VEGAN MENU

Please State VEGAN When Ordering from This Menu

STARTERS

Avocado Tostada £9.95

Baked tortilla topped with Guacamole, salsa, red onion, chopped rocket, pine nuts & olive oil

Tenderstem Broccoli £8.95

Sautéed with extra virgin olive oil, lemon, garlic & chilli

Sticky Vegetables £8.95

Fresh vegetables cooked in a sweet, sticky, chilli coating, served with chef's rice salad

Mushroom Pil Pil £8.95

Fresh Mushrooms, olive oil, coriander, tomato, chillies, garlic & lime, served with toasted ciabatta

Garlic Bread £8.50

Hand rolled Pizza base, olive oil & lots of garlic

Garlic Bread with Tomato £9.50

With chefs tomato ragu & lots of garlic

Garlic Bread with Vegan Cheese £9.50

Lots of garlic & vegan cheese

Mexi Garlic Bread £9.50

Tomato, Onion, Jalapeño peppers & Chilli

Tomato & Basil Bruschetta £8.95

Ciabatta rubbed with garlic & olive oil, topped with chopped tomatoes, fresh Basil & Balsamic syrup

Salt & Pepper Green Beans £8.95

Fine green beans sautéed in salt & pepper seasoning with peppers & onions, served on a crunchy pickled salad, finished with sweet soy

MAINS

Chickpea Curry £14.95

A mild madras style curry with chickpeas, roasted vegetables, spinach, tomato & coconut milk, served with chefs savoury rice

Basil & Pine Nut Pasta £14.95

Fine green beans, cherry tomatoes & peppers sautéed with rosemary & chillies, tossed with penne pasta, chefs fresh ragu sauce, chopped fresh basil, olive oil & pine nuts

Mushroom Zingara £14.95

Fresh mushrooms cooked in a spicy chilli & Garlic tomato ragu, served with chefs savoury rice

Vegan Fajitas £16.95

Cajun spiced vegetables on a sizzle platter with peppers & onions, served with flour tortillas, vegan cheese, salsa & guacamole

Vegan Fig Pizza £16.95

Brushed with olive oil, fresh garlic & rosemary, topped with fresh figs, roasted red peppers, rocket, red onion, toasted pine nuts & balsamic syrup

Pizzaiola Bake £13.95

Penne pasta baked in our own tomato sauce with garlic, tomato, oregano, capers & olives, topped with Vegan cheese

Vegan Chefs Special Pizza £15.95

Brushed with olive oil, fresh garlic & mixed herbs, topped with chopped fresh tomatoes, sliced green olives & seasoned zucchini fries, drizzled with a sweet chilli dressing

Penne Roquito £13.95

Penne pasta tossed with olive oil, garlic, sweet & spicy roquito pepper pearls, cherry tomatoes, onion, hot chilli sauce & sliced jalapeños, topped with fresh wild rocket

Rustic Pasta £13.95

Spaghetti pasta, aubergines, tomatoes, olives, garlic, olive oil $\&\ {\rm chilli}$

Vegan Spicy Pepper Pizza £15.95

San Marzano tomato Pizza Sauce, Vegan cheese, fresh mixed peppers, roquito pepper pearls, jalepeno peppers, onions, Hot chilli sauce & fresh wild rocket

SWEETS

Vegan Amaretto Crunch £8.50

Vegan vanilla ice cream, crushed caramel biscuits, drizzled with Amaretto Liqueur

Fresh Strawberries & Vegan Vanilla Ice Cream £8.50 Vegan Vanilla Ice Cream £5.95

Other dishes on our menu may be able to be tweaked to suit your requirements, please ask your server for assistance

We cannot guarantee that our products do not contain traces of Nuts and/or Seeds, Dairy, Gluten or any other Allergens