

OCTOBER 2019

LUNCH MENU

Cristo Rey Brooklyn HS



Menu is subject to change based on market availability

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
Chef's Choice		WG Baked Ziti -Broccoli	WG Popcorn chicken -Sweet Corn -Salad	WG Hickory Smoke BBQ Chicken Sandwich -Mixed Veggies	WG Chicken Quesadilla -Sweet Corn
Savory Snack		Animal Crackers	Fruit Snacks	WG Cheese Its	
	7	8	9	10	11
Chef's Choice	WG Cheesy Pasta Marinara -Broccoli	WG Chicken Nuggets -Oven Baked Tater Tots -Sweet Corn	WG Cheese Pizza -Salad	Beef Burrito -Sweet Corn	WG Beef Burger with American Cheese -Oven Baked Fries
Savory Snack	WG Sunchips	WG Teddy Grahams	WG Gold Fish	WG Animal Crackers	-Salad
	14	15	16	17	18
Chef's Choice	WG Cheesy Baked Ziti Pasta -Mixed Vegetables	WG Popcorn Chicken -Oven Baked Tater Tots -Salad	WG Pepperoni Pizza -Salad	WG Sloppy Joe Sandwich -Mixed Veggies	WG Chicken Quesadilla -Sweet Corn
Savory Snack	WG Sunchips	WG Teddy Grahams	WG Cheese Its	Fruit Snacks	
	21	22	23	24	25
Chef's Choice	WG Baked Ziti with meat sauce -Broccoli	WG Popcorn Chicken -Oven Baked Tater Tots -Salad	WG Cheese Pizza -Salad	Beef Burrito -Sweet Corn	Grilled Cheese Sandwich -Caesar Salad
Savory Snack	WG Gold Fish	WG Sunchips	WG Cheese Its	Fruit Snacks	

Each breakfast includes choice of 1% white or fat free chocolate milk. A choice of fresh fruit or fruit cup, and choice of 100% juice beverage.

Alternative: Mixed Salad, Turkey & American Sandwich, PB&J Sandwich