



WEEK OF MARCH 18, 2019

Day	Breakfast	Lunch
Monday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal Bars, Muffins & More	Homemade Mac & Cheese, Chicken Francese with rice GF , Chicken Noodle Soup, Fresh Salad Bar GF , Grilled Chicken, Bacon, Cheddar, Guacamole Panini
Tuesday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal Bars, Muffins & More	BRUNCH FOR LUNCH- French Toast, Pancakes, Chocolate Chip Pancakes, Scrambled Eggs, Homefries, Penne alla Vodka, Philly Cheese Steak
Wednesday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal Bars, Muffins & More	Burges, Hot Dogs, Veggie Burgers, Chicken Nuggets, French Fries, Veggie Soup GF , Fresh Salad Bar GF
Thursday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal Bars, Muffins & More	Herb Roasted Chicken w/ Mashed Potatoes or Veggies, Beef or Chicken Gyros, Chicken and Rice Soup GF , Panini of the day
Friday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal Bars, Muffins & More	Homemade Pizza, Mozzarella Sticks, Vegetable Lo Mein, Vegetable Dumplings, Zucchini Sticks, Fresh Salad Bar GF , Lentil Soup GF

The above menu is in addition to our everyday concepts: The UCREATE Salad Bar - The SANDWICH SHOPPE - Grab & Go items.

Gluten Free Wraps are available in our DELI SECTION for sandwiches at an additional cost.

***GF GLUTEN FREE OPTION**

PLEASE INFORM US OF ANY ALLERGIES. Our products may contain wheat, egg, dairy, soy, or fish allergens. In addition, our products may be processed in facilities that process tree nuts and peanuts. Please be advised consuming raw, cooked to order or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses, especially if you have certain medical conditions. Naturally, thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illnesses.