

Book resources

I have added Amazon links, but encourage you to support local independent book shops such as House of Books and Friends in Manchester:

<https://uk.bookshop.org/shop/HouseofBooksandFriends>

So I'm Autistic by Sarah O'Brien <https://amzn.eu/d/cQ0Vu2e>

Spectrum Women edited by Barb Cook <https://amzn.eu/d/52KF2vz>

What Works for Autistic Adults by Dr Luke Beardon <https://amzn.eu/d/6JAKPnl>

Women and Girls with Autism Spectrum Disorder by Sarah Hendrickx
<https://amzn.eu/d/9PQb2at>

Taking off the Mask by Hannah Louise Belcher <https://amzn.eu/d/06M8A1E>

Autism and Girls by Tony Attwood <https://amzn.eu/d/7FqO9qE>

Finding your autistic superpower by Christine Lion <https://amzn.eu/d/iqcGQWI>

What Works for Autistic Adults by Luke Beardon <https://amzn.eu/d/5mKLhcE>

Camouflage by Sarah Bargeila <https://amzn.eu/d/87uiTkf>

Unmasked by Ellie Middleton <https://amzn.eu/d/8dxhdYm>

ADHD Girls to Women by Lotta Borg Skoglund <https://amzn.eu/d/igor9Kf>

Strong Female Character by Fern Brady <https://amzn.eu/d/4Tt0bOa>

Illuminated by Melanie Sykes <https://amzn.eu/d/hyyo1JG>

Girls and autism by Carpenter, Happé and Egerton <https://amzn.eu/d/6Kbldi2>

Recognizing Autism in Women and Girls by Wendela Whitcomb Marsh
<https://amzn.eu/d/9SxGxdK>

Life on the autism spectrum by Karen McKibbin <https://amzn.eu/d/aSVMk2V>

