

EXCEL YOUR WORKOUT PERFORMANCE



DESIGNED TO MEET FITNESS NEEDS OF MODERN ATHLETES

Designed specifically for the modern-day athlete, **P10 PERFORMANCE** features proven, researched performance-enhancing ingredients for lean body mass, strength and power output and improved endurance and recovery time.



P10 PERFORMANCE supports everyone's best performance and was researched and developed by our team of PhDs and MDs to support modern athlete and enthusiast fitness goals.

POWER YOUR BEST.



MAX HYDRATION

16 oz. Can

10g
SUGAR

35
CALORIES

0g
CAFFEINE

Supplement Facts		
Serving Size 1 can (16 fl. oz.)		
Servings Per Container 1		
	Amount per serving	%Daily Value
Calories	35	
Total Carbohydrate	10 g	4%*
Total Sugars	10 g	↑
Includes 10g Added Sugars		20%
(as Dextrose)		
Calcium (as Calcium Lactate)	150 mg	12%
Magnesium (as Magnesium Citrate)	40mg	10%
Sodium (as Sodium Citrate)	240 mg	10%
Potassium (as Potassium Citrate)	209 mg	4%
P10 Hydrate Matrix	16.6 g	↑
Dextrose, BCAAs (2:1:1, Leucine:Isoleucine:Valine), Calcium Lactate, Sodium Citrate, Potassium Citrate, Magnesium Citrate		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

P10 Max Hydration
16 oz. Can Unit



P10 Max Hydration
16 oz. 12 pk Case



PRE-WORKOUT

16 oz. Can

0g
SUGAR

0
CALORIES

200mg
CAFFEINE

Supplement Facts		
Serving Size 1 can (16 fl. oz.)		
Servings Per Container 1		
	Amount per serving	%Daily Value
Calories	0	
Total Carbohydrate	0 g	0%*
Total Sugars	0 g	↑
Niacin (as Niacinamide)	16 mg	100%
Vitamin B ₆ (as Pyridoxine HCl)	1.7 mg	100%
Vitamin B ₁₂ (as Methylcobalamin)	2.4 mcg	100%
Pantothenic Acid	5 mg	100%
Calcium (as Calcium Lactate)	150 mg	12%
Sodium (as Sodium Citrate)	130 mg	6%
Potassium (as Potassium Citrate)	110 mg	2%
P10 Anabolic Matrix	7.2 g	↑
L-Citrulline, BCAAs (2:1:1, Leucine:Isoleucine:Valine), Creatine Hydrochloride, Calcium Lactate, Gamma Aminobutyric Acid (GABA), Norvaline		
P10 Energy and Focus Matrix	530 mg	↑
Phenylethylamine Hydrochloride, Caffeine Anhydrous (200 mg per 16 fl. oz.), Hordenine Hydrochloride		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Reverse Osmosis Water, Natural and Artificial Flavoring, Sucralose, Citric Acid, Sucralose, Sodium Gluconate, Sodium Benzoate, Potassium Sorbate

P10 Pre-Workout
16 oz. Can Unit



P10 Pre-Workout
16 oz. 12 pk Case



ACTIVE ENERGY

16 oz. Can

0g
SUGAR

0
CALORIES

200mg
CAFFEINE

Supplement Facts		
Serving Size 1 can (16 fl. oz.)		
Servings Per Container 1		
	Amount per serving	%Daily Value
Calories	0	
Total Carbohydrate	0 g	0%*
Total Sugars	0 g	↑
Niacin (as Niacinamide)	16 mg	100%
Vitamin B ₆ (as Pyridoxine HCl)	1.7 mg	100%
Vitamin B ₁₂ (as Methylcobalamin)	2.4 mcg	100%
Pantothenic Acid	5 mg	100%
Sodium (as Sodium Citrate)	130 mg	6%
Potassium (as Potassium Citrate)	110 mg	2%
P10 Active Energy and Focus Matrix	530 mg	↑
Phenylethylamine Hydrochloride, Caffeine Anhydrous (200mg per 16 fl. oz.), Hordenine Hydrochloride		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Reverse Osmosis Water, Gamma Aminobutyric Acid (1g per 16 fl. oz.), Sodium Gluconate, Sucralose, Potassium Sorbate, Sodium Benzoate

P10 Active Energy
16 oz. Can Unit



P10 Active Energy
16 oz. 12 pk Case



POST-WORKOUT

16 oz. Can

10g
SUGAR

120
CALORIES

20g
PROTEIN

0g
CAFFEINE

Supplement Facts		
Serving Size 1 can (16 fl. oz.)		
Servings Per Container 1		
	Amount per serving	%Daily Value
Calories	120	
Total Fat	0 g	0%*
Total Carbohydrate	10 g	4%*
Includes 10g Added Sugars (as Dextrose)		20%
Protein (as Whey Protein Isolate)	20 g	
Calcium (as Calcium Lactate)	150 mg	12%
Sodium (as Sodium Citrate)	120 mg	5%
Potassium (as Potassium Citrate)	94 mg	2%
P10 PostWorkout Anabolic Matrix	36.2 g	↑
Whey Protein Isolate, Dextrose, L-Leucine, Creatine Hydrochloride, Calcium Lactate, Gamma Aminobutyric Acid (GABA), Piperine		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Reverse Osmosis Water, Natural and Artificial Flavoring, Citric Acid, Sucralose

P10 Post-Workout
16 oz. Can Unit



P10 Post-Workout
16 oz. 12 pk Case



FOCUS ENERGY

16 oz. Can

0g
SUGAR

0
CALORIES

440mg
FOCUS MATRIX

0g
CAFFEINE

Supplement Facts		
Serving Size 1 can (16 fl. oz.)		
Servings Per Container 1		
	Amount per serving	%Daily Value
Calories	0	
Total Carbohydrate	0 g	0%*
Total Sugars	0 g	↑
Niacin (as Niacinamide)	16 mg	100%
Vitamin B ₆ (as Pyridoxine HCl)	1.7 mg	100%
Vitamin B ₁₂ (as Methylcobalamin)	2.4 mcg	100%
Pantothenic Acid	5 mg	100%
Sodium (as Sodium Citrate)	130 mg	6%
Potassium (as Potassium Citrate)	110 mg	2%
P10 Focus Matrix	440 mg	↑
Phenylethylamine Hydrochloride, Hordenine Hydrochloride		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Reverse Osmosis Water, Natural and Artificial Flavoring, Gamma Aminobutyric Acid (500mg per 16 fl. oz.), Sodium Gluconate, Sucralose, Sodium Benzoate, Potassium Sorbate, Citric Acid

P10 Focus Energy
16 oz. Can Unit



P10 Focus Energy
16 oz. 12 pk Case



Domestic Shipping: Currently, item can be shipped only within the U.S. and to APO/FPO addresses.

Storage Conditions: Between 33°F and 85°F

Shelf Life: 12 Months

16 oz. Cans	Dimensions	Net Weight	Gross Weight
16 oz. Can	2.6" Ø x 6.125"	17.5 oz.	18.2 oz.
4 pk Case	5.25" x 5.25" x 6.25"	4.32 lbs.	4.48 lbs.
12 pk Case	8" x 10.75" x 6.25"	12.96 lbs.	13.44 lbs.
24 pk Case	16" x 10" x 6.25"	23.3 lbs.	27.4 lbs.
Pallet: (20 T x 8 H)	48" x 40" x 55.5"	2,073 lbs.	2,183 lbs.