

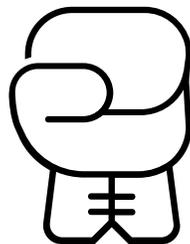
# THE SUCKER PUNCH PAMPHLET

Medications and Pre-existing Conditions Can Make You Susceptible to Viral  
Pandemics

By

T. Owens Moore, Ph.D.

Melanin Institute of Hueman Technology



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## THE FIGHT BEFORE THE FIGHT

### The “Prelims” and the Hype

There are often preliminary fights before the main event. The prelims of any event set the stage for what is to come, and I would like for you to know in advance my position since it is critical to know the fight before the fight. **I DO NOT SUPPORT an experimental vaccine approach to combat COVID-19.** I am not only fighting for my health, but I am ensuring you have an awareness of the type of fight you are experiencing. There are many forms of combat and many techniques that are offensive or defensive. Without the multiple types of experimental vaccines that are flooding the market, you should still have both an offensive and defensive approach to prepare for the fight.

Whether you choose to or not to receive an experimental vaccine, it is your personal choice to receive this type of intervention. Do not be confused by the hype because these experimental vaccines are not a cure or treatment. A cure or treatment would be healthy nutraceutical alternatives to boost your bodily defense against this worldwide assault. **The premise of this Sucker Punch Pamphlet is to make you aware that there has been a massive worldwide campaign to get your body dependent on synthetic substances.** A consequence of this long-term pharmaceutical agenda has been weakened immune responses in so many people with pre-existing conditions. In the prelims, therefore, it is easy to get punched and knocked out of this game called life by a type of virus that appears to be lethal to mankind.

In the hype game, as it is in a boxing match, we have had months of fear mongering and boasting about this fight. It is now Pay-Per-View because investors are about to collect on the monetary gains from the daily hype. All along, the opponent in the form of this virus has put fear in our hearts. The sucker punch that is to come has nothing to do with calling anyone a sucker for desiring a vaccine to fight this viral enemy. To the contrary that is your personal choice, and you are not being called a sucker. In the hype for the fight, the sucker punch relates directly to the constant hype for pharmaceutical drugs that pervade the world's economy and how these synthetic agents have weakened your immune response to a coronavirus that does not have to deliver a deadly blow to the body. If you have been sucker punched by years of taking medications for blood pressure, hypertension, diabetes, vascular disorders, and inflammatory conditions, you will more than likely be knocked out. You must know the ring and the ropes before you get into the fight.

## BACKGROUND RESEARCH ON THE BOXING MATCH

### The Ring and the Ropes

At the time of preparing this document, I have not contracted COVID-19, and I have never been on a regimen of prescribed medicines. In my annual physical every year, the first question during intake is, “what medications are you taking?” With the global pandemic experienced in the years 2019 and 2020, it became quite apparent to me that you have been sucker punched. Sucker punching is a cheater’s way to fight. It is equivalent to making someone look in the wrong direction and then you hit them to knock them out when they are not looking.

The decades of hooking you onto medications has profoundly haunted society like a Grim Reaper. Previously healthy people have been taken out in a matter of days after contracting this “deadly” coronavirus. But in actuality, the coronavirus cannot be deadly if you can recover from it. People have been led to believe that COVID-19 is a hoax because not everyone is dying from it. The hoax mentality can be believable, until you contract the virus, and you are stopped, sucker punched, and knocked out by this contagion.

This sucker punch pamphlet is an indictment on your lack of control of your body. When I ask people the name of the medicine they are taking for the illness they are managing, I become bewildered and concerned when people cannot pronounce, say or remember the name of the drug they are putting in their body. To me this is a testament to the sucker punch strategy. You are consuming an agent that you do not know if it is good or bad for your body. Allopathic medical professionals treat symptoms and diseases using drugs, radiation, or surgery, and many people put their sole reliance on this strategy. The point to make here is that the medical doctor’s recommendation can save your life as well as kill you. Iatrogenesis is the causation of a disease, or ill effect by any medical activity, including diagnosis, error or negligence. Iatrogenic complications are ranked high on one of the causes of death in human populations.

Therefore, where are we in this life and death boxing match? We are at a point where people who have pre-existing conditions, and who simultaneously take prescribed medications are highly susceptible to contracting this coronavirus. You have been hooked on the medications for years, and wait for it, wait for it, wait for it – the sucker punch is delivered.

The coronavirus is feeding on the mechanisms associated with blood pressure or antihypertensive medicines. As you will read in this pamphlet, medicines to control blood pressure have been in the top 10 prescribed medicines every year. From 2010 to 2020, three out of the top 10 prescribed medicines have been to regulate blood pressure. The whole world has changed and been disrupted, and the push has been for a vaccine without informing the general public about treatments and cures. The vaccination is not a treatment or a cure against a forever mutating virus. It is mutating as if it was concocted and manipulated to do so.

The human body is smart and intelligent, and it knows how to fight against foreign agents. Science should focus on prevention and treatment versus vaccination. Prevention and treatment are basic, and this approach can save time, money and lives. Your body's defense mechanism system is proof this can be a viable approach. We are not immune to anything because we can catch “anything.” When you have been sucker punched, anything could be deadly if your body is compromised with a saturation of synthetic substances.

The sucker punch pamphlet will give you a psychopharmacological breakdown of why this coronavirus is so deadly to some people. In addition, this sucker punch pamphlet will make you down with OPP (Optimal Pigment Power). You will be an OPP Champion if you focus on consuming substances with a high value of antioxidants.

Who are you going to have trust in, the computer guru dropout from college who made billions from a company with no medical background or a research scientist with a background and training in the physiological systems that can enhance life and prolong health? I am not the former, but I am the latter. I am in this fight to NOT get sucker punched, and I want you to be proactive to take control of your life. Look at the big setup over the last decade. When we compare 2010 to 2020, blood pressure medicines have been in the top 10 most prescribed medicines. In 2020, Lisinopril was the most widely prescribed medication in the USA. Interestingly, in the state-by-state analysis from the year COVID-19 hit the world, an enormous 58.5% of the medications prescribed across the states were for blood pressure medicines. In other words, society has been overprescribed with compounds that are making it problematic to combat this coronavirus.

Before we break down the sucker punch, observe the trends. The most widely prescribed drugs varied across states. Viagra for Hawaii, vitamin D for New York, anxietytics for Tennessee, ADHD drugs for predominantly white states such as North Dakota, Michigan, Rhode Island, and Vermont. Lastly, it is odd how the

territories of Puerto Rico as well as the Virgin Islands had thyroid medicines as the most widely prescribed agents. No matter how we look at the trends, it is quite evident that commercialism and marketing can impact the medical pharmaceutical industrial complex to market to specific populations.

Now, let us go back to why we cannot and do not read the labels of products we consume. Millions of years ago we wrote on rocks and we transitioned to papyrus, paper and now computers. We could read the rocks, the papyrus, the paper and what is on the computer. In this push-button Internet culture, however, our reading skills have diminished, and now we cannot pronounce difficult words and we are fearful of science. Under these conditions, it is easy to get sucker punched.

In the laboratory, you have the opportunity to investigate topics for the benefit of human life. I can reveal experiments I have done on both human and animal tissue to prove that I am more than qualified to discuss the science behind why many people are succumbing to the current pandemic. In my capacity as a biomedical researcher, I am aware of how science can be diabolical when the wrong minds are behind the research agenda. Having said that, please understand that scientists are funded for years to study how mechanisms operate.

As a research scientist, I have had a plethora of research experiences to make me qualified to interpret science phenomena that can affect biological tissue. For example, I have cultured human fibroblasts. I have studied biogenic amines like dopamine using a High Performance Liquid Chromatograph. I have analyzed brain tissue using an electron microscope. I have attempted to investigate nanoparticle technology as a prevention for cocaine addiction before nanotechnology became widespread. I have performed immunocytochemistry to measure neuropeptides and enzymes in the brain. I have injected agents such as adrenocorticotrophic hormone, oxytocin, vasopressin, benzodiazepines and ethanol into the central nervous system of rodents to observe behavior. I performed patch clamp studies on nerve cells as well as performed microsurgery on rodents to implant cannula in the brain, lesion brain areas or disrupt pathways to interrupt feeding. These are just some techniques to highlight my knowledge of physiological systems.

If you have more trust in the medical advice from a billionaire with no biomedical training instead of listening to someone qualified to interpret the data, that is your choice, and it is a matter of death or life. I do not own patents for vaccines. If I was a billionaire investing in vaccine technology, then it would make sense that I would construct a society to get my money back from the massive investments. We have a free dome to make wise choices in life, so follow your natural instinct to

know what is right. Never let the corporate-controlled media dominate your thinking. Your freedom is certainly compromised when you do not free your dome to think and take personal responsibility for your health.

We are into the coronavirus era as if the malady known as AIDS never existed. AIDS????? We do not even discuss how the military as well as scientists from other nations (e.g., Germany) have been searching for a weapon to shut down the immune system since the 1960s and possibly earlier. Its documented that the smallpox vaccine is linked to how the disease decimated Africa. AIDS is still killing people worldwide, but you have forgotten it and now you cannot even remember what the acronym for AIDS represents. You have been sucker punched because there is no vaccine for AIDS and mostly what you think about AIDS is the social link to gay people and darker populations. Furthermore, the origin of the virus causing AIDS has never been officially verified, and now we have no official origin for the coronavirus called SARS-CoV-2.

There was even an attempt to make you think the current coronavirus was only linked to Asians in China from the Wuhan Province. The world has been duped, and it is time to get up off the canvas from the sucker punch of neglecting your body and its' natural mechanisms to heal.

You are sucker punched to think that nature will naturally find a way to wipe out human populations. That does not even make logical sense for "Mother Nature" to do something that dastardly. It makes sense, however, that scientists with a knowledge of mechanisms to manipulate can use years of research to either enhance or decimate human populations.

### KNOWING THE OPPONENT IN THE RING

#### Angiotensin Converting Enzyme II Receptors

The coronavirus gets into the body by the ACE II protein receptor. ACE stands for angiotensin converting enzyme II. The ACE II receptor is found all over internal sites in the body. The wide distribution explains the varied symptoms experienced by people who have contracted this specific coronavirus. If we take off the gloves and take a bare knuckle understanding of the assault on our body, we can see these mechanisms have been studied for decades. There is a large depository of research on both drug and vaccine approaches to eradicate viruses. However, affordable vaccines fulfill new markets because big pharmaceutical companies have lost money from patent expirations and generic versions of needed drugs. Capitalism

needs a new market model that serves the needs of both patients and pharmaceutical companies. In comes the rescue with VACCINES.

Neuroanatomically, there are regions in the brain that can allow for a flow of cerebrospinal fluid, catecholamines and detect changes in blood pressure and water balance. In the brain those permeable areas are collectively called circum-ventricular organs. The other areas that allow an easy flow of information between the brain and the outside world are the area postrema and the pituitary gland. In these trans-permeable sites are chemical mechanisms that occur naturally to keep the body in a homeostatic condition, and the chemicals stimulate specific protein receptors called ACE II. We will briefly discuss angiotensin II (AT II) as the hormone that interacts with this same receptor that the SARS-CoV-2 interacts with to make you ill.

In general, people have different physiological systems, and the differences can be manifested from the side effects of medications that could differentially affect the way the body responds. ACE II receptors are everywhere in the body and in the brain, and experiments have shown that ACE II receptors respond to the AT II hormone.

AT II is a potent vasoconstrictor involved in peripheral modulation of blood pressure. It is interesting that the names used to be called hypertensinogen (AT I) and hypertensin (AT II). From the names, any alteration in these hormones would obviously affect blood pressure and the overall cardiovascular system. Peripherally administered angiotensin II can force the peptide through the brain capillaries, and this may not happen under normal circumstances. Any manipulation of the system via the administration of drugs like blood pressure medicines can cause severe side effects and potentially have deadly consequences.

Pharmacological studies with rodents have shown over 90% binding of AT II agonist and antagonist to be localized to the midbrain, thalamus, septum, hypothalamus, and medulla. Lower levels were found in the cortex, hippocampus and striatum. Of all the areas examined, the lateral septum had the highest binding activity. For the medulla, the area postrema was highly saturated with angiotensin II activity. Whether or not you know the names or locations of these neuroanatomical sites, you should at least understand that the brain “fog” some people experience from COVID-19 is related to the impact of the coronavirus interacting with ACE II receptors in these various brain areas.

For decades, evidence has shown catecholamine involvement in AT II activity. This is demonstrated by AT II prevention of norepinephrine reuptake and the similar distribution of AT II and norepinephrine in the brain. Since the 1960s it was demonstrated that AT II produces an increase in blood pressure by an action within the brain. Subsequent research by other investigators have shown that AT II is one of the most potent endogenous ganglion stimulators.

Essentially, AT II has clear effects on the nervous system to modulate the internal milieu. The multiple effects are to ensure survival of the organism, but the coronavirus can lead to death by having deleterious effects on the ubiquitous presence of ACE II receptors. Such a widespread action may provide sustained influence on a number of neural systems and may potentially bring about a prolonged and harmonious response to environmental change. Thus, dehydration, loss of electrolytes, and fall in blood pressure can stimulate plasma renin-angiotensin between the kidney and liver. Plasma AT II stimulates vasoconstriction and release of hormones and catecholamines like norepinephrine from the adrenal gland. The pineal gland and its secretion on melatonin is also of interest for the immune system. For instance, increased norepinephrine stimulates melatonin synthesis. If these mechanisms are blocked with ACE II inhibitors, this could trigger a depletion of melatonin and make a person sicker.

Melatonin is a lipid soluble molecule released from the pineal gland that is readily available to immune tissue. Interestingly there are melatonin receptors on circulating lymphocytes and also on thymocytes and splenocytes. It has also been suggested that melatonin is involved in the regulation of electron transfer, and it can act as a potent endogenous free radical scavenger to detoxify reactive radical intermediates. By altering natural mechanisms, prescribed medicines can lower the immune response to contagions like coronaviruses.

## PREPARATION FOR THE SUCKER PUNCH

# 2010 The 10 Most Prescribed Drugs

Most-Prescribed Drug List Differs From List of Drugs With Biggest Market Share

By [Daniel J. DeNoon](#)

FROM THE WEBMD ARCHIVES

April 20, 2011 -- The 10 most prescribed drugs in the U.S. aren't the drugs on which we spend the most, according to a report from the IMS Institute for Healthcare Informatics.

The institute is the public face of IMS, a pharmaceutical market intelligence firm. Its latest report provides a wealth of data on U.S. prescription drug use.

Continuing a major trend, IMS finds that 78% of the nearly 4 billion U.S. prescriptions written in 2010 were for generic drugs (both unbranded and those still sold under a brand name). In order of number of prescriptions written in 2010, the 10 most-prescribed drugs in the U.S. are:

- Hydrocodone (combined with acetaminophen) -- 131.2 million prescriptions
- Generic Zocor (simvastatin), a cholesterol-lowering statin drug -- 94.1 million prescriptions
- Lisinopril (brand names include Prinivil and Zestril), a blood pressure drug -- 87.4 million prescriptions
- Generic Synthroid (levothyroxine sodium), synthetic thyroid hormone -- 70.5 million prescriptions
- Generic Norvasc (amlodipine besylate), an angina/blood pressure drug -- 57.2 million prescriptions
- Generic Prilosec (omeprazole), an antacid drug -- 53.4 million prescriptions (does not include over-the-counter sales)
- Azithromycin (brand names include Z-Pak and Zithromax), an antibiotic -- 52.6 million prescriptions
- Amoxicillin (various brand names), an antibiotic -- 52.3 million prescriptions
- Generic Glucophage (metformin), a diabetes drug -- 48.3 million prescriptions
- Hydrochlorothiazide (various brand names), a water pill used to lower blood pressure -- 47.8 million prescriptions.

Note that ACE II Inhibitors have been investigated since the 1960s as an antihypertensive agent.

## Sample Names of ACE II Inhibitors

- Azilsartan (Edarbi, Edarbyclor)
- Candesartan (Amias, Atacand, Blopress, Diceran, Ratacand)
- Eprosartan (Teveten, Eprozar)
- Fimasartan (Kanarb)
- Losartan (Cozaar)
- Irbesartan (Aprovel, Karvea, and Avapro)
- Telmisartan (Micardis)
- Valsartan (Diovan)
- Olmesartan Medoxomil (Benicar, Olmetec)
- Lisinopril (Zestril, Primivil and Qbrelis)
- Captopril (SQ 14225)
- Teprotide (SQ 20881) discovered from snake venom peptide
- Azor = Combination of ACE II (-) and Ca<sup>2+</sup> channel blocker
- Saralasin (Sarenin)

The last agent from the list above, Saralasin, is a partial agonist. Therapeutically, it reduces hypertension only in patients with high plasma angiotensin II levels, but in patients with low angiotensin II levels Saralasin CAUSES hypertension.

Azor is a common drug. It is a combination of Amlodipine and Olmesartan. Amlodipine works by dilating blood vessels to improve blood flow, but the legs can swell as a side effect. The side effects from Lisinopril are swellings in the head region (e.g., lips, face).

Profound Videos on the Side Effects of ACE II Inhibiting Drugs

[High blood pressure lisinopril side effects. - YouTube](#)

[LISINOPRIL KILLS BLACK PEOPLE DO NOT TAKE!!!! - YouTube](#)

[side effects of lisinopril - YouTube](#)

[ATTENTION HIGH BLOOD PRESSURE PATIENTS.Lisinopril has been recalled..high blood pressure patients... - YouTube](#)

## State-by-state breakdown

Alaska: Lisinopril

Alabama: Amlodipine

Arkansas: Lisinopril

Arizona: Levothyroxine sodium

California: Amoxicillin

Colorado: Levothyroxine sodium

Connecticut: Amlodipine

Washington, D.C.: Amoxicillin

Delaware: Lisinopril

Florida: Levothyroxine sodium

Georgia: Amlodipine

Hawaii: Sildenafil

Iowa: Lisinopril

Idaho: Levothyroxine sodium

Illinois: Lisinopril

Indiana: Lisinopril

Kansas: Lisinopril

Kentucky: Lisinopril

Louisiana: Amlodipine

Massachusetts: Lisinopril

Maryland: Amoxicillin

Maine: Prednisone

Michigan: Amphetamine-dextroamphetamine

Minnesota: Lisinopril

Missouri: Lisinopril

Mississippi: Amlodipine

Montana: Levothyroxine sodium

North Carolina: Lisinopril  
North Dakota: Amphetamine-dextroamphetamine  
Nebraska: Lisinopril  
New Hampshire: Lisinopril  
New Jersey: Amoxicillin  
New Mexico: Lisinopril  
Nevada: Lisinopril  
New York: Vitamin D  
Ohio: Lisinopril  
Oklahoma: Lisinopril  
Oregon: Levothyroxine sodium  
Pennsylvania: Lisinopril  
Puerto Rico: Synthroid (name-brand for levothyroxine sodium)  
Rhode Island: Amphetamine-dextroamphetamine  
South Carolina: Amlodipine  
South Dakota: Lisinopril  
Tennessee: Alprazolam  
Texas: Amoxicillin  
Utah: Amphetamine-dextroamphetamine  
Virginia: Lisinopril  
Virgin Islands: Levothyroxine sodium  
Vermont: Lisinopril  
Washington: Lisinopril  
Wisconsin: Lisinopril  
West Virginia: Lisinopril  
Wyoming: Lisinopril

Popular prescription drug information reflects the scripts most filled through SingleCare for 2019, excluding opioids and weight-loss drugs. © 2019 SingleCare Administrators. All Rights Reserved.

# Top 10 Drugs Prescribed in the U.S. 2020

- Pharmacy Author: [Omudhome Ogburu, PharmD](#)

[https://www.medicinenet.com/top\\_drugs\\_prescribed\\_in\\_the\\_us/views.htm](https://www.medicinenet.com/top_drugs_prescribed_in_the_us/views.htm)

Medications are prescribed abundantly throughout the United States every day. Just go into any pharmacy and you can see how busy they are as they fill prescriptions as fast as they can. Here's a list of the top ten prescribed **drugs** in the U.S. How many of these are you taking?

## 1. Vicodin (hydrocodone/acetaminophen)

**Vicodin** is a popular drug for treating acute or chronic moderate to moderately severe **pain**. Its most common side effects are **lightheadedness**, **dizziness**, sedation, **nausea**, and **vomiting**. Vicodin can reduce **breathing**, impair thinking, reduce physical abilities, and is habit forming.

## 2. Simvastatin (Generic for Zocor)

**Simvastatin** is one of the first "**statins**" (HMG-CoA reductase inhibitors) approved for treating **high cholesterol** and reducing the risk of **stroke**, death from **heart disease**, and risk of heart attacks. Its most common side effects are **headache**, **nausea**, **vomiting**, **diarrhea**, **abdominal pain**, and muscle **pain**. Like other statins it can cause muscle break down.

## 3. Lisinopril (Generic for Prinivil or Zestril)

**Lisinopril** is an angiotensin converting enzyme (ACE) inhibitor used for treating **high blood pressure**, **congestive heart failure**, and for preventing kidney failure caused by **high blood pressure** and **diabetes**. Lisinopril side effects include **dizziness**, nausea, **headaches**, drowsiness, and sexual dysfunction. ACE inhibitors may cause a dry **cough** that resolves when the drug is discontinued.

#### **4. Levothyroxine (generic for Synthroid)**

Levothyroxine is a man-made version of **thyroid hormone**. It is used for treating **hypothyroidism**. Its side effects are usually result from high levels of **thyroid** hormone. Excessive **thyroid** hormone can cause chest pain, increased heart rate, **excessive sweating**, heat intolerance, nervousness, **headache**, and weight loss.

#### **5. Azithromycin (generic for Zithromax, Z-PAK)**

**Azithromycin** is an antibiotic used for treating ear, throat, and sinus infections as well as **pneumonia**, **bronchitis**, and some sexually transmitted diseases. Its common side effects include loose stools, nausea, stomach pain, and vomiting. Rare side effects include abnormal **liver** tests, **allergic** reactions, nervousness, and abnormal heart beats.

#### **6. Metformin (generic for Glucophage)**

**Metformin** is used alone or in combination with other drugs for treating type 2 **diabetes** in adults and children. The most common side effects of metformin are nausea, vomiting, **gas**, **bloating**, **diarrhea**, and **loss of appetite**.

## 7. Lipitor (atorvastatin)

**Lipitor** is a "statin" (HMG-CoA reductase inhibitors) approved for treating **high cholesterol**. It also prevents **chest pain**, **stroke**, **heart attack** in individuals with **coronary artery disease**. It causes minor side effects such as **constipation**, **diarrhea**, **fatigue**, gas, **heartburn**, and **headache**. Like other statins it can cause **muscle pain** and muscle break down.

## 8. Amlodipine (generic for Norvasc)

**Amlodipine** is a **calcium channel blocker** used for treating **high blood pressure** and for treatment and **prevention** of **chest pain**. Its most common side effects are **headache** and swelling of the lower extremities. Amlodipine can also cause dizziness, flushing, **fatigue**, nausea, and **palpitations**.

## 9. Amoxicillin

**Amoxicillin** is a penicillin type antibiotic used for treating several types of **bacterial infections** such as ear, **tonsils**, throat, larynx, urinary tract, and skin infections. Its side effects are diarrhea, heartburn, nausea, **itching**, vomiting, **confusion**, **abdominal pain**, **rash**, and allergic reactions.

## 10. Hydrochlorothiazide

**Hydrochlorothiazide** is a diuretic (water pill) used alone or combined with other drugs for treating high **blood pressure**. Its side effects

include **weakness**, low blood pressure, light sensitivity, **impotence**, nausea, **abdominal pain**, electrolyte disturbances, and **rash**.

<https://www.drugreport.com/50-commonly-prescribed-drugs-in-america/>

What is the most prescribed medication in the United States in 2020?

#1. **Lisinopril**: 104 Million Prescriptions. Selling under brand names like **Prinivil** and **Zestril**, this ACE II inhibitor is the most prescribed medication in the United States. It's used for high blood pressure treatment and heart failure prevention to help improve survival after a heart attack.

## THE UPPERCUT

### Social Isolation and No Sun

While you were hit in the gut and bent over, the uppercut was delivered to knock you out. The social distancing maneuver was a convenient way to keep you away from people and the sun. People require social interaction and prolonged isolation can change the brain and alter behavior on a permanent basis. Experimental investigations with rodents, for instance, has demonstrated that extended social isolation can change chemicals in the brain and make animals more aggressive than rodents grouped together. Many of the brain alterations have been associated with changes in serotonin levels.

Sadly, the start of 2021 presented many bizarre behaviors from months of social isolation. Going on nearly a full year of social isolation, a crazed group of insurrectionists violently attacked the US Capitol in Washington, D.C. in January. The social isolation has made some people insane and infantile in their logic, and to justify this violent behavior as “patriotic” clearly demonstrates a change in consciousness. Even more so, many people have lost significant skills like driving cars and flying planes while in isolation. When the winter storm hit the northeastern region of the US in late January 2021, it created havoc for people who were already living in isolation. For example, one particular set of events occurred in Pennsylvania on February 1, 2021. There was a murder-suicide between neighbors over snow removal from the big storm. None of this is normal to what it means to be human. To compound the problem, the prison industrial complex feeds on this isolationist experience and we can see it does more harm than good to

be locked up and alone. We should have a wake-up call to reform the prison structure as well as facilities for senior citizens.

Uppercuts can be vicious because you are exposed with no defense as the knockout punch approaches. The lack of natural sunlight from remaining indoors is a devastating blow to the human experience. The lack of sunlight can cause permanent damage because the nourishment from the sun feeds the body in multiple ways by producing the vital amine commonly known as vitamin D. This important compound has an impact on the brain, bones, immune system and overall health. Without the complexity of compounds present in the biosynthesis of the vitamin D complex, our health would be negatively impacted.

The combination of the sucker punch and the uppercut would knock you out of life. It is imperative that you find the strength and intelligence to fight the right fight. Defend your body at all costs and this will boost the capability for you to thrive and get up off the canvas.

## THE TEN COUNT

### Military Funded Vaccine Research

While you were on the canvas and you were given the ten count to get up and revive yourself and to continue the fight of your life, the plan is to keep you defeated, even if you get up from the potential knockout. Many have recovered from COVID-19, so it is not deadly to all. Given that you can recover, the plan is to still get you after you rise up from the canvas.

I have already explained that I have been trained to study biological systems. Therefore, it is your choice to take advice from a biomedical researcher versus a non-science business investor who has no training in biomedical research. The agenda is set for you to believe anything from a billionaire instead of following your natural instinct. Get up from the ten count and do not be tricked while you are groggy.

Scientifically you have been duped in this groggy state to think a vaccine will solve the worldwide pandemic. There are different types of vaccines just like there are different kinds of drugs as well as natural agents that are successful in treating and curing you from COVID-19. You only hear vaccine in the media because it is the money maker for the medical-pharmaceutical-industrial complex. Yes, this is way bigger than you and me, so please think clearly. The system never cared about

you being able to breathe from tragic experiences associated with police brutality, so why would the system really care about you breathing now and protecting you with an experimental vaccine?

Please look at the 10-year progression from 2010 to 2020. In 2010, a Canadian stem cell biologist named Derek Rossi found a way to reprogram the molecules that carry the genetic instructions for cell development in the body. The military [Defense Advanced Research Projects Agency (DARPA)] and governmental agencies [National Institutes of Health (NIH)] were excited about this breakthrough in science and the race was on for a vaccine several years (approximately 2006) before there was a crisis in 2019. Even in 2005, congressional mandates were set up and arranged for vaccine manufacturers not to be liable if you experienced a bodily impairment or death as a result of being vaccinated.

In terms of the new vaccine technology, these special molecules researched by Rossi are called mRNA and the newfound ability to rewrite those instructions to produce any kind of cell within a biological organism has radically changed the course of Western medicine and science. Scientists could now use mRNA to get into cells and then allow this mRNA to express any protein in the cells you want.

Follow the timeline because Rossi was investigating the breakthrough in 2010 and by 2014, his innovation was so big that he was able to retire from the sale of his ideas. The story gets dangerously devious as the plot to develop a vaccine grows. He was a co-founder of Moderna, Inc. The idea he generated attracted a half billion dollars in federal award monies to begin developing vaccines using the technology. Beyond Rossi receiving money from stock earnings, he is no longer affiliated with Moderna, Inc.

In 2014, DARPA's Biological Technologies Office launched its In Vivo Nanoplatfoms program to research implantable nanotechnologies, leading to the development of a hydrogel. For several years prior to this hydrogel nanotechnology, the military was already researching how to identify viral, upper respiratory pathogens. Even before the COVID-19 pandemic, the idea was to create this hydrogel as a contact lens-like material which would require a special injector to be introduced under the skin where it can transmit light-based digital signals through a wireless network like 5G. Once firmly implanted inside the body, human cells are at the mercy of any mRNA program delivered by this hydrogel to unleash a host of horrendous possibilities.

A private company named Profusca, Inc. created a technology that allows for biological processes to be controlled remotely, and this opened the door to the potential manipulation of our biological responses and ultimately our entire existence, to be controlled from an external source. Profusca, Inc. is funded with millions from both NIH and DARPA, and in March of 2020 it announced the development of an injectable biochip for the detection of viral respiratory diseases, including COVID-19.

This is not science fiction, but a reality of what scientists have created to fuse technology with biology to alter human progress. The plot now thickens as Moderna, Inc. and the federal government are in dispute over who owns the vaccine. All over the world, billionaires, federal government agencies and patent holders have invested too much to have this vaccine agenda derailed. You must ask the question about why someone would patent a virus in the first place. The mRNA-1273 vaccine is claimed by NIH to be a joint stake project whereas Moderna, Inc. claims to have a broad owned and licensed IP estate to commercialize the project. Anthony Fauci, as the Director of the National Institute of Allergy and Infectious Diseases agency, has a personal investment in the vaccine enterprise and the grand conductor of this orchestra, Bill Gates, has a billionaire investment, so it is understood why they are in the forefront throwing sucker punches and uppercuts on United States soil.

To conclude, Russia was the first country to patent a vaccine for COVID-19, and they have fast-tracked their vaccine called Sputnik V. Sputnik V is funded by a “geopolitician” named Kirill Dmitriev, born in the Ukraine, educated in economics and business in the USA to be an investment banker, and he is now CEO of the Russian Direct Investment Fund (RDIF). Japan, England, Cuba, China and the United States are the major countries who have been rushing to vaccinate you and the sucker punch game is on. The United States is pushing the Moderna and Pfizer vaccine, England has the Oxford-AstraZeneca vaccine, whereas Russia’s Sputnik V uses vector technology, and it is being sent to other countries worldwide. Merck pulled out of the vector vaccine race in January 2021, and we are all waiting around as lab specimens while the billionaires work on getting their money back from the investments on these experimental vaccines.

Learn to bob and weave from the billionaires and do not get sucker punched. Avoid the police brutality chokeholds, they have already demonstrated they do not care if you can really breathe. Some doctors help your breath with a ventilator but watch the doctors as you get up off the canvas and keep the gloves up because this fight is real.

## ROPE-A-DOPE

### Win the Fight

Even though you may have gotten up from the ten count, it does not mean the fight is over. The medical-pharmaceutical-industrial complex is a super heavyweight contender, so you must apply a different technique to defeat this opponent. For instance, Muhammad Ali coined the term rope-a-dope while competing in 1974 against big brute George Foreman. The term signifies letting the opponent punch until they are fatigued and then you strike back with a vengeance to counter the attack from the aggressor. Having said that, you can combat the assaults on your health by becoming aware of your body and staying in control of what you ingest. If you are down with me and you know OPP, Optimize your Pigment Power by consuming antioxidants. It is imperative that you know what can strengthen your body as a fighting machine. Also, you must have knowledge of what can weaken your defense mechanism system and potentially knock you out. Learn to deflect away from the capitalistic enterprise and you will not be sucker punched.

I am well aware it is not easy getting away from the pharmaceutical industry because we are bombarded with commercials and messages to get suckered into being overmedicated. You can apply the rope-a-dope technique by managing your food intake, reducing your meals, flush your system with water on a daily basis, develop an exercise routine, direct your mind away from the negative news, tune into your inner self to focus on elevating your consciousness with positive vibrations. You should be living to give to others and not to take from others. While you are doing the rope-a-dope, the corporations and the medical-pharmaceutical-industrial complex weakens in strength and you can provide the counterpunch by remaining a healthy OPP champion.

It is not easy because many people do require medications for the variety of illnesses they have developed. Even more problematic, a person could be born with a debilitating circumstance and medications may be required. The rope-a-dope would give you the strength to learn and study your body to lower your reliance on externally synthesized products that can do more harm than good. Foods with pigments will help to process internally synthesized products that will keep you healthy, save your life, and optimize your longevity on this planet.

Know Thyself and win the fight.

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