

NON GLUTEN MENU

Please State NON-GLUTEN When Ordering from This Menu

**We can Not guarantee our dishes do not contain traces of Gluten or any other allergens
as they may be stored, prepared or cooked in an area with other Gluten/Allergen containing products**

Other dishes on our menu may be able to be tweaked to suit your requirements, please ask your server for assistance. Gluten Free Pasta is always available

STARTERS

Filletto Insalata £11.95

Escalope's of fillet steak, fresh rocket, parmesan cheese, Balsamic cherry tomatoes, red onion, finished with a squeeze of fresh lemon & extra virgin olive oil

BBQ Ribs £12.50

Cooked in chef's own sweet & sticky BBQ sauce

Fresh Asparagus (V) £9.95

Sautéed with extra virgin olive oil, lemon, garlic & chilli, finished with fresh parmesan

Non-Gluten Sticky Chicken £10.95

Cooked in a sweet, sticky, chilli coating, served with chef's rice salad

Non-Gluten Gambas Pil Pil £12.50

King prawns, olive oil, coriander, tomato, chillies, garlic & lime, served with salad

Chorizo & Garlic Mushrooms (V) £10.95

Fresh mushrooms sautéed with chorizo in garlic butter, finished with fresh parmesan

Grilled Halloumi Salad (V) £10.95

Grilled Halloumi, green beans, baby gem lettuce, pine nuts, red onion & a balsamic reduction

MAINS

Salmon & Goats Cheese £23.95

Fresh Salmon fillet topped with baked goats cheese & herbs, set on fresh asparagus, finished with a lemon butter

Chicken Caprese £21.95

French trim Chicken Supreme, set on chefs tomato ragu, topped with fresh mozzarella cheese, finished with homemade pesto

Non-Gluten Blue Cheese & Ham Pasta £15.95

Gluten free pasta, Slow roasted ham hock, mushrooms, garlic & red onion, stilton cheese & crème fraiche

Non-Gluten Chicken & Chorizo Pasta £17.95

Gluten free pasta, Chicken breast pieces & chorizo sausage cooked in our own tomato ragu with chillies, garlic & onion, finished with fresh wild rocket & balsamic syrup

NG Halloumi & Vegetable Stack (V) £16.95

Served with Bombay sautéed potatoes & chef's tomato ragu

Non-Gluten Mediterranean Seabass £22.95

Grilled fillets of seabass, sautéed cherry tomatoes, chorizo, red onion & spinach, red pesto dressing & balsamic reduction

Non-Gluten Goat's Cheese Pasta (V) £16.95

Fine green beans, cherry tomatoes, peppers, rosemary & chillies, tossed with gluten free pasta, green pesto, olive oil, pine nuts & goats cheese

NG King Prawn & Chorizo Pasta £19.95

Gluten free pasta, cherry tomatoes, red onion, lemon, fresh basil, chilli, olive oil, garlic & balsamic syrup

Non-Gluten Surf & Turf £36.95

28-day 8oz Prime barrel cut Filet Mignon steak topped King prawns in garlic butter

Non-Gluten Carbonara £15.95

Gluten free pasta, Traditional pasta dish with pancetta, egg, black pepper & parmesan

SWEETS

Gluten Free Ice Cream £5.95

Luxury Vanilla Pod ~ Indulgent Chocolate ~ Mint Choc Chip

Affogato £8.50

Vanilla Pod ice cream, a shot of hot espresso & hazelnut liqueur

Strawberry Sundae £8.50

Vanilla pod ice cream, fresh strawberries, meringue, strawberry sauce, chocolate sauce & whipped cream

After Eight Sundae £8.50

Mint Choc Chip & Chocolate Ice Cream, chocolate sauce, After Eight mints & whipped cream

Daim Bar Sundae £8.50

Vanilla Pod ice cream, chocolate sauce, butterscotch sauce, crushed Daim Bar & whipped cream