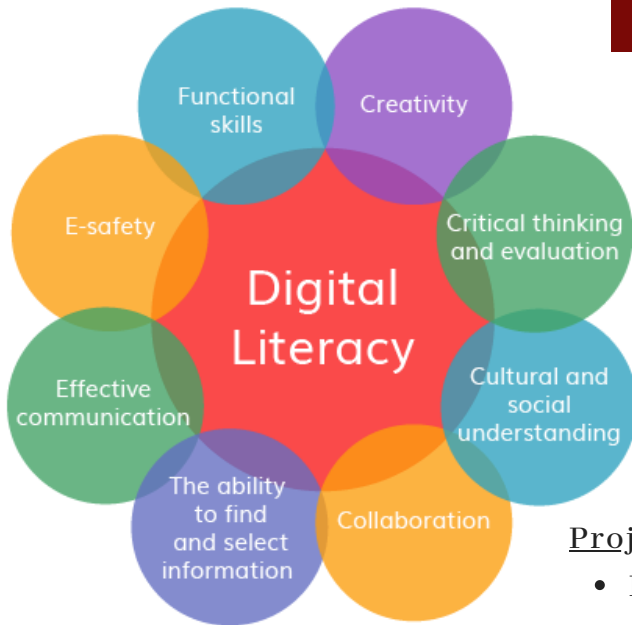


COMMITTEES & INITIATIVES

Insiyah Merchant | UCSD Project RISHI

Each committee aims to improve education in rural Indian communities by promoting sustainable development and growth. Below is a comprehensive list of UCSD Project RISHI's current committees and initiatives combined with past or future project ideas.

COMPUTER LITERACY



The Computer Literacy Committee is one of the newest committee additions to UCSD Project RISHI. Replacing the former technology committee, we aim to educate the youth about basic technical skills as the Computer Literacy Committee. Exercises in the fundamentals of computers, software, the internet, and common applications used on computers or technological devices are the focus of project building in this committee.

Project Ideas

- Install community computer systems for children and adults to use.
- Training sessions for certain community members to uphold technological etiquette amongst others.

FINANCIAL LITERACY

This second newly implemented committee encourages villagers to use the resources available to them and the opportunities that have not yet been explored in their local markets. The Financial Literacy Committee aims to educate villagers of all demographics about financial security, smart money managing techniques, business management, and the local relevance of finance in order to strengthen their financial knowledge.

Project Ideas

- Using local and natural resources in the village to help the women of the household start a business.
- Lessons to manage microfinance which include how to create a plan to divide finances.



VOCATIONAL SKILLS TRAINING

This other new committee aims to prepare freshly graduated adults in the village to pursue careers through getting professional development training. The Vocational Skills Training Committee will take these young adults who are full of potential and guide them through instructional programs and courses which focus on the skills needed for a specific job function or trade.

Project Ideas

- Work with interested village women to run an arts and crafts class.
- Interviewing and resume-building skills workshops.



GENERAL HEALTH

The General Health Committee focuses on three subtopics which consist of joint problems, diabetes, and hypothyroidism. HIV/AIDS and basic hygiene were two main focuses in the past. General health concerns everyone, regardless of age, therefore this committee's projects are developed with the entirety of the village in mind. Informational activities and health management skills are created to educate all levels.

Project Ideas

- Coloring activity books for children which promote healthy lifestyles.
- Albumin tests for adults that can expose kidney or liver issues.
- Interactive transmissions game to educate about HIV and STD spread and containment.

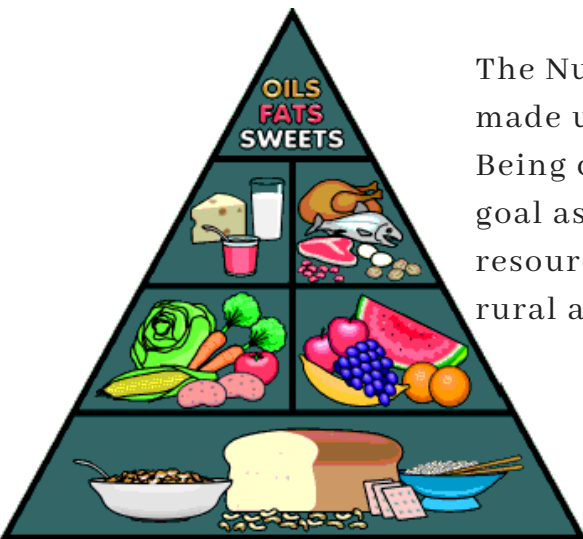


NUTRITION

The Nutrition Committee aims to teach individuals and families made up of all ages the importance of a balanced and healthy diet. Being considerate of the villagers' diet and possible restrictions, our goal as the Nutrition Committee is to utilize the village's local resources to create a healthy and sustainable environment in the rural area.

Project Ideas

- A fill-in and color-in food pyramid activity for children.
- Developing recipes that implement the village's homegrown fruits and vegetables.
- Instructional cooking videos.



REPRODUCTIVE HEALTH

The Reproductive Health Committee aims to teach pre-teen, teenage, and older women about reproductive health topics such as menstruation, the anatomy of the reproductive system, consent, STIs, and birth control. Oftentimes, talking about reproductive health is seen as taboo in rural communities and therefore rarely taught in the classroom. We focus on breaking this barrier and making reproductive health an easy topic to discuss in a safe space.

Project Ideas

- Skits and videos on consent.
- Interactive diagrams and models of the reproductive system.

CLOSE TO 1 in 4 YOUNG WOMEN IN THE DEVELOPING WORLD ARE ALREADY MARRIED

MORE THAN ONE HALF OF SEXUALLY ACTIVE YOUNG WOMEN IN DEVELOPING COUNTRIES WHO WANT TO AVOID PREGNANCY HAVE AN UNMET NEED FOR MODERN CONTRACEPTION

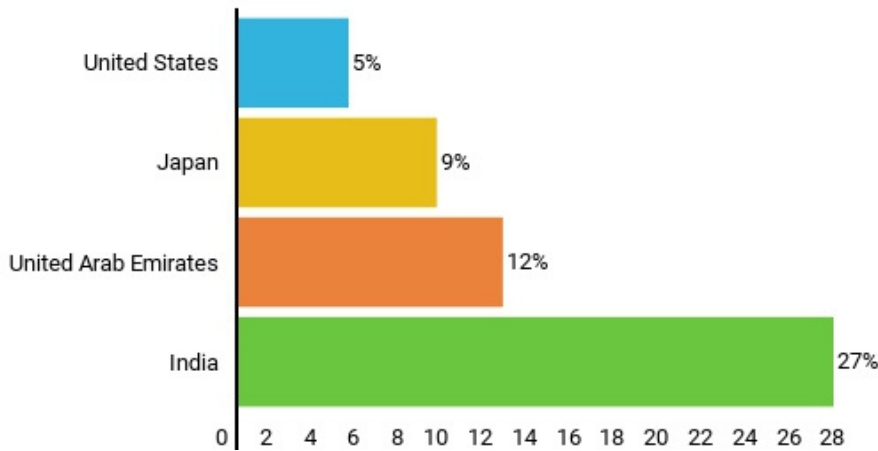
1/3 OF NEW HIV INFECTIONS ARE AMONG YOUTH 15-24

Millions of young people around the world lack comprehensive sexuality education, access to youth-friendly health services and youth-led policies on HIV prevention. Be an informed advocate for improving youth sexual and reproductive health.

Women at work

Increasing women's labor force participation rates to match men's would boost GDP.

(potential increase, percent of GDP)



Project Ideas

- Encouraging workshops that build self-esteem on business skills in women.
- Diagrams and workshops to promote better women's hygiene.

WOMEN EMPOWERMENT

The Women Empowerment Committee aims to target young women in aiding them to understand their full potential, take control of their future, and overcome the barriers placed in a male-dominated environment of business and being the head of a household. Topics like child marriage, trafficking, rape, and women's hygiene are the focus of this committee. Even today, women in rural villages oftentimes are forced into the role of a housewife even when they are fully capable of providing for their families in other ways.

Health equity along with living a healthy life with access to basic necessities is a right for all. As a dedicated organization built up of a variety of committees and initiatives, we aim to promote long-lasting, sustainable developments in Vemavaram, Andhra Pradesh.
