Autumn Offer

2 Courses £14.95

Non Gluten Options

We can Not guarantee our dishes do not contain traces of Gluten as they may be stored, prepared or cooked in an area with other Gluten containing products

STARTERS

Non-Gluten Sticky Chicken
Cooked in a sweet, sticky, chilli coating, served with chef's rice salad

Non-Gluten BBQ Belly Pork
Slow roasted belly pork, smothered in chefs spiced BBQ sauce, served with homemade pickled slaw

Non-Gluten Chorizo & Garlic Mushrooms (V)
Fresh mushrooms sautéed with chorizo in garlic butter, finished with fresh parmesan

MAIN COURSE

Non-Gluten Seabass
Pan roasted Seabass Fillet, set on sauteed potatoes & onions, broccoli & peas, finished with a creamy tomato & garlic sauce

Non-Gluten Carbonara
Gluten free pasta, Traditional pasta dish with pancetta, egg, black pepper & parmesan

Non-Gluten Chicken Cacciatore
Chicken breast cooked with tomatoes, peppers & onions, finished with Pecorino cheese, served with todays fresh vegetables & potatoes

We cannot guarantee that our products do not contain traces of nuts and/or seeds, dairy or Gluten

Autumn Offer

2 Courses £14.95

Vegan Options

STARTERS

Tomato & Basil Bruschetta
Ciabatta rubbed with garlic & olive oil, topped with chopped tomatoes & fresh Basil

Mushroom Pil Pil
Fresh Mushrooms, olive oil, coriander, tomato, chillies, garlic & lime, served with toasted ciabatta

Salt & Pepper Green Beans
Fine green beans sautéed in salt & pepper seasoning with peppers & onions, served on a crunchy pickled salad, finished with sweet soy

MAIN COURSE

Vegan Chefs Special Pizza
Brushed with olive oil, fresh garlic & mixed herbs, topped with chopped fresh tomatoes, green olives & seasoned zucchini fries, drizzled with a sweet chilli dressing

Penne Roquito
Penne pasta tossed with olive oil, garlic, sweet & spicy roquito pepper pearls, cherry tomatoes, onion, hot chilli sauce & sliced jalapeños, topped with fresh wild rocket

Basil & Pine Nut Pasta
Fine green beans, cherry tomatoes & peppers sautéed with rosemary & chillies, tossed with penne pasta, chefs fresh ragu sauce, chopped fresh basil, olive oil & pine nuts

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