

UBHS

NURSING/HEALTH CARE PROFESSIONAL

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PROFILE

Trilingual (English, French and Hindi), highly empathetic nurse with over 10 years of experience providing quality care to patients of all ages and walks of life:

- Experienced in Cardiac ICU, Anesthesia, and Cardiac Cauterization
- Reliable, organized, and punctual with strong judgment and ability to manage high stress emergency situations expertly
- Team player experienced working as part of a multidisciplinary team

SKILLS

- Client Focus
- Organization
- Nursing Care Plan
- Patient Preparation
- Patient Transfer
- Physical Evaluation
- Team Player
- Initiative
- Emergency Procedures
- IV Catheters
- Angioplasties Prep
- Anesthesia
- Attentive
- Judgment
- Cardiac Procedures Prep
- Taking Vital Signs
- Wound Dressing
- Drug Administration

PROFESSIONAL EXPERIENCE

Mar 2004 – Present

CATH LAB NURSE *March 2009 – May 2011 & Sept 2015 – Present*

- Prepare patients for catheterization, angioplasties, pacemaker implantation and cardiac procedures calling on multiple years of experience in administering healthcare procedures
- Take vital signs (blood pressure, pulse, temperature), oxygen levels and heart rhythm prior to physician examination
- Verify and ensure patients' charts and records are updated and accurate
- Prepare patients for catheterization or cardiac procedures by setting up and verifying the intravenous line
- Communicate procedures and disclaimers to patients using excellent oral communication skills and obtain patients' consent prior to surgeries
- Use knowledge of medical procedures and equipment to assist physicians during medical procedures such as IABP insertion, catheterization, angioplasties, pacemaker implantation and other cardiac procedures
- Apply multi-tasking skills to closely monitor the patients' vital signs during the procedure while simultaneously handling other duties
- Administer medication to patients before, during and post cardiac procedures strictly adhering to physician directions
- Use professional, client focused care approach and ability to stay controlled in high stress situations to keep patients calm and reassure them during procedure
- Spring to action during emergencies and perform lifesaving procedures as required using judgment and quick thinking
- Administer appropriate treatment based on the situation such as excessive bleeding, fever, or other side effects to address the emergency and achieve stability until physician arrives

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PROFESSIONAL EXPERIENCE (continued)

CARDIAC ANESTHETIC NURSE *May 2011 – Sept 2015*

- Performed pre-anesthetic screenings including physical evaluations and patient interviews to gather information, assess suitability and possible responses and document results.
- Developed anesthesia care plans catered to each situation using expert knowledge and experience
- Executed and evaluate the results of diagnostic tests such as radio graphs (X-rays) and electrocardiograms (EKGs) efficiently and accurately
- Calibrated and test anesthesia equipment such as laryngoscope, laryngeal masks and blades, airways, cardiac monitors, defibrillators ensuring all are working as appropriate to ensure the safety of the patient and physician
- Prepared prescribed solutions and administer local, intravenous, spinal, or other anesthetics following specified methods and procedures
- Selected, order, and administer adjuvant drugs, accessory drugs, fluids, or blood products as necessary
- Expertly inserted arterial catheters or perform arterial punctures to obtain arterial blood samples with least amount of discomfort and pain to patients
- Insert peripheral or central intravenous catheters
- Managed patient's airway or pulmonary status using endotracheal intubation, mechanical ventilation, pharmacological support, respiratory therapy and extubation
- Oversaw patients' recovery from treatments by regularly monitoring skin color, pupil dilation, pulse, heart rate, blood pressure, respiration, ventilation, or urine output and take corrective action as necessary to manage the situation when complications occur
- Responded to emergency situations by providing airway management, administering emergency fluids or drugs, or using basic or advanced cardiac life support techniques.
- Took leadership to train nurses, interns, students or other staff on topics such as anesthetic techniques, pain management and emergency responses ensuring all staff are equipped with the right knowledge and skills to be effective team members
- Discharged patients from post- anesthesia care as per standard established procedures ensuring all processes and workflows are followed correctly

CARDIOVASCULAR ICU NURSE *May 2005 – Mar 2009*

- Performed pre-anesthetic screenings including physical evaluations and patient interviews to gather information, assess suitability and possible responses and document results
- Developed and provide nursing care plans to patients through proper Assessing, Planning, Implementing and Evaluating the patient's condition
- Checked emergency trolley, defibrillator, ventilator, electric syringe pump
- Prepared emergency drugs for the unit
- Respond to emergency situations by preparing emergency drugs, providing airway management, administering emergency fluid, and using advanced cardiac life support techniques
- Prepared beds to receive immediate post-operative cardiac patients using organizational awareness and fast response skills
- Inserted and remove arterial catheters and obtain arterial blood samples using sterile techniques

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PROFESSIONAL EXPERIENCE (continued)

- Measured and monitored vital signs of post-operative patients such as blood pressure, pulse, respiratory indications, central venous pressures, oxygen saturation, heart rhythms, chest drainage and urine output hourly using invasive or non-invasive techniques and alert physicians of any abnormalities
- Used sterile techniques to perform dressing of chest wound, central venous and arterial catheters
- Assisted physician and physiotherapist in extubating post-operative patients under mechanical ventilation
- Concisely and clearly documented patient's health progress, level of consciousness and response to treatments using medical terminology and standards
- Transferred patients from ICU to ward following established protocols

CARDIAC WARD NURSE *March 2004 – May 2005*

- Developed and provided nursing care plans by Assessing, Planning, Implementing and Evaluating patient condition.
- Checked emergency trolley, defibrillator, and prepare emergency drugs for the unit
- Prepared ward to receive pre-operative, pre-angiography, pre-angioplasty, post-angioplasties and post-operative cardiac patients from Cardiac ICU, outpatient department and from other hospitals
- Performed pre-anesthetic screenings including physical evaluations and patient interviews and document results
- Used sterile techniques to perform dressing of chest wounds
- Administered medications according to the physician's instructions
- Took patient's vital signs (blood pressure, pulse, temperature), oxygen levels and heart rhythm
- Ensured patient chart and records are updated
- Helped ease patient's fear and answered questions regarding the cardiac procedure
- Obtained patient's signed consent for cardiac procedure after thorough explanation
- Prepared patients for discharge according to discharge protocol (blood tests, X-rays, cardiac echo being completed)
- Administered medications according to the physician's instructions
- Recorded and reported any abnormalities concerning patient health status to authority concerned (head nurse, physician)
- Indent medications from pharmacy department when needed
- Gave health education to patients and their families
- Ensured that hospital wastes were properly disposed of
- Selected, order or administer anesthetics, adjuvant drugs, accessory drugs, fluids, or blood products as necessary
- Inserted or removed peripheral, central intravenous catheters, urinary catheter
- Collected blood samples or other specimens on physician's instructions and ensured that the results were promptly collected and classified in proper files

EDUCATION & CERTIFICATIONS

National Diploma in Nursing, [REDACTED] Institute of Health 2018

Certificate in General Nursing (Registered Nurse), [REDACTED] School of Nursing, [REDACTED] 2003