INNOV4TE INDEPENDENT SCHOOL

PSHE POLICY

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| Effective From | Sept 2024 |
| Review Date | Sept 2025 |
| Person Responsible | Carla Astbury |

**Personal, Social, Health, and Economic (PSHE) Education Policy**

**Introduction**

Innov4te Independent School Recognises the importance of Personal, Social, Health, and Economic (PSHE) education in preparing learners for the challenges of modern life. This policy outlines our approach to delivering a comprehensive and inclusive PSHE curriculum for learners in Key Stage 3 (KS3) and Key Stage 4 (KS4).

**Aims and Objectives**

The PSHE curriculum at Innov4te aims to:

1. **Develop Personal and Social Skills:** Foster self-awareness, resilience, and interpersonal skills.
2. **Promote Health and Wellbeing:** Encourage healthy lifestyles, mental wellbeing, and informed choices.
3. **Enhance Economic Understanding:** Provide knowledge about financial literacy, career planning, and economic responsibilities.
4. **Cultivate Responsible Citizenship:** Encourage active participation in society, respect for diversity, and understanding of rights and responsibilities.
5. **Prepare for Future Challenges:** Equip learners with skills and knowledge to navigate personal, social, and economic issues.

**Curriculum Content**

The PSHE curriculum is structured around three core themes, delivered in an approach to ensure depth and progression:

1. **Health and Wellbeing**
   * Mental health and emotional wellbeing
   * Physical health and fitness
   * Healthy eating
   * Drug, alcohol, and tobacco education
   * Personal safety and first aid
2. **Relationships**
   * Healthy relationships and consent
   * Respectful relationships, including friendships and family
   * Bullying, including cyberbullying
   * Online safety and digital literacy
   * Sexual health and relationships education
3. **Living in the Wider World**
   * Financial education and management
   * Career education and employability skills
   * Understanding the economy and the world of work
   * Environmental awareness and sustainability
   * Rights and responsibilities as citizens

**Delivery and Teaching Methods**

PSHE at Innov4te is delivered through:

* **Dedicated PSHE Lessons:** Weekly lessons tailored to each key stage.
* **Cross-Curricular Links:** Integrating PSHE themes into other subjects.
* **Enrichment Activities:** Workshops, guest speakers, and educational trips.
* **Pastoral Support:** Personalised guidance through the school’s pastoral care system.

**Assessment and Evaluation**

Assessment in PSHE is designed to monitor learners' understanding, skills, and personal development:

* **Formative Assessment:** Ongoing assessments through class activities, discussions, and reflections.
* **Summative Assessment:** End-of-unit evaluations, self-assessment, and peer assessment. ASDAN unit awards. Learners will be assessed in line with ASDAN criteria to ensure all learning objectives are met.
* **Feedback:** Regular feedback to support personal growth and development.
* **Review:** Annual review of the PSHE curriculum to ensure it meets learners' needs and reflects current issues.

**Inclusion and Equal Opportunities**

Innov4te is committed to providing a PSHE education that is accessible to all learners:

* **Differentiation:** Adapting materials and methods to meet diverse learning needs.
* **Cultural Sensitivity:** Ensuring content is respectful and inclusive of all backgrounds.
* **Support for SEND:** Tailoring support for learners with special educational needs and disabilities.

**Roles and Responsibilities**

* **The Directors:** Overall responsibility for the implementation and monitoring of the PSHE policy.
* **PSHE Coordinator:** Leading the development and delivery of the PSHE curriculum.
* **Teachers:** Delivering high-quality PSHE lessons and supporting learners’ personal development.
* **Learners:** Engaging actively in PSHE lessons and activities.
* **Parents/Carers:** Supporting the school’s PSHE program and reinforcing learning at home.

**Monitoring and Review**

The PSHE policy will be reviewed annually to ensure its effectiveness and relevance. Feedback from learners, staff, and parents will be considered in the review process.

**Conclusion**

Innov4te Independent School provides a comprehensive PSHE education that equips learners with the knowledge, skills, and values necessary for personal wellbeing and active citizenship. Through this policy, we aim to create a supportive and inclusive environment where every learner can thrive.