

# The Decision Making Blueprint

## The 3 Powermoves To Unlock Your Destiny

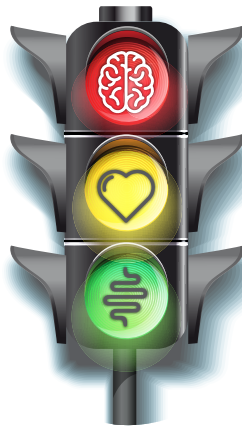
THE PROBLEM: \_\_\_\_\_

1<sup>st</sup>

POWER MOVE

### ASK "WHAT?"

ASK YOUR BRAIN,  
HEART & GUT  
WHAT THEY WANT



**BRAIN:** WHAT IS YOUR BRAIN THINKING?

**HEART:** WHAT IS YOUR HEART FEELING?

**GUT:** WHAT IS YOUR GUT SAYING?

3<sup>rd</sup>

POWER MOVE

### ADDRESS INCONSISTENCIES

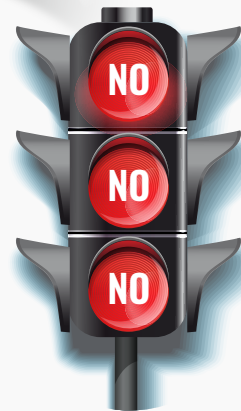
REMOVE OUTSIDE INFLUENCES!

TIME  
MONEY  
OTHER PEOPLE  
FEAR  
COMFORT ZONE  
EXPECTATION  
PAST FAILURE



2<sup>nd</sup>

POWER MOVE



### MAKE A DECISION

✓ CHECK FOR ALIGNMENT

LIFE COACH, PHYSICIAN, SPEAKER, AUTHOR,  
DR. MARCEA B. WHITAKER

