



WEEK OF JANUARY 13TH

Day	Breakfast	Lunch
Monday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal, Muffins & More	Chicken Francese w/Rice GF, Cheese Tortellini Alfredo, Mozzarella Sticks, Grilled Chicken- Bacon- Cheddar-Guacamole Panini, Fresh Salad Bar GF Lentil Soup GF
Tuesday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal, Muffins & More	Chicken Parmesan w/Penne, Penne Marinara, Cheese Ravioli Vodka Sauce, Chicken Dumplings, Chicken and Rice Soup GF, Fresh Salad Bar GF
Wednesday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal, Muffins & More	Veggie Burgers, Burgers, Hot Dogs, Chicken Nuggets, French Fries, Fresh Salad Bar GF
Thursday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal, Muffins & More	Burrito Bowls GF, Burritos, Chicken Fajitas, Chicken Quesadillas, Chicken Noodle Soup, Fresh Salad Bar GF
Friday	Bagels & Egg Sandwiches, Yogurt Parfait, Cereals, Whole Fruits, Fresh Fruit Bowls, Cereal, Muffins & More	Homemade Pizza, Sicilian Pizza w/Pepperoni, Chicken Wings, Chicken Parm Heros, Penne alla Vodka, Fresh Salad Bar GF

The above menu is in addition to our everyday concepts: The UCREATE Salad Bar - The SANDWICH SHOPPE - Grab & Go items.

PLEASE INFORM US OF ANY ALLERGIES. Our products may contain wheat, egg, dairy, soy, or fish allergens. In addition, our products may be processed in facilities that process tree nuts and peanuts. Please be advised consuming raw, cooked to order or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses, especially if you have certain medical conditions. Naturally, thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illnesses.