

SEPTEMBER 2019 BREAKFAST MENU Cristo Rey BK HS



Menu is subject to change based on market availability

	Monday	Tuesday	Wednesday	Thursday	Friday
	9	10	11	12	13
Rise & Shine Hot Breakfast	WG French Toast Sticks w/ Maple Syrup	Egg & Bacon WG Croissant	WG Maple Waffles	Egg & Cheese WG English Muffin Sandwich	WG Oven Fresh Chocolate Chip Muffin
	16	17	18	19	20
Rise & Shine Hot Breakfast	WG French Toast Sticks w/ Maple Syrup	Turkey Sausage, Egg, & Cheese English Muffin	WG Maple Waffles	Bacon & Egg WG English Muffin Sandwich	WG Oven Fresh Chocolate Chip Muffin
	23	24	25	26	27
Rise & Shine Hot Breakfast	WG French Toast Sticks w/ Maple Syrup	Egg & Cheese WG Croissant	Bacon & Egg WG Croissant	WG Maple Waffles	WG Oven Fresh Apple Cinnamon Muffin
	30				
Rise & Shine Hot Breakfast	WG French Toast Sticks w/ Maple Syrup				

Each breakfast includes choice of 1% white or fat free chocolate milk. A choice of fresh fruit or fruit cup, and choice of 100% juice beverage.

Breakfast Alternative: WG Cereal bowl or Low Fat Yogurt