

## SIT, WALK, STAND IN EPHESIANS:

### 1. OUR POSITION IN CHRIST: “SIT” (verse 2:6)

<sup>4</sup> But God, who is rich in mercy, for his great love wherewith he loved us,

<sup>5</sup> Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)

<sup>6</sup> And hath raised us up together, and made us SIT together in heavenly places in Christ Jesus:

<sup>7</sup> That in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus.

<sup>8</sup> For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

<sup>9</sup> Not of works, lest any man should boast.

### 2. OUR LIFE IN THE WORLD: “WALK” (verse 4:1)

<sup>4</sup> I therefore, the prisoner of the Lord, beseech you that ye WALK worthy of the vocation wherewith ye are called,

<sup>2</sup> With all lowliness and meekness, with longsuffering, forbearing one another in love;

<sup>3</sup> Endeavouring to keep the unity of the Spirit in the bond of peace.

<sup>4</sup> There is one body, and one Spirit, even as ye are called in one hope of your calling;

<sup>5</sup> One Lord, one faith, one baptism,

<sup>6</sup> One God and Father of all, who is above all, and through all, and in you all.

<sup>7</sup> But unto every one of us is given grace according to the measure of the gift of Christ.

### 3. OUR ATTITUDE TO THE ENEMY: “STAND” (verse 6:11)

<sup>10</sup> Finally, my brethren, be strong in the Lord, and in the power of his might.

<sup>11</sup> Put on the whole armour of God, that ye may be able to STAND against the wiles of the devil.

<sup>12</sup> For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

<sup>13</sup> Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to STAND.

<sup>14</sup> STAND therefore, having your loins girt about with truth, and having on the breastplate of righteousness;