and parents.



*Grab the opportunity to bring this vision to life through Stimulating Students, a workshop built on core coaching principles.*

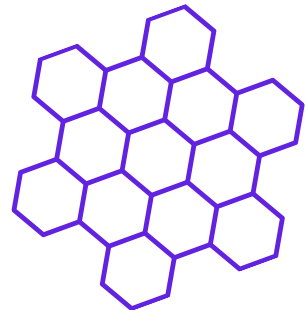
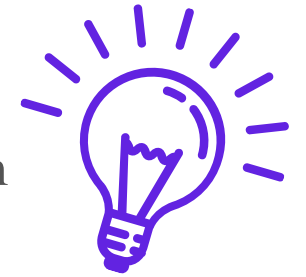
**Join me and see the transformation unfold before your eyes.**



# STIMULATING STUDENTS - WORKSHOP IN A NUTSHELL

## THE THOUGHT

The workshop is based on the thought that each one of us has a unique core — values that matter most to us, our natural talents, and our inner calling. Having a deep awareness of this core helps us bring about transformations, both internally and externally.



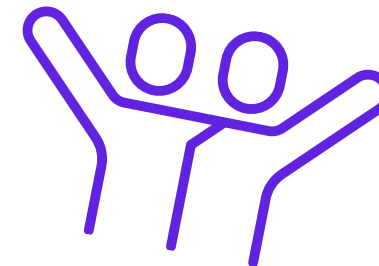
## THE DESIGN

The workshop is designed especially for high-schoolers as an exploratory experience that helps them know their core self, understand how it influences their choices, interactions, and perceptions, and use this knowledge to transform their relationship with self and others.

## THE IMPACT

As a result of the workshop, students are able to:

- Relate to their parents, peers, and teachers more meaningfully
- Make aware choices and cancel out the noise that comes with information overload
- Express emotions more mindfully



## THE TAKEAWAYS

Students walk away from the workshop knowing

- Their core values, natural talents, and life purpose.
- Ways they can rely on their core to overcome challenges or achieve their aspirations.

# THE WORKSHOP FLOW



**SET THE STAGE:** Introduce yourself, know your coach, establish expectations

**KNOW YOUR CORE:** Discover your core values, your natural talents, and your life purpose



**VALIDATE DISCOVERY:** Validate your discovery using three-time references – the past, the present, and the future

**RELATIONSHIP WITH SELF:** Understand how the new-found awareness of your core impacts your personal choices



**RELATIONSHIP WITH OTHERS:** Understand how the new-found awareness of your core impacts relationships with others



**FIND ALIGNMENT:** Find alignment between your core and the big and small choices you make in your day-to-day life

# KNOW YOUR COACH

## THE PERSON

Born and brought up in India, Ritesh was always moved to create a life of grander purpose – not only for himself but also for those around him. This inner calling led him to give an intentional pause to his 18-years-long successful stint in the space of education and embrace life coaching as his work for life.

In his circle of family and friends, Ritesh can often be seen offering truthful and genuine advice in exchange for a hot cup of tea. Ritesh never underestimates the power of happiness, loving times, a drive with good music, and a sumptuous meal with his loved ones! Ritesh is also the author of the book ‘Experiences Expressed’, in which he shares various life-affirming learnings that he has gained from his coaching practice.

## HIS WORK

Today, four years later, Ritesh Bhatia is a leading Deep Transformational Coach with 4000+ hours of coaching experience, enabling fulfilled lives and guiding transformational shifts in relationships.

The International Coaching Federation (ICF) also conferred on him the designation of a Master Certified Coach for demonstrating knowledge and proficiency in core coaching skills. This makes Ritesh one amongst the elite group of around 2,500 coaches around the globe who have been awarded the top credential in coaching by the ICF to date.

Through his work, Ritesh strives to do his share in making this world a happier, fuller place. So far, he has partnered with over 100+ individual clients and 800+ through his group coaching sessions. He has coached individuals from 14 to 65 years of age across more than 18 countries.



**RITESH BHATIA**

## To Connect:

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With Love & Light!

